



Companies House

**AR01** (ef)

**Annual Return**



Received for filing in Electronic Format on the: **14/03/2014**

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*Company Name:* **C & L FOODS DISTRIBUTION LTD**

*Company Number:* **07360338**

*Date of this return:* **10/02/2014**

*SIC codes:* **56101**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **123 CITY ROAD  
LONDON  
EC1V 1JB**

**Officers of the company**

*Company Director*    **1**

*Type:*                            **Person**  
*Full forename(s):*            **MS SARA**

*Surname:*                      **COUTINO**

*Former names:*

*Service Address recorded as Company's registered office*

*Country/State Usually Resident:*    **ENGLAND**

*Date of Birth:*    **18/07/1937**                            *Nationality:*    **PORTUGUESE**

*Occupation:*    **PROPRITOR**

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## Statement of Capital (Share Capital)

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<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>1000</b>
		<i>Aggregate nominal value</i>	<b>1000</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>1</b>
		<i>Amount unpaid per share</i>	<b>0</b>

*Prescribed particulars*

**EACH SHARE IS ENTITLED TO ONE VOTE IN ANY CIRCUMSTANCES**

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## Statement of Capital (Totals)

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<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>1000</b>
		<i>Total aggregate nominal value</i>	<b>1000</b>

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## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 10/02/2014 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **1000 ORDINARY shares held as at the date of this return**  
*Name:* **SARA COUTNIO**

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## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.