



For further information, please
refer to our guidance at
www.gov.uk/companieshouse

1 Company details

Company number 1 0 5 7 1 2 9 0

Company name in full Eat Beets Ltd

→ Filling in this form

Please complete in typescript or in
bold black capitals.

2 Liquidator's name

Full forename(s) Irvin

Surname Cohen

3 Liquidator's address

Building name/number 31st Floor

Street 40 Bank Street

Post town London

County/Region

Postcode E 1 4 5 N R

Country

4 Liquidator's name ①

Full forename(s) Gary Paul

Surname Shankland

① Other liquidator

Use this section to tell us about
another liquidator.

5 Liquidator's address ②

Building name/number 31st Floor

Street 40 Bank Street

Post town London

County/Region

Postcode E 1 4 5 N R

Country

② Other liquidator

Use this section to tell us about
another liquidator.

NDISC

Notice of disclaimer under section 178 of the Insolvency Act 1986

6

Notice of disclaimer

☒ Notice of disclaimer is attached

7

Sign and date

Liquidator's signature

Signature

X



X

Signature date

^d

^d

0

5

^m

^m

0

3

^y

^y

^y

^y

2

0

2

4

NDISC

Notice of disclaimer under section 178 of the Insolvency Act 1986



Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name **Gabrielle Whatmore**

Company name **Begbies Traynor (London) LLP**

Address **31st Floor**

40 Bank Street

Post town **London**

County/Region

Postcode **E 1 4 5 N R**

Country

DX

Telephone **020 7516 1500**



Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.



Important information

All information on this form will appear on the public record.



Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.



Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

In accordance
with Rule 19.2 of
the Insolvency
(England and
Wales) Rules
2016 and Section
178 of the
Insolvency Act
1986

Notice of Disclaimer under Section 178 of the Insolvency Act 1986

Eat Beets Ltd
(Registered Company Number: 10571290) (In Liquidation)

PART 1

(a) Insert name of
liquidator

We (a) Irvin Cohen and Gary Paul Shankland

the liquidator(s) of the above-named company, disclaim all the company's interest in:

(b) Insert full
particulars of
property – see
notes following
part 2

(b) Arch 204, Barnardo Street, London, E1 0LL

Dated 04 March 2024

Signed

Name in
BLOCK LETTERS
Contact details:

IRVIN COHEN

Begbies Traynor (London) LLP
31st Floor
40 Bank Street
London
Email: london@btguk.com
Telephone number: 020 7516 1500

PART 2

(c) Insert name
and address of
person to be sent
copy notice under
Rule 19.3, 19.4
and 19.6

To: (c) The Arch Company Properties L.P., 140 London Wall, London, EC2Y 5DN

(d) Insert date on
which notice of
disclaimer signed

This is a copy notice of disclaimer signed by the liquidator(s) of the above-named company on (d) 04 March 2023

The attention of a recipient of this notice is drawn to sections 178-182 of the Insolvency Act 1986 in the case of a winding up.

- NOTES
1. Part 1 is to be completed by the liquidator(s).
Part 2 is to be completed by or on behalf of the liquidator(s) when sending out copy notices under Rule 19.3, 19.4, and 19.6.
 2. Where the property concerned consists of land or buildings the nature of the interest should also be stated (e.g. whether leasehold, freehold, etc)
Under Rule 19.2(4) a copy notice must be sent to the Registrar of Companies and where the property concerned consists of registered land as defined in Section 132 of the Land Registration Act 2002 (i.e. a registered estate or a registered charge), please include the registered title number of the property, if known and a copy of the notice should be sent to the Chief Land Registrar.
 - 3.