

Registered number
09270945

Mindful Chef Ltd

Abbreviated Accounts

31 October 2015

Mindful Chef Ltd**Registered number:** 09270945**Abbreviated Balance Sheet
as at 31 October 2015**

	Notes	2015 £
Fixed assets		
Intangible assets	2	20,288
Tangible assets	3	4,523
		<hr/> 24,811
Current assets		
Stocks	3,250	
Debtors	12,713	
Cash at bank and in hand	14,987	
	<hr/> 30,950	
Creditors: amounts falling due within one year	(128,095)	
Net current liabilities	<hr/>	(97,145)
Net liabilities		<hr/> (72,334) <hr/>
Capital and reserves		
Called up share capital	4	100
Profit and loss account		(72,434)
Shareholders' funds		<hr/> (72,334) <hr/>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Roberg Grieg-Gran

Director

Approved by the board on 14 July 2016

Mindful Chef Ltd
Notes to the Abbreviated Accounts
for the period ended 31 October 2015

1 Accounting policies

Basis of preparation

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Depreciation

Depreciation & amortisation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	3 year straight line
Motor vehicles	20% reducing balance

Stocks

Stock is valued at the lower of cost and net realisable value.

Deferred taxation

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

2 Intangible fixed assets **£**

Cost

Additions	25,360
At 31 October 2015	<u>25,360</u>

Amortisation

Provided during the period	5,072
At 31 October 2015	<u>5,072</u>

Net book value

At 31 October 2015	<u>20,288</u>
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3 Tangible fixed assets **£**

Cost

Additions	<u>5,257</u>
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At 31 October 2015	5,257
Depreciation	
Charge for the period	734
At 31 October 2015	734
Net book value	
At 31 October 2015	4,523

4 Share capital	Nominal value	2015 Number	2015 £
Allotted, called up and fully paid:			
Ordinary shares	£1 each	-	100
	Nominal value	Number	Amount £
Shares issued during the period:			
Ordinary shares	£1 each	-	100

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