In accordance with Section 392 of the Companies Act 2006.

AA01

Change of accounting reference date



You can use the WebFiling service to file this form online. Please go to www.companieshouse.gov.uk What this form is for What this form is NOT for You cannot use this form to You may use this form to change the accounting reference change a period for which date relating to either the current, or accounts are already ove extend a period beyond 1 the immediately previous, 12/03/2018 months unless the comp accounting period. **COMPANIES HOUSE** administration. Company details → Filling in this form 7 8 8 Company number Please complete in typescript or in bold black capitals. Company name in full The Sleep Lab Limited All fields are mandatory unless specified or indicated by 1 Date of accounting reference period O Date of period you wish to Please enter the end date of the current, or the immediately previous, accounting period. 0 The current period means the present accounting period which ^y2 | ^y0 | ^y1 | ^y8 Accounting period has not yet come to an end. ending on The immediately previous period means the period immediately preceding your present accounting period. New accounting reference date o New accounting reference date Has the accounting reference period been shortened or extended? If you wish to move the end of your → Shortened. Please complete 'Date shortened so as to end on'. current, or immediately previous, → Extended. Please complete 'Date extended so as to end on'. reference period to an earlier date, please insert the required date in the Please enter the date the accounting reference period has been shortened to. box marked 'Shortened'. If you wish to move the end of your Date Shortened so as current, or immediately previous, to end on reference period to a later date, Please enter the date the accounting reference period has been extended to. please insert the required date in the box marked 'Extended'. Date Extended so as You cannot change a period for to end on which the accounts are overdue. You cannot extend a period beyond 18 months unless the company is in administration.

	AA01 Change of accounting reference date	
<u> </u>	Extending more than once in five years •	
	Have you extended the accounting reference period more than once in five years? → Yes. Please complete the section below. → No. Please go to Section 5.	O Extending more than once in five years You only need to complete this section if you have extended your accounting reference period more than once in five years.
Extending more than once in five years	You may not extend periods more than once in five years unless you fall into one of the following categories. Please tick only one box. The company is in administration. You have specific approval from the Secretary of State (please enclose a copy). You are extending the company's accounting reference period to align with that of a parent or subsidiary undertaking established in the European Economic Area. You are submitting the form on behalf of an overseas company.	
5	Signature	
Signature	I am signing this form on behalf of the company. Signature X This form may be signed by: Director ②, Secretary, Person authorised ②, Permanent representative on behalf of an overseas company, Administrator, Administrative receiver, Receiver, Receiver manager, Charity commission receiver and manager, CIC manager, Judicial factor.	 Societas Europaea If the form is being filed on behalf of a Societas Europaea (SE), please delete 'director' and insert details of which organ of the SE the person signing has membership. Person authorised Under either section 270 or 274 of the Companies Act 2005.

Presenter information	Important information	
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be	Please note that all information on this form will appear on the public record.	
visible to searchers of the public record.	☑ Where to send	
Contact name	You may return this form to any Companies Hou address, however for expediency we advise you	
Company name	return it to the appropriate address below:	
Address	For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.	
Post town	For companies registered in Scotland: The Registrar of Companies, Companies House,	
County/Region	Fourth floor, Edinburgh Quay 2,	
Postcode	139 Fountainbridge, Edinburgh, Scotland, EH3 9FF.	
Country	DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).	
DX	For companies registered in	
Yelephone	Northern Ireland:	
receptione	The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street,,	
✓ Checklist	Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.	
We may return forms completed incorrectly or with information missing.		
Please make sure you have remembered the	<i>i</i> Further information	
following:	For further information, please see the guidance notes	
☐ The company name and number match the information held on the public Register.	on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk	
☐ You have completed section 2. ☐ You have entered the new accounting reference		
date in section 3.	This form is available in an	
☐ You have completed section 4 (if appropriate). ☐ You have signed the form.	alternative format. Please visit the	
☐ You have checked your filing deadline through	forms page on the website at	
WebCHeck at www.companieshouse.gov.uk	www.companieshouse.gov.uk	
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