



**FILE COPY**

**CERTIFICATE OF INCORPORATION  
OF A  
COMMUNITY INTEREST COMPANY**

Company Number **10409754**

The Registrar of Companies for England and Wales, hereby certifies that:

**EQUILIBRIUM FOR LIFE C.I.C.**

is this day incorporated under the Companies Act 2006 as a Community Interest Company; is a private company, that the company is limited by guarantee; and the situation of the registered office is in England and Wales



**\*N10409754H\***

Given at Companies House on **4th October 2016**.



**Companies House**



**THE OFFICIAL SEAL OF THE  
REGISTRAR OF COMPANIES**

IN01

Application to register a company

002468/35



Companies House

A fee is payable with this form.  
Please see 'How to pay' on the last page

☒ What this form is for  
You may use this form to register a  
private or public company

☒ What this form is for  
You cannot use this form to register a  
limited liability partnership. If you want to  
register a limited liability partnership, please use form  
LLP1. You can use this form if any of the following  
apply: you are a company with significant control  
information, you have applied for pre-registered  
company status, you are a company having their details  
disseminated to the public register. Contact  
companieshouse.gov.uk for more information or a  
separate form.



A05 30/09/2016 #11  
COMPANIES HOUSE  
A24 16/09/2016 #136  
COMPANIES HOUSE

Part 1 Company details

A1

Company name

Check if a company name is available by using our name availability search

[www.companieshouse.gov.uk/info](http://www.companieshouse.gov.uk/info)

Please show the proposed company name below

Proposed company  
name in full

EQUILIBRIUM FOR LIFE C.I.C.

For official use

10409754

Filling in this form

Please complete in typescript or in  
bold black capitals

All fields are mandatory unless  
specified or indicated by \*

1 Duplicate names

Duplicate names are not permitted.  
A list of registered names can  
be found on our website. There  
are various rules that may affect  
your choice of name. More  
information on this is available in  
our guidance at  
[www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

A2

Company name restrictions

Please tick the box only if the proposed company name contains sensitive  
or restricted words or expressions that require you to seek comments of a  
government department or other specified body

☒ I confirm that the proposed company name contains sensitive or restricted  
words or expressions and that approval, where appropriate, has been  
sought of a government department or other specified body and I attach a  
copy of their response

2 Company name restrictions

A list of sensitive or restricted  
words or expressions that require  
consent can be found in our  
guidance at  
[www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

A3

Exemption from name ending with 'Limited' or 'Cyfyngedig'

Please tick the box if you wish to apply for exemption from the requirement to  
have the name ending with 'Limited', 'Cyfyngedig' or permitted alternative

☒ I confirm that the above proposed company meets the conditions for  
exemption from the requirement to have a name ending with 'Limited',  
'Cyfyngedig' or permitted alternative

3 Name ending exemption

Only private companies that are  
limited by guarantee and meet other  
specific requirements or private  
companies that are charities are  
eligible to apply for this. For more  
details, please go to our website  
[www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

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### Company type<sup>1</sup>

Please tick the box that describes the proposed company type and members' liability (only one box must be ticked)

- ☐ Public limited by shares
- ☐ Private limited by shares
- ☒ Private limited by guarantee
- ☐ Private unlimited with share capital
- ☐ Private unlimited without share capital

#### 1 Company type

If you are unsure of your company's type, please go to our website [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

A5

### Principal business activity

Please show the trade classification code number(s) for the principal activity or activities<sup>2</sup>

Classification code 1 ~~88999~~

Classification code 2 ~~128559~~

Classification code 3 ~~87990~~ (46)

Classification code 4 96040

If you cannot determine a code, please give a brief description of the company's business activity below

Principal activity description

#### 2 Principal business activity

You must provide a trade classification code (SIC code 2007) or a description of your company's main business in this section

A full list of the trade classification codes is available on our website [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

A6

### Situation of registered office<sup>3</sup>

Please tick the appropriate box below that describes the situation of the proposed registered office (only one box must be ticked)

- ☒ England and Wales
- ☐ Wales
- ☐ Scotland
- ☐ Northern Ireland

#### 3 Registered office

Every company must have a registered office and this is the address to which the Registrar will send correspondence

For England and Wales companies, the address must be in England or Wales.

For Welsh, Scottish or Northern Ireland companies, the address must be in Wales, Scotland or Northern Ireland respectively

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**A7****Registered office address ①**

	Please give the registered office address of your company
Building name/number	KITS COTY FARM
Street	87 SALISBURY ROAD
	1
Post town	AYLESFORD
County/Region	KENT
Postcode	ME20 7EW

**① Registered office address**

You must ensure that the address shown in this section is consistent with the situation indicated in section A6

You must provide an address in England or Wales for companies to be registered in England and Wales.

You must provide an address in Wales, Scotland or Northern Ireland for companies to be registered in Wales, Scotland or Northern Ireland respectively

**A8****Articles of association ①**

	Please choose one option only and tick one box only
Option 1	<p>I wish to adopt one of the following model articles in its entirety Please tick only <b>one</b> box</p> <p><input type="checkbox"/> Private limited by shares</p> <p><input checked="" type="checkbox"/> Private limited by guarantee</p> <p><input type="checkbox"/> Public company</p>
Option 2	<p>I wish to adopt the following model articles with additional and/or amended provisions I attach a copy of the additional and/or amended provision(s) Please tick only <b>one</b> box</p> <p><input type="checkbox"/> Private limited by shares</p> <p><input checked="" type="checkbox"/> Private limited by guarantee</p> <p><input type="checkbox"/> Public company</p>
Option 3	<p><input checked="" type="checkbox"/> I wish to adopt entirely bespoke articles I attach a copy of the bespoke articles to this application</p>

**① For details of which company type can adopt which model articles, please go to our website [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)**

A Community Interest Company (CIC) cannot adopt model articles. If you are incorporating a CIC you must tick option 3 and attach a copy of the bespoke articles.

**A9****Restricted company articles ①**

Please tick the box below if the company's articles are restricted

☐
**① Restricted company articles**

Restricted company articles are those containing provision for entrenchment. For more details, please go to our website [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

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Application to register a company

**Part 2****Proposed officers**

For private companies the appointment of a secretary is optional, however, if you do decide to appoint a company secretary you must provide the relevant details. Public companies are required to appoint at least one secretary.

Private companies must appoint at least one director who is an individual. Public companies must appoint at least two directors, one of which must be an individual.

For a secretary who is an individual, go to Section B1. For a corporate secretary, go to Section C1. For a director who is an individual, go to Section D1. For a corporate director, go to Section E1.

**Secretary****B1****Secretary appointments ①**

Please use this section to list all the secretary appointments taken on formation.  
For a corporate secretary, complete Sections C1-C4.

Title*	
Full forename(s)	
Surname	
Former name(s) ②	

**① Corporate appointments**

For corporate secretary appointments, please complete section C1-C4 instead of section B.

**Additional appointments**

If you wish to appoint more than one secretary, please use the 'Secretary appointments' continuation page.

**② Former name(s)**

Please provide any previous names (including maiden or married names) which have been used for business purposes in the last 20 years.

**B2****Secretary's service address ③**

Building name/number	
Street	
Post town	
County/Region	
Postcode	
Country	

**③ Service address**

This is the address that will appear on the public record. This does not have to be your usual residential address.

Please state 'The Company's Registered Office' if your service address will be recorded in the proposed company's register of secretaries as the company's registered office.

If you provide your residential address here it will appear on the public record.

# IN01

Application to register a company

## Corporate secretary

### C1 Corporate secretary appointments ①

Please use this section to list all the corporate secretary appointments taken on formation

Name of corporate body/firm

Building name/number

Street

Post town

County/Region

Postcode

Country

#### ① Additional appointments

If you wish to appoint more than one corporate secretary, please use the 'Corporate secretary appointments' continuation page.

#### Registered or principal address

This is the address that will appear on the public record. This address must be a physical location for the delivery of documents. It cannot be a PO box number (unless contained within a full address), DX number or LP (Legal Post in Scotland) number

### C2 Location of the registry of the corporate body or firm

Is the corporate secretary registered within the European Economic Area (EEA)?

- Yes Complete **Section C3 only**
- No Complete **Section C4 only**

### C3 EEA companies ②

Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register

Where the company/firm is registered ③

Registration number

#### ② EEA

A full list of countries of the EEA can be found in our guidance [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

③ This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)

### C4 Non-EEA companies

Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register

Legal form of the corporate body or firm

Governing law

If applicable, where the company/firm is registered ④

Registration number

#### ④ Non-EEA

Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in that register

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**Director****D1****Director appointments <sup>①</sup>**

Please use this section to list all the director appointments taken on formation  
For a corporate director, complete Sections E1-E4.

Title*	MRS
Full forename(s)	ALEXANDRA GRACE
Surname	TASKIN
Former name(s) <sup>②</sup>	SKENE
Country/State of residence <sup>③</sup>	UNITED KINGDOM
Nationality	BRITISH
Month/year of birth <sup>④</sup>	X X 1 2 1 9 6 5
Business occupation (if any) <sup>⑤</sup>	DIRECTOR PASSE-PARTOUT CONSULTING

**① Appointments**

Private companies must appoint at least one director who is an individual. Public companies must appoint at least two directors, one of which must be an individual.

**② Former name(s)**

Please provide any previous names (including maiden or married names) which have been used for business purposes in the last 20 years.

**③ Country/State of residence**

This is in respect of your usual residential address as stated in section D4.

**④ Month and year of birth**

Please provide month and year only

**⑤ Business occupation**

If you have a business occupation, please enter here. If you do not, please leave blank

**Additional appointments**

If you wish to appoint more than one director, please use the 'Director appointments' continuation page.

**D2****Director's service address <sup>⑥</sup>**

Please complete the service address below. You must also fill in the director's usual residential address in Section D4.

Building name/number	KIT'S COTY FARM
Street	87 SALSBURY ROAD
Post town	AYLESFORD
County/Region	KENT
Postcode	M E 2 0 7 E W
Country	UNITED KINGDOM

**⑥ Service address**

This is the address that will appear on the public record. This does not have to be your usual residential address.

Please state 'The Company's Registered Office' if your service address will be recorded in the proposed company's register of directors as the company's registered office.

If you provide your residential address here it will appear on the public record

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Application to register a company

**Director****D1****Director appointments <sup>①</sup>**

Please use this section to list all the director appointments taken on formation  
For a corporate director, complete Sections E1-E4.

Title*	MR
Full forename(s)	DARREN RICHARD
Surname	O'CONNOR
Former name(s) <sup>②</sup>	
Country/State of residence <sup>③</sup>	UNITED KINGDOM
Nationality	BRITISH
Month/year of birth <sup>④</sup>	X X 0 9 1 9 6 8
Business occupation (if any) <sup>⑤</sup>	DIRECTOR - PASSE-PARTOUT CONSULTING

**① Appointments**

Private companies must appoint at least one director who is an individual. Public companies must appoint at least two directors, one of which must be an individual.

**② Former name(s)**

Please provide any previous names (including maiden or married names) which have been used for business purposes in the last 20 years.

**③ Country/State of residence**

This is in respect of your usual residential address as stated in section D4.

**④ Month and year of birth**

Please provide month and year only

**⑤ Business occupation**

If you have a business occupation, please enter here. If you do not, please leave blank.

**Additional appointments**

If you wish to appoint more than one director, please use the 'Director appointments' continuation page.

**D2****Director's service address <sup>⑥</sup>**

Please complete the service address below. You must also fill in the director's usual residential address in Section D4.

Building name/number	KIT'S COTY FARM
Street	87 SAUSBURY ROAD
Post town	AYLESFORD
County/Region	KENT
Postcode	M E 2 0 7 E W
Country	U.K.

**⑥ Service address**

This is the address that will appear on the public record. This does not have to be your usual residential address.

Please state 'The Company's Registered Office' if your service address will be recorded in the proposed company's register of directors as the company's registered office.

If you provide your residential address here it will appear on the public record.



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Application to register a company

**Director****D1****Director appointments** ①Please use this section to list all the director appointments taken on formation  
For a corporate director, complete Sections E1-E4.

Title*	MR
Full forename(s)	GRAEME JOHN
Surname	GREEN
Former name(s) ②	
Country/State of residence ③	UNITED KINGDOM
Nationality	BRITISH
Month/year of birth ④	X X 08 1964
Business occupation (if any) ⑤	

**① Appointments**

Private companies must appoint at least one director who is an individual. Public companies must appoint at least two directors, one of which must be an individual.

**② Former name(s)**

Please provide any previous names (including maiden or married names) which have been used for business purposes in the last 20 years.

**③ Country/State of residence**

This is in respect of your usual residential address as stated in section D4

**④ Month and year of birth**

Please provide month and year only

**⑤ Business occupation**

If you have a business occupation, please enter here. If you do not, please leave blank.

**Additional appointments**

If you wish to appoint more than one director, please use the 'Director appointments' continuation page.

**D2****Director's service address** ①

Please complete the service address below. You must also fill in the director's usual residential address in Section D4.

Building name/number	KITS COTY FARM
Street	87 SALISBURY ROAD
Post town	AYLESFORD
County/Region	KENT
Postcode	M E 2 0 7 E W
Country	UNITED KINGDOM

**① Service address**

This is the address that will appear on the public record. This does not have to be your usual residential address.

Please state 'The Company's Registered Office' if your service address will be recorded in the proposed company's register of directors as the company's registered office.

If you provide your residential address here it will appear on the public record.

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Application to register a company

**Director****D1****Director appointments ①**Please use this section to list all the director appointments taken on formation  
For a corporate director, complete Sections E1-E4.

Title*	MRS.
Full forename(s)	PATRICIA MARY
Surname	PALMER
Former name(s) ②	THORNE
Country/State of residence ③	UNITED KINGDOM
Nationality	BRITISH
Month/year of birth ④	X X   0 9   1 9   5 8
Business occupation (if any) ⑤	HR CONSULTANT, DIRECTOR - T.P. CONSULTING

**① Appointments**

Private companies must appoint at least one director who is an individual. Public companies must appoint at least two directors, one of which must be an individual.

**② Former name(s)**

Please provide any previous names (including maiden or married names) which have been used for business purposes in the last 20 years.

**③ Country/State of residence**

This is in respect of your usual residential address as stated in section D4

**④ Month and year of birth**

Please provide month and year only

**⑤ Business occupation**

If you have a business occupation, please enter here. If you do not, please leave blank

**Additional appointments**

If you wish to appoint more than one director, please use the 'Director appointments' continuation page

**D2****Director's service address ⑥**

Please complete the service address below. You must also fill in the director's usual residential address in Section D4

Building name/number	KIT'S COTY FARM
Street	87 SALISBURY ROAD
Post town	AYLESFORD
County/Region	KENT
Postcode	M E 2 0   7 E W
Country	U.K.

**⑥ Service address**

This is the address that will appear on the public record. This does not have to be your usual residential address.

Please state 'The Company's Registered Office' if your service address will be recorded in the proposed company's register of directors as the company's registered office.

If you provide your residential address here it will appear on the public record

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## Application to register a company

### Corporate director

<b>E1 Corporate director appointments ①</b>	
	Please use this section to list all the corporate directors taken on formation
Name of corporate body or firm	
Building name/number	
Street	
Post town	
County/Region	
Postcode	
Country	

**① Additional appointments**  
If you wish to appoint more than one corporate director, please use the 'Corporate director appointments' continuation page.

**Registered or principal address**  
This is the address that will appear on the public record. This address must be a physical location for the delivery of documents. It cannot be a PO box number (unless contained within a full address), DX number or LP (Legal Post in Scotland) number

<b>E2 Location of the registry of the corporate body or firm</b>	
Is the corporate director registered within the European Economic Area (EEA)?	
→ Yes Complete <b>Section E3 only</b>	
→ No Complete <b>Section E4 only</b>	

<b>E3 EEA companies ②</b>	
	Please give details of the register where the company file is kept (including the relevant state) and the registration number in that register
Where the company/firm is registered ③	
Registration number	

**② EEA**  
A full list of countries of the EEA can be found in our guidance [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

**③** This is the register mentioned in Article 3 of the First Company Law Directive (68/151/EEC)

<b>E4 Non-EEA companies</b>	
	Please give details of the legal form of the corporate body or firm and the law by which it is governed. If applicable, please also give details of the register in which it is entered (including the state) and its registration number in that register
Legal form of the corporate body or firm	
Governing law	
If applicable, where the company/firm is registered ④	
If applicable, the registration number	

**④ Non-EEA**  
Where you have provided details of the register (including state) where the company or firm is registered, you must also provide its number in that register

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**Part 3 Statement of capital**

Does your company have share capital?

→ Yes Complete the sections below

→ No Go to Part 4 (Statement of guarantee)

**F1****Statement of capital**

Complete the table(s) below to show the share capital

Complete a separate table for each currency (if appropriate). For example, add pound sterling in 'Currency table A' and Euros in 'Currency table B'

Continuation pages  
Please use a continuation page if necessary

Currency Complete a separate table for each currency	Class of shares E.g. Ordinary/Preference etc	Number of shares	Aggregate nominal value (£, €, \$, etc) Number of shares issued multiplied by nominal value	Total aggregate amount to be unpaid, if any (£, €, \$, etc) Including both the nominal value and any share premium
---	---	------------------	---	--

**Currency table A**

		<b>Totals</b>		

**Currency table B**

		<b>Totals</b>		

**Currency table C**

		<b>Totals</b>		

	Total number of shares	Total aggregate nominal value ❶	Total aggregate amount unpaid ❶
<b>Totals (including continuation pages)</b>			

❶ Please list total aggregate values in different currencies separately  
For example £100 + €100 + \$10 etc

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Application to register a company

**F2**

**Statement of capital** (Prescribed particulars of rights attached to shares)

Please give the prescribed particulars of rights attached to shares for each class of share shown in the statement of capital share tables in **Section F1**

Class of share

Prescribed particulars

1

**1 Prescribed particulars of rights attached to shares**

The particulars are

- a particulars of any voting rights, including rights that arise only in certain circumstances,
- b particulars of any rights, as respects dividends, to participate in a distribution,
- c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and
- d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder

A separate table must be used for each class of share

**Continuation pages**

Please use the next page or a 'Statement of Capital (Prescribed particulars of rights attached to shares)' continuation page if necessary

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Class of share	
Prescribed particulars ①	

**① Prescribed particulars of rights attached to shares**  
The particulars are

- a particulars of any voting rights, including rights that arise only in certain circumstances,
- b particulars of any rights, as respects dividends, to participate in a distribution,
- c particulars of any rights, as respects capital, to participate in a distribution (including on winding up), and
- d whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder

A separate table must be used for each class of share

**Continuation pages**  
Please use a 'Statement of capital (Prescribed particulars of rights attached to shares)' continuation page if necessary

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## Application to register a company

**F3**

### Initial shareholdings

This section should only be completed by companies incorporating with share capital

Please complete the details below for each subscriber

The addresses will appear on the public record. These do not need to be the subscribers' usual residential address

#### Initial shareholdings

Please list the company's subscribers in alphabetical order

Please use an 'Initial shareholdings' continuation page if necessary

Subscriber's details	Class of share	Number of shares	Currency	Nominal value of each share	Amount (if any) to be unpaid on each share (including the nominal value and any share premium)	Amount to be paid on each share (including the nominal value and any share premium)
Name						
Address						
Name						
Address						
Name						
Address						
Name						
Address						

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**Part 4 Statement of guarantee**

Is your company limited by guarantee?

→ Yes Complete the sections below

→ No Go to Part 5 People with significant control (PSC)

**G1****Subscribers**

Please complete this section if you are a subscriber of a company limited by guarantee. The following statement is being made by each and every person named below

I confirm that if the company is wound up while I am a member, or within one year after I cease to be a member, I will contribute to the assets of the company by such amount as may be required for

- payment of debts and liabilities of the company contracted before I cease to be a member,
- payment of costs, charges and expenses of winding up, and,
- adjustment of the rights of the contributors among ourselves, not exceeding the specified amount below

**① Name**

Please use capital letters.

**② Address**

The addresses in this section will appear on the public record. They do not have to be the subscribers' usual residential address.

**③ Amount guaranteed**

Any valid currency is permitted

**④ Class of members**

Only complete this if there will be more than one class of members and if the subscribers are electing to keep members' information on the public register

**Continuation pages**

Please use a 'Subscribers' continuation page if necessary

**Subscriber's details**

Forename(s) ①	ALEXANDRA GRACE
Surname ①	TASKIN
Address ②	KIT'S COTY FARM, 87 SALISBURY ROAD AYLESFORD, KENT
Postcode	ME20 7EW
Amount guaranteed ③	£1.00
Class of member (if applicable) ④	

**Subscriber's details**

Forename(s) ①	DARRIN RICHARD
Surname ①	O'CONOR
Address ②	KIT'S COTY FARM, 87 SALISBURY ROAD AYLESFORD, KENT
Postcode	ME20 7EW
Amount guaranteed ③	£1.00
Class of member (if applicable) ④	



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## Subscriber's details

Forename(s) ①	GRAEME JOHN
Surname ①	GREEN
Address ②	7 SANDTOFT ROAD LONDON
Postcode	SE17 7LR
Amount guaranteed ③	£1.00
Class of member (if applicable) ④	

## Subscriber's details

Forename(s) ①	PATRICIA MARY
Surname ①	PALMER
Address ②	578 LONDON ROAD DITTON KENT
Postcode	ME20 6BX
Amount guaranteed ③	£1.00
Class of member (if applicable) ④	

## Subscriber's details

Forename(s) ①	
Surname ①	
Address ②	
Postcode	
Amount guaranteed ③	
Class of member (if applicable) ④	

## Subscriber's details

Forename(s) ①	
Surname ①	
Address ②	
Postcode	
Amount guaranteed ③	
Class of member (if applicable) ④	

## ① Name

Please use capital letters.

## ② Address

The addresses in this section will appear on the public record. They do not have to be the subscribers' usual residential address.

## ③ Amount guaranteed

Any valid currency is permitted.

## ④ Class of members

Only complete this if there will be more than one class of members and if the subscribers are electing to keep members' information on the public register.

## Continuation pages

Please use a 'Subscribers' continuation page if necessary.

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Application to register a company

## Part 5

### People with significant control (PSC)

Use this Part to tell us about people with significant control or registrable relevant legal entities in respect of the company. Do not use this Part to tell us about any individual people with significant control whose particulars must not be disclosed on the public record. You must use a separate form, which you can get by contacting us [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

If on incorporation there will be someone who will count as a person with significant control (either a registrable person or registrable relevant legal entity (RLE)) in relation to the company, tick the box in H1 and complete any relevant sections. If there will be no registrable person or RLE tick the box in H2 and go to Part 6 Election to keep information on the public register

H1

#### Statement of initial significant control<sup>1</sup>

- ☐ On incorporation, there will be someone who will count as a person with significant control (either a registrable person or registrable RLE) in relation to the company.

<sup>1</sup> **Statement of initial significant control**  
If there will be a registrable person (which includes 'other registrable persons') or RLE, please complete the appropriate details in sections H, I & J

Please use the PSC continuation pages if necessary

H2

#### Statement of no PSC

(Please tick the statement below if appropriate)

- ☒ The company knows or has reason to believe that there will be no person with significant control (either a registrable person or RLE) in relation to the company

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Application to register a company

## Individual PSC

**H3****Individual's details**

Use sections H3-H9 as appropriate to tell us about individuals with significant control who are registrable persons and the nature of their control in relation to the company

Title\*

Full forename(s)

Surname

Country/State of residence ❶

Nationality

Month/year of birth ❷

X X

m m

y y y y

❶ Country/State of residence  
This is in respect of the usual residential address as stated in section H6

❷ Month and year of birth  
Please provide month and year only

**H4****Individual's service address ❶**

Please complete the individual's service address below. You must also complete the individual's usual residential address in Section H6

Building name/number

Street

Post town

County/Region

Postcode

Country

❶ Service address

This is the address that will appear on the public record. This does not have to be the individual's usual residential address.

If you provide the individual's residential address here it will appear on the public record.

IN01

Application to register a company

H7

### Nature of control for an individual<sup>1</sup>

Please indicate how the individual is a person with significant control over the company

#### Ownership of shares

The individual holds, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

#### Ownership of voting rights

The individual holds, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

#### Ownership of right to appoint/remove directors

- ☐ The individual holds, directly or indirectly, the right to appoint or remove a majority of the board of directors of the company

#### Significant influence or control (Only tick if none of the above apply)

- ☐ The individual has the right to exercise, or actually exercises, significant influence or control over the company

<sup>1</sup> Tick each that apply

H8

### Nature of control by a firm over which the individual has significant control<sup>1</sup>

The individual has the right to exercise or actually exercises significant influence or control over the activities of a firm that is not a legal person under its governing law, and

the members of that firm (in their capacity as such) hold, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

the members of that firm (in their capacity as such) hold, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

- ☐ the members of that firm (in their capacity as such) hold the right, directly or indirectly, to appoint or remove a majority of the board of directors of the company

- ☐ the members of that firm (in their capacity as such) have the right to exercise, or actually exercise, significant influence or control over the company

<sup>1</sup> Tick each that apply

H9

**Nature of control by a trust over which the individual has significant control <sup>①</sup>**

The individual has the right to exercise or actually exercises significant influence or control over the activities of a trust and

the trustees of that trust (in their capacity as such) hold, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

the trustees of that trust (in their capacity as such) hold, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

- ☐ the trustees of that trust (in their capacity as such) hold the right, directly or indirectly, to appoint or remove a majority of the board of directors of the company

- ☐ the trustees of that trust (in their capacity as such) have the right to exercise, or actually exercise, significant influence or control over the company

<sup>①</sup> Tick each that apply

IN01

Application to register a company

## Individual PSC

<b>H3</b>	<b>Individual's details</b>	
	Use sections H3-H9 as appropriate to tell us about individuals with significant control who are registrable persons and the nature of their control in relation to the company	
Title*		
Full forename(s)		
Surname		
Country/State of residence <sup>①</sup>		
Nationality		
Month/year of birth <sup>②</sup>	X X    m m    y y    y y	

- ① Country/State of residence**  
This is in respect of the usual residential address as stated in section H6
- ② Month and year of birth**  
Please provide month and year only

<b>H4</b>	<b>Individual's service address<sup>①</sup></b>	
	Please complete the individual's service address below. You must also complete the individual's usual residential address in Section H6	
Building name/number		
Street		
Post town		
County/Region		
Postcode		
Country		

- ① Service address**  
This is the address that will appear on the public record. This does not have to be the individual's usual residential address.
- If you provide the individual's residential address here it will appear on the public record

# IN01

## Application to register a company

H7

### Nature of control for an individual<sup>①</sup>

Please indicate how the individual is a person with significant control over the company

#### Ownership of shares

The individual holds, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

#### Ownership of voting rights

The individual holds, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

#### Ownership of right to appoint/remove directors

- ☐ The individual holds, directly or indirectly, the right to appoint or remove a majority of the board of directors of the company

#### Significant influence or control (Only tick if none of the above apply)

- ☐ The individual has the right to exercise, or actually exercises, significant influence or control over the company

① Tick each that apply

H8

### Nature of control by a firm over which the individual has significant control<sup>①</sup>

The individual has the right to exercise or actually exercises significant influence or control over the activities of a firm that is not a legal person under its governing law, and:

the members of that firm (in their capacity as such) hold, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

the members of that firm (in their capacity as such) hold, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

- ☐ the members of that firm (in their capacity as such) hold the right, directly or indirectly, to appoint or remove a majority of the board of directors of the company

- ☐ the members of that firm (in their capacity as such) have the right to exercise, or actually exercise, significant influence or control over the company

① Tick each that apply

IN01

Application to register a company

H9

**Nature of control by a trust over which the individual has significant control <sup>①</sup>**

The individual has the right to exercise or actually exercises significant influence or control over the activities of a trust and

the trustees of that trust (in their capacity as such) hold, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

the trustees of that trust (in their capacity as such) hold, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

☐ the trustees of that trust (in their capacity as such) hold the right, directly or indirectly, to appoint or remove a majority of the board of directors of the company

☐ the trustees of that trust (in their capacity as such) have the right to exercise, or actually exercise, significant influence or control over the company

**<sup>①</sup>Tick each that apply**



# IN01

## Application to register a company

### Relevant legal entity (RLE)

11 RLE details <sup>①</sup>	
Corporate or firm name	
Building name/number	
Street	
Post town	
County/Region	
Postcode	
Country	

**① Registered or principal office address**  
This is the address that will appear on the public record

12 Legal form and governing law	
Please give details of the legal form of the RLE and the law by which it is governed If applicable, please also give details of the register of companies in which it is entered (including the country/state) and its registration number in that register	
Legal form	
Governing law	
If applicable, register in which RLE is entered <sup>①</sup>	
Country/State <sup>①</sup>	
Registration number <sup>①</sup>	

**① Registration number**  
Where you have provided details of the register (including country/state) where the RLE is registered, you must also provide its number in that register

13

**Nature of control for the RLE <sup>①</sup>**

Please indicate how the RLE has significant control over the company

**① Tick each that apply****Ownership of shares**

The RLE holds, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

**Ownership of voting rights**

The RLE holds, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

**Ownership of right to appoint/remove directors**

- ☐ The RLE holds the right, directly or indirectly, to appoint or remove a majority of the board of directors of the company

**Significant influence or control (only tick if none of the above apply)**

- ☐ The RLE has the right to exercise, or actually exercises, significant influence or control over the company

14

**Nature of control by a firm over which the RLE has significant control <sup>①</sup>**

The RLE has the right to exercise or actually exercises significant influence or control over the activities of a firm that is not a legal person under its governing law, and

**① Tick each that apply**

the members of that firm (in their capacity as such) hold, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

the members of that firm (in their capacity as such) hold, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

- ☐ the members of that firm (in their capacity as such) hold the right, directly or indirectly, to appoint or remove a majority of the board of directors of the company

- ☐ the members of that firm (in their capacity as such) have the right to exercise, or actually exercise, significant influence or control over the company

IN01

Application to register a company

15

**Nature of control by a trust over which the RLE has significant control <sup>1</sup>**

The RLE has the right to exercise or actually exercises significant influence or control over the activities of a trust and

the trustees of that trust (in their capacity as such) hold, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

the trustees of that trust (in their capacity as such) hold, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

☐ the trustees of that trust (in their capacity as such) hold the right, directly or indirectly, to appoint or remove a majority of the board of directors of the company

☐ the trustees of that trust (in their capacity as such) have the right to exercise, or actually exercise, significant influence or control over the company

**1** Tick each that apply

IN01

Application to register a company

Other registrable person (ORP)

J1

ORP details

An 'other registrable person' is

- a corporation sole
- a government or government department of a country or territory or a part of a country or territory
- an international organisation whose members include two or more countries or territories (or their governments)
- a local authority or local government body in the UK or elsewhere

Name of ORP

J2

Principal office address ①

Building name/number

Street

Post town

County/Region

Postcode

Country

① Principal office address

This is the address that will appear on the public record

J3

Legal form and governing law

Legal form

Governing law

# IN01

## Application to register a company

J4

### Nature of control <sup>①</sup>

Please show how the ORP has significant control over the company

① Tick each that apply

#### Ownership of shares

The ORP holds, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

#### Ownership of voting rights

The ORP holds, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

#### Ownership of right to appoint/remove directors

- ☐ The ORP holds, directly or indirectly, the right to appoint or remove a majority of the board of directors of the company

#### Significant influence or control (Only tick if none of the above apply)

- ☐ The ORP has the right to exercise, or actually exercises, significant influence or control over the company

J5

### Nature of control by a firm over which the ORP has significant control <sup>①</sup>

The ORP has the right to exercise or actually exercises significant influence or control over the activities of a firm that is not a legal person under its governing law, and

① Tick each that apply

the members of that firm (in their capacity as such) hold, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

the members of that firm (in their capacity as such) hold, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

- ☐ the members of that firm (in their capacity as such) hold the right, directly or indirectly, to appoint or remove a majority of the board of directors of the company

- ☐ the members of that firm (in their capacity as such) have the right to exercise, or actually exercise, significant influence or control over the company

J6

**Nature of control by a trust over which the ORP has significant control <sup>①</sup>**

The ORP has the right to exercise or actually exercises significant influence or control over the activities of a trust and

the trustees of that trust (in their capacity as such) hold, directly or indirectly, the following percentage of shares in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

the trustees of that trust (in their capacity as such) hold, directly or indirectly, the following percentage of voting rights in the company (tick only one)

- ☐ more than 25% but not more than 50%
- ☐ more than 50% but less than 75%
- ☐ 75% or more

- ☐ the trustees of that trust (in their capacity as such) hold the right, directly or indirectly, to appoint or remove a majority of the board of directors of the company

- ☐ the trustees of that trust (in their capacity as such) have the right to exercise, or actually exercise, significant influence or control over the company

**①** Tick each that apply

IN01

Application to register a company

## Part 6 Election to keep information on the public register (if applicable)

The subscribers of a private company can agree to elect to keep certain information on the public register at Companies House, rather than keeping their own registers. Tick the appropriate box to show which information the subscribers are electing to keep on the public register. If the subscribers have not agreed to keep any of this information on the public register, go to Part 7 Consent to Act.

### K1 Election to keep secretaries' register information on the public register <sup>①</sup>

☐ All subscribers elect to keep secretaries' register information on the public register

<sup>①</sup> only applies if the proposed company will have a secretary

### K2 Election to keep directors' register information on the public register

#### IMPORTANT

If the subscribers elect to keep this information on the public register, everyone who is an individual director while the election is in force will have their full date of birth available on the public record <sup>②</sup>

☐ All subscribers elect to keep directors' register information on the public register

<sup>②</sup> If the subscribers don't make this election, only the month and year of birth will be available on the public record

### K3 Election to keep directors' usual residential address (URA) register information on the public register

If the subscribers elect to keep this information on the public register, the URA will **not** be publicly available

☒ All subscribers elect to keep directors' URA register information on the public register

### K4 Election to keep members' register information on the public register

#### IMPORTANT

If the subscribers elect to keep this information on the public register, everyone who is a member while the election is in place will have their name and address available on the public record

☐ All subscribers elect to keep members' register information on the public register  
☐ The company will be a single member company (Tick if applicable)

### K5 Election to keep PSC register information on the public register

#### IMPORTANT

If the subscribers elect to keep this information on the public register, everyone who is an individual PSC while the election is in force will have their full date of birth available on the public record <sup>③</sup>

☐ All subscribers elect to keep PSC register information on the public register  
☐ No objection was received by the subscribers from any eligible person <sup>④</sup> within the notice period before making the election

<sup>③</sup> If the subscribers don't make this election, only the month and year of birth will be available on the public record

<sup>④</sup> Eligible person  
An eligible person is a person whose details would have to be entered in the company's PSC register

IN01

Application to register a company

## Part 7 Consent to act

### L1 Consent statement

Please tick the box to confirm consent

☒ The subscribers confirm that each of the persons named as a director or secretary has consented to act in that capacity

## Part 8 Statement about individual PSC particulars

### M1 Particulars of an individual PSC <sup>①</sup>

Please tick the box to confirm

☐ The subscribers confirm that each person named in this application as an individual PSC knows that their particulars are being supplied as part of this application

<sup>①</sup> Only tick this if you have completed details of one or more individual PSCs in sections H3-H9

## Part 9 Statement of compliance

This section must be completed by all companies

Is the application by an agent on behalf of all the subscribers?

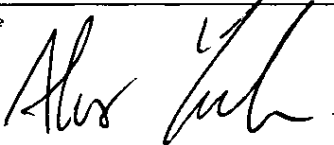

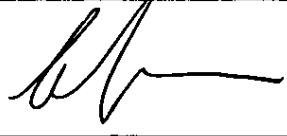

☒ **No** Go to Section N1 (Statement of compliance delivered by the subscribers)

→ ☐ **Yes** Go to Section N2 (Statement of compliance delivered by an agent)

### N1 Statement of compliance delivered by the subscribers <sup>②</sup>

Please complete this section if the application is not delivered by an agent for the subscribers of the memorandum of association

I confirm that the requirements of the Companies Act 2006 as to registration have been complied with

Subscriber's signature	Signature X  X
Subscriber's signature	Signature X  X
Subscriber's signature	Signature X  X
Subscriber's signature	Signature X  X

<sup>②</sup> **Statement of compliance delivered by the subscribers**  
Every subscriber to the memorandum of association must sign the statement of compliance

**Continuation pages**  
Please use a 'Statement of compliance delivered by the subscribers' continuation page if more subscribers need to sign



IN01

Application to register a company

N2

Statement of compliance delivered by an agent

Please complete this section if this application is delivered by an agent for the subscribers to the memorandum of association

Agent's name

Building name/number

Street

Post town

County/Region

Postcode

Country

I confirm that the requirements of the Companies Act 2006 as to registration have been complied with

Agent's signature

Signature

X

X

IN01

## Application to register a company

**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name

GRAEME GREEN

Company name

Address

7 SANISTOFT ROAD

Post town

LONDON

County/Region

Postcode

SE7 7LR

Country

U.K.

DX

Telephone

07981 440977

**Certificate**

We will send your certificate to the presenters address (shown above) or if indicated to another address shown below

- ☒ At the registered office address (Given in Section A7)  
☐ At the agents address (Given in Section N2)

**Checklist**

We may return forms completed incorrectly or with information missing

Please make sure you have remembered the following

- ☒ You have checked that the proposed company name is available as well as the various rules that may affect your choice of name. More information can be found in guidance on our website
- ☒ If the name of the company is the same as one already on the register as permitted by The Company LLP and Business (Names and Trading Disclosures) Regulations 2015, please attach consent
- ☒ You have used the correct appointment sections
- ☒ Any addresses given must be a physical location. They cannot be a PO Box number (unless part of a full service address), DX or LP (Legal Post in Scotland) number
- ☒ The document has been signed, where indicated
- ☒ All relevant attachments have been included
- ☒ You have enclosed the Memorandum of Association
- ☒ You have enclosed the correct fee

**Important information**

Please note that all information on this form will appear on the public record, apart from information relating to usual residential addresses. Day of birth will only be shown on the public record if the subscribers have elected to keep PSC and/or directors' information on the public register

**How to pay**

A fee is payable on this form

Make cheques or postal orders payable to 'Companies House'. For information on fees, go to [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below

**For companies registered in England and Wales**  
The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ  
DX 33050 Cardiff

**For companies registered in Scotland**  
The Registrar of Companies, Companies House,  
Fourth floor, Edinburgh Quay 2,  
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF  
DX ED235 Edinburgh 1  
or LP - 4 Edinburgh 2 (Legal Post)

**For companies registered in Northern Ireland**  
The Registrar of Companies, Companies House,  
Second Floor, The Linenhall, 32-38 Linenhall Street,  
Belfast, Northern Ireland, BT2 8BG  
DX 481 N R Belfast 1

**Section 243 or 790ZF exemption**  
If you are applying for, or have been granted a section 243 or 790ZF exemption, please post this whole form to the different postal address below  
The Registrar of Companies, PO Box 4082,  
Cardiff, CF14 3WE

**Further information**

For further information, please see the guidance notes on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

This form is available in an alternative format. Please visit the forms page on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)

The Companies Act 2006

Community Interest Company Limited by Guarantee <sup>1</sup>

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**Memorandum of Association**

**of**

**Equilibrium for Life C.I.C.**

---



COMPANIES HOUSE

**The Companies Act 2006**  
**Community Interest Company Limited by Guarantee**  
**Memorandum of Association "**  
**of**  
**Equilibrium for Life C.I.C.**

Each subscriber to this Memorandum of Association wishes to form a company under the Companies Act 2006 and agrees to become a member of the Company.

---

*Name of each subscriber"<sup>1</sup>*  
*subscriber*

*Authentication by each*

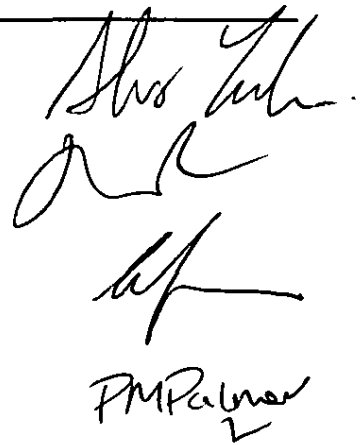
---

Alexandra Grace Taskin

Darren Richard O'Connor

Graeme John Green

Patricia Mary Palmer



---

Dated [ 13/09/16 ]

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<sup>1</sup> On the different limited company forms available to CICs, see [Part 3] of the Regulator's information and guidance notes

<sup>2</sup> For companies incorporated after 1 October 2009 the memorandum of association will consist only of the names of the subscribers of the company. If you are an existing company incorporated prior to 1 October 2009 and wishing to become a community interest company, you will need to incorporate the relevant provisions of your current memorandum into the articles of the community interest company

<sup>3</sup> For illustration, space for one subscriber has been supplied here. There is no upper limit to the number of subscribers and further entries may be added as appropriate

The Companies Act 2006

Community Interest Company Limited by Guarantee

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**Articles of Association<sup>1</sup>**  
**of**  
**EQUILIBRIUM FOR LIFE C.I.C.**

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(CIC Limited by Guarantee, Schedule 1, Small Membership)

**The Companies Act 2006**  
**Community Interest Company Limited by Guarantee**

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# **The Companies Act 2006**

## **Articles of Association**

of

EQUILIBRIUM FOR LIFE C I C

### **INTERPRETATION**

#### **1. Defined Terms**

1 1 The interpretation of these Articles is governed by the provisions set out in the Schedule at the end of the Articles

#### **2. Community Interest Company**

2 1 The Company is to be a community interest company

#### **3. Asset Lock<sup>2</sup>**

3 1 The Company shall not transfer any of its assets other than for full consideration

3 2 Provided the conditions in Article 3 3 are satisfied, Article 3 1 shall not apply to

(a) the transfer of assets to any specified asset-locked body, or (with the consent of the Regulator) to any other asset-locked body, and

(b) the transfer of assets made for the benefit of the community other than by way of a transfer of assets into an asset-locked body

3 3 The conditions are that the transfer of assets must comply with any restrictions on the transfer of assets for less than full consideration which may be set out elsewhere in the memorandum and Articles of the Company

#### **4. Not for profit**

4 1 The Company is not established or conducted for private gain any surplus or assets are used principally for the benefit of the community

### **OBJECTS, POWERS AND LIMITATION OF LIABILITY**

#### **5. Objects<sup>3</sup>**

The objects of the Company are to carry on activities which benefit the community and in particular (without limitation) to provide learning and development with a focus on Emotional literacy wellbeing and resilience to groups of all ages, gender, ethnic origin and social backgrounds, which will be achieved via a range of services varying from traditional coaching techniques through to experiential equine assisted interactions ]

## **6. Powers**

6 1 To further its objects the Company may do all such lawful things as may further the Company's objects and, in particular, but, without limitation, may borrow or raise and secure the payment of money for any purpose including for the purposes of investment or of raising funds

## **7. Liability of members<sup>4</sup>**

The liability of each member is limited to £1, being the amount that each member undertakes to contribute to the assets of the Company in the event of its being wound up while he or she is a member or within one year after he or she ceases to be a member, for.

7 1 payment of the Company's debts and liabilities contracted before he or she ceases to be a member,

7 2 payment of the costs, charges and expenses of winding up, and

7 3 adjustment of the rights of the contributories among themselves

## **DIRECTORS**

### **DIRECTORS' POWERS AND RESPONSIBILITIES<sup>5</sup>**

## **8. Directors' general authority**

Subject to the Articles, the Directors are responsible for the management of the Company's business, for which purpose they may exercise all the powers of the Company

## **9. Members' reserve power**

9 1 The members may, by special resolution, direct the Directors to take, or refrain from taking, specific action

9 2 No such special resolution invalidates anything which the Directors have done before the passing of the resolution

## **10. Chair**

The Directors may appoint one of their number to be the chair of the Directors for such term of office as they determine and may at any time remove him or her from office

## **11. Directors may delegate<sup>6</sup>**

11 1 Subject to the Articles, the Directors may delegate any of the powers which are conferred on them under the Articles or the implementation of their decisions or day to day management of the affairs of the Company

11 1 1 to such person or committee,



- 11 1.2 by such means (including by power of attorney),
- 11 1.3 to such an extent,
- 11 1.4 in relation to such matters or territories, and
- 11 1.5 on such terms and conditions,
- as they think fit
- 11 2 If the Directors so specify, any such delegation of this power may authorise further delegation of the Directors' powers by any person to whom they are delegated
- 11 3 The Directors may revoke any delegation in whole or part, or alter its terms and conditions

## **DECISION-MAKING BY DIRECTORS**

### **12. Directors to take decisions collectively<sup>7</sup>**

Any decision of the Directors must be either a majority decision at a meeting or a decision taken in accordance with Article 18

### **13. Calling a Directors' meeting**

- 13 1 Two Directors may (and the Secretary, if any, must at the request of two Directors) call a Directors' meeting
- 13 2 A Directors' meeting must be called by at least seven Clear Days' notice unless either
  - 13 2.1 all the Directors agree, or
  - 13 2.2 urgent circumstances require shorter notice
- 13 3 Notice of Directors' meetings must be given to each Director
- 13 4 Every notice calling a Directors' meeting must specify
  - 13 4.1 the place, day and time of the meeting, and
  - 13 4.2 if it is anticipated that Directors participating in the meeting will not be in the same place, how it is proposed that they should communicate with each other during the meeting.
- 13 5 Notice of Directors' meetings need not be in Writing
- 13 6 Notice of Directors' meetings may be sent by Electronic Means to an Address provided by the Director for the purpose

### **14. Participation in Directors' meetings**

14 1 Subject to the Articles, Directors participate in a Directors' meeting, or part of a Directors' meeting, when

14 1 1 the meeting has been called and takes place in accordance with the Articles, and

14 1 2 they can each communicate to the others any information or opinions they have on any particular item of the business of the meeting

14 2 In determining whether Directors are participating in a Directors' meeting, it is irrelevant where any Director is or how they communicate with each other <sup>8</sup>

14.3 If all the Directors participating in a meeting are not in the same place, they may decide that the meeting is to be treated as taking place wherever any of them is

**15. Quorum for Directors' meetings<sup>9</sup>**

15 1 At a Directors' meeting, unless a quorum is participating, no proposal is to be voted on, except a proposal to call another meeting

15 2 The quorum for Directors' meetings may be fixed from time to time by a decision of the Directors, but it must never be less than two

15 3 If the total number of Directors for the time being is less than the quorum required, the Directors must not take any decision other than a decision

15 3 1 to appoint further Directors, or

15 3 2 to call a general meeting so as to enable the members to appoint further Directors

**16. Chairing of Directors' meetings**

The Chair, if any, or in his or her absence another Director nominated by the Directors present shall preside as chair of each Directors' meeting

**17. Decision-making at meetings<sup>10</sup>**

17 1 Questions arising at a Directors' meeting shall be decided by a majority of votes

17 2 In all proceedings of Directors each Director must not have more than one vote <sup>11</sup>

17 3 In case of an equality of votes, the Chair shall have a second or casting vote

**18. Decisions without a meeting<sup>12</sup>**

18 1 The Directors may take a unanimous decision without a Directors' meeting in accordance with this Article by indicating to each other by any means, including without limitation by Electronic Means, that they share a common view on a matter. Such a decision may, but need not, take the form of a resolution in Writing, copies of which have been signed by each Director or to which each Director has otherwise indicated agreement in Writing

18 2 A decision which is made in accordance with Article 18 1 shall be as valid and effectual as if it had been passed at a meeting duly convened and held, provided the following conditions are complied with

18 2 1 approval from each Director must be received by one person being either such person as all the Directors have nominated in advance for that purpose or such other person as volunteers if necessary ("the Recipient"), which person may, for the avoidance of doubt, be one of the Directors,

18 2 2 following receipt of responses from all of the Directors, the Recipient must communicate to all of the Directors by any means whether the resolution has been formally approved by the Directors in accordance with this Article 18 2,

18 2 3 the date of the decision shall be the date of the communication from the Recipient confirming formal approval,

18 2 4 the Recipient must prepare a minute of the decision in accordance with Article 32

**19. Conflicts of interest<sup>13</sup>**

19 1 Whenever a Director finds himself or herself in a situation that is reasonably likely to give rise to a Conflict of Interest, he or she must declare his or her interest to the Directors unless, or except to the extent that, the other Directors are or ought reasonably to be aware of it already

19 2 If any question arises as to whether a Director has a Conflict of Interest, the question shall be decided by a majority decision of the other Directors

19 3 Whenever a matter is to be discussed at a meeting or decided in accordance with Article 18 and a Director has a Conflict of Interest in respect of that matter then, subject to Article 20, he or she must

19 3.1 remain only for such part of the meeting as in the view of the other Directors is necessary to inform the debate,

19 3 2 not be counted in the quorum for that part of the meeting, and

19 3 3 withdraw during the vote and have no vote on the matter

19 4 When a Director has a Conflict of Interest which he or she has declared to the Directors, he or she shall not be in breach of his or her duties to the Company by withholding confidential information from the Company if to disclose it would result in a breach of any other duty or obligation of confidence owed by him or her

**20. Directors' power to authorise a conflict of interest**

20 1 The Directors have power to authorise a Director to be in a position of Conflict of Interest provided

20.1 1 in relation to the decision to authorise a Conflict of Interest, the conflicted Director must comply with Article 19 3,

20 1 2 in authorising a Conflict of Interest, the Directors can decide the manner in which the Conflict of Interest may be dealt with and, for the avoidance of doubt, they can decide that the Director with a Conflict of Interest can participate in a vote on the matter and can be counted in the quorum,

20 1 3 the decision to authorise a Conflict of Interest can impose such terms as the Directors think fit and is subject always to their right to vary or terminate the authorisation

20 2 If a matter, or office, employment or position, has been authorised by the Directors in accordance with Article 20 1 then, even if he or she has been authorised to remain at the meeting by the other Directors, the Director may absent himself or herself from meetings of the Directors at which anything relating to that matter, or that office, employment or position, will or may be discussed

20 3 A Director shall not be accountable to the Company for any benefit which he or she derives from any matter, or from any office, employment or position, which has been authorised by the Directors in accordance with Article 20 1 (subject to any limits or conditions to which such approval was subject)

## **21. Register of Directors' interests**

The Directors shall cause a register of Directors' interests to be kept. A Director must declare the nature and extent of any interest, direct or indirect, which he or she has in a proposed transaction or arrangement with the Company or in any transaction or arrangement entered into by the Company which has not previously been declared

## **APPOINTMENT AND RETIREMENT OF DIRECTORS<sup>14</sup>**

### **22. Methods of appointing Directors**

22 1 Those persons notified to the Registrar of Companies as the first Directors of the Company shall be the first Directors

22 2 Any person who is willing to act as a Director, and is permitted by law to do so, may be appointed to be a Director by a decision of the Directors

### **23. Termination of Director's appointment<sup>15</sup>**

A person ceases to be a Director as soon as

- (a) that person ceases to be a Director by virtue of any provision of the Companies Act 2006, or is prohibited from being a Director by law,
- (b) a bankruptcy order is made against that person, or an order is made against that person in individual insolvency proceedings in a jurisdiction other than England and Wales or Northern Ireland which have an effect similar to that of bankruptcy,
- (c) a composition is made with that person's creditors generally in satisfaction of that person's debts,

- (d) notification is received by the Company from the Director that the Director is resigning from office, and such resignation has taken effect in accordance with its terms (but only if at least two Directors will remain in office when such resignation has taken effect), or
- (e) the Director fails to attend three consecutive meetings of the Directors and the Directors resolve that the Director be removed for this reason
- (f) the Director ceases to be a member

## **24. Directors' remuneration<sup>16</sup>**

24 1 Directors may undertake any services for the Company that the Directors decide

24 2 Directors are entitled to such remuneration as the Directors determine

- (a) for their services to the Company as Directors, and
- (b) for any other service which they undertake for the Company

24 3 Subject to the Articles, a Director's remuneration may

- (a) take any form, and
- (b) include any arrangements in connection with the payment of a pension, allowance or gratuity, or any death, sickness or disability benefits, to or in respect of that director

24 4 Unless the Directors decide otherwise, Directors' remuneration accrues from day to day

24 5 Unless the Directors decide otherwise, Directors are not accountable to the Company for any remuneration which they receive as Directors or other officers or employees of the Company's subsidiaries or of any other body corporate in which the Company is interested

## **25. Directors' expenses**

25 1 The Company may pay any reasonable expenses which the Directors properly incur in connection with their attendance at

- (a) meetings of Directors or committees of Directors,
- (b) general meetings, or
- (c) separate meetings of any class of members or of the holders of any debentures of the Company,

or otherwise in connection with the exercise of their powers and the discharge of their responsibilities in relation to the Company

## **MEMBERS<sup>17</sup>**

### **BECOMING AND CEASING TO BE A MEMBER<sup>18</sup>**

#### **26. Becoming a member<sup>19</sup>**

- 26 1 The subscribers to the Memorandum are the first members of the Company
- 26 2 Such other persons as are admitted to membership in accordance with the Articles shall be members of the Company
- 26 3 No person shall be admitted a member of the Company unless he or she is approved by the Directors
- 26 4 Every person who wishes to become a member shall deliver to the company an application for membership in such form (and containing such information) as the Directors require and executed by him or her

#### **27. Termination of membership<sup>20</sup>**

- 27 1 Membership is not transferable to anyone else
- 27 2 Membership is terminated if
  - 27 2 1 the member dies or ceases to exist,
  - 27 2 2 otherwise in accordance with the Articles; or
  - 27 2 3 a member ceases to be a Director

### **DECISION MAKING BY MEMBERS**

#### **28. Members' meetings<sup>21</sup>**

- 28 1 The Directors may call a general meeting at any time
- 28 2 General meetings must be held in accordance with the provisions regarding such meetings in the Companies Acts<sup>22</sup>
- 28 3 A person who is not a member of the Company shall not have any right to vote at a general meeting of the Company, but this is without prejudice to any right to vote on a resolution affecting the rights attached to a class of the Company's debentures<sup>23</sup>
- 28 4 Article 28 3 shall not prevent a person who is a proxy for a member or a duly authorised representative of a member from voting at a general meeting of the Company

#### **29. Written resolutions**

- 29 1 Subject to Article 29 3, a written resolution of the Company passed in accordance with this Article 29 shall have effect as if passed by the Company in general meeting

- 29 1 1 A written resolution is passed as an ordinary resolution if it is passed by a simple majority of the total voting rights of eligible members
- 29 1 2 A written resolution is passed as a special resolution if it is passed by members representing not less than 75% of the total voting rights of eligible members  
A written resolution is not a special resolution unless it states that it was proposed as a special resolution
- 29 2 In relation to a resolution proposed as a written resolution of the Company the eligible members are the members who would have been entitled to vote on the resolution on the circulation date of the resolution
- 29 3 A members' resolution under the Companies Acts removing a Director or an auditor before the expiration of his or her term of office may not be passed as a written resolution
- 29 4 A copy of the written resolution must be sent to every member together with a statement informing the member how to signify their agreement to the resolution and the date by which the resolution must be passed if it is not to lapse Communications in relation to written notices shall be sent to the Company's auditors in accordance with the Companies Acts
- 29 5 A member signifies their agreement to a proposed written resolution when the Company receives from him or her an authenticated Document identifying the resolution to which it relates and indicating his or her agreement to the resolution
- 29 5 1 If the Document is sent to the Company in Hard Copy Form, it is authenticated if it bears the member's signature
- 29 5 2 If the Document is sent to the Company by Electronic Means, it is authenticated [if it bears the member's signature] or [if the identity of the member is confirmed in a manner agreed by the Directors] or [if it is accompanied by a statement of the identity of the member and the Company has no reason to doubt the truth of that statement] or [if it is from an email Address notified by the member to the Company for the purposes of receiving Documents or information by Electronic Means]
- 29 6 A written resolution is passed when the required majority of eligible members have signified their agreement to it
- 29 7 A proposed written resolution lapses if it is not passed within 28 days beginning with the circulation date

#### **ADMINISTRATIVE ARRANGEMENTS AND MISCELLANEOUS**

##### **30. Means of communication to be used**

- 30.1 Subject to the Articles, anything sent or supplied by or to the Company under the Articles may be sent or supplied in any way in which the Companies Act 2006 provides for Documents or information which are authorised or required by any provision of that Act to be sent or supplied by or to the Company

30 2 Subject to the Articles, any notice or Document to be sent or supplied to a Director in connection with the taking of decisions by Directors may also be sent or supplied by the means by which that Director has asked to be sent or supplied with such notices or Documents for the time being

30 3 A Director may agree with the Company that notices or Documents sent to that Director in a particular way are to be deemed to have been received within an agreed time of their being sent, and for the agreed time to be less than 48 hours

### **31. Irregularities**

The proceedings at any meeting or on the taking of any poll or the passing of a written resolution or the making of any decision shall not be invalidated by reason of any accidental informality or irregularity (including any accidental omission to give or any non-receipt of notice) or any want of qualification in any of the persons present or voting or by reason of any business being considered which is not referred to in the notice unless a provision of the Companies Acts specifies that such informality, irregularity or want of qualification shall invalidate it

### **32. Minutes**

32 1 The Directors must cause minutes to be made in books kept for the purpose

32 1 1 of all appointments of officers made by the Directors,

32 1 2 of all resolutions of the Company and of the Directors (including, without limitation, decisions of the Directors made without a meeting); and

32 1 3 of all proceedings at meetings of the Company and of the Directors, and of committees of Directors, including the names of the Directors present at each such meeting,

and any such minute, if purported to be signed (or in the case of minutes of Directors' meetings signed or authenticated) by the chair of the meeting at which the proceedings were had, or by the chair of the next succeeding meeting, shall, as against any member or Director of the Company, be sufficient evidence of the proceedings

32 2 The minutes must be kept for at least ten years from the date of the meeting, resolution or decision

### **33. Records and accounts<sup>24</sup>**

The Directors shall comply with the requirements of the Companies Acts as to maintaining a members' register, keeping financial records, the audit or examination of accounts and the preparation and transmission to the Registrar of Companies and the Regulator of

33 1 annual reports,

33 2 annual returns, and

33 3 annual statements of account



33 4 Except as provided by law or authorised by the Directors or an ordinary resolution of the Company, no person is entitled to inspect any of the Company's accounting or other records or Documents merely by virtue of being a member

#### **34. Indemnity**

34 1 Subject to Article 34.2, a relevant Director of the Company or an associated company may be indemnified out of the Company's assets against

- (a) any liability incurred by that Director in connection with any negligence, default, breach of duty or breach of trust in relation to the Company or an associated company,
- (b) any liability incurred by that Director in connection with the activities of the Company or an associated company in its capacity as a trustee of an occupational pension scheme (as defined in section 235(6) of the Companies Act 2006), and
- (c) any other liability incurred by that Director as an officer of the Company or an associated company

34 2 This Article does not authorise any indemnity which would be prohibited or rendered void by any provision of the Companies Acts or by any other provision of law

34 3 In this Article

- (a) companies are associated if one is a subsidiary of the other or both are subsidiaries of the same body corporate, and
- (b) a "relevant Director" means any Director or former Director of the Company or an associated company.

#### **35. Insurance**

35 1 The Directors may decide to purchase and maintain insurance, at the expense of the Company, for the benefit of any relevant Director in respect of any relevant loss

35 2 In this Article

- (a) a "relevant Director" means any Director or former Director of the Company or an associated company,
- (b) a "relevant loss" means any loss or liability which has been or may be incurred by a relevant Director in connection with that Director's duties or powers in relation to the Company, any associated company or any pension fund or employees' share scheme of the company or associated company, and
- (c) companies are associated if one is a subsidiary of the other or both are subsidiaries of the same body corporate

#### **36. Exclusion of model articles**

The relevant model articles for a company limited by guarantee are hereby expressly excluded

## SCHEDULE

### INTERPRETATION

#### Defined terms

- 1 In the Articles, unless the context requires otherwise, the following terms shall have the following meanings

Term	Meaning
1.1 <b>“Address”</b>	includes a number or address used for the purposes of sending or receiving Documents by Electronic Means,
1.2 <b>“Articles”</b>	the Company’s articles of association,
1.3 <b>“asset-locked body”</b>	means (i) a community interest company, a charity <sup>25</sup> or a Permitted Industrial and Provident Society, or (ii) a body established outside the United Kingdom that is equivalent to any of those,
1.4 <b>“bankruptcy”</b>	includes individual insolvency proceedings in a jurisdiction other than England and Wales or Northern Ireland which have an effect similar to that of bankruptcy,
1.5 <b>“Chair”</b>	has the meaning given in Article 10,
1.6 <b>“Circulation Date”</b>	in relation to a written resolution, has the meaning given to it in the Companies Acts,
1.7 <b>“Clear Days”</b>	in relation to the period of a notice, that period excluding the day when the notice is given or deemed to be given and the day for which it is given or on which it is to take effect,
1.8 <b>“community”</b>	is to be construed in accordance with accordance with Section 35(5) of the Company’s (Audit) Investigations and Community Enterprise) Act 2004,
1.9 <b>“Companies Acts”</b>	means the Companies Acts (as defined in Section 2 of the Companies Act 2006), in so far as they apply to the Company,
1.10 <b>“Company”</b>	[ ] [Community Interest Company/C.I.C.],
1.11 <b>“Conflict of Interest”</b>	any direct or indirect interest of a Director (whether personal, by virtue of a duty of loyalty to another organisation or otherwise) that conflicts, or might conflict with the interests of

	the Company,
1 12 <b>“Director”</b>	a director of the Company, and includes any person occupying the position of director, by whatever name called,
1 13 <b>“Document”</b>	includes, unless otherwise indicated, any document sent or supplied in Electronic Form,
1 14 <b>“Electronic Form” and “Electronic Means”</b>	have the meanings respectively given to them in Section 1168 of the Companies Act 2006,
1 15 <b>“Hard Copy Form”</b>	has the meaning given to it in the Companies Act 2006,
1 16 <b>“Memorandum”</b>	the Company’s memorandum of association,
1 17 <b>“participate”</b>	in relation to a Directors’ meeting, has the meaning given in Article 14,
1 18 <b>“Permitted Industrial and Provident Society”</b>	an industrial and provident society which has a restriction on the use of its assets in accordance with Regulation 4 of the Community Benefit Societies (Restriction on Use of Assets) Regulations 2006 or Regulation 4 of the Community Benefit Societies (Restriction on Use of Assets) Regulations (Northern Ireland) 2006,
1 19 <b>“the Regulator”</b>	means the Regulator of Community Interest Companies,
1 20 <b>“Secretary”</b>	the secretary of the Company (if any),
1 21 <b>“specified”</b>	means specified in the memorandum or articles of association of the Company for the purposes of this paragraph,
1 22 <b>“subsidiary”</b>	has the meaning given in section 1159 of the Companies Act 2006,
1 23 <b>“transfer”</b>	includes every description of disposition, payment, release or distribution, and the creation or extinction of an estate or interest in, or right over, any property, and
1 24 <b>“Writing”</b>	the representation or reproduction of words, symbols or other information in a visible form by any method or combination of methods, whether sent or supplied in Electronic Form or otherwise

- 2     **Subject to clause 3** of this Schedule, any reference in the Articles to an enactment includes a reference to that enactment as re-enacted or amended from time to time and to any subordinate legislation made under it
- 3     Unless the context otherwise requires, other words or expressions contained in these Articles bear the same meaning as in the Companies Acts as in force on the date when these Articles become binding on the Company

<sup>1</sup> On articles of association generally, see [Part 5] of the Regulator's information and guidance notes. If you are an existing company wishing to become a community interest company, there is no need to adopt completely new articles, but you must comply with the requirements of the Community Interest Company Regulations 2005 (as amended) ("the Regulations") by including the provisions set out in Schedule 1 to the Regulations in the articles of your company.

<sup>2</sup> See [Part 6] of the Regulator's information and guidance notes. Inclusion of the provisions contained in article 3.1 to 3.3 is mandatory, reflecting sub-paragraphs (1) to (3) of paragraph 1 of Schedule 1 to the Regulations.

<sup>3</sup> On the specification of the company's objects, see [Part 5] of the Regulator's information and guidance notes.

<sup>4</sup> On limited liability, see [Part 3] of the Regulator's information and guidance notes. On guarantees generally see [Chapter 3.2] of the Regulator's information and guidance notes.

<sup>5</sup> Note that although this model constitution assumes that all Directors are Members and all Members are Directors, and the Directors are given wide powers, under the Articles (and company law more generally) there are still some decisions which Members must make as Members (either in general meeting under the Companies Act 2006 (article 28.2), or by written resolution in accordance with article 29). [See in general the Companies House guidance booklet, "Resolutions" (available online at <http://www.companieshouse.gov.uk/about/gbhtml/gba7.shtml>)]

<sup>6</sup> Article 11 permits the Directors to delegate any of their functions. Delegation may take the form of, for instance, the Directors giving a managing director general authority to run the company's day to day business, or responsibility for specific matters being delegated to particular directors (e.g. financial matters to a finance director), or it may be equally appropriate to delegate matters to persons other than Directors. In all cases, it is important to remember that delegation does not absolve Directors of their general duties towards the company and their overall responsibility for its management. This means that, amongst other things, Directors must be satisfied that those to whom responsibilities are delegated are competent to carry them out.

<sup>7</sup> Article 12 states that the Directors must make decisions by majority at a meeting in accordance with article 14, or unanimously if taken in accordance with article 18.

<sup>8</sup> Article 14.2 is designed to facilitate the taking of decisions by the directors communicating via telephone or video conference calls. Note the requirement to keep a written record of meetings and decisions (article 32).

<sup>9</sup> The quorum may be fixed in absolute terms (e.g. "two Directors") or as a proportion of the total number of Directors (e.g. "one third of the total number of Directors"). You may even wish to stipulate that particular named Directors, or Directors representing particular stakeholder interests, must be present to constitute a quorum.

<sup>10</sup> Article 17 reflects paragraph 4 of Schedule 1 to the Regulations, which is required to be included in the articles of all community interest companies.

<sup>11</sup> You may wish to include a provision which gives the chair of the board a casting vote. This will enable the directors to resolve any deadlock at board level.

<sup>12</sup> Article 18 is designed to facilitate the taking of decisions by directors following discussions in the form of, for example, email exchanges copied to all the directors. Note the requirements as to recording the decision in articles 18.2 and 32.

<sup>13</sup> The provisions in articles 19 and 20 reflect the position under the Companies Act 2006. However, it is recommended that, as a matter of good practice, all actual and potential conflicts of interest are disclosed in writing or at a meeting, as the case may be.

<sup>14</sup> Private companies are obliged to have at least one director. Provisions can be inserted into the articles providing for a minimum number of directors. Where the company has just one director, that director must be a natural person. Article 12 notes that, where there is only one director, a majority decision is reached when that director makes a decision. In the case of a single director, the quorum provisions (article 15) will need to be amended accordingly.

<sup>15</sup> The board of directors cannot remove a director other than in accordance with the provisions in article 23 and the Companies Act 2006.

<sup>16</sup> See the guidance on directors' remuneration in [Part 9] of the Regulator's information and guidance notes.

<sup>17</sup> See section 112 of the Companies Act 2006. A company's members are (i) the subscribers to its memorandum, and (ii) every other person who agrees to become a member of the company and whose name is entered in its register of members.

<sup>18</sup> There is no need for all those who wish to become Members to subscribe to the Memorandum on incorporation; they can become Members and be entered in the register of Members after the company has been formed. However, since this model constitution assumes that all Members are also Directors, all Members will also have to be validly appointed as Directors under article 22.

<sup>19</sup> Inclusion of the provisions in article 26 (other than 26.3) is mandatory and reflects paragraphs 2(1)-(4) of Schedule 1 to the Regulations. [Directors should ensure that the information to be included on an application

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form includes all the information which will be required to fill in Companies House Form [288a] on the appointment of the new Member as a Director (see <http://www.companieshouse.gov.uk/forms/general/forms/288A.pdf>) ] Article 26 3 provides that the Directors are also members of the company

<sup>20</sup> Inclusion of the provisions of article 27 1 and 27 2 1 – 27 2 2 (reflecting sub-paragraphs (5) and (6) of paragraph 2 of Schedule 1 to the Regulations), is mandatory

<sup>21</sup> The Companies Act 2006 has removed the need for private companies to hold annual general meetings and therefore these Articles follow suit, however, if you wish, you can insert an additional provision which obliges the company to hold annual general meetings

<sup>22</sup> Article 28 2 provides that general meetings must be held in accordance with the provisions of the Companies Act 2006. You may insert additional provisions that specify how many Members are required to be present to hold a valid general meeting. The quorum may be fixed in absolute terms (e.g. “four Members”) or as a proportion of the total number of Members (e.g. “three quarters of the Members from time to time”). You may even wish to stipulate that particular named Members, or Members representing particular stakeholder interests, must be present to constitute a quorum. In any event, it is recommended that the quorum should never be less than half of the total number of Members.

<sup>23</sup> Inclusion of the provisions of article 28 3 (reflecting paragraph 3(1) of Schedule 1 to the Regulations) is mandatory

<sup>24</sup> See the Companies House guidance booklet, “Accounts and Accounting Reference Dates” (available online at <http://www.companies-house.gov.uk/about/gbhtml/gba3.shtml>) ] On the annual community interest company report, see [Part 8] of the Regulator’s information and guidance notes

<sup>25</sup> Section 1(1) of the Charities Act 2006 defines “charity” as an institution which “is established for charitable purposes only, and falls to be subject to the control of the High Court in the exercise of its jurisdiction with respect to charities.”



002468/35

# CIC 36

## Declarations on Formation of a Community Interest Company<sup>1</sup>

*Please  
complete in  
typescript,  
or in bold  
black  
capitals.*

**Company Name in full**

Equilibrium for Life

Community Interest Company

### **SECTION A: COMMUNITY INTEREST STATEMENT – beneficiaries**

1. We/I, the undersigned, declare that the company will carry on its activities for the benefit of the community, or a section of the community<sup>2</sup>. [Insert a short description of the community, or section of the community, which it is intended that the company will benefit below]<sup>3</sup>

*The company's activities will provide benefit to ...*

Equilibrium for Life CIC has been set up to provide learning and development with a focus of Emotional wellbeing resilience and literacy to social and professional groups of all ages, situations and backgrounds; which will be achieved via a range of services varying from traditional coaching techniques through to experiential equine facilitated interactions.

We intend to build upon our existing service provision (as outlined below) targeting local service, schools and community education providers, special needs and vulnerable groups of all ages, hospitals and hospices as well as those working in partnership with other providers already servicing these market places



# CIC 36

## Declarations on Formation of a Community Interest Company<sup>1</sup>

*Please  
complete in  
typescript,  
or in bold  
black  
capitals.*

**Company Name in full**

Equilibrium for Life

Community Interest Company

**SECTION A: COMMUNITY INTEREST STATEMENT – beneficiaries**

- 1 We/I, the undersigned, declare that the company will carry on its activities for the benefit of the community, or a section of the community' [Insert a short description of the community, or section of the community, which it is intended that the company will benefit below ]"

Equilibrium for Life's (EFL) service focuses on coaching and mentoring interventions as well as 'equine assisted learning' (eal) that aims to help and support Kent's vulnerable or 'in need' individuals and groups by contributing towards an improvement in their mental/physical health and overall wellbeing EFL will work with the following communities in order to achieve its aim

- Young people not in education employment or training (NEETs) and those deemed as being at risk
- Children and young people excluded for mainstream education
- Adults, young people and children of all backgrounds with special educational needs and/or living in full time residential care
- First time, young or female offenders
- People of any age and ability residing in medical care homes and hospices
- Those who, by profession, provide care or support to others
- Mental health service users, currently in therapy (as a complementary support to existing therapy activities)

Wherever possible we will seek funding to at least part subsidize the delivery of this unique service We will actively seek and secure partnerships with other third sector organisations in order to extend our reach to the above and other target groups

To further support the funding of this service we will deliver eal to commercial and private organisations, which will pay attendance fees We will also apply to grant giving organisations such as Big Lottery, trusts and foundations to develop and sustain provision

Delivery will take place at clients' sites (such as hospices and care homes) appropriate and accessible community settings and/or at our equine base in Kent

**COMPANY NAME**

Equilibrium for Life C.I.C.

**SECTION B: Community Interest Statement – Activities & Related Benefit**

Please indicate how it is proposed that the company's activities will benefit the community, or a section of the community. Please provide as much detail as possible to enable the CIC Regulator to make an informed decision about whether your proposed company is eligible to become a community interest company. It would be useful if you were to explain how you think your company will be different from a commercial company providing similar services or products for individual or personal gain.

<b>Activities</b> (Tell us here what the company is being set up to do)	<b>How will the activity benefit the community?</b> (The community will benefit by.. )
Direct coaching	Providing coaching and training interventions for young people and/or adult groups, developing professional, and appropriate social skills, to support their (re-)engagement with education or the workplace.
Mindfulness programmes	Engaging with community and professional groups to develop and promote mindful practice across all areas of life.
Equine Facilitated Learning	Working with horses to provide leadership and social/emotional skills for all walks of life, from the classroom to the workplace.
Therapeutic support interventions	Providing facilities for site visits for young people & vulnerable adults to spend time interacting with Horses and/or in Nature, as well as work with local therapy practitioners to develop programmes of therapeutic benefit.
If the company makes any surplus it will be used for...	
All surplus profits generated will be re-invested in the site facilities in such a way as to align with our stated objects and those that benefit from them.	

(Please continue on separate sheet if necessary.)

**COMPANY NAME**

*for Life*  
Equilibrium Leadership C.I.C.

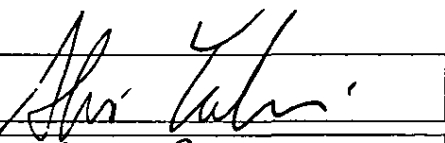
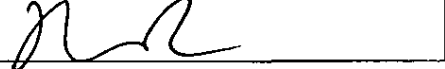
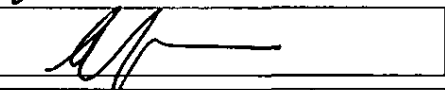
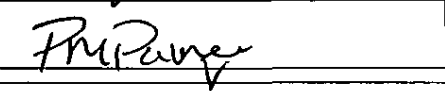
**SECTION C:**

1. We/I, the undersigned, declare that the company in respect of which this application is made will not be:

- (a) a political party;
- (b) a political campaigning organisation; or
- (c) a subsidiary of a political party or of a political campaigning organisation.<sup>4</sup>

**SECTION D:**

Each person who will be a first director of the company must sign the declarations.

Signed		Date	14/9/16
Signed		Date	14/9/16
Signed		Date	10/08/16
Signed		Date	10/08/16
Signed		Date	
Signed		Date	
Signed		Date	
Signed		Date	
Signed		Date	
Signed		Date	

**CHECKLIST****Have the first directors sign the CIC36?**

This form must be accompanied by the following documents:

- (a) Memorandum of Association
- (b) Articles of Association, which comply with requirements imposed by section 32 of the Act and Part 3 of the Regulations or which are otherwise appropriate in connection with becoming a community interest company
- (c) Form IN01- you need to indicate that the proposed company is adopting bespoke articles.
- (d) Any completed continuation sheets
- (e) A cheque for £35 made payable to Companies House

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Kits Coty Farm, 87 Salisbury Road	
Aylesford, Kent ME20 7EW	
Tel <b>01634 844944</b>	
DX Number	DX Exchange

**When you have completed and signed the form, please send it to the Registrar of Companies at:**

*For companies registered in England and Wales* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, EH3 9FF DX 235 Edinburgh

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

**NOTES**

<sup>1</sup> This form will be placed on the public record. Any information relevant to the application that you do not wish to appear on the public record, should be described in a separate letter addressed to the CIC Regulator and delivered to the Registrar of Companies with the other documents.

<sup>2</sup> The community interest test is referred to in section 35 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and is expanded upon in regulations 3, 4 & 5 of the Regulations.

<sup>3</sup> E.g. "the residents of Oldtown" or "those suffering from XYZ disease".

<sup>4</sup> A company is not eligible to be formed as a community interest company if it will be an "excluded company". If you are not sure whether the company which you wish to form falls into any of these categories, you should refer to the definitions of the terms "political party", "political campaigning organisation" and "subsidiary" (and of the related terms "election", "governmental authority", "public authority" and "referendum") in Regulation 2 of the Regulations before completing this form.

# **EQUILIBRIUM FOR LIFE. CONTINUATION SHEET FOR CIC36 SECTION B**

ACTIVITIES	How will the activity benefit the community?
Coaching and Mentoring Interventions and Support	<p>Our coaching and mentoring interventions and support service will help project participants in the following ways</p> <ul style="list-style-type: none"> <li>• performance/target setting/goal achievement is improved</li> <li>• openness to personal learning and development is increased</li> <li>• solutions to specific work-related issues are identified</li> <li>• sense of ownership and responsibility is improved</li> <li>• self-awareness is developed</li> <li>• specific skills or behaviour is improved</li> <li>• clarity regarding roles and objectives is achieved</li> <li>• behaviour/performance difficulties are corrected</li> <li>• reflection on practice is enhanced</li> </ul> <p>EFL is connected to Passe-partout Consulting Ltd (PPC) PPC has practical experience of delivering a full spectrum of ground breaking coaching and mentoring services to the private sector Further details on the work of Passe-partout can be viewed at <a href="http://www.passe-partout.com">http://www.passe-partout.com</a> Equilibrium has been offered the opportunity to work with some of PPCs services and adapt them to support communities in need EFL will therefore provide coaching and mentoring interventions for the target groups shown in Section A to help disadvantaged and disengaged individuals re/engage with their personal aspirations, educational development and economic activities We will work with individuals, at their own pace, to help them identify and work on appropriate personal goals through structured and supported interventions</p> <p>We will seek out and secure partnerships with voluntary, community and other social enterprise organisations, already working with our target groups in local community settings, in order that our services can be integrated into their offer and become value-adding complements to their work In the long term we aim to recruit a pool of peer-group advocates and champions who themselves can then act as co-facilitators or mentors for future groups going through our programmes</p>
Mindfulness	<p>Our mindfulness* programmes can support project participants in the following ways</p> <p>Everyday benefits -</p> <ul style="list-style-type: none"> <li>• improves concentration and focus</li> <li>• increase in productivity and performance</li> <li>• ability to work with and alongside others</li> <li>• reduced levels of conflict – with self or others</li> <li>• understanding and awareness of own emotional state and regulation thereof</li> </ul>

	<p>Physical health benefits -</p> <ul style="list-style-type: none"> <li>• helps relieve stress</li> <li>• lowers blood pressure</li> <li>• reduces chronic pain</li> <li>• improve sleep patterns</li> </ul> <p>Mental health benefits -</p> <ul style="list-style-type: none"> <li>• reduces recurrence of depression</li> <li>• helps deal with eating disorders</li> <li>• inter-personal conflicts</li> <li>• anxiety disorders</li> <li>• obsessive-compulsive disorder</li> </ul> <p>* Mindfulness has been proven to provide significant benefit to the individual in all areas of life (including personal relationships, in the classroom and at the workplace) as well as in the management of physical pain and mental illness</p> <p>In providing a mindfulness service to disadvantaged and disengaged individuals we believe that we will be promoting the development of stronger and more resilient mental and emotional wellbeing amongst project participants. These participants can take home their new 'coping strategies' and share with others, thereby extending the value of our services into the wider community</p> <p>We will provide both group and individual learning sessions. These will be based around weekly sessions of around one and a half to two hours, ranging from a core fundamentals programme which will take the form of a 4-week course and advanced training in mindfulness can take up to 8 weeks. Although in all cases individuals will be expected to continue a personal daily practice</p> <p>As with our coaching and mentoring service, our support can be personalised to align with an individual or group's needs and will incorporate interactive experiential activities which reflect real life challenges that people face on a daily basis in today's society</p>
Equine Assisted Learning	<p>Our equine assisted learning support service will help project participants in subtle and engaging ways. The experiences are often framed as a metaphor, either physically or spatially, for challenges or issues from the individual's life – such as making and sustaining friendship, overcoming low levels of confidence or self-belief, setting personal goals and working alongside others. The process enables the individual or group to physically enact change plus feel and anchor that difference within themselves</p> <p>Working with ponies and horses provides a strong and highly impactful experiential learning opportunity, which is founded in the animals' intuitive behaviours, which have evolved over thousands of years. The horse offers an honest and non-judgemental reflection of how we are in the moment, such immediacy not only offers a clear message about what needs to be changed or developed within the</p>

	<p>individual, but it provides a safe and non-emotional opportunity to model difference</p> <p>The sessions or programmes with horses are generally either carried out in a secure paddock as an observational activity (observing behaviours and emotions as might be expressed in the physical form of the horse,) or in a riding arena where activities will range from simple relationship metaphors such as grooming or petting, to specific tasks or challenges carried out alongside the horse in different spaces, sometimes involving physical obstacles</p>
Therapeutic Interventions with Ponies	<p>Our therapeutic interventions with ponies service will help project participants in the following ways</p> <ul style="list-style-type: none"> <li>• practical and life skills</li> <li>• developing confidence around animals</li> <li>• learning to understand the needs of other beings</li> <li>• visiting strange unfamiliar locations</li> <li>• gaining confidence moving around in outdoor situations</li> <li>• exposure to the elements</li> <li>• exploring their senses exploring the horse, e g touch and smell as well as sight</li> <li>• developing attention span and concentration</li> </ul> <p>We will be offering experiences and (where appropriate) more structured interventions for Special Needs groups and those in care Sessions will either be run at our base in Kit's Coty, Aylesford, Kent or on an outreach basis at client sites, which can and are happy to accommodate our ponies at both inside and outside locations A recent pilot project at a care home in the Medway towns began with ponies being available outside the premises but were later invited into the wards by staff so that potential beneficiaries, unable to interact because of physical impairments, were able to engage with the activities Feedback from both staff and project participants was excellent</p> <p>Spending time with animals is a very therapeutic exercise, proven to have neurological benefits as well as having settling effects on breathing and heart rates Include within that time exercises based around care and wellbeing support of the horse and you create the opportunity to develop a deep connection with their own needs, such as self-worth and self-care, as well as developing personal emotional literacy and awareness through observation of such in others</p> <p>We will work with project beneficiaries in a quiet, engaging and supportive space to help them explore the ponies, and themselves, without risk or challenge</p>