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York Bike Belles

**York Bike Belles
Community Interest Company**

Annual Report and Unaudited Accounts

For the year ending 28 February 2022

Company Registration Number: 12470154

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Company Information

For the year ending 28 February 2022

| | |
|-------------------------------------|--|
| Company Name: | York Bike Belles Community Interest Company |
| Governance Structure: | Company limited by guarantee |
| Company Registration Number: | 12470154 (England and Wales) |
| Registered Office Address: | 50 Trafalgar Street York North Yorkshire YO23 1HZ |
| Directors: | Dawn Barker Gabrielle Gorin Helena Margaret Groom Gillian Angela Harber Alison Janet Holmes Sheridan Kate Piggott |
| Accountants: | Equilibrium Accountants Ltd 48 Goodramgate York North Yorkshire YO1 7LF |

Directors' Report

For the year ending 28 February 2022

The directors present their report and accounts for the year ending 28 February 2022.

Principal Activity

The principal activity of the community interest company during the period was to promote walking and cycling, as a way of improving wellbeing, community life, green spaces and tackling inequalities and climate and nature crisis, in the city of York.

Directors

The following directors were appointed during the period:

- Dawn Barker
- Gabriella Gorin
- Helena Margaret Groom
- Gillian Angela Harber
- Alison Janet Holmes
- Sheridan Kate Piggott

Directors Statement

York Bike Belles CIC is an award-winning not-for-profit community organisation. We incorporated as a Community Interest Company (CIC) on 18 February 2020.

We work towards a vision of York as a healthy, green, and kind city, where everyone thrives, now and in a sustainable future. Our objectives are to enable residents of all ages, abilities, and life situations to walk and cycle as the natural way to get around York, while improving wellbeing, community life, green spaces, and tackling inequalities and the climate and nature crises.

In 2021/22, we made excellent progress in recovering from the pandemic and delivering against our organisation objectives for the benefit of York residents. **We delivered 180 free walking, cycling and nature activities to 454 York residents, working with 27 volunteers for 2,580 volunteer hours, and 9 delivery partners.**

Our headline outcomes were:

- Our inclusive start cycling scheme achieved a 97% success rate in increasing cycling and physical activity in a wide range of York residents. Participants were aged 17 to 85 and over 50% had physical or mental health conditions.
- After a pandemic pause of 18 months, in September 2021 we restarted our Cycling Without Age Rides to elder care home residents aged over 85. Described by one care partner as a "lifesaver", the Rides enabled residents to recover from the isolation, loneliness, and mental trauma of the pandemic by getting out into outdoor space, nature, and the community.
- Our activities had excellent mental wellbeing outcomes for participants and volunteers, in particular:
 - our Start Cycling scheme increased confidence and self-esteem and developed skills.
 - our Walking Book Group improved social contact and helped build relationships.
 - our Nature Time Walks improved connection to nature, with improved mood and reduced feelings of anxiety and stress.
 - our volunteers reported an increased sense of purpose in life.
- With community partners, we developed our Nature Time Walks to become more accessible and meet the needs of York residents who are visually impaired, elder and with mental health conditions.
- We developed a blended learning programme to better train and support our volunteers and had over 100% increase in volunteer recruitment.
- We developed our organisational capacity and expertise in digital skills with a Film Intern and new digital assets on YouTube. This led to a 25% increase in online engagement, with an average of 1250 people a month actively engaging on our Facebook channel alone.

We were able to offer our activities free of charge to York residents, thanks to funding from grants, donations, and sponsorship. In this period, we were grateful for funding from Feoffees of St Michael's Spurriergate, Skiweb Ltd, Sport England, My Sight York, St Nicks, Benenden Health, Two Ridings Community Foundation, City of York Council, Chocolate Works Care Village and Hartrigg Oaks Care Home. We were also grateful to our delivery partners Cycle Heaven bike shop and York St John University who provided free of charge delivery support.

Sport England funding enabled us to finish delivering our 2020 Cake Confidence start cycling scheme in this period; Feoffees of St Michael's Spurriergate, Skiweb Ltd, Benenden Health and Two Ridings Community Foundation grants enabled us to restart our Cycling Without Age Rides; and My Sight York and St Nicks financial support enabled us to develop our Nature Time Walks.

Finally, we secured grants from Humber and North Yorkshire Health and Care Partnership, Purey Cust Trust, and The National Lottery Community Fund to sustain and develop our work in the following year.

Please note, that as the accounts are being prepared in accordance with FRS 105, the Financial Reporting Standards applicable to the micro-entities regime, our operating deficit for the year of £1,881 is referred to as a loss. However, in line with our status as a Community Interest Company, as defined under the Company (Audit, Investigations and Community Enterprise) Act 2004, this loss is offset by both past and future profits that will be designed towards the company's overall social objectives and no distributions will be made.

Charitable and Political Donations

During the financial period, no political or charitable donations were made.

Statement of directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations. Company law requires the directors to prepare accounts for each financial year. Under that law, the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standard and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit and loss of the company for that period.

In preparing these accounts, the directors are required to:

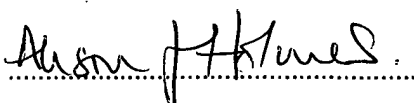
- Select suitable accounting policies and then apply them consistently
- Make judgements and estimates that are reasonable and prudent, and
- Prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small Company Provisions

This report has been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

Signed on behalf of the board of directors



Alison Janet Holmes
Director

Approved by the board on 21/11/2022

Accountants' Report

For the year ending 28 February 2022

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of York Bike Belles Community Interest Company for the year ending 28 February 2022 as set out on pages 7 – 10 from the company's accounting records and from information and explanations you have given us.

As a practising member firm of the Institute of Chartered Accountants in England and Wales (ICAEW), we are subject to its ethical and other professional requirements, which are detailed at icaew.com/membershiphandbook.

This report is made solely to the Board of Directors of York Bike Belles Community Interest Company, as a body, in accordance with the terms of our engagement letter dated 8 September 2021. Our work has been undertaken solely to prepare for your approval the accounts of York Bike Belles Community Interest Company and state those matters that we have agreed to state to the Board of Directors of York Bike Belles Community Interest Company, as a body, in this report in accordance with AAF 07/16 as detailed at icaew.com/compilation. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than York Bike Belles Community Interest Company and its Board of Directors, as a body, for our work or for this report.

It is your duty to ensure that York Bike Belles Community Interest Company has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profit of York Bike Belles Community Interest Company. You consider that York Bike Belles Community Interest Company is exempt from the statutory audit requirement for the period.

We have not been instructed to carry out an audit or a review of the accounts of York Bike Belles Community Interest Company. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.



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Nicola Ainscough ACA BSc
Managing Director

Equilibrium Accountants Ltd
48 Goodramgate
York
North Yorkshire
YO1 7LF

29 September 2022

Income Statement

For the year ending 28 February 2022

| | Year ending 28 Feb 2022 | Period ending 28 Feb 2021 |
|---|----------------------------|------------------------------|
| | £ | £ |
| Turnover | 16,121 | 14,818 |
| Other Income | - | 2,162 |
| Cost of raw materials and consumables | (98) | (200) |
| Staff costs | (14,652) | (11,770) |
| Depreciation and other amounts written off assets | - | - |
| Other charges | (3,252) | (1,732) |
| Tax | - | (677) |
| Profit | (1,881) | 2,601 |

The notes on pages 9-10 form a part of these financial statements.

Statement of Financial Position

For the year ending 28 February 2022

| | Notes | Year ending 28 Feb 2022 £ | Period ending 28 Feb 2021 £ |
|---|-------|---------------------------------|-----------------------------------|
| Fixed assets | | - | - |
| Current assets | | 19,122 | 13,121 |
| Prepayments and accrued income | | 473 | 517 |
| Creditors: amounts falling due within one year | | - | (677) |
| Net current assets (liabilities) | | 19,595 | 12,961 |
| Total assets less current liabilities | | 19,595 | 12,961 |
| Creditors: amounts falling due after more than one year | | - | - |
| Provision for liabilities | | - | - |
| Accruals and deferred income | 7 | (18,875) | (10,360) |
| Net assets | | 720 | 2,601 |
| Capital and reserves | 8 | 720 | 2,601 |

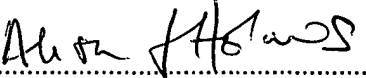
The notes on pages 9-10 form a part of these financial statements.

For the year ending 28 February 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the micro-entity provisions of the Companies Act 2006 and FRS 105, the Financial Reporting Standard applicable to the Micro-entities Regime.

Approved by the board on 21/11/2022



 Alison Janet Holmes
 Director

Company Registration No: 12470154

Notes to the Financial Statements

For the year ending 28 February 2022

1. STATUTORY INFORMATION

York Bike Belles Community Interest Company is a private company, limited by guarantee without share capital, registered in England and Wales, registration number 12470154. The registered office and principal place of business is 50 Trafalgar Street, York, North Yorkshire, YO23 1HZ

2. COMPLIANCE WITH ACCOUNTING STANDARDS

The financial statements have been prepared in accordance with the Companies Act 2006 and FRS 105, the Financial Reporting Standard applicable to the Micro-entities Regime.

3. DIRECTORS' ADVANCES, CREDIT AND GUARANTEES

During the year no benefits, in the form of advances, credits and guarantees, were conferred upon the directors of the company.

4. GUARANTEES AND OTHER FINANCIAL COMMITMENTS

During the year no guarantees or other financial commitments were made.

5. AVERAGE NUMBER OF EMPLOYEES

During the period the average number of employees was 0.

6. ACCOUNTING POLICIES

Basis of accounting

The financial statements are prepared on a going concern basis, under the historical cost convention.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Revenue Recognition

Revenue is recognised in respect of non-government non-exchange transactions, donations, and funds received for goods and services supplied during the financial period on receipt.

Government Grants have been recognised using the accrual model.

Fixed Assets

All fixed assets are capitalised and included, at cost, including any incidental expenses of acquisition.

Depreciation is provided on tangible fixed assets at rates calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

| | |
|-------|-------------------|
| Bikes | 25% Straight Line |
|-------|-------------------|

7. ACCRUALS AND DEFERRED INCOME

Using the accrual method, the following grants, received during the financial period, have been classified as deferred income to recognise the income received on a systemic basis over the period in which related costs will be incurred.

| | Year ending 28 Feb 2022 Total £ | Period ending 28 Feb 2021 Total £ |
|--|--|--|
| Accrual | | |
| Accountancy Fees | 360 | 360 |
| Deferred Income | | |
| Skiweb Grant | - | 5,000 |
| Feoffees grant | - | 5,000 |
| National Lottery Community Fund | 9,970 | - |
| Humber and North Yorkshire Health and Care Partnership | 7,045 | - |
| The Purey Cust Trust | 1,500 | - |
| | <u>18,875</u> | <u>10,360</u> |

8. CAPITAL AND RESERVES

Using the accrual method, the reserved funds, have been classified as deferred income to recognise the income received on a systemic basis over the period in which related costs will be incurred. Therefore only the unreserved funds are recognised in the capital and reserves balance in the accounts.

| | Year ending 28 Feb 2022 Total £ | Period ending 28 Feb 2021 Total £ |
|--|--|--|
| Reserved Funds | | |
| Skiweb Grant | - | 5,000 |
| Feoffees Grant | - | 5,000 |
| Sports England | - | 1,788 |
| National Lottery Community Fund | 9,970 | - |
| Humber and North Yorkshire Health and Care Partnership | 7,045 | - |
| The Purey Cust Trust | 1,500 | - |
| Two Ridings Community Foundation | 214 | - |
| Benenden Health | 620 | - |
| Unreserved Funds | | |
| General | (227) | 813 |
| | <u>19,122</u> | <u>12,601</u> |

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CIC 34

Community Interest Company Report

For official use
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Please
complete in
typescript, or
in bold black
capitals.

Company Name in
full

York Bike Belles Community Interest Company

Company Number

12470154

Year Ending

28 February 2022

Please ensure the company name is consistent with the company name entered on the accounts.

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

(If applicable, please just state "A social audit report covering these points is attached").

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Finally, we secured grants from Humber and North Yorkshire Health and Care Partnership, Purey Cust Trust, and The National Lottery Community Fund to sustain and develop our work in the following year.

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Our external stakeholders are York residents, activity participants, funders, and local delivery and referral partner organisations. Partners included Cycle Heaven bike shop, York St John University, Chocolate Works Care Village, The Lodge Care Home, Hartrigg Oaks Care home, My Sight York, St Nicks, York Ending Stigma and the Humber Coast and Vale Green Social Prescribing Programme.

We requested and recorded feedback from participants after all activities, both informally and using a follow-up online survey. We regularly contacted partner organisations for feedback on the partnership and joint delivery of activities.

Our passionate team, participants and engaged community talked about the benefits of our work to York residents they met out and about in the community throughout this period. This generated useful wider feedback and increased the uptake of our services.

Finally, we discussed and incorporated all feedback into current schemes and the planning of future schemes at our monthly operational and regular Directors' meetings.

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received, you must state that "no remuneration was received" below.

One of our Directors was paid £7,200 for services to the Company.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require disclosure.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

No transfer of assets has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

Austen Holmes

Date

2/11/2022

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Director

50 Trafalgar Street, York

YO23 1HZ

Tel 07581 149 056

DX Number

DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)