

**ALLISON'S FITNESS FACTORY LIMITED  
UNAUDITED ACCOUNTS  
FOR THE YEAR ENDED 30 JUNE 2018**

**ALLISON'S FITNESS FACTORY LIMITED**  
**UNAUDITED ACCOUNTS**  
**CONTENTS**

---

	<b>Page</b>
<u>Company information</u>	<u>3</u>
<u>Statement of financial position</u>	<u>4</u>
<u>Notes to the accounts</u>	<u>5</u>

**ALLISON'S FITNESS FACTORY LIMITED**  
**COMPANY INFORMATION**  
**FOR THE YEAR ENDED 30 JUNE 2018**

---

<b>Directors</b>	Mr D Allison Mr R Allison Mr L Allison
<b>Secretary</b>	Mrs L Allison
<b>Company Number</b>	06927933 (England and Wales)
<b>Registered Office</b>	8-11 Santos Close Ernesford Grange Coventry CV3 2FG
<b>Accountants</b>	Owen Associates 3 Bilton Hall Church Walk, Bilton Rugby CV22 7LX

**ALLISON'S FITNESS FACTORY LIMITED**  
**STATEMENT OF FINANCIAL POSITION**  
**AS AT 30 JUNE 2018**

	Notes	2018 £	2017 £
<b>Fixed assets</b>			
Intangible assets	<u>4</u>	1,271	1,271
Tangible assets	<u>5</u>	150,097	145,826
		<u>151,368</u>	<u>147,097</u>
<b>Current assets</b>			
Inventories	<u>6</u>	4,000	4,000
Debtors	<u>7</u>	2,164	2,209
Cash at bank and in hand		16,493	10,030
		<u>22,657</u>	<u>16,239</u>
<b>Creditors: amounts falling due within one year</b>	<u>8</u>	(14,992)	(14,732)
<b>Net current assets</b>		<u>7,665</u>	<u>1,507</u>
<b>Total assets less current liabilities</b>		159,033	148,604
<b>Creditors: amounts falling due after more than one year</b>	<u>9</u>	(145,658)	(141,213)
<b>Net assets</b>		<u>13,375</u>	<u>7,391</u>
<b>Capital and reserves</b>			
Called up share capital		1,000	1,000
Profit and loss account		12,375	6,391
<b>Shareholders' funds</b>		<u>13,375</u>	<u>7,391</u>

For the year ending 30 June 2018 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with the provisions of FRS 102 Section 1A - Small Entities. The profit and loss account has not been delivered to the Registrar of Companies.

Approved by the Board on 21 August 2018.

Mr R Allison  
Director

Company Registration No. 06927933

**ALLISON'S FITNESS FACTORY LIMITED**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 JUNE 2018**

---

**1 Statutory information**

ALLISON'S FITNESS FACTORY LIMITED is a private company, limited by shares, registered in England and Wales, registration number 06927933. The registered office is 8-11 Santos Close, Ernesford Grange, Coventry, CV3 2FG.

**2 Compliance with accounting standards**

The accounts have been prepared in accordance with the provisions of FRS 102 Section 1A Small Entities. There were no material departures from that standard.

**3 Accounting policies**

The principal accounting policies adopted in the preparation of the financial statements are set out below and have remained unchanged from the previous year, and also have been consistently applied within the same accounts.

***Basis of preparation***

The accounts have been prepared under the historical cost convention as modified by the revaluation of certain fixed assets.

***Presentation currency***

The accounts are presented in £ sterling.

***Tangible fixed assets and depreciation***

Tangible assets are included at cost less depreciation and impairment. Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives:

Plant & machinery	15% reducing balance
-------------------	----------------------

**4 Intangible fixed assets**

	<b>Goodwill</b>
	<b>£</b>
<b>Cost</b>	
At 1 July 2017	1,271
At 30 June 2018	1,271
<b>Amortisation</b>	
At 1 July 2017	-
At 30 June 2018	-
<b>Net book value</b>	
At 30 June 2018	1,271
At 30 June 2017	1,271

**ALLISON'S FITNESS FACTORY LIMITED**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 30 JUNE 2018**

<b>5 Tangible fixed assets</b>	<b>Land &amp; buildings</b>	<b>Plant &amp; machinery</b>	<b>Total</b>
	<b>£</b>	<b>£</b>	<b>£</b>
<b>Cost or valuation</b>	At cost	At cost	
At 1 July 2017	98,652	91,949	190,601
Additions	-	10,751	10,751
At 30 June 2018	98,652	102,700	201,352
<b>Depreciation</b>			
At 1 July 2017	-	44,775	44,775
Charge for the year	-	6,480	6,480
At 30 June 2018	-	51,255	51,255
<b>Net book value</b>			
At 30 June 2018	98,652	51,445	150,097
At 30 June 2017	98,652	47,174	145,826
<b>6 Inventories</b>	<b>2018</b>	<b>2017</b>	
	<b>£</b>	<b>£</b>	
Finished goods	4,000	4,000	
	4,000	4,000	
<b>7 Debtors</b>	<b>2018</b>	<b>2017</b>	
	<b>£</b>	<b>£</b>	
Accrued income and prepayments	2,164	2,209	
<b>8 Creditors: amounts falling due within one year</b>	<b>2018</b>	<b>2017</b>	
	<b>£</b>	<b>£</b>	
Taxes and social security	10,728	11,226	
Other creditors	424	-	
Accruals	3,840	3,506	
	14,992	14,732	
<b>9 Creditors: amounts falling due after more than one year</b>	<b>2018</b>	<b>2017</b>	
	<b>£</b>	<b>£</b>	
Other creditors	145,658	141,213	

**10 Average number of employees**

During the year the average number of employees was 5 (2017: 5).

