

Report of the Directors and
Unaudited Financial Statements for the Year Ended 31 March 2019
for
ABC Counselling, Play Therapy & Family
Solutions C.L.C.

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COMPANIES HOUSE

ABC Counselling, Play Therapy & Family
Solutions C.L.C.

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for the Year Ended 31 March 2019

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ABC Counselling, Play Therapy & Family
Solutions C.L.C.

Company Information
for the Year Ended 31 March 2019

DIRECTORS:

P K Lowe
Mrs S G A Jackson
Mrs K Lowe
Dr S M M Pattison

REGISTERED OFFICE:

23A The Green
Billingham
Cleveland
TS23 1ES

REGISTERED NUMBER:

09489383 (England and Wales)

ACCOUNTANTS:

Christopher Bailey
Yoden House
30 Yoden Way
Peterlee
Co. Durham
SR8 1AL

ABC Counselling, Play Therapy & Family
Solutions C.I.C.

Report of the Directors
for the Year Ended 31 March 2019

The directors present their report with the financial statements of the company for the year ended 31 March 2019

PRINCIPAL ACTIVITY

The principal activity of the company in the year under review was that of counselling services.


DIRECTORS

The directors shown below have held office during the whole of the period from 1 April 2018 to the date of this report

P K Lowe
Mrs S G A Jackson
Mrs K Lowe
Dr S M M Pattison

This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

ON BEHALF OF THE BOARD:



P K Lowe - Director

27 September 2019

ABC Counselling, Play Therapy & Family
Solutions C.I.C

Income Statement
for the Year Ended 31 March 2019

	Notes	31 3 19 £	31 3 18 £
TURNOVER		306,230	202,767
Cost of sales		115,853	83,891
GROSS PROFIT		190,377	118,876
Administrative expenses		135,629	145,937
		54,748	(27,061)
Other operating income		35,144	28,043
OPERATING PROFIT and PROFIT BEFORE TAXATION		89,892	982
Tax on profit		17,273	403
PROFIT FOR THE FINANCIAL YEAR		72,619	579

The notes form part of these financial statements

ABC Counselling, Play Therapy & Family
Solutions C.I.C.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

4 **OPERATING PROFIT**

The operating profit is stated after charging.

	31 3.19	31 3.18
	£	£
Depreciation - owned assets	<u>1,019</u>	<u>1,140</u>

5 **TANGIBLE FIXED ASSETS**

	Plant and machinery etc £
COST	
At 1 April 2018	
and 31 March 2019	6,574
DEPRECIATION	
At 1 April 2018	3,292
Charge for year	<u>1,019</u>
At 31 March 2019	<u>4,311</u>
NET BOOK VALUE	
At 31 March 2019	<u>2,263</u>
At 31 March 2018	<u>3,282</u>

6 **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31 3.19	31 3.18
	£	£
Directors' current accounts	<u>8,271</u>	<u>3,113</u>

7 **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31 3.19	31 3.18
	£	£
Tax	17,273	404
Social security and other taxes	2,254	2,684
Other creditors	-	417
Accruals and deferred income	38,489	20,989
Accrued expenses	<u>2,230</u>	<u>1,963</u>
	<u>60,246</u>	<u>26,457</u>

ABC Counselling, Play Therapy & Family
Solutions C.I.C.

Notes to the Financial Statements
for the Year Ended 31 March 2019

1. **STATUTORY INFORMATION**

ABC Counselling, Play Therapy & Family Solutions C.I.C. is a private company, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on reducing balance and not provided

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 2 (2018 - 2).

ABC Counselling, Play Therapy & Family
Solutions C.I.C.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

4. **OPERATING PROFIT**

The operating profit is stated after charging:

	31.3.19	31.3.18
	£	£
Depreciation - owned assets	<u>1,019</u>	<u>1,140</u>

5 **TANGIBLE FIXED ASSETS**

Plant and
machinery
etc
£

COST

At 1 April 2018
and 31 March 2019

6,574

DEPRECIATION

At 1 April 2018
Charge for year

3,292
1,019

At 31 March 2019

4,311

NET BOOK VALUE

At 31 March 2019

2,263

At 31 March 2018

3,282

6. **DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.19	31.3.18
	£	£
Directors' current accounts	<u>8,271</u>	<u>3,113</u>

7 **CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.3.19	31.3.18
	£	£
Tax	17,273	404
Social security and other taxes	2,254	2,684
Other creditors	-	417
Accruals and deferred income	<u>38,489</u>	<u>20,989</u>
Accrued expenses	<u>2,230</u>	<u>1,963</u>
	<u>60,246</u>	<u>26,457</u>

ABC Counselling, Play Therapy & Family
Solutions C.I.C.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

8 DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

The following advances and credits to directors subsisted during the years ended 31 March 2019 and 31 March 2018:

	31.3.19	31.3.18
	£	£
P K Lowe and Mrs K Lowe		
Balance outstanding at start of year	3,113	7,886
Amounts advanced	7,981	12,250
Amounts repaid	(2,823)	(17,023)
Amounts written off	-	-
Amounts waived	-	-
Balance outstanding at end of year	<u>8,271</u>	<u>3,113</u>

ABC Counselling, Play Therapy & Family
Solutions C.L.C.

Trading and Profit and Loss Account
for the Year Ended 31 March 2019

	31.3.19		31.3.18	
	£	£	£	£
Sales		306,230		202,767
Cost of sales				
Purchases	3,951		5,064	
Staff wages and salaries	9,984		-	
Associates Counsellors	101,918		78,827	
		115,853		83,891
GROSS PROFIT		190,377		118,876
Other income				
Grants and donations		35,144		28,043
		225,521		146,919
Expenditure				
Directors' salaries	80,000		80,000	
Pensions	13,200		28,200	
Rent	8,400		8,400	
Social security	5,715		5,787	
Telephone	1,097		934	
Post and stationery	796		210	
Advertising	374		94	
Travelling	2,724		2,155	
Motor expenses	8,467		7,456	
Licences and insurance	442		1,253	
Repairs and renewals	903		2,254	
Staff training	4,991		5,055	
Club activities	3,425		-	
Sundry expenses	1,238		1,301	
Accountancy	1,786		1,044	
Subscriptions	1,052		654	
Depreciation of tangible fixed assets				
Fixtures and fittings	360		481	
Computer equipment	659		659	
		135,629		145,937
NET PROFIT		89,892		982

This page does not form part of the statutory financial statements

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

ABC Counselling, Play Therapy & Family Solutions
C.I.C.

Company Number

09489383

Year Ending

31 March 2019

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

ABC Counselling, Play Therapy & Family Solutions continues to provide high quality and affordable therapy and psychological services to local children and families. ABC operates as a not for profit service that has successfully reached over 932 local vulnerable children, families and carers. In doing so ABC continues to build on its excellent reputation for making a positive impact and difference.

ABC focus continues to reach children, young people and families who are most in need of our help and support, including children, young people and families that are historically hard to reach. This includes those on the edge of care, young carers and those who are falling through statutory safety nets. In addition, the continuation of our School Year 6 & 7 transition clubs over several years is going from strength to strength.

The impact of ABC's therapy and therapeutic work has been huge, enabling hundreds of local children and young people to feel happier and be safer. As a result, children and young people are resilient and confident enough to bounce back from adverse childhood experiences (ACE).

ABC's essentials bank to date has donated **£29585.99** to local families facing financial hardship, and this need continues to grow.

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Local school and community partners have been widely consulted. This includes children, young people, parents/carers who have work alongside ABC to shape and develop the projects we have shaped, developed and delivered. As a result of this engagement, ABC's work will focus on delivering therapeutic interventions aimed at preventing children and young people from developing lifelong mental health conditions. The outcomes as defined by children, young people and families accessing the service include:

- To feel happier in life
- To strengthen resilience
- To feel and be safe
- To develop good and trusted relationships

(If applicable, please just state "A social audit report covering these points is attached").

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

The aggregate amount of emoluments paid to ABC directors in respect of qualifying services is highlighted in the ABC accounts.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed.

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary.)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

intgr Kailu
Peter Lowe

Date

23/10/2019

Office held (delete as appropriate) Director/Secretary

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

ABC Family Centre

23a The Green

Billingham, Stockton on Tees

Tel 01642 913060

DX Number

DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)