

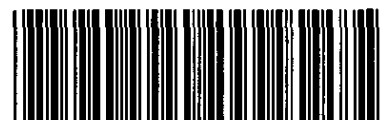
# **Food Plymouth C.I.C.**

## **Unaudited Abbreviated Accounts**

**for the Period from 01 November 2015 to 31 October 2016**

Food Plymouth C.I.C.  
Jan Cutting Healthy Living Centre,  
Beacon Park Road,  
Scott Business Centre,  
Plymouth,  
Devon,  
England,  
PL2 2PQ

THURSDAY



A19      \*A6BIT8LS\*      #299  
27/07/2017  
COMPANIES HOUSE

# **Food Plymouth C.I.C.**

## **Contents**

Abbreviated Balance Sheet .....	1
Notes to the Abbreviated Accounts .....	2

**Food Plymouth C.I.C.**  
**(Registration number: 9253210)**

**Balance Sheet at 31 October 2016**

	Note	31 Oct 2015 £	31 Oct 2016 £
<b>Current Assets</b>			
Cash at bank and in hand		5,000	8,080
Creditors: Amounts falling due within one year		-	-
Creditors: amounts falling due after more than one year		-	-
Deferred Income	3	(5,000)	(8,080)
<b>Net assets</b>		-	-
<b>Capital and reserves</b>			
Profit and loss account	5	-	-

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime and in accordance with the Financial Reporting Standard for Smaller Entities 2015.

For the year ending 31 October 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

Approved by the Board on .... 31<sup>st</sup> May 2017....and signed on its behalf by:

*Tami Skelton*

*Jan M. Smith*

.....  
Mrs TE Skelton  
Director

*MR J M SMITH*  
*DIRECTOR*

The notes on page 2 form an integral part of these financial statements.

## **Food Plymouth C.I.C.**

### **Notes to the Financial Statements for the Period from 01 November 2015 to 31 October 2016**

#### **1. Accounting policies**

##### **Basis of preparation**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities 2015.

##### **Turnover**

Turnover represents amounts chargeable in respect of the sale of goods and services to customers.

##### **Financial instruments**

Financial instruments are classified and accounted for, according to the substance of the contractual arrangement as financial assets, financial liabilities or equity instruments. An equity instrument is any contract evidences a residual interest in the assets of the company after deducting all of its liabilities. Where shares are issued, any component that creates a financial liability of the company is presented as a liability in the balance sheet. The corresponding dividends relating to the liability component are charged as interest expense in the profit and loss account.

#### **2. Taxation**

##### **Tax on profit on ordinary activities**

	to 31 Oct 2016 £
Current tax	
Corporation tax charge	-

##### **3. Creditors: Amounts falling due within one year**

	31 Oct 2016 £
Corporation tax	-
Deferred Income	
PLEDGE001 - Plymouth Community Healthcare (Pledge of support for Food Plymouth CIC strategic developments)	(5,000)
PLEDGE002: Pledge from Plymouth Public Health Team to Food Plymouth CIC in support of strategic developments and programme delivery	(4,000)
PLEDGE003: Pledge from Plymouth Public Health Team to Food Plymouth CIC in support of strategic developments and programme delivery	(1,000)
PLEDGE003: Pledge from Devon Contract Waste Ltd to Food Plymouth CIC in support of strategic developments and programme delivery	(255)
Less deferred income used during the period 01 November 2015 to 31 October 2016	2,174
Other creditors	-
	(8,080)

# CIC 34

## Community Interest Company Report

For official use  
(Please leave blank)

--

Please  
complete in  
typescript, or  
in bold black  
capitals.

Company Name in  
full

Food Plymouth CIC

Company Number

9253210

Year Ending

31<sup>st</sup> October 2016

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

### PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

Food Plymouth CIC is a cross-sector membership organisation supporting, facilitating and enabling the wider Food Plymouth network, a Plymouth based partnership building a healthy and sustainable food city since 2010.

Promoting local, sustainable and healthy food as a driver for positive change is Food Plymouth's mission. Increasing the demand and supply of delicious and affordable fresh, seasonal, local food is central to this.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

**PART 2 – CONSULTATION WITH STAKEHOLDERS** – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear.

Food Plymouth's stakeholders - Any person, group, organisation, business or social enterprise with an interest in food and food-related issues in and around Plymouth, the UK and internationally.

### **Local Engagement**

Quarterly Food Plymouth Partnership Network meetings – December 2015, March 2016, June 2016, September 2016.

Active participation in ESRC Festival of Social Sciences events in Plymouth (November 2015): Social Enterprise in the Context Post-Election Policy; Realising Sustainable Business Models - Marketing and Leadership; Food as Lifestyle Motivator event.

Searching for Silver, Going for Gold showcase and stakeholder event – February 2016.

Participation in:

- One You public health event – April 2016
- Grow, Share, Cook celebration event – April 2016
- Plymouth Octopus Project (POP) VCSE Third Sector conference – April 2016
- Plymouth Social Enterprise Network (PSEN) AGM – May 2016
- Workplace Wellness launch event – June 2016
- Sustainable Earth 2016 Forum at Plymouth University – June 2016
- Plymouth Food Waste Partnership (PFWP) second anniversary celebration – June 2016
- Plymouth Octopus Project (POP) / Plymouth City Council (PCC) Environment Network Meetings – July, September and October 2016
- Plymouth University / PWC / CMI business networking breakfast – September 2016
- RSA Inclusive Growth Commission – September 2016
- All Saints Academy Plymouth and RIOPower to Change 'Real World' Project – October 2016
- Social [Enterprise] Saturday event – October 2016
- Community Orchards Network launch event – October 2016

Food Plymouth Autumn Abundance Events (October 2016): All Ways Apples Festival; Foraging event for low income families; Earth Café Plymouth.

Fortnightly e-bulletins pattern established - September 2016 onwards.

Social Media outputs and inputs – Facebook and Twitter.

Provision of work placement and business consultancy experiences for Plymouth University students:

- Two students from the Collaborative Leadership for Sustainability programme
- 10 students from Futures business consultancy programmes

### **Regional Engagement**

Presentation to CRUNCH ambassadors network, Eden Project, Cornwall – March 2016  
Bread & Butter Food Founders Festival event, Exeter – September 2016.

Heart of the South West Local Enterprise Partnership (HotSW LEP) AGM, Exeter – October 2016.

Food Justice for Devon Networking event, Exeter – October 2016.

### **National Engagement**

Directors' participation in national Sustainable Food Cities conference, Liverpool – March 2016.

Sustainable Food Cities and the CRUNCH Engaging Young People webinar – September 2016.

**PART 3 – DIRECTORS’ REMUNERATION** – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, “There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director’s loss of office, which require to be disclosed” (See example with full notes). If no remuneration was received you must state that “no remuneration was received” below.

No remuneration was received

**PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION** – Please insert full details of any transfers of assets other than for full consideration e.g. Donations to outside bodies. If this does not apply you must state that “no transfer of assets other than for full consideration has been made” below.

No transfer of assets other than for full consideration has been made.

*(Please continue on separate continuation sheet if necessary.)*

## PART 5 – SIGNATORY

**The original report must be signed by a director or secretary of the company**

Signed

*Ian M. Smith*

Date

*26<sup>th</sup> July '17*

Office held (delete as appropriate) Director/~~Secretary~~

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

	Tel <i>0772 017 4634</i>
DX Number	DX Exchange

**When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:**

*For companies registered in England and Wales:* Companies House, Crown Way, Cardiff, CF14 3UZ  
DX 33050 Cardiff

*For companies registered in Scotland:* Companies House, 4<sup>th</sup> Floor, Edinburgh Quay 2, 139  
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

*For companies registered in Northern Ireland:* Companies House, 2nd Floor, The Linenhall, 32-38  
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 **cannot** be filed online

**(N.B. Please enclose a cheque for £15 payable to Companies House)**