

(Company Number 08237482)

Interchange Sheffield C.I.C.

Unaudited Financial Statements

For the year ended 31 March 2016

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Interchange Sheffield C.I.C.
Contents Page
For the year ended 31 March 2016

Contents	Page
Legal and administrative information	3
Directors' annual report	4 - 8
Independent Examiner's report	9
Statement of financial activities (including the income and expenditure account)	10
Balance sheet	11
Notes to the accounts	11 - 15

Interchange Sheffield C.I.C.
Legal and Administrative information
For the year ended 31 March 2016

Full name

Interchange Sheffield C I C.

Registered Company Number

08237482

Directors

Margaret Bennett

Paul Boyden

Theresa Connolly

Ruth Iantorno

Mark Marken

Pam Stirling

Jillian Creasey

Nicola Elliot

resigned 17th November 2015

appointed 17th November 2015

appointed 26th January 2016

Registered Office

Star House

43 Division Street

Sheffield S1 4GE

Bankers

Co-operative Bank

Business Direct

PO Box 250

Skelmerdale

WN8 6WT

Independent Examiner

Kate Follon ACMA CGMA

Voluntary Action Sheffield

Community Accounting Service

The Circle

33 Rockingham Lane

Sheffield

S1 4FW

Interchange Sheffield C.I.C.

Directors' Annual Report (continued)

For the year ended 31 March 2016

The directors' of the company submit their annual report and the financial statements for the year ended 31 March 2016

Structure, governance and management

Interchange Sheffield C I C is a company interest company, limited by guarantee (company number 08237482) The company is governed by its memorandum and articles of association and was incorporated on 2nd October 2012

The company is run by the board of Directors

Aims and objectives

The Objects of the Company are to improve the mental health and well-being of children and young people up to the age of 25 This will be achieved through providing accessible, young-person friendly counselling and other mental health promotion, prevention and early intervention support that endeavours to meet the following priorities

- 1 to improve the experience of children and young people through involving them appropriately and meaningfully in the planning, delivery and evaluation of a range of innovative services with clear pathways of support that they will value and use
- 2 to provide high quality, effective services through a model that takes a holistic view of mental health and seeks to continuously improve equality in service provision
- 3 to reduce health inequalities by reaching the most vulnerable children and young people in the city to raise awareness, tackle stigma and working in partnership where appropriate to provide targeted support that meets the needs of young people from different backgrounds and groups
- 4 to ensure services provided are sustainable and affordable by working to improve the efficiency of service delivery and communicating with other organisations at a national, city and local level and with young people to contribute to changing how mental health services for this age group are planned and delivered
- 5 to promote and support the emotional well being and mental health of all its employees and volunteers

Principal activities

The current programme is working with approximately 300 young people per year via the following projects

Sheffield City Council – Vulnerable Children and Young People service

Interchange successfully bid for an enhanced commission to work with a range of vulnerable groups, starting in April 2015 This built on previous work we have carried out for the Local Authority to provide counselling for young people referred by Community Youth Teams and Youth Justice Referral routes were extended, including, amongst others, to Young Carers, LGBTQ+ and those at risk of sexual exploitation Counselling and group work is delivered from Star House, our city centre base within the Sheffield Futures building, and via outreach provision when needed A key development taking place this year has been the project, led by Sheffield Futures to develop the Star House services into an integrated YIACS model (Youth Information, Advice, Counselling and Support) This model is one which Interchange has championed for many years and is in keeping with a great deal of evidence that it is a popular and effective way to engage young people in accessing services

Alongside the community provision, Interchange, in partnership with Family Action, delivered a number of services to schools in 3 Localities of the city in a pilot from April 2015-July 2016, evaluated by a University of Sheffield Research team The final report, due September 2016 will provide evidence to inform future commissioning of schools based emotional well-being and mental health support

Interchange Sheffield C.I.C.
Directors' Annual Report (continued)
For the year ended 31 March 2016

Principal activities (continued)

Comic Relief funded 'Mind the Gap' Project

Aware that there are a number of young people who are in danger of 'falling through the gap' between services, Interchange have set up this Comic Relief funded service to help young people gain access to mental health support. The project seeks to develop closer links with statutory services such as CAMHS, so that young people who need more specialist help can be supported onwards. Those who do not meet the threshold can be helped to find alternative support, either with Interchange or with other voluntary sector agencies. The project is developing a mental health 'Help Desk' to deal with the enquiries we receive from young people, their parents or carers and referrers to find appropriate services for them.

Children in Need grant

Our grant from Children in Need has enabled us to work closely with a GP practice (Pitsmoor) to explore how counselling may help those young people referred by GPs to specialist services but who may not engage, or who can perhaps be helped by counselling at an earlier stage. The grant also enables us to run our Mental Health Ambassador group to provide opportunities for service users and young volunteers to be involved in shaping our services and contributing to improving services in general. Amongst other achievements, the group has written a leaflet to help young people know what to expect from counselling, and about their rights when going to the GP.

Local Trusts

The work funded by both of these grants is supplemented with additional small grants from a range of local trusts which again, enable us to provide counselling for young people who self-refer or do not fit into other services. An example of this is the grant received from South Yorkshire Community Foundation which enabled us to work specifically with Children and Young People who have experienced or are at risk of sexual exploitation. This grant, along with those from Trusts such as the Town Trust, Church Burgesses, Bluecoats and Mount Pleasant Education Foundation and the Peace Foundation have been invaluable in enabling us to respond to needs of young people, and we are very grateful for the support received from these Trusts.

VOYCE (Views of Young Carers Explained) project

Interchange was one of the partners of this five year Big Lottery (Youth in Focus) funded project which started in November 2011 and ran until April 2015 to provide support to young carers, and to influence the strategic plan for this group of young people. The company has had a contract with the lead partner, Chilypep, to provide emotional well-being support and counselling. Interchange worked closely with Chilypep and Sheffield Young Carers, and the project culminated in a highly successful final conference in March 2015, when a booklet was also produced to disseminate the learning from the project.

Traded Services with Schools

This is a programme of services bought in by schools that enables Interchange to support some of the overhead costs for the organisation. On site counsellors or therapists were this year provided in a range of educational settings, with several primary and secondary schools also funding individual students for counselling at our Star House base.

Interchange Sheffield C.I.C.

Directors' Annual Report (continued)

For the year ended 31 March 2016

Community Interest Statement

The company's activities provide benefit to children and young people up to the age of 25 years and their families in the Sheffield area. The company provides services to promote, protect and improve the mental health and wellbeing of children and young people by the provision of counselling and other services or facilities (including family support) that assist in advancing those aims.

Funded by a mixture of grants, commissioned contracts and traded services, provision is aimed at young people from vulnerable groups who have additional barriers which make it hard for them to access mainstream mental health services. These include services already designed and developed specifically for young people who are

- Unemployed or not in education or training
- Young carers
- Black or ethnic minority young people
- Males in particular at risk of involvement in gang culture
- Young people at risk of involvement in the youth criminal justice system

The company was set up as a spin off social enterprise from YMCA White Rose, an established regional charity working with young people. It was mutually agreed that this was the best course of action to ensure future sustainability of this work, and the YMCA supported the company in the set up phase.

The company is under the governance of staff and external experts in the field who are familiar with the Sheffield context. The charitable aims, ethos and policies of the former charity have been transferred and retained, with a clear focus on being able to raise funds not for profit but to support the development of new services to benefit young people.

Young people play an important part in advising, developing and helping to run the activities of the company, which will benefit both them and the company to make sure it offers services that young people themselves use and value.

Plans for the future

After seeing a significant expansion of services, and experiencing an increase in the complexity and depth of work required, Interchange is seeking a period of consolidation to focus on reviewing our Quality Assurance framework and the effectiveness of our Evaluation and Monitoring processes. The external evaluation from the University will assist in this review, as will our involvement this year as a 'Voluntary Sector Pioneer' with CORC, (Child Outcome Research Consortium, based at the Anna Freud centre).

A major development is being planned to introduce an online element to our services, in line with evidence of its value to young people and its ability to improve access to mental health support. We will be assisted in this by a Youth Access national project called 'Digitalk' which will enable us to train staff and gain access to an online platform, as well as consultancy support from other agencies in the Youth Access network.

Interchange Sheffield C.I.C.
Directors' Annual Report (continued)
For the year ended 31 March 2016

Financial review

This year has seen a significant increase in income to £353,102, enabling the organisation to expand its therapeutic services and help meet the growing need for mental health support for Young People. The successful tender for an enhanced Sheffield City Council contract provided a welcome endorsement of Interchange Sheffield's ability to deliver an important service to young people in the city.

This year saw the ending of a substantial grant from the Big Lottery, and Directors took a decision to utilise some of our reserves to maintain staffing levels at the end of the grant in order to invest in development activity aimed at securing further contracts and traded work. This investment did result in securing further income in which will help the organisation move to a more robust financial position in 2016-17.

Funding the core infrastructure needed to support a complex portfolio of services remains a challenge, but the organisation is on track to achieve this over the coming two years.

Reserves policy

The Directors have agreed that we should aim to build up the reserves of the organisation to cover both staff redundancy costs and organisational running costs for six weeks, to enable ethical wind down of therapeutic work in the event of closure, this financial year this equates to £40,000. Because of the investment of reserves in development hours this year, as outlined above, the unrestricted reserves at the end of the year went down to £17,225. The Directors are optimistic that we can start to build up our reserves going forwards, with the new contracts in place.

Interchange Sheffield C.I.C.
Directors' Annual Report (continued)
For the year ended 31 March 2016

Directors' responsibilities for the financial statements

Company law requires the directors to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the company at the end of the year and of the surplus or deficiency for the year then ended

In preparing those financial statements, the trustees are required to select suitable accounting policies and then apply them on a consistent basis, making judgements and estimates that are prudent and reasonable. The Trustees must also prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The directors are responsible for keeping proper accounting records which disclose, with reasonable accuracy at any time, the financial position of the company, and enable them to ensure that the financial statements comply with the Companies Act 2006. The directors are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud or other irregularities.

Small company provisions:

This report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The directors declare that they have approved the directors' report above on 19th December 2016

Signed 

Name MARGARET BENNETT

Position DIRECTOR

Interchange Sheffield C.I.C
Independent Examiners' Report
For the year ended 31 March 2016

I report on the accounts of Interchange Sheffield C I C. for the year ended 31 March 2016 which are set out on pages 10 to 15

Interchange Sheffield C I C is **not a registered charity**, however, I have carried out an independent examination based on the procedures required for a registered charity

Respective responsibilities of the trustees and the examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The organisations gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Chartered Institute of Management Accountants

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under section 145 of the 2011 Act,
- to follow the procedures laid down in the General Directions given by the Charity Commissioners (under section 145 (5) (b) of the 2011 Act), and
- to state whether particular matters have come to my attention

Basis of independent examiner's report

My examination was carried out in accordance with the general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep appropriate accounting records in accordance with section 386 of the Companies Act 2006, and
 - to prepare accounts which accord with the accounting records and to comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charitieshave not been met, or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached

Signed Kate Fallon

Date 19th December 2016

Kate Fallon ACMA CGMA
Voluntary Action Sheffield
Community Accountancy Service
The Circle
33, Rockingham Lane
Sheffield S1 4FW

Interchange Sheffield C.I.C.

Statement of financial activities

(incorporating the income and expenditure account)

For the year ended 31 March 2016

	Notes	Unrestricted funds £	Restricted funds £	Total 2016 £	Unrestricted funds £	Restricted funds £	Total 2015 £
Income from							
Donations	2	6,000	3,000	9,000	10,500	-	10,500
Charitable activities	3	52,214	291,846	344,060	45,345	163,397	208,742
Investment Income	4	42	-	42	74	-	74
		<u>58,256</u>	<u>294,846</u>	<u>353,102</u>	<u>55,919</u>	<u>163,397</u>	<u>219,316</u>
Expenditure on							
Charitable Activities	5	62,601	287,645	350,246	100,517	181,392	281,909
Corporation Tax Liability							
		<u>62,601</u>	<u>287,645</u>	<u>350,246</u>	<u>100,517</u>	<u>181,392</u>	<u>281,909</u>
Net income/(expenditure)		(4,345)	7,201	2,856	(44,598)	(17,995)	(62,593)
Transfers between funds	11	(158)	158	-	-	-	-
Net movement in funds		<u>(4,503)</u>	<u>7,359</u>	<u>2,856</u>	<u>(44,598)</u>	<u>(17,995)</u>	<u>(62,593)</u>
Total funds brought forward		21,728	8,727	30,455	66,326	26,722	93,048
Total funds carried forward		<u>17,225</u>	<u>16,086</u>	<u>33,311</u>	<u>21,728</u>	<u>8,727</u>	<u>30,455</u>

Interchange Sheffield C.I.C.

Balance Sheet

As at 31 March 2016

	Notes	Total 2016 £	Total 2015 £
Current assets			
Debtors	9	10,542	7,199
Cash at bank and in hand		44,010	25,133
Total current assets		54,552	32,332
Creditors amounts falling due within one year	10	(21,241)	(1,877)
Net current assets		33,311	30,455
Total assets less current liabilities		33,311	30,455
Creditors amounts falling due after more than one year		-	-
Total net assets		33,311	30,455
Represented by:			
Funds of the Charity			
Unrestricted funds		17,225	21,728
Restricted income funds	11	16,086	8,727
		33,311	30,455

For the year ending 31 March 2016 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006

The director's acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts

These accounts have been prepared in accordance with the provisions applicable to companies subject to small companies' regime

Approved by the Board of Trustees on 19/12 December

Signed on behalf of the board by



(print name) MARGARET BENNETT

Director

Interchange Sheffield C.I.C.

Notes to the Accounts

For the year ended 31 March 2016

1 Accounting Policies

(a) General

The financial statements have been prepared in accordance with Accounting and Reporting by Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The financial statements have also taken early adoption of

The organisation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value. There are no restatements required to any balance.

(b) Income

Income is recognised in line with the time period that the projects delivered, when the organisation has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably. Any income related to project activities occurring beyond the financial year end is deferred to the period in which the project will be delivered.

Project income (grants, contracts and service level agreements) is recognised over the period specified by the funders unless expenditure is incurred early in the project, in which case income will be recognised early to match the expenditure.

Investment income is included when receivable.

(c) Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

(d) Assets

All items of capital expenditure below £500 are written off as incurred.

Depreciation has been calculated to write down the cost or valuation, less estimated residual value, of all tangible fixed assets over their expected useful lives on a straight line basis.

(e) Funds

Unrestricted funds are donations and other income receivable or generated for the objects of the organisation without further specified purpose and are available as general funds.

Restricted funds are to be used for specific purposes as laid down by the funder.

Interchange Sheffield C.I C

Notes to the Accounts For the year ended 31 March 2016

	Unrestricted Funds	Restricted Funds	Total 2016	Unrestricted Funds	Restricted Funds	Total 2015
	£	£	£	£	£	£
2 Income from donations						
Church Burgesses	-	2,000	2,000	2,500	-	2,500
Peace Foundation	4,000	-	4,000	-	-	-
Sheffield Bluecoat & Mt Pleasant Edn Fdn	-	1,000	1,000	3,000	-	3,000
Sheffield Town Trust	2,000	-	2,000	5,000	-	5,000
	6,000	3,000	9,000	10,500	-	10,500

3 Income from charitable activities

	Unrestricted Funds	Restricted Funds	Total 2016	Unrestricted Funds	Restricted Funds	Total 2015
	£	£	£	£	£	£
Sheffield City Council - YVPCS	-	187,000	187,000	-	81,398	81,398
Children In Need (2)	-	23,296	23,296	-	14,317	14,317
The Big Lottery Youth in Focus (VOYCE)	-	36,941	36,941	-	40,595	40,595
Comic Relief (3)	-	35,234	35,234	-	22,087	22,087
CSE	-	5,000	5,000	-	5,000	5,000
Children In Need (3)	-	4,375	4,375	-	-	-
GP Events - Right Here & GP	918	-	918	9,133	-	9,133
Invoiced Consultancy work	49,826	-	49,826	31,353	-	31,353
Other income	1,470	-	1,470	4,859	-	4,859
	52,214	291,846	344,060	45,345	163,397	208,742

4 Investment Income

	Unrestricted Funds	Restricted Funds	Total 2016	Unrestricted Funds	Restricted Funds	Total 2015
	£	£	£	£	£	£
Bank Interest	42	-	42	74	-	74
	42	-	42	74	-	74

5 Charitable Expenditure

	Note	Unrestricted Funds	Restricted Funds	2016	Unrestricted Funds	Restricted Funds	2015
		£	£	£	£	£	£
Salaries	6	52,142	196,964	249,106	85,359	157,606	242,965
Business Support		756	868	1,624	952	705	1,657
Staff and volunteer costs		3,159	7,664	10,823	4,910	6,253	11,163
Office Costs		982	2,766	3,748	549	784	1,333
Project Costs		1,918	2,945	4,863	1,541	607	2,148
Participation		64	1,316	1,380	573	1,046	1,619
Premises costs		733	18,973	19,706	3,615	11,225	14,840
IT Costs		1,922	144	2,066	1,800	1,659	3,459
Grants Paid	7	-	53,877	53,877	-	-	-
Support costs (see below)		925	2,128	3,053	1,218	1,507	2,725
Total charitable expenditure		62,601	287,645	350,246	100,517	181,392	281,909
Support costs							
Independent examiner's fee		440	700	1,140	900	-	900
Other fees to Independent Examiner's organisation for							
Training/ HR and Legal advice/ Payroll Services		485	1,291	1,776	290	1,507	1,797
Legal and Professional fees		-	137	137	28	-	28
		925	2,128	3,053	1,218	1,507	2,725

Interchange Sheffield C.I.C.

Notes to the Accounts - continued For the year ended 31st March 2016

6 Staff Costs

Staff costs include the following costs

	2016 £	2015 £
Salaries	224,934	221,283
Employer's National Insurance	15,197	21,682
Employer's Pension contributions	8,975	-
	249,106	242,965

No employee received emoluments of more than £50,000

The average monthly number of employees during the year was 14.5 (2015 - 13.5)

The company operates a defined contribution pension scheme in respect of the employees. The organisation makes contributions of 6% to the pension scheme on behalf of employees. The scheme and its assets are held by independent managers. The pension charge represents contributions due from the charity and amounted to £8,975 (2015 - nil)

7 Grants paid

The total amount of grants paid are represented by

	Paid from	2016 £	2015 £
Family Action	Sheffield City Council - YVPCS	53,877	-
		53,877	-

The above grant was paid to an organisation rather than an individual. The funds are initially received from Sheffield City Council and were subsequently paid out to the above organisation to deliver the project.

8 Corporation Tax

As the organisation is a Community Interest Company and not a registered charity they are not able to benefit from any charitable tax exemptions and therefore any surplus generated during the financial year is subject to corporation tax.

No corporation tax liability has been recognised in previous financial years as no return requests have been received from HMRC. Following investigation this is as a result of the organisation being registered as dormant since 2012. The Directors will be sending notification to HMRC as soon as possible to rectify this position, which will result in tax returns requiring filing for the past financial years. The Director's believe that because all the activities of the organisation are charitable in nature that the activities fall outside the scope of corporation tax and therefore the corporation tax liability incurred will be minimal, therefore no provision has been made in the accounts currently. This position is being investigated with HMRC.

Interchange Sheffield C.I.C.

Notes to the Accounts - continued For the year ended 31st March 2016

9 Debtors

	2016	2015
	£	£
Trade debtors	9,750	6,473
Other debtors	792	726
	10,542	7,199

10 Creditors amounts falling due within one year

	2016	2015
	£	£
Trade creditors	1,651	977
Accruals	1,620	900
PAYE and NI Creditor	1,385	-
Deferred income - see below	16,585	-
	21,241	1,877

Deferred income	2,016.00	2,015.00
	£	£
Brought forward	-	-
Received in the year	79,490	-
Released in the year	(62,905)	-
	16,585	-

Interchange Sheffield C I C.

Notes to the Accounts - continued For the year ended 31st March 2016

11 Restricted funds

	Brought forward 01/04/2015 £	Income £	Expenditure £	Transfers £	Carried forward 31/03/2016 £
SCC Integrated Service	(158)	-	-	158	-
Sheffield City Council - Emotional Health and Wellbeing	-	187,000	(186,679)	-	321
Children in Need Grant	2,753	23,296	(26,049)	-	-
The Big Lottery Youth in Focus	5,206	36,941	(39,722)	-	2,425
South Yorkshire Community Foundation	926	-	(926)	-	-
Comic Relief - Mind the Gap	-	35,234	(33,654)	-	1,580
CSE	-	5,000	(95)	-	4,905
Children in Need Grant	-	4,375	(520)	-	3,855
Donations	-	3,000	-	-	3,000
	8,727	294,846	(287,645)	158	16,086

Sheffield City Council - Emotional Health and Wellbeing

To provide a service that will build resilience and improve emotional wellbeing outcomes for children and young people in Sheffield including development work, participative and therapeutic group work and 1:1 therapeutic counselling with students, and staff training and consultation

Children in Need - Youth Counselling

This project will deliver counselling to young people who do not engage with statutory services and encourage them to advocate for better services

The Big Lottery Youth in Focus

The Big Lottery funded 'VOYCE' project ran from 2011 to 2015 to provide counselling and emotional well being support to Young Carers, working in partnership with Chilypop and Sheffield Young Carers

South Yorkshire Community Foundation

This small grant enabled the setting up of a short term marketing and development sub group to help the organisation to move forward

CSE (Child Sexual Exploitation)

This grant was to provide counselling and pre-therapy outreach work with young people at risk of Sexual Exploitation and was administered via South Yorkshire Community Foundation

Comic Relief - Mind the Gap

The project seeks to develop closer links with statutory services such as CAMHS, so that young people who need more specialist help can be supported onwards. Those who do not meet the threshold can be helped to find alternative support, either with Interchange or with other voluntary sector agencies

Children in Need - Youth Residential Project

This project will deliver a residential and group work to young people experiencing mental health problems in order to empower them to improve access to services. Project start date 1st Sept 2015

12 Directors Remuneration, benefits and expenses

Theresa Connolly is employed by CIC as Director of Services and receives a salary for her service and is reimbursed expenses where appropriate. No other directors received any remuneration, benefits or expenses

There were no other related party transactions during the year

100102/15

CIC 34

Community Interest Company Report

For official use
(Please leave blank)

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*Please
complete in
typescript, or
in bold black
capitals.*

**Company Name in
full**

Interchange Sheffield CiC

Company Number

8237482

Year Ending

31 3.2016

This template illustrates what the Regulator of Community Interest Companies considers to be best practice for completing a simplified community interest company report. All such reports must be delivered in accordance with section 34 of the Companies (Audit, Investigations and Community Enterprise) Act 2004 and contain the information required by Part 7 of the Community Interest Company Regulations 2005. For further guidance see chapter 8 of the Regulator's guidance notes and the alternate example provided for a more complex company with more detailed notes.

(N.B. A Filing Fee of £15 is payable on this document. Please enclose a cheque or postal order payable to Companies House)

PART 1 - GENERAL DESCRIPTION OF THE COMPANY'S ACTIVITIES AND IMPACT

In the space provided below, please insert a general account of the company's activities in the financial year to which the report relates, including a description of how they have benefited the community.

The company's activities provide benefit to children and young people up to the age of 25 years and their families in the Sheffield area. The company provides services to promote, protect and improve the mental health and wellbeing of children and young people by the provision of counselling and other services.

The current programme is working with upwards of 300 young people per year from a number of vulnerable groups including Young Carers, Young People at risk of Sexual Exploitation, involvement in youth Justice system or dropping out of Education, Employment or Training (NEETS). We work both in schools and in community settings to provide young people with a choice of how to access help in non-stigmatising ways.

The benefits of counselling include increased well-being and ability to cope with problems for the child / young person, but this is also beneficial to the parents/carers and workers when things improve for the young person they are supporting.

The wider community also benefits when young people are supported to address the underlying issues that can otherwise lead to anti-social behaviour, school exclusions or increased drug and alcohol use.

(If applicable, please just state "A social audit report covering these points is attached").

(Please continue on separate continuation sheet if necessary.)

PART 2 – CONSULTATION WITH STAKEHOLDERS – Please indicate who the company's stakeholders are; how the stakeholders have been consulted and what action, if any, has the company taken in response to feedback from its consultations? If there has been no consultation, this should be made clear

Young people play an important part in advising, developing and helping to run the activities of the company, which will benefit both them and the company to make sure it offers services that young people themselves use and value

We have a service user group called the Mental Health Ambassadors who advise us on service design and delivery. Each year we send out a customer satisfaction survey called 'How are we doing?' to give us feedback from both service users and professionals that refer to us. We then report back to them on what we have done in response to their comments.

This year, the Ambassadors also helped the Directors to refresh the organisation's business plan and vision, and their views will be fully taken on board when the new Business Plan is finalised.

(If applicable, please just state "A social audit report covering these points is attached")

PART 3 – DIRECTORS' REMUNERATION – if you have provided full details in your accounts you need not reproduce it here. Please clearly identify the information within the accounts and confirm that, "There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed" (See example with full notes). If no remuneration was received you must state that "no remuneration was received" below.

See note 12 on Page 15 of the Annual Accounts.

There were no other transactions or arrangements in connection with the remuneration of directors, or compensation for director's loss of office, which require to be disclosed

PART 4 – TRANSFERS OF ASSETS OTHER THAN FOR FULL CONSIDERATION – Please insert full details of any transfers of assets other than for full consideration e.g Donations to outside bodies. If this does not apply you must state that "no transfer of assets other than for full consideration has been made" below.

No transfer of assets other than for full consideration has been made.

(Please continue on separate continuation sheet if necessary)

PART 5 – SIGNATORY

The original report must be signed by a director or secretary of the company

Signed

T. A. Connolly

Date

19/12/16

Office held (delete as appropriate)

Director

You do not have to give any contact information in the box opposite but if you do, it will help the Registrar of Companies to contact you if there is a query on the form. The contact information that you give will be visible to searchers of the public record.

Teri Connolly	
Star House, 43 Division Street	
Sheffield	
S1 4GE	Tel 0114 2016672
DX Number	DX Exchange

When you have completed and signed the form, please attach it to the accounts and send both forms by post to the Registrar of Companies at:

For companies registered in England and Wales: Companies House, Crown Way, Cardiff, CF14 3UZ
DX 33050 Cardiff

For companies registered in Scotland: Companies House, 4th Floor, Edinburgh Quay 2, 139
Fountainbridge, Edinburgh, EH3 9FF DX 235 Edinburgh or LP – 4 Edinburgh 2

For companies registered in Northern Ireland: Companies House, 2nd Floor, The Linenhall, 32-38
Linenhall Street, Belfast, BT2 8BG

The accounts and CIC34 cannot be filed online

(N.B. Please enclose a cheque for £15 payable to Companies House)