REGISTERED NUMBER: 09115923 (England and Wales)

UNAUDITED FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 JULY 2017

FOR

VALENTINE OCCUPATIONAL HEALTH LIMITED

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VALENTINE OCCUPATIONAL HEALTH LIMITED

COMPANY INFORMATION for the Year Ended 31 July 2017

DIRECTORS:	S Hurley - Smith A Smith
REGISTERED OFFICE:	8 Wilkinson Lane Elmesthorpe Leicester Leicestershire LE9 7SP
REGISTERED NUMBER:	09115923 (England and Wales)
ACCOUNTANTS:	SFB Group Limited Chartered Accountants

Manor Court Chambers Townsend Drive Nuneaton Warwickshire CV11 6RU

BALANCE SHEET 31 July 2017

		2017		2016	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	3		-		6,295
CURRENT ASSETS					
Debtors	4	99,671		77,538	
Cash at bank	'	19,658		24,620	
Cosh at bunk		119,329		102,158	
CREDITORS		115,525		102,130	
Amounts falling due within one year	5	117,650		104,522	
NET CURRENT ASSETS/(LIABILITIES)			1,679		(2,364)
TOTAL ASSETS LESS CURRENT LIABILITIES			1,679		3,931
10111211002101220000111121112111211120			2,0.5		3,331
PROVISIONS FOR LIABILITIES			=		107
NET ASSETS			1,679		3,824
CAPITAL AND RESERVES					
Called up share capital	7		106		106
Retained earnings	8		1,573		3,718
SHAREHOLDERS' FUNDS			1,679		3,824

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 July 2017.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 July 2017 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The financial statements have been prepared and delivered in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.

In accordance with Section 444 of the Companies Act 2006, the Profit and Loss Account has not been delivered.

The financial statements were approved by the Board of Directors on 25 April 2018 and were signed on its behalf by:

A Smith - Director

NOTES TO THE FINANCIAL STATEMENTS for the Year Ended 31 July 2017

1. STATUTORY INFORMATION

Valentine Occupational Health Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

The presentation currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with the provisions of Section 1A "Small Entities" of Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Motor vehicles - 25% on reducing balance

Taxation

Taxation for the year comprises current and deferred tax. Tax is recognised in the Profit and Loss Account, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

Pension costs and other post-retirement benefits

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

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NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 July 2017

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3.	TANGIBLE FIXED ASSETS		
			Motor
			vehicles £
	COST		Ľ
	At 1 August 2016		7,027
	Disposals		(7,027)
	At 31 July 2017		
	DEPRECIATION		
	At 1 August 2016		732
	Eliminated on disposal		(732)
	At 31 July 2017		
	NET BOOK VALUE		
	At 31 July 2017		
	At 31 July 2016		6,295
4.	DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
4.	DEBTORS: AMIDOINTS FALLING DUE WITHIN ONE TEAR	2017	2016
		2017 £	2010 £
	Trade debtors	5,807	22,387
	Other debtors	92,365	55,151
	Prepayments	1,499	, <u>-</u>
		99,671	77,538
5.	CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR		
		2017	2016
	Total considitation	£	£
	Trade creditors Tax	119 12,405	9,928
	Social security and other taxes	1,328	12,861 893
	VAT	11,272	11,374
	Other creditors	236	216
	Directors' current accounts	88,090	67,750
	Accrued expenses	4,200	1,500
		117,650	104,522
6.	LEASING AGREEMENTS		
	Minimum lease payments under non-cancellable operating leases fall due as follows:		
		2017	2016
		£	£
	Within one year	5,541	-
	Between one and five years	7,849	

13,390

NOTES TO THE FINANCIAL STATEMENTS - continued for the Year Ended 31 July 2017

7. CALLED UP SHARE CAPITAL

Allotted,	issued	and	fully	paid:	
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Number:	Class:	Nominal	2017	2016
		value:	£	£
90	Ordinary A	£1	90	100
3	Ordinary B	£3	3	3
3	Ordinary C	£1	3	3
10	Ordinary D	£1	10	-
			106	106

On 1 August 2016 10 Ordinary A shares were reclassified as 10 Ordinary D shares.

8. RESERVES

	Retained earnings £
At 1 August 2016	3,718
Profit for the year	21,855
Dividends	(24,000)
At 31 July 2017	1,573

9. FIRST YEAR ADOPTION

This is the first set of financial statements prepared under Financial Reporting Standard 102 (Section 1A) [FRS 102 (Section 1A)].

The previous financial statements for the year ended 31 July 2016 were prepared under UK GAAP (Generally Accepted Accounting Principles). The date of transition to FRS 102 (Section 1A) is 1 August 2015. No accounting policies have been changed as a result of this and no amounts in the comparative period required restating due to the conversion to Financial Reporting Standard 102 (Section 1A).

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.