In accordance with Section 89 of the Insolvency Act 1986.

# LIQ01 Notice of statutory declaration of solvency





07/06/2019

**COMPANIES HOUSE** 

1	Company details		
Company number	0 7 0 3 2 3 3 9	→ Filling in this form Please complete in typescript or in	
Company name in full	AFGHAN HEROES	bold black capitals.	
		-	
2	Name of person delivering the notice		
Full forename(s)	Jeremy		
Surname	Frost		
3	Address of person delivering the notice	·	
Building name/number	Regus, City South Tower		
Street	26 Elmfield Road	_	
		_	
Post town	Bromley	_	
County/Region	Kent		
Postcode	B R 1 1 L R	_	
Country			
4	Capacity in which the person is acting in relation to the comp	oany	
	Liquidator		

## LIQ01 Notice of statutory declaration of Solvency

5	Attachments		
	I attach:		
	<ul> <li>Declaration of solvency.</li> </ul>		
	☐ Statement of assets and liabilities.		
6	Sign and date		
Signature	X Serm	×	
Signature date	12 8 0 5 72 0 7 9		

Presenter information				
You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.				
Contact name Kelly Walford				
Company name Frost Group Limited				
Address Regus, City South Tower				
26 Elmfield Road				
Post town Bromley				
County/Region Kent				
Postcode B R 1 1 L R				
Country UK				
DX				
Telephone 0845 2600101				
✓ Checklist				
We may return forms completed incorrectly or with information missing.				
Please make sure you have remembered the following:				

The company name and number match the information held on the public Register.
 You have attached the required documents.

☐ You have signed the form.

#### Important information

All information on this form will appear on the public record.

#### ✓ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:

The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

#### Further information

For further information please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse

Section 89(3)
The Insolvency Act 1986
Members Voluntary Winding Up
Declaration of Solvency
Embodying a Statement of
Assets & Liabilities

Company No

07032339

Name of Company

Afghan Heroes

Presented by

Brian Johnson of Acre House, 11-15 William Road, London, NW1

3ER

#### **DECLARATION OF SOLVENCY**

I Brian Johnson of Acre House, 11-15 William Road, London NW1 3ER

Being the Interim Manager of

Afghan Heroes

Do solemnly and sincerely declare that I have made a full enquiry into the affairs of this company, and that, having done so, I have formed the opinion that this company will be able to pay its debts in full together with interest at the official rate within a period of 12 months, from the commencement of the winding up.

I append a statement of the company's assets and liabilities as at 24 April 2019, being the last practicable date before the making of this declaration.

I make this solemn declaration, conscientiously believing it to be true, and by virtue of the provisions of the Statutory Declarations Act 1835.

HODGE JONES & ALLEN

Declared at

Declared at

EUSTON

Date

THOU 2019, LONDON NW1 2NB

Signatures

Before Me

R. Herren - BRENEC MENEZES.

Solicitor of Commissioner for Oaths

#### Insolvency Act 1986

### Afghan Heroes Estimated Statement of Assets & Liabilities as at 24 April 2019

	Book Value £	Estimated £	to Realise £
ASSETS			
Cash at Bank	3,389.30	-170	3,389.30
			3,389.30
LIABILITIES			
PREFERENTIAL CREDITORS:-			
			NIL NIL
			3,389.30
DEBTS SECURED BY FLOATING CHARGES			
			NIL
			3,389.30
Unsecured liabilities			
			NIL
TOTAL SURPLUS/(DEFICIENCY)			3,389.30
Estimated costs and expenses of the winding up			3,389.30
Estimated amount of interest accruing until payment of debts	s in full		00.0
Estimated surplus after paying debts in full together with inte	erest at 8%	n samban a had	0.00
Remarks			