

**Unaudited Financial Statements for the Year Ended 30 September 2019**

**for**

**Advance Nutrition Limited**

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**for the Year Ended 30 September 2019**

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**Advance Nutrition Limited**

**Company Information**  
**for the Year Ended 30 September 2019**

**DIRECTOR:** Mrs C Bailey

**SECRETARY:**

**REGISTERED OFFICE:** 8 The Knapp  
Earley  
Reading  
Berkshire  
RG6 7DD

**REGISTERED NUMBER:** 07784398 (England and Wales)

**ACCOUNTANTS:** Peter Upton  
Bridge House  
2 Bridge Avenue  
Maidenhead  
Berkshire  
SL6 1RR

**Balance Sheet**  
**30 September 2019**

	Notes	30.9.19 £	£	30.9.18 £	£
<b>FIXED ASSETS</b>					
Tangible assets	4		22,828		28,108
Investments	5		<u>65,000</u>		<u>-</u>
			87,828		28,108
<b>CURRENT ASSETS</b>					
Debtors	6	5,676		8,941	
Cash at bank		<u>53,418</u>		<u>114,454</u>	
		59,094		123,395	
<b>CREDITORS</b>					
Amounts falling due within one year	7	<u>15,941</u>		<u>22,458</u>	
<b>NET CURRENT ASSETS</b>			<u>43,153</u>		<u>100,937</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>			130,981		129,045
<b>PROVISIONS FOR LIABILITIES</b>	8		<u>3,765</u>		<u>5,621</u>
<b>NET ASSETS</b>			<u>127,216</u>		<u>123,424</u>
<b>CAPITAL AND RESERVES</b>					
Called up share capital	9		100		100
Retained earnings	10		<u>127,116</u>		<u>123,324</u>
<b>SHAREHOLDERS' FUNDS</b>			<u>127,216</u>		<u>123,424</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2019 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges her responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

**Balance Sheet - continued**  
**30 September 2019**

The financial statements have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

In accordance with Section 444 of the Companies Act 2006, the Income Statement has not been delivered.

The financial statements were approved by the director on 16 December 2019 and were signed by:

Mrs C Bailey - Director

**Notes to the Financial Statements**  
**for the Year Ended 30 September 2019**

**1. STATUTORY INFORMATION**

Advance Nutrition Limited is a private company, limited by shares, registered in England and Wales. The company's registered number and registered office address can be found on the Company Information page.

**2. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

These financial statements have been prepared in accordance with Financial Reporting Standard 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" including the provisions of Section 1A "Small Entities" and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Turnover**

Turnover is measured at the fair value of the consideration received or receivable, excluding discounts, rebates, value added tax and other sales taxes.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc - 25% on cost and 10% on cost

**Taxation**

Taxation for the year comprises current and deferred tax. Tax is recognised in the Income Statement, except to the extent that it relates to items recognised in other comprehensive income or directly in equity.

Current or deferred taxation assets and liabilities are not discounted.

Current tax is recognised at the amount of tax payable using the tax rates and laws that have been enacted or substantively enacted by the balance sheet date.

**Deferred tax**

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date.

Timing differences arise from the inclusion of income and expenses in tax assessments in periods different from those in which they are recognised in financial statements. Deferred tax is measured using tax rates and laws that have been enacted or substantively enacted by the year end and that are expected to apply to the reversal of the timing difference.

Unrelieved tax losses and other deferred tax assets are recognised only to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits.

**Pension costs and other post-retirement benefits**

The company operates a defined contribution pension scheme. Contributions payable to the company's pension scheme are charged to profit or loss in the period to which they relate.

**Financial instruments**

Basic financial instruments are recognised at amortised cost, except for investments in non convertible preference and non-puttable ordinary shares which are measured at fair value, with changes recognised in profit or loss. Derivative financial instruments are initially recorded at cost and thereafter at fair value with changes recognised in profit or loss.

**3. EMPLOYEES AND DIRECTORS**

The average number of employees during the year was 4 (2018 - 4).

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2019**

**4. TANGIBLE FIXED ASSETS**

	Improvements to property £	Fixtures and fittings £	Office & sundry equipment £	Totals £
<b>COST</b>				
At 1 October 2018	38,902	1,000	13,490	53,392
Additions	-	-	832	832
At 30 September 2019	<u>38,902</u>	<u>1,000</u>	<u>14,322</u>	<u>54,224</u>
<b>DEPRECIATION</b>				
At 1 October 2018	15,561	1,000	8,723	25,284
Charge for year	3,890	-	2,222	6,112
At 30 September 2019	<u>19,451</u>	<u>1,000</u>	<u>10,945</u>	<u>31,396</u>
<b>NET BOOK VALUE</b>				
At 30 September 2019	<u>19,451</u>	<u>-</u>	<u>3,377</u>	<u>22,828</u>
At 30 September 2018	<u>23,341</u>	<u>-</u>	<u>4,767</u>	<u>28,108</u>

**5. FIXED ASSET INVESTMENTS**

	Other loans £
New in year	65,000
At 30 September 2019	<u>65,000</u>

**6. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	30.9.19 £	30.9.18 £
Trade debtors	5,037	8,941
Other debtors	194	-
Directors' current accounts	445	-
	<u>5,676</u>	<u>8,941</u>

**7. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	30.9.19 £	30.9.18 £
Trade creditors	206	-
Tax	10,015	13,397
VAT	4,498	7,832
Other creditors	22	-
Directors' current accounts	-	29
Accrued expenses	1,200	1,200
	<u>15,941</u>	<u>22,458</u>

**Notes to the Financial Statements - continued  
for the Year Ended 30 September 2019**

**8. PROVISIONS FOR LIABILITIES**

	30.9.19	30.9.18
	£	£
Deferred tax	<u>3,765</u>	<u>5,621</u>
		Deferred tax
		£
Balance at 1 October 2018		5,621
Provided during year		<u>(1,856)</u>
Balance at 30 September 2019		<u>3,765</u>

**9. CALLED UP SHARE CAPITAL**

Allotted, issued and fully paid:				
Number:	Class:	Nominal value:	30.9.19	30.9.18
			£	£
100	Ordinary	£1	<u>100</u>	<u>100</u>

**10. RESERVES**

	Retained earnings
	£
At 1 October 2018	123,324
Profit for the year	38,792
Dividends	<u>(35,000)</u>
At 30 September 2019	<u>127,116</u>

**11. ULTIMATE CONTROLLING PARTY**

The ultimate controlling party is Mrs C Bailey.



This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.