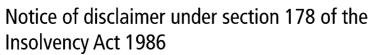
In accordance with Rule 19.2 of the Insolvency (England & Wales) Rules 2016 and Section 178 of the Insolvency Act 1986.

NDISC





For further information, please refer to our guidance at www.gov.uk/companieshouse

1	Company details	
Company number	1 0 5 7 1 2 9 0	→ Filling in this form Please complete in typescript or in
Company name in full	Eat Beets Ltd	bold black capitals.
2	Liquidator's name	
Full forename(s)	Irvin	
Surname	Cohen	
3	Liquidator's address	
Building name/number	31st Floor	
Street	40 Bank Street	
Post town	London	
County/Region		
Postcode	E 1 4 5 N R	
Country		
4	Liquidator's name o	
Full forename(s)	Gary Paul	Other liquidator Use this section to tell us about
Surname	Shankland	another liquidator.
5	Liquidator's address ❷	
Building name/number	31st Floor	Other liquidator
Street	40 Bank Street	Use this section to tell us about another liquidator.
Post town	London	
County/Region		
Postcode	E 1 4 5 N R	
Country		

NDISC
Notice of disclaimer under section 178 of the Insolvency Act 1986

6	Notice of disclaimer	
	☑ Notice of disclaimer is attached	
7	Sign and date	
Liquidator's signature	Signature X	×
Signature date	$\begin{bmatrix} \frac{1}{0} & \frac{1}{5} & \frac{1}{0} & \frac{1}{3} \end{bmatrix}$ $\begin{bmatrix} \frac{y}{2} & \frac{y}{0} & \frac{y}{2} \end{bmatrix}$	

NDISC

Notice of disclaimer under section 178 of the Insolvency Act 1986

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	Gabrielle Whatmore
Company name	Begbies Traynor (London) LLP
Address	31st Floor
	40 Bank Street
Post town	London
County/Region	
Postcode	E 1 4 5 N R
Country	
DX	
Telephone	020 7516 1500

Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

Important information

All information on this form will appear on the public record.

■ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

Turther information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

In accordance with Rule 19.2 of the Insolvency (England and Wales) Rules 2016 and Section 178 of the Insolvency Act 1986

Notice of Disclaimer under Section 178 of the Insolvency Act 1986

Eat Beets Ltd

(Registered Company Number: 10571290) (In Liquidation)

PART 1

(a) Insert name of liquidator

We (a) Irvin Cohen and Gary Paul Shankland

the liquidator(s) of the above-named company, disclaim all the company's interest in:

(b) Insert full particulars of property – see notes following part 2

(b) Arch 204, Barnardo Street, London, E1 0LL

Dated 04 March 2024

Signed

Name in

BLOCK LETTERS Contact details:

IRVIN COHEN

Begbies Traynor (London) LLP

31st Floor 40 Bank Street London

Email: london@btguk.com

Telephone number: 020 7516 1500

PART 2

(c) Insert name and address of person to be sent copy notice under Rule 19.3, 19.4 and 19.6 To: (c) The Arch Company Properties L.P., 140 London Wall, London, EC2Y 5DN

(d) Insert date on which notice of disclaimer signed This is a copy notice of disclaimer signed by the liquidator(s) of the above-named company on (d) 04 March 2023

The attention of a recipient of this notice is drawn to sections 178-182 of the Insolvency Act 1986 in the case of a winding up.

NOTES 1. Part 1 is to be completed by the liquidator(s).

Part 2 is to be completed by or on behalf of the liquidator(s) when sending out copy notices under Rule 19.3, 19.4, and 19.6.

- Where the property concerned consists of land or buildings the nature of the interest should also be stated (e.g. whether leasehold, freehold, etc)
 Under Rule 19.2(4) a copy notice must be sent to the Registrar of
- Companies and where the property concerned consists of registered land as defined in Section 132 of the Land Registration Act 2002 (i.e. a registered estate or a registered charge), please include the registered title number of the property, if known and a copy of the notice should be sent to the Chief Land Registrar.