

Report of the Directors and  
Unaudited Financial Statements for the Year Ended 31 March 2018  
for  
ABC Counselling, Play Therapy & Family  
Solutions C.I.C.

FRIDAY



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COMPANIES HOUSE

ABC Counselling, Play Therapy & Family  
Solutions C.I.C.

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for the Year Ended 31 March 2018

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ABC Counselling, Play Therapy & Family  
Solutions C.I.C.

Company Information  
for the Year Ended 31 March 2018

**DIRECTORS:**

P K Lowe  
Mrs S G A Jackson  
Mrs K Lowe  
Dr S M M Pattison

**REGISTERED OFFICE:**

23A The Green  
Billingham  
Cleveland  
TS23 1ES

**REGISTERED NUMBER:**

09489383 (England and Wales)

**ACCOUNTANTS:**

Christopher Bailey  
Yoden House  
30 Yoden Way  
Peterlee  
Co. Durham  
SR8 1AL

ABC Counselling, Play Therapy & Family  
Solutions C.L.C.

Report of the Directors  
for the Year Ended 31 March 2018

The directors present their report with the financial statements of the company for the year ended 31 March 2018.

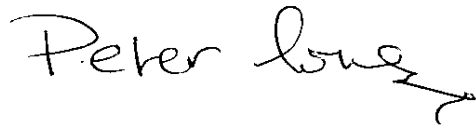
**DIRECTORS**

The directors shown below have held office during the whole of the period from 1 April 2017 to the date of this report

P K Lowe  
Mrs S G A Jackson  
Mrs K Lowe  
Dr S M M Pattison

This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

**ON BEHALF OF THE BOARD:**

A handwritten signature in black ink that reads "Peter Lowe". The signature is written in a cursive style with a long, sweeping underline that extends to the right.

P K Lowe - Director

10 September 2018

ABC Counselling, Play Therapy & Family  
Solutions C.I.C.

Income Statement  
for the Year Ended 31 March 2018

	Notes	31.3.18 £	31.3.17 £
<b>TURNOVER</b>		202,767	153,127
Cost of sales		(83,891)	(62,763)
<b>GROSS PROFIT</b>		118,876	90,364
Administrative expenses		(145,937)	(101,915)
		(27,061)	(11,551)
Other operating income		28,043	51,178
<b>OPERATING PROFIT and PROFIT BEFORE TAXATION</b>		982	39,627
Tax on profit		(403)	(13,719)
<b>PROFIT FOR THE FINANCIAL YEAR</b>		579	25,908

The notes form part of these financial statements

ABC Counselling, Play Therapy & Family  
Solutions C.I.C. (Registered number: 09489383)

Balance Sheet  
31 March 2018

	Notes	31.3.18 £	31.3.17 £
<b>FIXED ASSETS</b>			
Tangible assets	5	3,282	4,422
<b>CURRENT ASSETS</b>			
Debtors	6	3,113	7,886
Prepayments and accrued income		442	413
Cash at bank		79,498	64,553
		<u>83,053</u>	<u>72,852</u>
<b>CREDITORS</b>			
Amounts falling due within one year	7	(26,457)	(17,975)
<b>NET CURRENT ASSETS</b>		<u>56,596</u>	<u>54,877</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>59,878</u>	<u>59,299</u>
<b>RESERVES</b>			
Retained earnings		<u>59,878</u>	<u>59,299</u>
		<u>59,878</u>	<u>59,299</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2018.

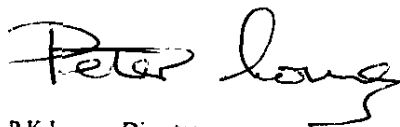
The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2018 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the Board of Directors on 10 September 2018 and were signed on its behalf by:



P K Lowe - Director

The notes form part of these financial statements

1. **STATUTORY INFORMATION**

ABC Counselling, Play Therapy & Family Solutions C.I.C. is a private company, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on reducing balance and not provided

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

**Hire purchase and leasing commitments**

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

**Pension costs and other post-retirement benefits**

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 2 (2017 - 2).

Notes to the Financial Statements - continued  
for the Year Ended 31 March 2018

4. **OPERATING PROFIT**

The operating profit is stated after charging:

	31.3.18	31.3.17
	£	£
Depreciation - owned assets	<u>1,140</u>	<u>1,299</u>

5. **TANGIBLE FIXED ASSETS**

	Plant and machinery etc £
<b>COST</b>	
At 1 April 2017 and 31 March 2018	<u>6,574</u>
<b>DEPRECIATION</b>	
At 1 April 2017	2,152
Charge for year	<u>1,140</u>
At 31 March 2018	<u>3,292</u>
<b>NET BOOK VALUE</b>	
At 31 March 2018	<u>3,282</u>
At 31 March 2017	<u>4,422</u>

6. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.18	31.3.17
	£	£
Other debtors	<u>3,113</u>	<u>7,886</u>

7. **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.18	31.3.17
	£	£
Taxation and social security	3,088	13,719
Other creditors	<u>23,369</u>	<u>4,256</u>
	<u>26,457</u>	<u>17,975</u>



8. **DIRECTORS' ADVANCES, CREDITS AND GUARANTEES**

The following advances and credits to directors subsisted during the years ended 31 March 2018 and 31 March 2017:

	31.3.18 £	31.3.17 £
<b>P K Lowe and Mrs K Lowe</b>		
Balance outstanding at start of year	7,886	(2,678)
Amounts advanced	12,250	72,448
Amounts repaid	(17,023)	(61,884)
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>3,113</u>	<u>7,886</u>

ABC Counselling, Play Therapy & Family  
Solutions C.I.C

Trading and Profit and Loss Account  
for the Year Ended 31 March 2018

	31.3.18		31.3.17	
	£	£	£	£
<b>Sales</b>		202,767		153,127
<b>Cost of sales</b>				
Purchases	5,064		8,071	
Associates Counsellors	78,827		54,692	
		83,891		62,763
<b>GROSS PROFIT</b>		118,876		90,364
<b>Other income</b>				
Grants and donations		28,043		51,178
		146,919		141,542
<b>Expenditure</b>				
Directors' salaries	80,000		56,000	
Pensions	28,200		-	
Rent	8,400		8,400	
Social security	5,787		5,489	
Telephone	934		400	
Post and stationery	210		1,008	
Advertising	94		508	
Travelling	2,155		802	
Motor expenses	7,456		10,381	
Licences and insurance	1,253		476	
Repairs and renewals	2,254		1,179	
Staff Training	5,055		12,229	
Sundry expenses	1,301		1,772	
Accountancy	1,044		935	
Subscriptions	654		1,037	
Depreciation of tangible fixed assets				
Fixtures and fittings	481		640	
Computer equipment	659		659	
		145,937		101,915
<b>NET PROFIT</b>		982		39,627

This page does not form part of the statutory financial statements

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# CIC 34

## Community Interest Company Report

**For official use**  
*(Please leave blank)*

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*Complete in  
script, or  
in black  
ink.*

**Company Name in  
full**

ABC Counselling, Play Therapy & Family Solutions  
C.I.C.

**Company Number**

09489383

**Year Ending**

31 March 2018

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes

**(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)**

**PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT**

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

**ABC Counselling, Play Therapy & Family Solutions continues to provide high quality and affordable therapy and therapeutic services to local people and communities across Teesside. The service has successfully reached 857 children, families and carers, and in doing so gained an excellent reputation for making a positive difference. Establishing trusted relationships with the local communities and people in which we live has been instrumental in achieving high levels of access and success.**

**ABC focus continues to be driven by reaching children and young people who are most in need of our help and support. The continued expansion of the service has opened up access to new groups, including the delivery of therapy for young carers and for those children and young people living on the edge of care. In addition children and young people can now access online therapy as an alternative to face to face therapy.**

**The impact of ABC's work has been huge, enabling many children and young people to feel happier and safer. As a result, children and young people are empowered to fulfil their true potential in life and are at a lower risk of developing lifelong mental health conditions.**

**We are pleased that our peer mentor and volunteer workforce has increased. As a result we will be seeking to fund a volunteer coordinator post to ensure ABC volunteers feel valued, supported and rewarded.**

*(If applicable, please just state "A social audit report covering these points is attached")*  
*(Please continue on separate continuation sheet if necessary)*

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

Stakeholders who have been consulted include school partners, children, young people, parents/carers who have work alongside ABC to shape and develop the service. As a result of this consultation, ABC's work will focus on delivering therapy and therapeutic interventions aimed at preventing children and young people from developing lifelong mental health conditions. The outcomes as defined by children, young people and families include:

- Supporting Children and Young People to feel happier
- Supporting Children and Young People to feel and be safe
- Supporting Children and Young People to develop positive relationships

*(If applicable, please just state "A social audit report covering these points is attached").*

**PART 3 – DIRECTORS' REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes) If no remuneration was received you must state that "no remuneration was received" below

The aggregate amount of emoluments paid to directors in respect of qualifying services was £80,000.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below

No transfer of assets other than for full consideration has been made

*(Please continue on separate continuation sheet if necessary )*

## PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

Peter Lowe

Date

01/10/2018

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Peter Lowe MBE

ABC Family Centre

23a The Green, Billingham, Stockton on Tees

Tel: 07939922194

DX Number

DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**