REGISTERED NUMBER: 07998789 (England and Wales)

Unaudited Financial Statements for the Year Ended 31 March 2019

<u>for</u>

Check Up From The Neck Up Ltd

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Check Up From The Neck Up Ltd

Company Information for the Year Ended 31 March 2019

DIRECTORS: Dr A Ismail

Mrs K W R Ismail

REGISTERED OFFICE: 21 Cromwell Way

Penwortham Preston Lancashire PR1 9SB

REGISTERED NUMBER: 07998789 (England and Wales)

Balance Sheet 31 March 2019

		31.3.19		31.3.18	
	Notes	£	£	£	£
FIXED ASSETS					
Tangible assets	4		257,784		3,680
CURRENT ASSETS					
Debtors	5	10,920		38,370	
Cash at bank		250,918		260,628	
		261,838		298,998	
CREDITORS					
Amounts falling due within one year	6	56,755		40,852	
NET CURRENT ASSETS			205,083		258,146
TOTAL ASSETS LESS CURRENT					
LIABILITIES			462,867		261,826
CREDITORS					
Amounts falling due after more than one					
year	7		194,562		_
NET ASSETS			268,305		261,826
CAPITAL AND RESERVES					
Called up share capital			100		100
Retained earnings			268,205		261,726
SHAREHOLDERS' FUNDS			268,305		261,826

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and
 - preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of
- (b) each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

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Balance Sheet - continued 31 March 2019

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the Board of Directors on 31 December 2019 and were signed on its behalf by:

Dr A Ismail - Director

Notes to the Financial Statements for the Year Ended 31 March 2019

1. STATUTORY INFORMATION

Check Up From The Neck Up Ltd is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Turnover

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 15% on reducing balance Computer equipment - 33% on reducing balance

3. EMPLOYEES AND DIRECTORS

The average number of employees during the year was 2 (2018 - 2).

4. TANGIBLE FIXED ASSETS

		Freehold property £	Plant and machinery £	Computer equipment	Totals £
	COST				
	At 1 April 2018	-	5,766	1,365	7,131
	Additions	254,681			254,681
	At 31 March 2019	<u>254,681</u>	5,766	1,365	261,812
	DEPRECIATION				
	At 1 April 2018	-	2,225	1,226	3,451
	Charge for year	_	531	<u>46</u>	577
	At 31 March 2019	_	2,756	1,272	4,028
	NET BOOK VALUE				
	At 31 March 2019	254,681	3,010	<u>93</u>	<u>257,784</u>
	At 31 March 2018		3,541	139	3,680
5.	DEBTORS: AMOUNTS FALLING DU	E WITHIN ONE YEAR			
				31.3.19	31.3.18
	Trade debtors			<u>10,920</u>	£ 38,370

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Notes to the Financial Statements - continued for the Year Ended 31 March 2019

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

		31.3.19	31.3.18
		£	£
	Bank loans and overdrafts	32,530	-
	Taxation and social security	11,038	24,093
	Other creditors	13,187	16,759
		56,755	40,852
7.	CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR		
		31.3.19	31.3.18
		£	£
	Bank loans	194,562	

8. ULTIMATE CONTROLLING PARTY

The ultimate controlling party is Dr A Ismail.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.