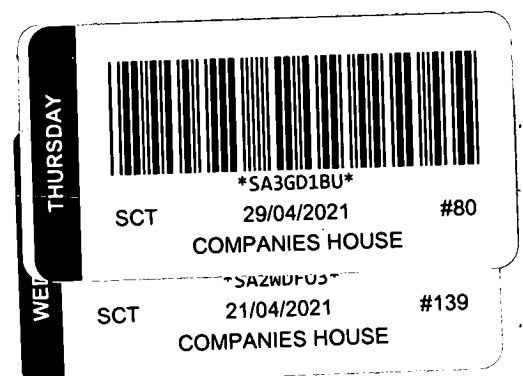


Unaudited Financial Statements For The Year Ended 30th April 2020

for

ABLE 2 ADVENTURE CIC

Goldwells
15-17 High Street
Kingussie
Inverness-Shire
PH21 1HS



ABLE 2 ADVENTURE CIC (REGISTERED NUMBER: SC593444)

Balance Sheet
30th April 2020

	£	£
Fixed assets		12,470
Current assets	13,435	
Creditors		
Amounts falling due within one year	(9,646)	
Net current assets		3,789
Total assets less current liabilities		16,259
Capital grants		12,470
Net assets		3,789
Reserves		3,789

Notes to the financial statements

1. Statutory information

Able 2 Adventure CIC is a private company, limited by guarantee, registered in Scotland. The company's registered number and registered office address are as below:

Registered number: SC593444

Registered office: 15 Broomhill Court
Nethy Bridge
Inverness Shire

2. Average number of employees

The average number of employees during the year was 2.

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30th April 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 30th April 2020 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

Balance Sheet - continued
30th April 2020

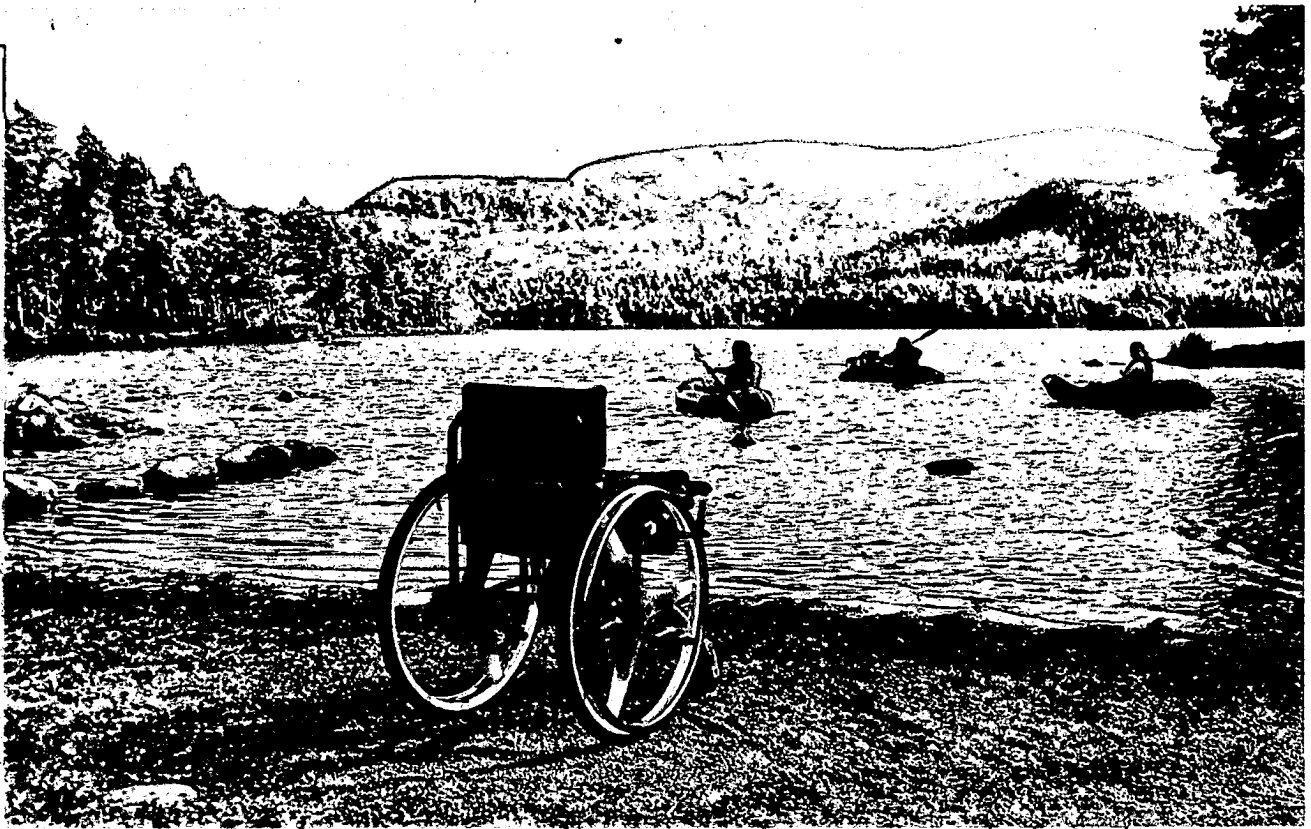
The financial statements have been prepared in accordance with the micro-entity provisions and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors and authorised for issue on
Apr 20, 2021..... and were signed on its behalf by:

GHendry

GHendry (Apr 20, 2021 12:39 GMT+1).....

Mrs G I Hendry - Director



ANNUAL REPORT 2019/20

ABLE2ADVENTURE

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TO OUR MEMBERS AND DIRECTORS

Strategic Highlights

2019/20 has been a year of significant development and building of a solid foundation of resources as well as the delivery of sessions helping to establish a client base. Following the decision to change the legal structure, to enable us to access funds unavailable to Private Limited Companies, and building upon the initial success of 2 start-up grants awarded last year, several more Grants have been awarded this year. This has also been a big year for building a greater presence within several different communities and developing many exciting partnerships for future work and projects. With the completion of an equipment store, we have been able to purchase many of the resources and equipment needed. This combined with the launch of the website and access to a great office we have been able to take the next step and make Able 2 Adventure operational. Most excitingly we have been able to appoint two members of staff, one of those being a full-time wheelchair user through a salary grant.

Financial Highlights

Able2Adventure spent all of the £10 000 Shackleton Leader Grant on specialist equipment and applied for a number of new grants during the 2019/2020 financial year. The Shackleton Grant was used to purchase adaptive equipment including; climbing harnesses, canoe seats, wheelchairs ramps, transfer boards and slings to help ensure that our activities are accessible for all abilities.

Several new grants were successfully awarded:

- The National Lottery awarded us £3,384 to purchase generic climbing and paddle sports PPE equipment, this included helmets, harnesses, buoyancy aids and lifejackets.
- Forestry and Land Scotland awarded us £3453 for the purchase of orienteering and bushcraft equipment as well as the delivery of four full day sessions for disabled children and their families in both Glenmore and Culbin Forest.
- Firstport – building on the initial Starter Grant, a second salary grant for £25,000 towards two members of staff's salaries was successfully awarded. The salaries covering the following roles - Company Manager and Marketing and Program Planner. One member of staff is a full-time chair user and will be mentored to work in the Outdoor Sector.

Through the securement of these grants and the launch of the website we have been taking bookings at a price which has proven to cover all costs and reserve a small amount towards future purchases and/or repairs to equipment. Our costings have been found to be favorable for our clients and sit within the average pricing for non-disabled adventurous activities (this was one of our goals to ensure our activities do not carry a disability tax price tag).

A welcome addition to our income through sales and funding through grants has been activity equipment donations. This has happened by accident when a local paddler found out about the organisation in a newspaper article and contacted us to donate items of clothing and footwear. Shortly after this we were also contacted by an individual wishing to fund the cost of a session or a number of sessions for local disabled young people. The idea of a clothing and non-PPE equipment donations and anonymous funding of sessions is an area to be developed in the next financial year.

Operating Highlights

With equipment ready, AALA Licensing and Insurance in place, Able 2 Adventure was able to go fully operational and began the delivery of sessions in April 2019. The website went live in April 2019 and we have the ability to keep developing it alongside an Eventbrite and Facebook booking system.

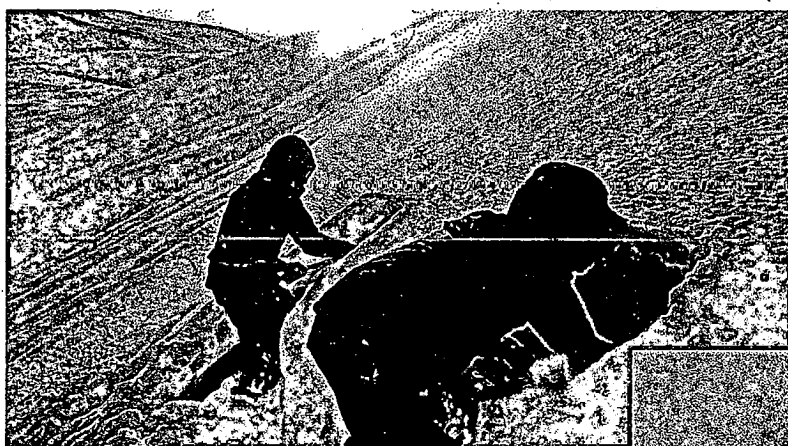
We successfully delivered a program of climbing development sessions at Inverness Climbing Wall for a group of families home-schooling their autistic children in the Highlands. This included the completion of the NICAS Level 1 by the children and integrated teaching the parents how to belay for their children to enable them to use climbing walls independently. These young people and their families have gone on to continue climbing without us, making a successful long-term pathway into a disability adventure sport.

"The staff were very approachable and able too various needs. Will definitely be using Able2Adventure again

"Great course. Really impressed with the staff, great manner with the kids."

Parents of Autistic Children on the Nicas Level 1 course

Throughout the summer and autumn, we delivered a number of bushcraft and orienteering sessions for Forestry and Land Scotland. These were aimed at local disabled families and were well attended by disabled families in both the Aviemore and Inverness communities. The sessions helped to create links with the local disability community and raised awareness of the possibilities of wheelchair accessible orienteering within the Scottish Orienteering Association. This led to a partnership with the Scottish Orienteering Association to plan their first wheelchair orienteering course for May 2020 as well as helping develop workshops on autism awareness. A number of families of autistic children continued to engage with us on a fortnightly basis as part of their Self-Directed Support funding and still do at present. The highlight of all their activities has been a winter sensory experience, focusing on teaching them how to dig snow holes.



Early in the year, we became an approved Climbing for All provider and ran 3 courses during this financial year. The first was an open course at Perth Climbing Wall, co-delivered with the head of Climbing for All as the final part of the mentoring process. Off the success of the open course Perth Climbing Wall subsequently booked a private course for all of their staff. This was co-delivered with Pete Hill as Technical Trainer. The third was an open course at Glenmore Lodge Climbing Wall and co-delivered with our new member of staff Laura May, also with Pete again as technical trainer.

○ *"Outstanding course. Should be part of all climbing qualifications."*

"Superb insight. I can see room and value in this becoming bigger and training for potential staff working in this area across Scotland and the UK."

Andy Munro, Perth Climbing Wall Manager and Stuart McAleese, Head of Training at Glenmore Lodge

In early Autumn, we attended a Paddle Ability tutor training course with the Scottish Canoeing Association to be signed off as a provider after delivering our first workshop to Inverness Canoe Club. This means we are now an accredited provider of paddle ability and can offer this course to individuals, organisations, centres and clubs across Scotland.

Partnerships

We have continued to build many more relationships across a spectrum of organizations to provide more opportunities for delivery and influence decision making at a local and national level regarding accessibility and disability awareness.

One of these relationships is a business partnership with Badaguish, setting us up to be the main activity provider for guests using accessible accommodation at their site in the Cairngorms. Before COVID-19 Restrictions we already had taken four activity bookings for May 2020 and are beginning to receive enquiries and provisional bookings for 2021. This partnership also includes use of their canoes, zipwire and access to the indoor spaces. They have granted us permission to develop a bushcraft area and allowed access for our groups to their accessible toilets and showers.

We have been fortunate to secure a free hot-desk in the Cairngorms National Park office in Grantown-on-Spey, agreed on the basis that we can run an accessibility workshop for National Park Staff once restrictions have sufficiently lifted. We also became a delivery partner for inclusive outdoor activities as part of their Big Nature Weekend, this is entirely financed by the Park and pays the full rate for our sessions.

We have been in discussions with Adventures Unlimited to provide regular activities for disabled young people living in Inverness to work towards non-formal learning awards in adventurous activities as well as weeklong residencies for the Backup Trust that help to improve their physical and

mental health through participating in outdoor activities and counselling sessions focusing on managing PTSD and living with a disability.

We have now been named an Autism Friendly Provider for Scottish Autism as part of their 2020 campaign 'Our Big Adventure', encouraging autistic people to get outside in nature. To support them in this we are offering a 10% discount for anyone booking through Scottish Autism.

Having signposted many people to Glenmore Lodge for accommodation, we have been able to set up a 20% discount on the use of any of their facilities for ourselves and our participants for 2019/2020.

We have used this discount for the delivery of our Climbing for All course at their wall and for a number of wheelchair users on our activities to book B&B accommodation with them.

For future delivery we will hopefully be working with the Black Isle Coastal Rowing club to deliver disability awareness training and consultancy to increase the accessible of coastal rowing, they have applied for funding in March 2020 and hope to hear back once COVID-19 regulations settle.

Our last most significant partnership was to be offered a place on the Scottish Canoeing Association Equality Group. Through the committee we will be able to represent the disability community, increasing access and opportunities for long term participation in paddle sports in Scotland.

"The biggest project of the year was developing and raising funds of £4,100 for a wheelchair adventure race around Glenmore Forest."

Projects

With the salary grant in place, we have now had the time to fully commit to the development of several projects and begin building new partnerships to help facilitate those endeavours.

The biggest project of the year was developing and raising funds £4,100 for a wheelchair adventure race around Glenmore Forest. Having organised a working group and been granted permission by the landowner, we moved from the original date of September 2019 to June 2020 as we felt we needed more planning time. However, we ran a practice open ride around the route with wheelchairs of different types. With the assistance of volunteer helpers, we used drones and good quality cameras to record the route and use in a promotional video. The film makers edited and produced a promotional film for free. We have developed a name and website for the race, www.trailblazer.co.uk, as well as designing a logo and setting up a ticketing system.

The rest of the year we have been running a number of workshops, problem solving, adapting and developing specific outdoor activities to increase their accessibility. This included a workshop with AnyoneCan and Mere Mountains using their Mega Sup, led by our member of staff Laura May, who is a full-time wheelchair user. This entailed using a ramp to wheel on and then strapping the chair to the sup but ensuring the participant unclicks their lap belt. Laura felt this worked really well for both her independence, paddling confidence and physical support.

At around the same time we ran a small workshop with Andy Toop of Backcountry Rafts researching and piloting the use pack rafts and their benefits for wheelchair users at Loch Va, this includes using various types of support in the raft and discussing transfer techniques and equipment. The first workshop worked really well and so we organised another one with the support of Kev Anderson from Surfable and Andy Toop from backcountry.scot this time open to adults with physical disabilities. We had a couple of disabled adults attend as volunteers, enabling us to test out a range of support aids and get their feedback on the packrafts.

This led to the discussion with Surfable Scotland to develop a water themed multi-activity week on the Moray Coast for Autistic DofE candidates, wishing to complete their Gold Residential Section. This was planned initially to run in the summer of 2020, but has been postponed due to Covid-19.

Back in the Glenmore Area we are working with the Forest Recreation Officer and an Arborist/Mountaineering Instructor to look at the possibility of tree climbing up fixed ropes for wheelchair users in the Caledonian Pine Forest. At Glenmore Lodge we are looking to improve the accessibility of their wall to include belay bolts at the bottom for assisted climbs, they are currently in the process of applying for a grant to fund this.



A very exciting new partnership has been working with Craig Grimes from Experience Community to run guided off-road wheelchair and hand cycle tours of the Cairngorms. We have reccied a few routes together in both a mountain trike and handcycle. Dates were booked for 2020 with potential future routes to be reccied, including a through-route of the Cairngorms, from Tomintoul to Braemar. Craig funded the reccies through the access to work scheme and has recommended looking into this to support Laura when delivering activities as it pays for an extra member of staff to work on the session.

To further our aims of improving the physical and mental health of disabled people in the long term we have been working on a number of new and untried initiatives. These include:

1. An 'Access the Outdoors' skills day for families with disabled children to learn how they can get outside in nature. This is being developed and will be co-delivered with an Occupational Therapist who specialises in working with disabled children.
2. Climbing Physiotherapy courses for disabled people. These will run for a block of 8 weeks with each block focusing on a specific disability to ensure the warm ups and movement are suited to their needs. This is being co-developed and delivered with a local NHS physiotherapist.

Marketing

The focus of this financial year has been the launch of the website and our social media sites. We are using twitter and Facebook to reach the disability community. We have seen a steady increase in followers on a weekly basis. Laura May has taken on the role of social media and marketing manager. This has proved very successful due to her personal knowledge of disabilities and how to reach people. She has made great connections with organisations and individuals to raise our profile on social media, as well as helping to secure funding for the Trailblazer race.

For the Forestry and Land Scotland sessions we used a mixture of Facebook event advertising and a local newspaper. Once more social media proved to be the most effective. To help us utilise social media effectively our members of staff have attended a number of workshops funded by Business Gateway and Firstport.

To help further our reach to the disability community effectively we have met and had discussions with a number of disability specific organisations to advertise our activities and events through their social media. These organisations include; Highland MS, Highland Spinal Injury Association, Finding your Feet, Scottish Council for Learning Disabilities, Highland Disability Sport, Scottish Disability Sport,

North East Sensory Services, Inclusion Scotland, the Duke of Edinburgh Award Scotland and Disability Snowsport UK.

In conjunction with our partnerships a link to our home page will be placed on Badaguish website as an activity provider and additionally we will be listed on SCA website as an inclusive paddle sports provider. We have begun work with Alec Finlay on his 'Day of Access' campaign that would have been running in June 2020 but was cancelled due to Covid-19. This campaign involves running a number of outdoor activities across Scotland for disabled people to reach wild places that would not ordinarily be able to get to without the support of others.

In the Autumn we were able to attend AnyoneCans' launch of their new disability adventure business in the lake district. This gave us opportunity to engage with the disability community in the North of England whilst delivering inclusive climbing on the mobile climbing tower. Laura also got her first opportunity to belay for client groups as part of her ongoing mentoring process.



Lastly to help raise our profile and engage directly with the disability community we were due to attend the Wheels to Water event, organised by the SCA, the Highland Adventure Expo and a Kidz to Adultz exhibition in the North of England. Unfortunately, the SCA event was cancelled due to high winds and the other two exhibitions were postponed due to Covid-19 as they were due to run in March 2020. All of the events were free to attend, some in exchange for running an inclusive outdoor activity.

Looking Ahead

This year there has been a steady expansion of delivery and big steps forward in development due to time afforded by the salary grants for both Gemma and Laura. Unfortunately, many plans have been paused due to Covid-19 and the Furlough scheme was used to hopefully carry some of the salary grant funding forward to when operations can resume. A staff Bushcraft Training Course will be re-scheduled for Autumn and used to further develop the site at Badaguish and other resources.

Additionally, to try and make the most of people "staycating" more this coming winter, Winter Walking will be developed and advertised on the website with some more targeted marketing going out to specific groups.

Several links for potential business will be followed up over the winter and once more is known about national and local COVID-19 recovery plans for 2021, including:

- Planning out a Wheelchair Accessible West Highland Way for summer
- Culloden Academy for all of their D of E
- Nairn Academy for D of E for students with additional support needs. Including residentials
- Separate enquiries from individual disabled young people wishing to book on to an open DofE course
- Enquiries about a packrafting skills course for disabled adults
- Working with Highland Disability Sport as part of their Parasport Festival delivering paddle sports in association with Inverness Canoe Club as a means of supporting disabled people to access long term pathways into sport
- Two guided off-road wheelchair and hand cycle rides weekends with experience community in June and September 2020.
- Enquiries through Autism Scotland as part of their 'Our Big Adventure' campaign.
- Bookings from UHI for activities at Badaguish
- Bookings from Buddies Glasgow for activities at Badaguish

Director: Gemma Hendry

Date: 04.12.2020

FINANCIAL SUMMARY

Able2Adventure has been trading for the whole of the financial year 2019-2020 however due to needing security for personal incomes, the staff team were having to freelance for other organisations until we received the salary grant from Firstport in August 2019.

From this point onwards staff were able to focus all their time and resources on growing the organisation. The timing of the salary grant coincided with the end of the outdoor season and as such marketing, bookings and organisational development was primarily focused on the next season beginning in April 2020. Most of the contact and bookings were being taken for the next season with the odd session and course being delivered between August 2019 and April 2020.

During the financial year the organisation applied for the following grants:

- National Lottery Awards for All - awarded
- Forestry and Land Scotland - awarded
- Firstport - awarded
- Gordon and Ena Baxter Foundation - unsuccessful
- Alpkit – awarded

ACCOUNTS

The company bank account was opened with the Co-operative Bank as a Community Account.

The balance of the account on April 20.04.2020 was £3789.00



Income statement

Able2Adventure CIC

04.04.19 - 20.04.20

Financial statements in £ Sterling

Revenue

Activity Sales

3171

Support Donations

2617

Grant Funding

19547

Net Revenue

25335

Cost of Sales

Beginning inventory

0

Add: Purchases

0

Freelance Staff

2384

Venue Hire

0

Equipment Hire

0

Inventory available

0

Less: Ending inventory

0

Cost of Sales

2384

Gross profit (Loss)

22951

Expenses

Advertising

1133

Equipment Purchasing

0

Equipment Maintenance, Repairs & Renewals

65

Bank charges

0

Depreciation

0

Interest

0

Accountancy

750

Insurance

112

Membership and Subscriptions

0

Legal and professional fees

0

ALA Licence

0

Payroll taxes

0

Wages

3104

Directors Salaries

13000

Staff Training Courses

334

Miscellaneous

0

Sundry expenses
 Postage
 Telephone and Internet Charges
 Travel
 Food and Accommodation
 Utilities
 Vehicle Expenses
 Administration

198
0
0
0
0
0
0
466
0

Total expenses

19162

Net operating income

3789

Other income

Gain (loss) on sale of assets
 Interest income

0
0

Total other income

0

Net income (Loss)

3789

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

Company Name in
full

Able2Adventure CIC

Company Number

SC593444

Year Ending

(30/04/2020)

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Able2Adventure has delivered a range of outdoor activities to disabled people in the Cairngorms National Park and Morayshire during the past financial year. These activities have included the NICAS climbing award for 6 home schooled autistic children. Introduction to belaying sessions for parents of disabled children to enable them to take their own children climbing at the local Inverness climbing wall. We have delivered three Climbing For All courses, two of these were open to any instructor in the UK and one was a private course for all of the staff at Perth Climbing Wall. All courses proved extremely popular with participants going on to work with disabled groups and/or setting up their own paraclimbing club at the wall. One of the participants on the course at Glenmore Lodge was the national training officer, who felt that the course should be made compulsory for all outdoor instructors in the UK to improve our inclusivity. Towards the end of the financial year we delivered a Paddle-Ability course for watersports instructors in the Highlands to help improve pathways for disabled people to join local canoe and kayak clubs.

During the summer and autumn we secured funding from Forestry and Land Scotland to purchase bushcraft and orienteering equipment as well as the delivery of four days of activities for disabled families and their siblings. These activities were well attended with a number of families continuing to use us for activities as part of their self directed support. The rest of the year was spent securing a number of grants, establishing partnerships with landowners and other organisations and developing activities. We secured a grant from the National Lottery towards climbing and gorge walking equipment and a salary grant from Firstport Scotland to fund two PAYE posts within the company. These posts started in August 2019 and will run until August 2020.

We have now established a partnership with Glenmore Lodge for a discount for use of their facilities, are now the recommended activity provider for Badaguish and have a hot desk in the Cairngorms National Park office free of charge. We have researched, set up and crowdfunded for our Trailblazer project, offering adventure races for disabled people starting with a 10km wheelchair race in Glenmore Forest. The crowdfunder was successful in raising over £4,000 towards the first race. We have worked on a number of activity development projects including wheelchair paddle boarding and packrafting.

Through both feedback forms, face to face discussions and comments on social media our activities are proving to increase quality of life for disabled people and their families. This is being achieved through providing activities that improve their physical and mental health. For disabled families it is the opportunity to participate in an activity together. There is an increasing demand from wheelchair users to provide activities that are adventurous and support independence, hence why the research into wheelchair paddle boarding and packrafting. The home-schooled autistic children have found it particularly useful to see the same instructor on a regular basis who understands their needs. We are hoping to offer them a number of non-formal learning awards to help build their skills into the future.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Able2Adventure has three Directors at present. Over the past year we have held two meetings and one annual general meeting where the annual report and accounts were discussed. Feedback from the Directors has been that the growth and direction of the business is looking good and there is plenty of potential for significant growth into the next financial year. All of the directors feel it would be beneficial to the organisation to find additional Directors with backgrounds in business, accounts or marketing.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

£13,000 was paid out to the year ended 30th April 2020.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY (Please note this must be a live signature)

(DD/MM/YY)

The original report must be signed by a director or secretary of the company

Signed



Date

08/04/21

Please note that it is a legal requirement for the date format to be provided in full throughout the CIC34 report.

Applications will be rejected if this information is incorrect.

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Gemma Hendry	
15 Broomhill Court	
Nethybridge	
Tel 07469 928308	
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

(N.B. Please enclose a cheque for £15 payable to Companies House)