

# LIQ13

## Notice of final account prior to dissolution in MVL



Companies House

SATURDAY



\*A8YCLFJT\*

A07

08/02/2020

#8

COMPANIES HOUSE

### 1 Company details

Company number 0 7 0 3 2 3 3 9

Company name in full Afghan Heroes

→ Filling in this form  
Please complete in typescript or in  
bold black capitals.

### 2 Liquidator's name

Full forename(s) Jeremy

Surname Frost

### 3 Liquidator's address

Building name/number Frost Group Limited

Street Regus, City South Tower

Post town 26 Elmfield Road

County/Region Bromley

Postcode B R 1 1 L R

Country

### 4 Liquidator's name ①

Full forename(s)

Surname

① Other liquidator  
Use this section to tell us about  
another liquidator.

### 5 Liquidator's address ②

Building name/number

Street

Post town

County/Region

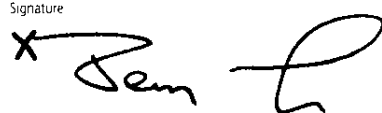

Postcode

Country

② Other liquidator  
Use this section to tell us about  
another liquidator.

# LIQ13

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<b>6</b>	<b>Final account</b>	
	<input checked="" type="checkbox"/> I have delivered the final account of the winding up to the members in accordance with Section 94(2) and attach a copy.	
<b>7</b>	<b>Sign and date</b>	
Liquidator's signature	Signature 	
Signature date	<div> <div>d</div> <div>d</div> <div>m</div> <div>m</div> <div>y</div> <div>y</div> <div>y</div> <div>y</div> </div> <div> <div>0</div> <div>6</div> <div>0</div> <div>2</div> <div>2</div> <div>0</div> <div>2</div> <div>0</div> </div>	

## LIQ13

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**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name **Kelly Walford**

Company name **Frost Group Limited**

Address **Regus**

**City South**

Post town **26 Elmfield Road**

County/Region **Bromley**

Postcode **B R 1 1 L R**

Country

DX

Telephone **0845 260 0101**

**Checklist**

**We may return forms completed incorrectly or with information missing.**

**Please make sure you have remembered the following:**

- ☐ The company name and number match the information held on the public Register.
- ☐ You have attached the required documents.
- ☐ You have signed the form.

**Important information**

**All information on this form will appear on the public record.**

**Where to send**

**You may return this form to any Companies House address, however for expediency we advise you to return it to the address below:**

The Registrar of Companies, Companies House,  
Crown Way, Cardiff, Wales, CF14 3UZ.  
DX 33050 Cardiff.

**Further information**

For further information please see the guidance notes on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse) or email [enquiries@companieshouse.gov.uk](mailto:enquiries@companieshouse.gov.uk)

**This form is available in an alternative format. Please visit the forms page on the website at [www.gov.uk/companieshouse](http://www.gov.uk/companieshouse)**

**Afghan Heroes  
(In Liquidation)  
Liquidator's Abstract of Receipts & Payments  
From 28 May 2019 To 4 February 2020**

Declaration of Solvency £	£	£
ASSET REALISATIONS		
Tax Refund	2,213.85	
		2,213.85
COST OF REALISATIONS		
Office Holders Fees	1,844.87	
VAT Irrecoverable	368.98	
		(2,213.85)
		<b>NIL</b>
REPRESENTED BY		
		<b>NIL</b>

## **AFGHAN HEROES – IN MEMBER'S VOLUNTARY LIQUIDATION**

### **LIQUIDATOR'S FINAL ACCOUNT TO THE INTERIM MANAGER TO 4 FEBRUARY 2020**

#### **STATUTORY INFORMATION**

Company name: Afghan Heroes  
Company number: 07032339  
Trading address: The Retreat (Formerly The Ashcott Inn), Ashcott, Nr Bridgwater, Somerset, TA7 9QQ  
Registered office: Frost Group Limited, Regus, City South Tower, 26 Elmfield Road, Bromley BR1 1LR  
Former registered office: Acre House, 11-15 William Road, London, NW1 3ER  
Principle trading activity: Charity  
Liquidator's name: Jeremy Charles Frost  
Liquidator's address: Frost Group Limited, Regus, City South Tower, 26 Elmfield Road, Bromley BR1 1LR  
Date of appointment: 28 May 2019

#### **LIQUIDATOR'S ACTIONS SINCE APPOINTMENT**

This assignment is a straightforward Member's Voluntary Liquidation, there were no assets in the Charity.

The required tax clearances were requested from HM Revenue & Customs ("HMRC") and have been received.

There is certain work that I am required by the insolvency legislation to undertake work in connection with the liquidation that provides no financial benefit for the creditors. A description of the routine work undertaken since my appointment as Liquidator is contained in Appendix 1.

PAYE refund received and processed through Frost Group client account. Approval from the interim manager to take as final remuneration.

#### **RECEIPTS AND PAYMENTS ACCOUNT**

My Receipts & Payments Account for the period from 28 May 2019 to 4 February 2020 is attached at Appendix 2.

#### **ASSET REALISATIONS**

There have been no funds held on this case.

#### **LIABILITIES**

##### **Secured Creditors**

An examination of the Company's mortgage register held by the Registrar of Companies, showed that the Company has no current charges over its assets.

##### **Preferential Creditors**

The Declaration of Solvency anticipated no preferential creditors. No claims have been received.

##### **Crown Creditors**

The Declaration of Solvency included no amounts owed to HMRC. No claims have been received.

##### **Non-Preferential Unsecured Creditors**

The Declaration of Solvency included no non-preferential unsecured creditors. No claims have been received.

##### **Share Capital**

There was no distribution on this case.

#### **REMUNERATION**

The Company qualified for a MVL at a fixed fee of £2,595.42 plus disbursements and VAT. These fees and disbursements were paid before the Company entered liquidation and as such there is no requirement for me to provide details of our time costs in this matter. These fees represent my firm's charges for both the pre and post appointment periods. After receiving the PAYE refund, our fees increased by £1844.87 plus VAT.

A breakdown of the disbursements charged is detailed below:

<b>Disbursement</b>	<b>Provider</b>	<b>£</b>
Statutory specific penalty bond	IRS	10.00
Statutory Advertising	TMP	219.00
<b>Total disbursements</b>		<b>£229.00</b>

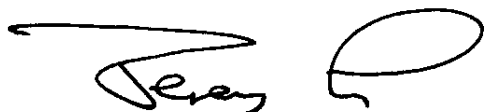
Where expenses are paid to third parties they are described as category 1 disbursements under Statement of Insolvency Practise 9 and there is no requirement for authorisation to be obtained in respect of these expenses. Where expenses are paid to my firm in respect of internal charges made, these are described as category 2 disbursements and I require Interim Manager's authority to draw these expenses. There have been no category 2 disbursements in this case.

It has not been necessary for me to engage any third party advisers during the period of liquidation.

A copy of 'A Member's Guide to Liquidator's Fees', together with an explanatory note which shows Frost Group Limited's fee policy are available at the link <http://frostgroup.co.uk/about/policies-and-procedures>. A hard copy of both documents can be obtained on request from the address below.

#### **SUMMARY**

If you have any queries regarding the conduct of the Liquidation they should contact Kelly Walford on 0345 260 0101 or by email at [kellyw@frostbr.co.uk](mailto:kellyw@frostbr.co.uk).



**Jeremy C Frost MIPA FABRP**  
Liquidator

## Appendix 1

### 1. Administration and Planning

This represents the work involved in the routine administrative functions of the case by the office holder and their staff, together with the control and supervision of the work done on the case by the office holder and the managers. It does not give direct financial benefit to the members or any creditors, but has to be undertaken by the office holder to meet his requirements under the insolvency legislation and the Statements of Insolvency Practice, which set out required practice that office holders must follow. .

- Case planning - devising an appropriate strategy for dealing with the case and giving instructions to the staff to undertake the work on the case.
- Setting up physical/electronic case files.
- Setting up the case on the practice's electronic case management system and entering data.
- Issuing the statutory notifications to creditors and other required on appointment as office holder, including gazetting the office holder's appointment.
- Obtaining a specific penalty bond.
- Dealing with all routine correspondence and emails relating to the case.
- Reviewing the adequacy of the specific penalty bond on a quarterly basis.
- Undertaking periodic reviews of the progress of the case.
- Overseeing and controlling the work done on the case by case administrators.
- Filing returns at Companies House.
- Seeking closure clearance from HMRC and other relevant parties.
- Preparing, reviewing and issuing a draft final account of the liquidation.
- Preparing, reviewing and issuing a final account of the liquidation.

**Afghan Heroes  
(In Liquidation)  
Liquidator's Summary of Receipts & Payments**

Declaration of Solvency £	From 28/05/2019 To 04/02/2020 £	From 28/05/2019 To 04/02/2020 £
ASSET REALISATIONS		
Tax Refund	2,213.85	2,213.85
	2,213.85	2,213.85
COST OF REALISATIONS		
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