

Registered number  
09270945

Mindful Chef Ltd

Abbreviated Accounts

31 October 2015

**Mindful Chef Ltd****Registered number:** 09270945**Abbreviated Balance Sheet****as at 31 October 2015**

	<b>Notes</b>	<b>2015</b>
		<b>£</b>
<b>Fixed assets</b>		
Intangible assets	2	20,288
Tangible assets	3	4,523
		<u>24,811</u>
<b>Current assets</b>		
Stocks		3,250
Debtors		12,713
Cash at bank and in hand		14,987
		<u>30,950</u>
<b>Creditors: amounts falling due within one year</b>		(128,095)
		<u>(97,145)</u>
<b>Net current liabilities</b>		(97,145)
		<u>(72,334)</u>
<b>Net liabilities</b>		<u>(72,334)</u>
<b>Capital and reserves</b>		
Called up share capital	4	100
Profit and loss account		(72,434)
		<u>(72,334)</u>
<b>Shareholders' funds</b>		<u>(72,334)</u>

The directors are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

Roberg Grieg-Gran

Director

Approved by the board on 14 July 2016

**Mindful Chef Ltd**  
**Notes to the Abbreviated Accounts**  
**for the period ended 31 October 2015**

**1 Accounting policies**

***Basis of preparation***

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

***Turnover***

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

***Depreciation***

Depreciation & amortisation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and machinery	3 year straight line
Motor vehicles	20% reducing balance

***Stocks***

Stock is valued at the lower of cost and net realisable value.

***Deferred taxation***

Full provision is made for deferred taxation resulting from timing differences between the recognition of gains and losses in the accounts and their recognition for tax purposes. Deferred taxation is calculated on an un-discounted basis at the tax rates which are expected to apply in the periods when the timing differences will reverse.

**2 Intangible fixed assets** **£**

**Cost**

Additions	25,360
At 31 October 2015	<u>25,360</u>

**Amortisation**

Provided during the period	5,072
At 31 October 2015	<u>5,072</u>

**Net book value**

At 31 October 2015	<u>20,288</u>
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**3 Tangible fixed assets** **£**

**Cost**

Additions	<u>5,257</u>
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At 31 October 2015 5,257

**Depreciation**

Charge for the period 734

At 31 October 2015 734

**Net book value**

At 31 October 2015 4,523

<b>4 Share capital</b>	<b>Nominal value</b>	<b>2015 Number</b>	<b>2015 £</b>
Allotted, called up and fully paid:			
Ordinary shares	£1 each	-	<u>100</u>
	<b>Nominal value</b>	<b>Number</b>	<b>Amount £</b>
Shares issued during the period:			
Ordinary shares	£1 each	-	<u>100</u>

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