Registered Number 07840165

VITALITY 360 LTD

Abbreviated Accounts

30 November 2012

VITALITY 360 LTD **Registered Number 07840165**

Abbreviated Balance Sheet as at 30 November 2012

	Notes	2012
		£
Fixed assets		
Tangible assets	2	494
		494
Current assets		
Debtors		9,144
Cash at bank and in hand		19,122
		28,266
Creditors: amounts falling due within one year		(13,080)
Net current assets (liabilities)		15,186
Total assets less current liabilities		15,680
Total net assets (liabilities)		15,680
Capital and reserves		
Called up share capital	3	1
Profit and loss account		15,679
Shareholders' funds		15,680

- For the year ending 30 November 2012 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 18 July 2013

And signed on their behalf by:
Jessica Bavinton, Director

Notes to the Abbreviated Accounts for the period ended 30 November 2012

1 Accounting Policies

Basis of measurement and preparation of accounts
The unaudited financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

Turnover policy
Turnover represents the gross value of goods provided to customers and work carried out in respect of services provided to customers.

Tangible assets depreciation policy
Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Computer equipments 25% straight line

2 Tangible fixed assets

	£
Cost	
Additions	659
Disposals	-
Revaluations	-
Transfers	-
At 30 November 2012	659
Depreciation	
Charge for the year	165
On disposals	-
At 30 November 2012	165
Net book values	
At 30 November 2012	494

3 Called Up Share Capital

Allotted, called up and fully paid:

	2012
	£
1 Ordinary shares of £1 each	1