FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2021 FOR

VALENTINE OCCUPATIONAL HEALTH LIMITED

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VALENTINE OCCUPATIONAL HEALTH LIMITED

COMPANY INFORMATION FOR THE YEAR ENDED 31 JULY 2021

DIRECTORS: Mr S Hurley-Smith

Mr A Smith

REGISTERED OFFICE: 19 Wiltshire Road

Wigston Leicestershire LE18 2FJ

REGISTERED NUMBER: 09115923 (England and Wales)

ACCOUNTANTS: TGFP

Chartered Accountants

Fulford House Newbold Terrace Leamington Spa Warwickshire CV32 4EA

BALANCE SHEET 31 JULY 2021

| | | 2021 | | 2020 | |
|---|-------|---------------|----------|---------|---------------------------|
| | Notes | £ | £ | £ | £ |
| FIXED ASSETS | | | | | |
| Tangible assets | 4 | | 4,119 | | 3,621 |
| CURRENT ASSETS | | | | | |
| Debtors | 5 | 44,567 | | 70,372 | |
| Cash at bank | | 43,689 | | 27,067 | |
| | | 88,256 | | 97,439 | |
| CREDITORS | | | | | |
| Amounts falling due within one year | 6 | <u>91,755</u> | | _54,732 | |
| NET CURRENT (LIABILITIES)/ASSETS | | | (3,499) | | 42,707 |
| TOTAL ASSETS LESS CURRENT | | | | | 40.000 |
| LIABILITIES | | | 620 | | 46,328 |
| CREDITORS | | | | | |
| Amounts falling due after more than one | | | | | |
| year | 7 | | 39,691 | | 49,167 |
| NET LIABILITIES | | | (39,071) | | (2,839) |
| CAPITAL AND RESERVES | | | | | |
| Called up and paid share capital | | | 106 | | 106 |
| Retained earnings | | | (39,177) | | (2,945) |
| Notained earnings | | | (39,071) | | $\frac{(2,343)}{(2,839)}$ |
| | | | | | |

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements

BALANCE SHEET - continued 31 JULY 2021

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Statement of Income and Retained Earnings has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 8 April 2022 and were signed on its behalf by:

Mr A Smith - Director

The notes form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 JULY 2021

1. STATUTORY INFORMATION

Valentine Occupational Health Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The presentation currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 33% on cost and 25% on cost

Financial instruments

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Taxation

Taxation for the year comprises of current tax. Tax is recognised in the Statement of Income and Retained Earnings, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

2. ACCOUNTING POLICIES - continued

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to profit or loss on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

Going concern

The financial statements have been prepared on the going concern concept. This assumes that the company will achieve a profitable level of trading and will continue to enjoy the support of its bankers and creditors. The financial statements do not account for any adjustments that would be required if the company was unable to achieve these objectives. There has been some disruption to the business activities as a result of COVID-19.

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 7 (2020 - 5).

4. TANGIBLE FIXED ASSETS

| | | | Plant and machinery |
|----|--|---------------|---------------------|
| | | | etc |
| | COST | | £ |
| | At 1 August 2020 | | 9,055 |
| | Additions | | 3,349 |
| | Additions At 31 July 2021 | | 12,404 |
| | DEPRECIATION | | 12,404 |
| | At 1 August 2020 | | 5,434 |
| | Charge for year | | 2,851 |
| | At 31 July 2021 | | 8,285 |
| | | | 0,203 |
| | NET BOOK VALUE | | 4 440 |
| | At 31 July 2021 | | 4,119 |
| | At 31 July 2020 | | <u>3,621</u> |
| 5. | DEDTORS: AMOUNTS FALLING BUE WITHIN ONE VEAD | | |
| Э. | DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR | 2014 | 2020 |
| | | 2021 £ | 2020 |
| | Trada dabtara | _ | £ |
| | Trade debtors | 35,150 | 18,414 |
| | Other debtors | 9,417 | <u>51,958</u> |
| | | <u>44,567</u> | <u>70,372</u> |
| | | | |

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NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 JULY 2021

| 6. | CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR | | |
|----|---|--------|--------|
| | | 2021 | 2020 |
| | | £ | £ |
| | Bank loans and overdrafts | 9,526 | 833 |
| | Trade creditors | 54,398 | 9,645 |
| | Taxation and social security | 25,656 | 34,988 |
| | Other creditors | 2,175 | 9,266 |
| | | 91,755 | 54,732 |
| 7. | CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR | | |
| | | 2021 | 2020 |
| | | £ | £ |
| | Bank loans | 39,691 | 49,167 |

8. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

During the year the directors operated a loan with the company with no fixed terms of repayment or interest. Amounts advanced during the year were £6,464 (2020 - £47,964) and repayments amounting to £47,964 (2020 - £17,964).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.