



# 288a

Please complete in typescript,  
or in bold black capitals

## APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

CHFP025

Company Number

SC319401

Company Name in full

GOODLIFE (GLASGOW) LIMITED

Date of  
appointment

Day Month Year  
22 08 2007

† Date of  
Birth

Day Month Year  
08 02 1985

Appointment form Appointment as director

☒ as secretary ☒

Please mark the appropriate box. If appointment  
is as a director and secretary mark both boxes

NAME \*Style / Title

\*Honours etc

Notes on completion  
appear on reverse

Forename(s)

TARA

Surname

MITCHELL

Previous  
Forename(s)

Previous  
Surname(s)

Usual residential  
address ††

4 GLEBE ROAD, NEWTON MEARNS

Post town

GLASGOW

Postcode

G77 6DU

County / Region

LANARKSHIRE

Country

SCOTLAND

† Nationality

BRITISH

† Business occupation

STUDENT

† Other directorships  
(additional space overleaf)

QWEENS LIMITED

Consent signature

*[Signature]*

Date

22/08/2007

\* Voluntary details  
† Directors only  
\*\* Delete as appropriate

A director, secretary etc must sign the form below

Signed

*[Signature]*

Date

22/08/2007

(\*\* a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact  
information in the box opposite but if you  
do, it will help Companies House to  
contact you if there is a query on the  
form. The contact information that you  
give will be visible to searchers of the  
public record

Burness LLP

(842135)

120 Bothwell Street  
Glasgow  
G2 7JL

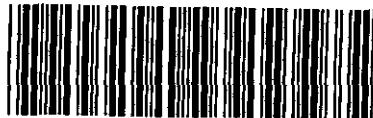
Tel 0141 248 4933

DX number GW154

DX exchange Glasgow

When you have completed and signed the form please send it to the  
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff  
for companies registered in England and Wales or  
Companies House, 37 Castle Terrace, Edinburgh, EH1 3ER



SCT

23/08/2007

702

COMPANIES HOUSE

THURSDAY

**Company Number**

SC319401

† Directors only

† Other directorships


**NOTES**

Show the full forenames, NOT INITIALS If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line

Give previous forenames or surname(s) except

for a married woman, the name by which she was known before marriage need not be given

for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it

**Other directorships**

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was dormant

a parent company which wholly owned the company making the return, or

another wholly owned subsidiary of the same parent company