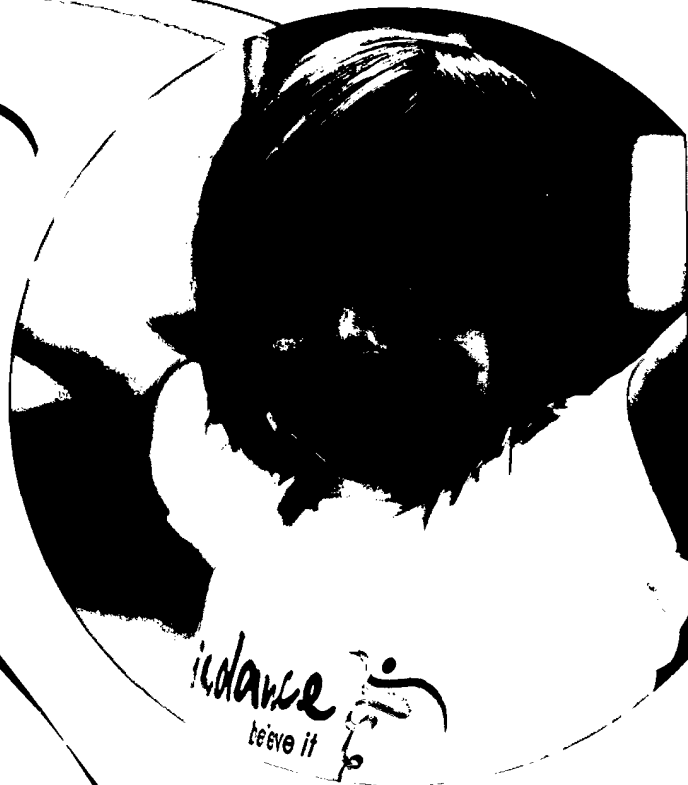


icandance

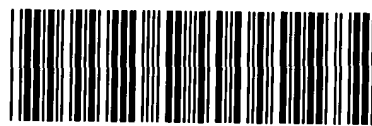
believe it

twitter.com/icandanceuk/



"Having a community to which she clearly feels a bond and a belonging."

SATURDAY



\*AB3ZI24P\*

A11

14/05/2022

#106

COMPANIES HOUSE

**ANNUAL REPORT**  
2020-2021



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Thank You to Our 2020-21 Funders and  
icandance Team

Back cover

## SECTION 1

### Welcome from our Chair



Reflecting on the extraordinary times we have been living in during 2020 and 2021 one can only commend the resilience shown by the icandance community.

Adapting to full online classes has been a huge step for the dancers, families, teachers and volunteers. The focused determination of the icandance team to deliver a personalised virtual experience is hugely impressive. Sticking to the core principles of understanding the children and young adults proved very successful. The weekly sessions and group events allowed the dancers to flourish and express themselves. Families and friends were able to participate in multiple celebratory group events in the period.

Fundraising is always a key focus for all charities and it gets more difficult each year. The success we have seen by targeting our core areas of community, arts, expression, youth and disability has seen the highest level of success since inception. This has resulted in long term grants and more stable funding, which will help with future planning and investment to make the icandance experience even better.

Personally knowing the charity since 2010, I enjoyed attending many events over the years and was delighted to join as a trustee in January 2019. Taking over the Chair position in September 2021, following superb direction from April Sethi and Jan de Kok was an honour. icandance is stronger now than I have ever experienced in the past 12 years. This strength is driven by an experienced executive team led by Juliet, record number of dancers, continuous volunteer training, multiple two-way community partnerships, a committed workforce and a very diverse trustee group.

The team remains very focused on the exciting months and years ahead. We have reached milestones with many more to come. Thanks for your trust and support.

With best wishes,

Caroline Bradley,  
**Chair of the Board of Trustees**



## Review of the Year from our Founder CEO



Being adaptable, even at a moment's notice, is familiar to any family living with a child or young adult with learning disabilities.



The ability to be flexible is central to responding inclusively to the needs of those with disabilities. New ways of working, and a redefinition of what is important, have become an organisational and personal imperative, as we meet the needs of our community through the pandemic. Keeping within the ethos of icandance, we have focused not on what can't be done, but what CAN be achieved in meeting the needs of our dancers, their families and our team.

We started the year with an online offer, challenging ourselves to bring the uniqueness of our approach to the screen and into the homes of our community. This was not without teething problems but our motive was clear; to keep our community connected, to keep families dancing and to make sure children and young people felt held in mind, even when not in body. Alongside the online group sessions we offered an individual, face to face session to every dancer. Though the individual sessions offered dancers a transition from online dancing to being in person, it was apparent they were all missing something – their peers.

Their online companions had consistently accompanied them each week as we navigated lockdown and dancing online. It was evident that everyone was eager to reacquaint themselves with each other in person.

In the summer term we were able to meet in person, though under different circumstances, as we still maintained social distancing, parents/carers in the room for support, mask wearing and rigorous cleaning routines. We focused on keeping everyone as safe as possible whilst not forgetting to allow the fun in being back together in person. I will never forget the delight of meeting together in person for the first time after a year of being apart. I was moved to tears to see and feel the absolute, pure joy of each dancer in being back to their dancing home and amongst their friends.

Our summer term is synonymous with theatre preparations which unfortunately weren't possible this year. Responding creatively, we offered an online celebration that allowed dancers to share their dancing story as well as to dance together. Friends and family from around the globe were able to participate and our community could meet and connect, albeit not in person.

We also offered face-to-face performances in small groups, so dancers were able to wear costumes and be cheered by family and peers, while remembering they were part of a larger creative dancing community.

We hosted our first icandance graduation with dancers who have been with us from the charity's very beginnings. Finding ways to be heard and seen is vital for people with learning disabilities. The launch of our Young Ambassadors at the beginning of this year offered our dancers an opportunity to be the voice of icandance and share ideas, views and be part of events. This has been hugely successful all made possible by working online.

While the pandemic forced us to revisit our way of working, the relationships we fostered throughout it were rooted in existing partnerships. It became evident that, because we had built and maintained nurturing relationships before the crisis unfolded, we could support families at a time when they were feeling most vulnerable and isolated. Supporting our team was also key and funded wellbeing sessions for team members made sure that their needs were managed too.

Considering the needs of all members of society should never be a crisis response only. It should be part of day-to-day practice as everyone, regardless of need, is welcomed and valued as an equal member of society.

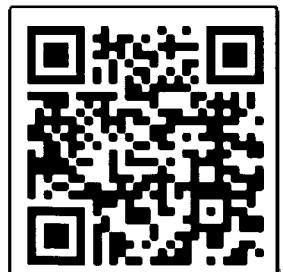
Whilst the year ahead remains uncertain it is with absolute belief in the resilience of our dancers, the families which support them, and the team who are driven by a passion to make a change in our community that we step forward with hope, commitment and belief in the power of community.

As you read about our work during this extraordinary year I invite you to experience some of it digitally. If you're reading this report on a device you can click on the hyperlinks, or if you're viewing a printed copy, you can scan the QR codes.

icandance Summer 2021: <https://www.youtube.com/watch?v=8HnNn8fZxBo>



**Juliet Diener**



## icandance At A Glance

We celebrate disabled children and young people, empowering them through dance and performance.  
icandance is a creative, therapeutic community that caters for the needs of children, young people and their families with lived experience of disabilities.



**914**  
individual logins  
for online  
community  
events.

**182**  
Dancers

**354**  
hours of  
dance (online  
and in person)

**54**  
hours of individual  
Dance Movement  
Psychotherapy.

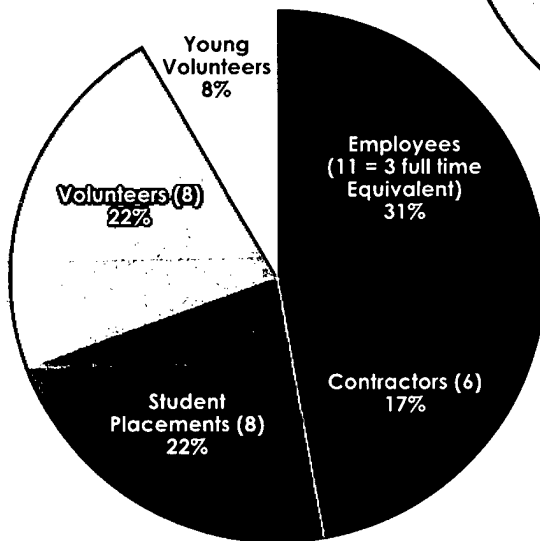
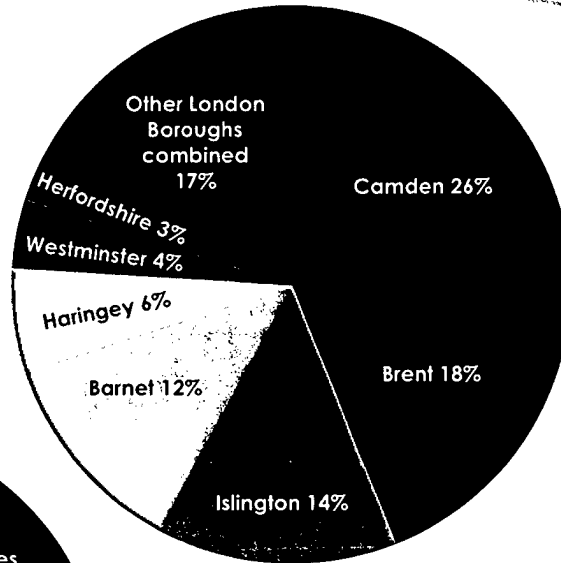
**2312**  
attendances

**190**  
individual logins  
to online  
performance  
events.



**22**  
hours of Parent  
Therapy Group  
sessions

## Where our dancers came from in 2020-21



## The icandance Team 2020-21 Breakdown

## Our Goals

Our work is guided by our dancers, their families and our mission to achieve our goals which are:

### 1. Nurture wellbeing, creativity and learning:

Disabled children and young people can gain new skills, express themselves, feel fulfilled, connected and seen.

### 2. Build support and community:

Families feel part of a creative, therapeutic community which develops their understanding and skills to better support their child.

### 3. Change perspectives:

The performances of disabled children and young people are celebrated so that professionals and the wider community reimagine difference and dance as they are informed by researched approaches.

## Section 2

### Report of the Trustees for the period of 1st August 2020 to 31st July 2021

The Trustees present their report and financial statements for the period ended 31st July 2021.

#### Structure, Governance and Management

icandance is a company limited by guarantee and governed by its Memorandum and Articles of Association.



**"We value the respect and the support given to the**

#### Board of Trustees:

**Caroline Bradley** (Chair)

**April Sethi** (Chair, Resigned 25.11.2021)

**Simon Goldsmith** (Treasurer)

**Rebecca McVeigh** (Treasurer, appointed 10.06.2021; Resigned 25.11.2021)

**Nick Francis** (Resigned 25.11.2021)

**Neil Cox**

**Rupert Pearce**

**Dahlia Dajani**

**Renata Mendonca De Mello** (appointed 3.02.2022)

**Bavaani Nanthabalan** (appointed 3.02.2022)

icandance continues to make the recruitment of skilled, experienced Trustees a priority to further strengthen the board and drive our vision forward. We also continue to seek applicants from diverse ethnic backgrounds and whom identify as disabled.

#### Management

Our Executive Team manages icandance on a weekly basis and reports to trustees on operational outputs. The Executive Team ensures that icandance delivers its vision and purpose each week to every child and their family. They are:

**Juliet Diener** (Founder & Chief Executive Officer)

**Lewis Dryburgh** (Chief Operating Officer)

**Peter Laycock** (Head of Creative Programmes)



## icandance In Action

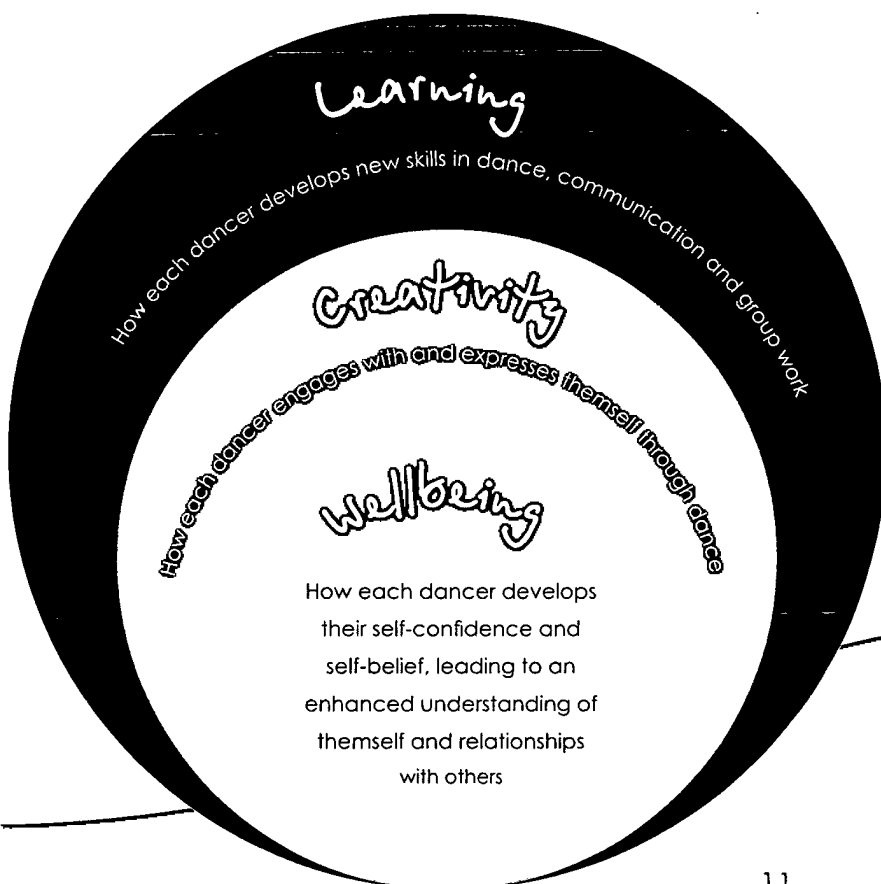
Our distinctive approach incorporates elements from Dance Movement Psychotherapy, traditional dance teaching methods and Special Educational Needs techniques. All our lead facilitators are skilled Dance Movement Psychotherapists, ensuring we are able to consider how a dancer feels before we think about what they do. We work with up to 12 children and young people in each session, with a high ratio of team members to dancers (usually 1:1 or 2:1). Each participant is assigned a team member as their dance partner who works with them each week, building a trusted relationship with the child and their family.

Our specialist work is built on three crucial components:

- **Wellbeing:** When a child joins us through self-referral or from a professional recommendation from a teacher or doctor, we first focus on building their emotional security and trust. Using verbal and non-verbal interventions we support the child to feel safe enough to explore creatively through movement and develop their curiosity.

## Child and the family."

- **Creativity:** With a trusted partnership and emerging self-confidence, the child or young person explores how their body moves, feels and creates with others. We encourage the dancers to find their naturally emerging movement patterns before applying structure. Dancers create new shapes and moves with each other while being skilfully encouraged by our team.



- **Learning:** We build on and shape the dancer's own ideas by introducing specific steps and skills to develop their learning. Every step of our approach is tailored to the dancer and their level of ability and engagement. The cycle is continuous and sensitive to changes for the dancer and their family.



## Measuring our Impact

We work closely with families to devise individualised focuses for each dancer in each of our three monitoring areas. As our dancers adapted to working online and developed new skills with technology, our team adapted its approach to monitoring to better support each dancer in the online world. When face-to-face sessions were possible again, our primary focus was to reintegrate each dancer safely back into the dance space.

Feedback from our dancers' families has been even more vital than ever in helping us to understand the impact of our work and our progress towards our goals.

We undertook individual parent feedback sessions throughout June and July, and gathered qualitative and quantitative feedback from families through our annual impact and review of service survey. Here are their views in response to our charity goals.



## Goal 1: Nurture Wellbeing, Creativity and Learning

### Wellbeing

How a dancer develops their self-confidence and self-belief, leading to an enhanced understanding of themselves and relationships with others.



**“icandance is a very valuable contribution to my child’s life and wellbeing.”**

**94%**  
believe attending  
icandance has  
developed their  
child’s self-  
confidence.

**77%**  
believe their  
child feels less  
isolated and lonely  
by attending  
icandance.

**100%**  
believe being  
part of icandance  
makes their child  
happier.

**81%**  
believe their  
child has made  
friendships at  
icandance.

**88%**  
believe icandance’s  
live online sessions  
supported their  
child’s wellbeing  
during  
lockdown.

# Creativity

How a dancer engages with and expresses themselves through dance.

**100%**

believe icandance offers their child a weekly outlet for creative expression.

**97%**

believe their child has an increased enjoyment of dance through attending icandance.

**87%**

believe their child has developed an increased range of movements/ gestures to enhance communication through attending icandance.

**87%**

believe their child has developed an increased awareness of their body in space by attending icandance.

**94%**

believe their child has developed an increased awareness of music, rhythms and tempos by attending icandance.

"He really likes

**the freedom**

**in the sessions to**

**express himself**

**in his own way. He really**

**values**

**being around a group of**

**familiar people**

**and the**

**sense of welcome**

**that they offer."**

"He is already showing so much progress in his development



# Learning

How a dancer develops new skills in dance, communication and group work.

- Each dancer and their family received an individualised certificate and copy of our 2019-20 Annual Report in the post following the Winter Celebrations sessions at the end of the Autumn term.
- We hosted our first icandance graduation in July 2021 as we celebrated the achievements of six graduates who have been with icandance over a decade. The graduates will now join our Alumni Group and continue to be members of the icandance community.

90%

believe one or more of their child's practical dance/movement skills (strength, coordination, flexibility, mobility, balance) have improved through attending icandance.

84%

believe that being part of icandance has improved their child's social interactions.

90%

believe icandance plays a vital part in their child's overall development.

"icandance is one of the **highlights** of her week.

We strongly believe that it has really contributed to her **sense of self** and her **growing independence** and the **skills and enthusiasm** she has learnt in her classes are beginning to **manifest** in her daily life."



of communication."

71%

believe icandance has helped to improve their child's communication skills.



## Goal 2: Build Support and Community

**94%**

feel part of a  
community by being  
part of icandance.

**87%**

say icandance offers  
them/their family  
valuable respite.

**77%**

believe being part  
of icandance has  
developed their  
understanding and  
skills to better support  
their child.

**"Great use of the zoom format.  
A sense of community  
was built and  
positive attitude  
helped in difficult times."**

- icandance was nominated and shortlisted for the Camdenist Covid Community Champions Awards in the category of 'Diversity and Equality Leaders'.
- Following pilot programmes in recent years, we obtained funding for a new programme of three Parent Therapy groups: two catering for parents of primary aged children, and one for those with secondary aged children. Facilitated by Dr. Sara Bannerman Haig, Dr Caroline Frizell and our CEO Juliet Diener, the groups ran from October 2020 to June 2021, with 16 parents participating. The consulting therapists and Juliet have built on this opportunity to develop research on supporting parents with disabled children, which has obtained ethical approval from Goldsmith's University. The title of the research is 'Defining an embodied co-facilitated approach to group process in supporting parents of disabled children.'

**"The online sessions were a lifeline for our family - and we found it very easy to be part of it."**

## Wellbeing for team members

Ensuring everyone in our community continued to feel supported during the pandemic, we offered a range of activities to connect and create space for our team members.

4  
hours of  
online team  
yoga

"The team wellbeing yoga was just what I needed, I felt connected to the icandance team and community, and was able feel relaxed and share a restorative mind and body experience. This not only allowed me to feel more present but re-energised me to hold the space for our community during a very difficult time in lockdown."

5.5  
hours of  
individual  
wellbeing  
check-ins

"I really enjoyed the session. I really liked having this space to reconnect and take care of my body and it was lovely to be able to do that as part of the icandance team."

43.5  
Hours of  
supervision



### Goal 3: Change Perspectives

**“Presenting the online events was an  
exhilarating yet  
heart-warming experience  
to advocate for the prominence of  
inclusive communities.**

**It was especially incredible to see the  
audience’s growing  
appreciation for  
inclusive dance!”**

***Emily Farruku, icandance Young Ambassador  
and member of iam Dance Company***



The pandemic has challenged us to explore new ways of working to keep our community connected, and to share our work with new audiences.

- In January 'Let's Dance', our online family dance party, was accessed by 53 unique logins with an estimated 80 individuals taking part from across and beyond our community.
- In March, 59 people joined us online as we hosted 'Learning Disabilities Imagined Differently', a conversation with author, researcher and dance movement psychotherapist Dr Caroline Frizell and Juliet Diener.

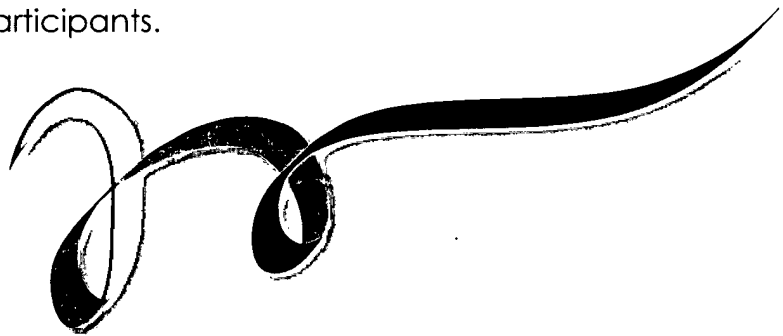
#### **Young Ambassadors**

This year we launched our Young Ambassadors group to benefit from the perspectives of our dancers, and to support young people in developing their voices as community leaders. The group met three times each term to offer their view on icandance programmes, contribute to articles and social media posts, and plan and host some events in our new online series. The Young Ambassadors also contributed their experiences during lockdown to a national survey for young people with disabilities.



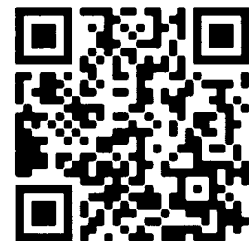


- icandance dancer and Young Ambassador, Emily Farruku, raised £1,379.50 for the charity through taking part in the 2.6 challenge! Accompanied by Juliet Diener, Emily also spoke at 2Faced Dance Company's online Youth Festival in December and presented an online talk 'Celebrating Difference Through Dance – a dancer's journey' with her brother Dennis, in February as part of icandance's online programme.
- Our Young Ambassadors and Juliet interviewed English National Ballet's Alice Bellini for an online event, 'For The Love of Dance', in June reaching 46 devices with many participants.



### Beyond icandance

- Juliet was invited to present at the Barnet Cultural and Education festival on icandance's response to adapting our work during the pandemic.
- Our Chief Operating Officer, Lewis Dryburgh, spoke at an online event on International Day of Disabled People hosted by the Small Charities Coalition
- Juliet contributed to a **resource film by inclusive dance organisation, Parable Dance**. The Arts Council-funded project brought together some of the most experienced voices in inclusive dance in the UK to share best practice.
- Juliet wrote '**Reimagining Dance: Creating an Inclusive Dance Community Online**' for JWEB.





## Partnership Spotlight: A New Direction

# A NEW DIRECTION

We create **opportunity**

A New Direction (Arts Council England's Bridge Organisation for London) commissioned icandance to create content for two short films for mainstream and SEND teachers in London: '**Making Dance Possible For All**' and '**Communication to Support Inclusive Dance**', featuring our Young Ambassadors.



As part of A.N.D's I Am Festival 2021 we hosted an online dance party for SEND schools, with 12 schools, 50 separate devices, and around 475 children and young people taking part across London.

*"The course gave me a much greater insight into how to*





**make my classes more inclusive."**

**"Juliet introduced  
so many  
ideas and  
ways to listen to  
all the needs of  
each student  
individually  
and to adapt  
around each  
disability."**

#### **Partnership Spotlight: Imperial Society of Teachers of Dancing**



### **Imperial Society of Teachers of Dancing**

Juliet presented an online seminar series for members of the Imperial Society of Teachers of Dancing (ISTD). The four sessions were brilliantly received and explored 'Understanding the Wellbeing Needs of All Dancers', 'Understanding the Learning Needs of All Dancers', 'Nurturing Creativity in Each Dancer' and 'Building an Inclusive Dance Community'.

Juliet also wrote an article for the ISTD members' magazine. 'Communication to Support Inclusive Dance', was published in October 2021 and featured the perspectives of some of our dancers.



## Performance

Performing is a vital element of the icandance approach. Performance allows the dancers to be visible, the journey they have embarked to be shared and for us, those who witness their dance, to be changed. Dancers share their inner stories through movement and find a means of expression and affirmation as they dance. Our dancers perform with and for their peers in each weekly session, which develops their skills and confidence. Although the pandemic prevented our regular public performance events from taking place, we created alternative opportunities for our dancers to be seen and celebrated.

- In October, we took part in the international Fun Palaces weekend, posting videos across our social media channels of icandance community members sharing their dance moves which were popular with and beyond our existing community.
- Our annual Winter Awards was replaced with Winter Celebration events in each online group session. Each dancer was named and celebrated, and they and their family received a personalised certificate and copy of our 2019-2020 Annual Report in the post.
- In lieu of an annual performance, on Friday 9 July we held an online Summer Celebration event to safely connect our community and celebrate our dancers' achievements throughout the year. The event was hosted by Juliet and our Young Ambassadors and featured short films and slideshows of our dancers. Some 90+ individual devices logged on from all over the world, with many enabling multiple people to access the event.



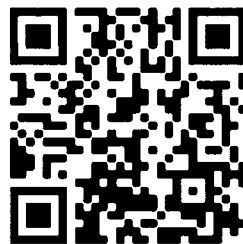
**"I finally get a chance to perform what we've been**

- On Saturday 10 July we held in-person Summer Celebration events in each session at both our delivery sites. Dancers and team members dressed up in party clothes and danced to favourite tracks. Each dancer was presented with a cupcake and a certificate to acknowledge their achievements throughout the year.

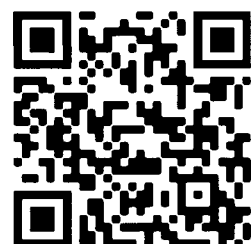
**"Doing the annual performance  
makes me feel like  
a star seeing the smiles on  
everybody's faces.  
Dancing makes me  
feel free!"**

***Denecia Allen, icandance Young  
Ambassador and member of iam  
Dance Company***

Summer  
Celebration  
Slideshow 1



Summer  
Celebration  
Slideshow 2



**practicing all year before everyone!"**



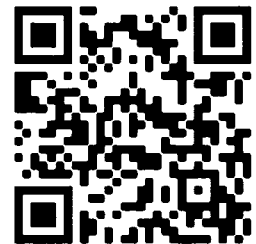
iam Dance Company



iam Dance Company aims to:

- visually represent the icandance approach to a wider audience
- promote the work and thinking of icandance
- create the opportunity for dancers to tell their story and bring to life their inner creative world
- collaborate with other artists, therapists and educators in using the performing group as a tool and a means to shift perspectives and experience dance in a new way
- give opportunity to further development for those disabled dancers that have a high level of skill in the area of dance and performance, in particular ballet.

Watch iam Dance Company's video dance, Unforgettable.

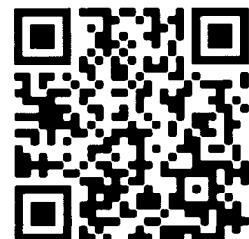


As well as attending their regular weekly sessions online or in person, this year iam Dance Company (formerly icandance's Youth Dance Company):



- reviewed suggestions offered by our Young Ambassadors and decided on a new name for themselves: iam Dance Company
- presented a video dance as part of an online fundraiser for The Charlotte Dove Performing Arts Trust
- experienced two workshops from English Folk Dance and Song Society's inclusive folk tutors
- were joined for an online session by SLIDE (South London Inclusive Dance Experience) company members and facilitators, which offered a valuable new learning experience for everyone involved.

In the summer, founding member of iam Dance Company, **Josh, looked back on his icandance journey** before taking up a residential arts study at the Orpheus Centre.



## Looking Ahead

The impact of the pandemic is considered as the charity plans ahead. icandance has a 3 year plan which includes a return to live performances and an increase in working within the wider community. Our organisational strategy will continue to be reviewed according to the needs of the community and the effects of the pandemic.



## SECTION 3

**Charity Name:** ICANDANCE

**Governing documents:** Memorandum and Articles of Association

**Charity registration number:** 1137695

**Company registration number:** 07168545

**Registered Office address:** Green Man Community Centre  
Strawberry Vale  
Finchley  
N2 9BA

### **Directors and Trustees:**

The Directors of the charitable company (the Charity) are also the Trustees for the purpose of charity law. The Trustees serving during the year and since the year end were as follows:

<b>Mrs C Bradley</b>	Chair
<b>Mrs A Sethi</b>	Chair (Resigned 25.11. 2021)
<b>Mr S Goldsmith A.C.A.</b>	Treasurer
<b>Ms R McVeigh</b>	Treasurer (appointed 10.06.2021; Resigned 25.11.2021)

<b>Mr N Francis</b>	(Resigned 25.11.2021)
---------------------	-----------------------

**Mr N Cox**

**Mr R Pearce**

**Mrs D Dajani**

<b>Ms R Mendonca De Mello</b>	(appointed 03.02.2022)
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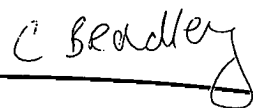
<b>Ms B Nanthabalan</b>	(appointed 03.02.2022)
-------------------------	------------------------

**Company secretary:** Mr L M Dryburgh

**Bankers:** Barclays Bank PLC  
11 Bruton Street, Mayfair, London, W1J 6PY

In preparing this report, the Trustees have taken advantage of the small company exemptions provided by section 415A of the Companies Act 2006.

By order of the Trustees



Mrs C Bradley  
(Chair)  
22 February 2022

Company Number: 7168545

**"She blossoms, smiles, is in a  
good mood every time she comes  
home from the session.  
It has given her new hope,  
possibilities, enjoyments**



## Financial overview

Income generated increased to £170,921 (2020 £152,077) but expenditure decreased to £158,561 (2020 £165,897). The total resources expended during the year have been in furtherance of icandance's charitable objectives.

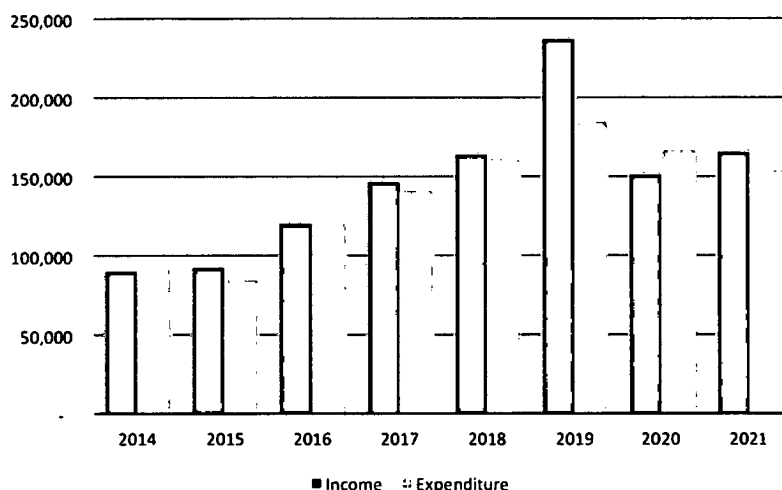
Cash balances increased to £128,538 (2020 £123,398).

At the end of this period there is an unrestricted surplus of £80,756 (2020 £83,396) (excluding designated reserves). The Trustees' intention is to retain reserves covering between 4 to 6 months running costs and they are of the opinion that this is an appropriate level of surplus and reserves generation and use.

Reserves are also underpinned by liquid cash balances, which provide essential working capital funding for day-to-day operating costs, supporting the delivery of the organisation's objectives in an efficient and cost-effective way.

Free reserves is a useful proxy for liquidity and working capital management as well as a recognised indicator in the sector when reported in 'weeks of expenditure.' The current level of free reserves represents 24 weeks (2020 22 weeks) of total resources expended.

The Trustees are therefore of the opinion that the level of reserves is acceptable and will provide a sufficient buffer for icandance. On this basis, the Trustees also consider that the charity has adequate resources to continue operating for the foreseeable future.



and interactions through socially  
connecting with people."



## **Independent examiner's report to the Trustees of Icandance ('the Charity')**

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 31 July 2021.

### **Responsibilities and basis of report**

As the Trustees of the Charity (and its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of the Charity's accounts carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Charity as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].



***"Icandance offers friendship, where he can be free."***



I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Laura Ambrose FCA  
Haslers  
Old Station Road  
Loughton  
Essex  
IG10 4PL  
28 February 2022



not afraid of being judged."

## Statement of Financial Activities (including Income & Expenditure Account) for the year ended 31 July 2021

	Note	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
<b>Income and endowments from:</b>					
Donations and legacies		12,161	-	12,161	22,901
<b>Charitable activities:</b>					
Parental and Local Authority contributions		29,439	-	29,439	26,474
Grants		13,678	101,686	115,364	90,260
Workshops and other classes		-	7,125	7,125	11,323
Other - Fundraising events		1,528	-	1,528	1,119
- Government Grants		5,304	-	5,304	-
<b>Total income</b>	<b>3</b>	<b>62,110</b>	<b>108,811</b>	<b>170,921</b>	<b>152,077</b>
<b>Expenditure on:</b>					
Raising funds		12,028	-	12,028	14,277
Charitable activities		31,147	108,811	139,958	145,422
Other- Governance Costs		6,575	-	6,575	6,198
<b>Total expenditure</b>	<b>3 &amp; 4</b>	<b>49,750</b>	<b>108,811</b>	<b>158,561</b>	<b>165,897</b>
<b>Net (expenditure) / income and net movement in funds</b>		<b>12,360</b>	<b>-</b>	<b>12,360</b>	<b>(13,820)</b>
<b>Reconciliation of funds</b>					
Total funds brought forward		96,869	-	96,869	110,689
<b>Total funds carried forward</b>		<b>109,229</b>	<b>-</b>	<b>109,229</b>	<b>96,869</b>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure relates to continuing activities.



## Balance Sheet as at 31 July 2021

	Note	2021 £	2020 £
<b>Fixed Assets</b>			
Tangible assets	7	872	517
<b>Current Assets</b>			
Debtors	8	1,316	1,782
Cash at bank and in hand		<u>128,538</u>	<u>123,398</u>
		<b>129,854</b>	<b>125,180</b>
<b>Liabilities</b>			
Creditors: Amounts falling due within one year	9	(21,497)	(28,828)
<b>Net Assets</b>		<u><b>109,229</b></u>	<u><b>96,869</b></u>
<b>The Funds of the charity:</b>			
Unrestricted funds		80,756	83,396
Restricted income funds	11	-	-
Designated Funds	12	28,473	13,473
<b>Total charity funds:</b>		<u><b>109,229</b></u>	<u><b>96,869</b></u>

The Charity was entitled to exemption from audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit for the year in question in accordance with section 476 of Companies Act 2006.

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to entities subject to the small companies regime.

The financial statements were approved and authorised for issue by the Trustees on 28 February 2022 and signed on their behalf by:

*C Bradley*

**Caroline Bradley (Chair)**



## Notes to the Accounts

### General Information

ICANDANCE is a charitable organisation, registered in England and Wales, with a registration number 1137695. The address of the registered office is Green Man Community Centre, Strawberry Vale, Finchley, N2 9BA. The principal objective of the charity is the provision of dance and creative arts services to young people with disabilities.

#### 1. Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently in dealing with items considered material in relation to the financial statements.

##### a) Basis of preparation of accounts

The financial statements have been prepared under the historical cost convention, in accordance with the Companies Act 2006 and applicable accounting standards and follow the recommendations of Accounting and Reporting by Charities - Statement of Recommended Practice (FRS 102 SORP 2019) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).  
icandance meets the definition of a public benefit entity under FRS 102.

##### b) Going Concern

The financial statements have been prepared on the going concern basis which assumes that current and future sources of funding and support will be more than adequate for the charitable company's needs.

Due to Covid-19 the charity has reduced expenditure where possible, furloughed non-essential staff and applied for emergency funding. Given the level of receipts expected from multi-year grants, parents' fees, and pledged donations the Trustees are confident that sufficient funding will be raised to continue with the current level of operations. This will be monitored very closely, and additional cost savings have been identified should it prove necessary to make further cuts.

##### c) Income

All income is accounted for when the charity has entitlement to the income, it is probable that the income will be received, and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

Voluntary income is received by way of donations and is included in full in the Statement of Financial Activities when receivable.

Grants where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the income.

Legacies are included in full in the financial statements when there is sufficient evidence to provide the necessary certainty that the legacy will be received, and the value of the incoming resources can be measured

with sufficient reliability.

Furlough grants received from HMRC have been shown in Other Revenue.

**d) Expenditure and irrecoverable VAT**

Expenditure is recognised on an accruals basis when a liability is incurred as soon as there is a legal or constructive obligation committing the charity to the expenditure. Expenditure includes any VAT, which cannot be recovered, and is reported as part of the expenditure to which it relates.

**e) Fund accounting**

Unrestricted and Designated funds are available for use at the discretion of the Trustees to further any of the charitable objectives of the charity. Restricted funds comprise monies raised for, and their use restricted to, a specific purpose, or donations subject to conditions imposed by the donor or through the terms of an appeal.

**f) Fixed assets**

Fixed Assets (excluding investments) are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost of each asset over its expected useful life, which in all cases are estimated at 3 years.

**g) Financial instruments**

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their amortised cost.

**h) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**i) Creditors**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**j) Bank**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

**2. Legal status**

The Charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding-up is limited to £10.

### 3. Comparative Analysis of income and Expenditure

	Unrestricted Funds 2020 £	Restricted Funds 2020 £	Total Funds 2020 £
<b>Income and endowments from:</b>			
Donations and legacies	22,901	-	22,901
<b>Charitable activities:</b>			
Parental and Local Authority contributions	26,474	-	26,474
Grants	12,500	77,760	90,260
Workshops and other classes	-	11,323	11,323
Other - Fundraising events	1,119	-	1,119
<b>Total income</b>	<b>62,994</b>	<b>89,083</b>	<b>152,077</b>
<b>Expenditure on:</b>			
Raising funds	14,277	-	14,277
Charitable activities	56,339	89,083	145,422
Other- Independent Examiner's fee	6,198	-	6,198
<b>Total expenditure</b>	<b>76,814</b>	<b>89,083</b>	<b>165,897</b>

### 4. Analysis of expenditure

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
<b>Governance costs:</b>				
Independent examiners fees	1,513	-	1,513	1,513
Other Governance Costs	5,062	-	5,062	4,685
<b>Charitable activities:</b>				
Staff costs	19,927	99,088	119,015	119,646
Premises	1,549	9,288	10,837	18,273
Marketing & communications	-	-	-	2,318
General support costs	9,671	435	10,106	5,185
Costs of raising funds	12,028	-	12,028	14,277
	<b>49,750</b>	<b>108,811</b>	<b>158,561</b>	<b>165,897</b>

### 5. Analysis of staff costs

	2021 £	2020 £
Salaries and wages	111,814	73,820
Social security costs	4,267	2,070
Pension Costs	1,775	1,170
Staff Training	1,045	1,872
Temporary & contract staff costs	11,971	40,714
	<b>130,871</b>	<b>119,646</b>
Included in Charitable Activities	119,015	119,646
Included in Cost of raising funds	11,856	-
	<b>130,871</b>	<b>119,646</b>



The average monthly head count was 11 staff (2020: 7 staff) and the average number of full-time equivalent employees in the period was 3 staff (2020: 2 staff).

No employees had employee benefits in excess of £60,000 (2020: nil).

## 6. Taxation

icandance is a registered charity and therefore is not liable to income tax or corporation tax on income or gains derived from its charitable activities, as they fall within the various exemptions available to registered charities.

## 7. Tangible Fixed Assets

	Computer equipment £	Office equipment £	Total £
<b>Cost</b>			
At 1 Aug 2020	1,897	1,273	3,170
Additions	792	-	792
Disposals	-	-	-
At 31 Jul 2021	<u>2,689</u>	<u>1,273</u>	<u>3,962</u>
<b>Accumulated Depreciation</b>			
At 1 Aug 2020	1,380	1,273	2,653
Disposals	-	-	-
Charge for the period	437	-	437
At 31 Jul 2021	<u>1,817</u>	<u>1,273</u>	<u>3,090</u>
<b>Net Book Value</b>			
At 31 Jul 2021	<u>872</u>	<u>-</u>	<u>872</u>
At 1 Aug 2020	<u>517</u>	<u>-</u>	<u>517</u>

## 8. Debtors

	2021 £	2020 £
Trade debtors	444	967
Prepayments and accrued income	<u>872</u>	<u>815</u>
	<u>1,316</u>	<u>1,782</u>

## 9. Creditors: Amounts falling due within one year

	2021 £	2020 £
Creditors	13,919	6,813
Accruals and deferred income	<u>7,578</u>	<u>22,015</u>
	<u>21,497</u>	<u>28,828</u>

## 10. Trustee remuneration, Employee Benefits & related party transactions

- a) None of the Trustees have been paid any remuneration or received any other benefits from an employment with the charity or a related entity or were reimbursed expenses in either the current or prior year.
- b) The key management personnel of the charity comprise the Founder and CEO, Chief Operating Officer and Head of Creative Programmes whose remuneration totalled £73,007 (2020 - £51,473).

## 11. Restricted incoming funds

	Balance at 1 Aug 2020 £	Incoming Resources £	Outgoing Resources £	Balance at 31 Jul 2021 £
Disability Dance Group	-	108,811	(108,811)	-
	-	108,811	(108,811)	-

	Balance at 1 Aug 2019 £	Incoming Resources £	Outgoing Resources £	Balance at 31 Jul 2020 £
Disability Dance Group	-	89,083	(89,083)	-
	-	89,083	(89,083)	-

### Restricted Funds:

These comprise donations and grants received for the specific projects that the charitable company administers and are as follows:

#### Disability Dance group:

Amounts received specifically to meet the costs of a disability dance group, which the Charity hosts.

#### Performance fund:

Amounts received specifically to meet costs to present an annual performance of the Charity.

## 12. Unrestricted funds

	Balance at 1 Aug 2020 £	Incoming Resources £	Outgoing Resources £	Transfers £	Balance at 31 Jul 2021 £
<b>Designated</b>					
Disability Dance Group	11,711	-	-	10,000	21,711
Strategic Development Fund	1,762	-	-	5,000	6,762
<b>Unrestricted</b>					
General funds	83,396	56,806	(44,446)	(15,000)	80,756
	<b>96,869</b>	<b>56,806</b>	<b>(44,446)</b>	<b>-</b>	<b>109,229</b>

	Balance at 1 Aug 2019	Incoming Resources	Outgoing Resources	Transfers	Balance at 31 Jul 2020
	£	£	£	£	£
<b>Designated</b>					
Disability Dance Group	20,000	-	(8,289)	-	11,711
Strategic Development Fund	7,000	-	(5,238)	-	1,762
<b>Unrestricted</b>					
General funds	83,689	62,994	(63,287)	-	83,396
	<b>110,689</b>	<b>62,994</b>	<b>(76,814)</b>	<b>-</b>	<b>96,869</b>

### Designated Funds:

Included in the above are transfers between general and restricted funds. The transfer between funds relates to the use of general funds on restricted projects.

The Funds have been set aside by way of a transfer from general funds by the Trustees as follows:

- The Disability Dance Group Fund has been designated to provide additional dance classes including a Youth Dance Company, Young Ambassadors group, a Group and an Alumni Group.
- The Strategic Development Fund has been designated as part of the charity's long-term strategic plan to enable the charity to support both its ongoing activities and its growth programme in the future.

### 13. Analysis of net assets between funds – current year

	Tangible Fixed Assets £	Net Current Assets £	Total £
Unrestricted Income Funds	872	79,884	80,756
Designated Funds	-	28,473	28,473
<b>Total Funds</b>	<b>872</b>	<b>108,357</b>	<b>109,229</b>

### Analysis of net assets between funds – prior year

	Tangible Fixed Assets £	Net Current Assets £	Total £
Unrestricted Income Funds	517	82,879	83,396
Designated Funds	-	13,473	13,473
<b>Total Funds</b>	<b>517</b>	<b>96,352</b>	<b>96,869</b>

### 14. Related party transactions

There were no related party transactions in the current or prior year.



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Charity Registration:  
1137695

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icandance - YouTube

Thank you to our 2020-21 Funders who have made our work possible

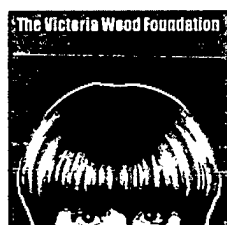
John Cook

Kropifko Charitable Trust

Petya and Anya's  
Fundraising Run



Community Fund



Thank you to our 2020-21 Team  
Members and Trustees, many of  
whom volunteer their time and skills

Cydney Bailey  
Tejee Bains  
Dr. Sara Bannerman-Haig  
Goretti Barjacoba  
Marina Beresford  
Shahida Bibi  
Annemarie Bos  
Caroline Bradley  
Anna Canziani  
Chelsey Celecia  
Neil Cox  
Andrea Cristobal  
Dahlia Dajani  
Agnes Dewhirst  
Juliet Diener

Lewis Dryburgh  
Nicholas Francis  
Dr. Caroline Frizell  
Yasmin Gal  
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Maria Goncalves  
Noelia Gonzalez Martinez  
Lara Hill  
Morgane Lapeyre  
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Bavaani Nanthabalan  
Lisa Ors  
Amy Palmer  
Serena Paver  
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Bethan Probert  
Hamza Rafaqat Ali  
Alicia Ramezan

Ivan Rodriguez  
Louise Schofield  
April Sethi  
Jennifer Simao  
Ourania Sitra  
Maria Troupkou  
Emma Turner  
Fiona Wood  
Evidiki-Nana Yakubu

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