Registered Number 07924345

A-B CARGO EXPRESS LTD

Abbreviated Accounts

31 January 2016

Abbreviated Balance Sheet as at 31 January 2016

	Notes	2016	2015
		£	£
Fixed assets			
Tangible assets	2	2,295	3,442
		2,295	3,442
Current assets			
Debtors		6,746	5,813
Cash at bank and in hand		13,309	13,678
		20,055	19,491
Creditors: amounts falling due within one year		(6,252)	(8,293)
Net current assets (liabilities)		13,803	11,198
Total assets less current liabilities		16,098	14,640
Total net assets (liabilities)		16,098	14,640
Capital and reserves			
Called up share capital		1	1
Profit and loss account		16,097	14,639
Shareholders' funds		16,098	14,640

- For the year ending 31 January 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 27 October 2016

And signed on their behalf by:

BOLA ADENIJI, Director

Notes to the Abbreviated Accounts for the period ended 31 January 2016

1 Accounting Policies

Basis of measurement and preparation of accounts

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities.

Turnover policy

Turnover represents the value, net of value added tax and discounts, of goods provided to customers and work carried out in respect of services provided to customers.

Tangible assets depreciation policy

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

2 Tangible fixed assets

	£
Cost	
At 1 February 2015	7,577
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 January 2016	7,577
Depreciation	
At 1 February 2015	4,135
Charge for the year	1,147
On disposals	-
At 31 January 2016	5,282
Net book values	
At 31 January 2016	2,295
At 31 January 2015	3,442

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