

DS01

Striking off application by a company



Companies House

A fee is payable with this form
Please see 'How to pay' on the last page.

✓ **What this form is for**
You may use this form to strike off a
company from the Register.

✗ **What this form is NOT for**
You cannot use this form to
strike off a Limited Liability Partnership (LLP). To strike off an LLP please use form LL DS01 'Striking application by a Limited Liability Partnership (LLP)'.

FRIDAY



A19 *A3H91EH7* #362
26/09/2014
COMPANIES HOUSE

Warning to all interested parties

This is an important notice and should not be ignored. The company named has applied to the Registrar to be struck off the Register and dissolved. Please note that on dissolution any remaining assets will be passed to the Crown. The Registrar will strike the company off the register unless there is reasonable cause not to do so. Guidance is available on grounds for objection. If in doubt, seek professional advice.

1

Company details

Company number

06739226

Company name in full

A + B FITNESS LIMITED

→ **Filling in this form**

Please complete in typescript or in bold black capitals.

All fields are mandatory unless specified or indicated by *

2

The application

Warning to all applicants

It is an offence to knowingly or recklessly provide false or misleading information on this application.

You are advised to read Section 4 and to consult the guidance available from Companies House before completing this form. If in doubt, seek professional advice.

☒ We as director(s) / ~~the majority of directors~~ apply for this company to be struck off the Register and declare that none of the circumstances described in section 1004 or 1005 of the Companies Act 2006 (being circumstances in which the directors would otherwise be prohibited under those sections from making an application) exists in relation to the company. ①

This form must be signed by the sole director if only 1, by both if there are 2, or by the majority if there are more than 2.

→ Go to Section 3 'Name(s) and Signature(s) of the directors'

① Please read the guidance

on our website at
www.companieshouse.gov.uk
or section 1004 or 1005 of
the Companies Act 2006 for
circumstances under which an
application may not be made.

Please note that on dissolution
all property and rights etc will be
passed to the Crown.

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3 Name(s) and signature(s) of the director(s)

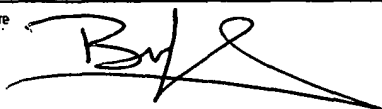
Name (Print clearly)

BYRON WYNNE JONES

Signature

Signature

X



X

Signature date

2 4 10 9 20 14

Name (Print clearly)

ALYSON MARGARET ACRMAN

Signature

Signature

X



X

Signature date

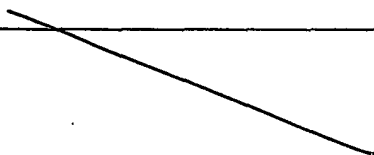
2 4 10 9 20 14

Name (Print clearly)

Signature

Signature

X



X

Signature date

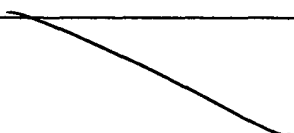
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Name (Print clearly)

Signature

Signature

X



X

Signature date

d d m m y y y y

4 What to do next**Notify all parties.**

Please ensure that you send copies of this application to all notifiable parties e.g. creditors, employees, shareholders, pension managers or trustees and other directors of the company within 7 days from the day on which the application is made.

Please also send copies to anyone who later becomes a notifiable party within 7 days of this taking place. This applies from the day of application and before the day on which the application is finally dealt with or withdrawn. Please check the guidance notes which contain a full list of those who must be notified. Failure to notify interested parties is an offence. It is advisable to obtain and retain some proof of delivery or posting of copies to notifiable parties.

Withdrawal of striking off application by a company

If the company ceases to be eligible for striking off at any time after the application is made, and before the application is finally dealt with, as specified in section 1009 of the Companies Act 2006, then the application must be withdrawn using form DS02 'Withdrawal of striking off application by a company' available from our website: www.companieshouse.gov.uk

Warning to all applicants
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Please note that on dissolution all property and rights etc will be passed to the Crown.

You are advised to read Section 4 and to consult the guidance notes available from Companies House before completing this form. If in doubt, seek professional advice.

Name and date

Please ensure that you complete the name and signature date

Signatures

This form must be signed by the sole director if only 1, by both if there are 2, or by the majority if there are more than 2.

Further signatures

Please use a continuation page if you need to enter further signatures.

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**Presenter information**

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name	BYRON JONES
Company name	
Address	VICTORIA HOUSE CARDIFF ROAD QUAKERS YARD
Post town	TREHARRELS
County/Region	MERTHYR TYDFIL
Postcode	CF465DY
Country	UK
DX	
Telephone	01443 413061

**Checklist**

We may return the forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☒ The company name and number match the information held on the public Register.
- ☒ The correct number of current directors have signed and dated the form – 1 director if there is only 1 director, both if there are 2, and the majority if there are more than 2 e.g. Out of 6 directors, 4 must sign.
- ☒ You have included a printed name and date for the signature(s)
- ☐ You have included a continuation sheet (available from www.companieshouse.gov.uk) if applicable.
- ☒ You have enclosed the correct fee.

**Important information**

Please note that all information on this form will appear on the public record.

**How to pay**

A fee of £10 is payable to Companies House in respect of a striking off application.

Make cheques or postal orders payable to 'Companies House.'

**Where to send**

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales:

The Registrar of Companies, Companies House,
Crown Way, Cardiff, Wales, CF14 3UZ.
DX 33050 Cardiff.

For companies registered in Scotland:

The Registrar of Companies, Companies House,
Fourth floor, Edinburgh Quay 2,
139 Fountainbridge, Edinburgh, Scotland, EH3 9FF.
DX ED235 Edinburgh 1
or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland:

The Registrar of Companies, Companies House,
Second Floor, The Linenhall, 32-38 Linenhall Street,
Belfast, Northern Ireland, BT2 8BG.
DX 481 N.R. Belfast 1.

**Further information**

For further information please see the guidance notes on the website at www.companieshouse.gov.uk or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.companieshouse.gov.uk

Creditors / HMRC mailing list.

Copies of the above statement have been sent to the organisations below.

The Registrar of Companies.

Companies House, Crown way, Cardiff, Wales. CF14 3UZ

HMRC PAYE, N.I & Corporation Tax

AO Shipley, Victoria Street, Shipley, W. Yorkshire. BD98 8AA

Employer PAYE ref. 948/KA28071

Accounts Office ref. 948/PA00208353

Corporation Tax payslip ref. 1159721267. Credit Account ref. 1578049

HMRC VAT

Deansgate, 62 – 70 Tettenhall Road, Wolverhampton, W. Midlands. BD98 4TZ

VAT Reg. No. 975 901092 (De-registered in 2012)

Curves

Curves Legal Dept, 100 Ritchie Road, Woodway, TX76712 USA and via

Internationalcurveslegal@curves.com

Torfaen County Borough

Civic Centre, Pontypool, Torfaen. NP4 6YB

Account Number: 801245727

Total Gas & Power

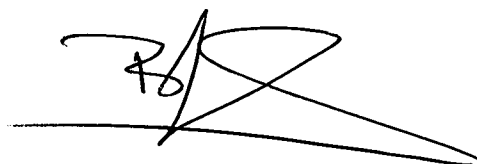
Bridge Gate, 55 – 57 High Street, Redhill, Surrey. RH1 1RX.

Electricity Account Number - 3003257576 Mpan Number 2100040844434

Byron Jones

Director

A&B Fitness Ltd.

A handwritten signature in black ink, appearing to be 'BJ' followed by a large, sweeping flourish.

24th September 2014

Financial statement regarding the proposal to strike off A&B Fitness limited (company no.6 739226)

A&B Fitness Ltd traded as a Curves franchise between the 5th January 2009 and when it ceased trading on May 24th 2014.

The business closed due to a vastly reduced turnover due to the poor economic climate. The directors – Mr Byron Jones & Ms Alyson Acreman used their own funds for 12 months up to the closure to meet the shortfall between income and expenditure. The decision was taken to close the business before any debts were incurred, although due to outstanding contracts there are creditors who have requested payment.

Creditors List

Directors (B Jones / A Acreman) £ 17000

Curves £47033.96 (Disputed – based on maximum possible revenue)

Total Gas and Power £166.00 (Disputed – arising after closure)

Torfaen CBC £868.00 (arising after closure)

Mintblue Ltd £ undisclosed amount.

There are no other creditors that are known. No monies are owed to HMRC for PAYE, NI, VAT or Corporation Tax as these have all been paid up to date and the company made a loss for the last two years of its trading.

Accounts.

The last audited accounts were up to 30 November 2012.

These showed a loss of £15000.

The balance sheet showed fixed assets at that point of £32000. These were made up of franchise rights which have now been lost, equipment which has now been scrapped as per instructions from Curves International who owned the rights to these, fixtures and fittings such as staircase balustrade, industrial air extraction unit, a fitted kitchen, disabled toilet and carpets all of which have been left with the landlord (Mintblue Ltd). The company has no assets.

The current assets were made up of prepayments such as rent and insurance plus member payments falling due within a month.

All company funds were used to pay staff wages, HMRC, Electricity, Telephone and Insurance prior to closure. The company has no assets and no funds and cannot afford to fund a company liquidation, hence the application to strike off. We would not however object to any creditors starting winding up proceedings should they wish to pursue this course.