

FREEDOM ONE LIFE LIMITED

**Company Registration Number:
SC459783 (Scotland)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 23rd September 2013

End date: 30th September 2014

SUBMITTED

FREEDOM ONE LIFE LIMITED

Company Information for the Period Ended 30th September 2014

Director:	Alex Papanikolaou Alex Papanikolaou
Company secretary:	Alex Papanikolaou
Registered office:	Level 4, Skypark 3 14 Elliot Place Glasgow Glasgow City G3 8EP
Company Registration Number:	SC459783 (Scotland)

FREEDOM ONE LIFE LIMITED

Abbreviated Balance sheet As at 30th September 2014

	Notes	2014 £	£
Fixed assets			
Tangible assets:	4	180	-
Total fixed assets:		<u>180</u>	<u>-</u>
Current assets			
Debtors:	5	1,242	-
Cash at bank and in hand:		3,788	-
Total current assets:		<u>5,030</u>	<u>-</u>
Creditors			
Creditors: amounts falling due within one year	6	1,454	-
Net current assets (liabilities):		<u>3,576</u>	<u>-</u>
Total assets less current liabilities:		<u>3,756</u>	<u>-</u>
Total net assets (liabilities):		<u><u>3,756</u></u>	<u><u>-</u></u>

The notes form part of these financial statements

FREEDOM ONE LIFE LIMITED

Abbreviated Balance sheet As at 30th September 2014 continued

	Notes	2014	
		£	£
Capital and reserves			
Called up share capital:	7	1	-
Profit and Loss account:		3,755	0
Total shareholders funds:		<u>3,756</u>	<u>-</u>

For the year ending 30 September 2014 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities (effective 2008).

The financial statements were approved by the Board of Directors on 28 March 2015

SIGNED ON BEHALF OF THE BOARD BY:

Name: Alex Papanikolaou

Status: Director

The notes form part of these financial statements

FREEDOM ONE LIFE LIMITED

Notes to the Abbreviated Accounts for the Period Ended 30th September 2014

1. Accounting policies

Basis of measurement and preparation of accounts

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting standard for smaller Entities (effective April 2008).

Turnover policy

Turnover represents the total invoice value, excluding value added tax, of sales made during the year and derives from the provision of goods falling within the company's ordinary activities.

Tangible fixed assets depreciation policy

Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows: Computer equipment - 33% straight line

FREEDOM ONE LIFE LIMITED

Notes to the Abbreviated Accounts for the Period Ended 30th September 2014

4. Tangible assets

	Total
Cost	£
Additions:	270
At 30th September 2014:	270
Depreciation	
Charge for year:	90
At 30th September 2014:	90
Net book value	
At 30th September 2014:	180

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Notes to the Abbreviated Accounts for the Period Ended 30th September 2014

5. Debtors

	2014	
	£	£
Other debtors:	1,242	-
Total:	<u>1,242</u>	<u>-</u>

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Notes to the Abbreviated Accounts for the Period Ended 30th September 2014

6. Creditors: amounts falling due within one year

	2014	
	£	£
Accruals and deferred income:	265	-
Other creditors:	1,189	-
Total:	1,454	-

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Notes to the Abbreviated Accounts for the Period Ended 30th September 2014

7. Called up share capital

Allotted, called up and paid

Current period			2014
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	1	1.00	1
Total share capital:			<u>1</u>

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Notes to the Abbreviated Accounts for the Period Ended 30th September 2014

9 . Transactions with directors

Name of director receiving advance or credit:	Alex Papanikolaou	
Description of the transaction:	Director's loan account	
Balance at 23rd September 2013:		0
Advances or credits made:		1,189
Balance at 30th September 2014:		<u>1,189</u>

