

**Unaudited Financial Statements for the Year Ended 31 March 2021**

**for**

**Check Up From The Neck Up Ltd**

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**for the Year Ended 31 March 2021**

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**Check Up From The Neck Up Ltd**

**Company Information**  
**for the Year Ended 31 March 2021**

**DIRECTORS:**

Dr A Ismail  
Mrs K W R Ismail

**REGISTERED OFFICE:**

21 Cromwell Way  
Penwortham  
Preston  
Lancashire  
PR1 9SB

**REGISTERED NUMBER:**

07998789 (England and Wales)

**Check Up From The Neck Up Ltd (Registered number: 07998789)**

**Balance Sheet**  
**31 March 2021**

	Notes	31.3.21 £	£	31.3.20 £	£
<b>FIXED ASSETS</b>					
Tangible assets	4		311,621		312,026
<b>CURRENT ASSETS</b>					
Debtors	5	43,884		-	
Cash at bank		<u>204,291</u>		<u>162,759</u>	
		248,175		162,759	
<b>CREDITORS</b>					
Amounts falling due within one year	6	<u>167,291</u>		<u>76,486</u>	
<b>NET CURRENT ASSETS</b>			<u>80,884</u>		<u>86,273</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			392,505		398,299
<b>CREDITORS</b>					
Amounts falling due after more than one year	7		<u>161,802</u>		<u>170,342</u>
<b>NET ASSETS</b>			<u><u>230,703</u></u>		<u><u>227,957</u></u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital			100		100
Retained earnings			<u>230,603</u>		<u>227,857</u>
<b>SHAREHOLDERS' FUNDS</b>			<u><u>230,703</u></u>		<u><u>227,957</u></u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

The notes form part of these financial statements

**Check Up From The Neck Up Ltd (Registered number: 07998789)**

**Balance Sheet - continued**  
**31 March 2021**

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors and authorised for issue on 29 December 2021 and were signed on its behalf by:

Dr A Ismail - Director

The notes form part of these financial statements

**Notes to the Financial Statements**  
**for the Year Ended 31 March 2021**

1. **STATUTORY INFORMATION**

Check Up From The Neck Up Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. **ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery	- 15% on reducing balance
Computer equipment	- 33% on reducing balance

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

3. **EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 2 (2020 - 2) .

4. **TANGIBLE FIXED ASSETS**

	Freehold property £	Plant and machinery £	Computer equipment £	Totals £
<b>COST</b>				
At 1 April 2020 and 31 March 2021	309,406	5,766	1,365	316,537
<b>DEPRECIATION</b>				
At 1 April 2020	-	3,208	1,303	4,511
Charge for year	-	384	21	405
At 31 March 2021	-	3,592	1,324	4,916
<b>NET BOOK VALUE</b>				
At 31 March 2021	309,406	2,174	41	311,621
At 31 March 2020	309,406	2,558	62	312,026

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 March 2021**

5.	<b>DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	31.3.21	31.3.20
		£	£
	Trade debtors	<u>43,884</u>	<u>-</u>
6.	<b>CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR</b>	31.3.21	31.3.20
		£	£
	Bank loans and overdrafts	20,751	32,530
	Taxation and social security	18,332	8,242
	Other creditors	<u>128,208</u>	<u>35,714</u>
		<u>167,291</u>	<u>76,486</u>
7.	<b>CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR</b>	31.3.21	31.3.20
		£	£
	Bank loans	<u>161,802</u>	<u>170,342</u>
8.	<b>ULTIMATE CONTROLLING PARTY</b>		
	The ultimate controlling party is Dr A Ismail.		

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.