

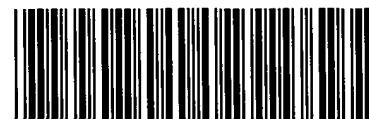
ACTION FOR FAMILY CARERS

Registered charity number: 1127164

Registered in England and Wales: 06680960

ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2015

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ACTION FOR FAMILY CARERS

CONTENTS **YEAR ENDED 31 MARCH 2015**

	Page
Legal and administrative information	i
Trustees' annual report	ii-xii
Independent auditor's report	1-2
Statement of financial activities	3
Balance sheet	4
Notes to the financial statements	5-9

ACTION FOR FAMILY CARERS

LEGAL AND ADMINISTRATIVE INFORMATION YEAR ENDED 31 MARCH 2015

Company number: 06680960 (England and Wales)

Date of incorporation: 26 August 2008

Charity number: 1127164

Registered office: Brickhouse Farm Community Centre
Poulton Close
Maldon
Essex
CM9 6NG

Auditors: Larking Gowen
8 The Courtyard, Wyncolls Road
Colchester
Essex
CO4 9PE

Bankers: Lloyds Bank Plc
Chelmsford Branch
PO Box 1000
Essex
BX1 1LT

Solicitors: Birkett Long LLP
Essex House, 42 Crouch Street
Colchester
Essex
CO3 3HH

ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

The Trustees, who are also Directors for the purposes of company law, have pleasure in presenting their Report and the Financial Statements of the Charity for the year ended 31 March 2015. This is also the Directors' Report, as required by s415 of the Companies Act 2006.

Legal and administrative information set out on Page 1 forms part of this Report. The Financial Statements comply with the current statutory requirements, the Memorandum and Articles of Association and the Statement of Recommended Practice, Accounting and Reporting by Charities.

This Report has been prepared in accordance with the special provisions for small companies under Part 15 of the Companies Act 2006.

The Trustees

The Directors of the Charitable Company ("the Charity") are its Trustees for the purposes of charity law.

Action for Family Carers has a diverse, strong and committed Board of Trustees with a variety of skills, expertise and experience that contribute positively to the Charity and business. At their annual strategic development event, the Board checks performance and reviews the strategic direction ensuring the focus remains on Carers and the range and quality of support and services that are needed currently and for the future. At each Board meeting, Trustees also receive and consider a Performance report and Business Update in regard to progress against the strategic priorities.

A skills audit identifies any gaps in the membership of the Board and there is an active search to recruit Trustees that can address these and lead in these areas. There is a rigorous selection and recruitment process with a thorough induction as well as training and support. Trustees undertake specific training to meet need such as specialist training for Lead Trustees and there are regular briefings on developments. The Board is mindful at all times of its governance role and the duties and responsibilities of Trustees.

The Trustees who served the Charity during the period were as follows:

Managing Director (Chair of Trustees)

Denise Fielding

Vice Managing Director (Vice Chair of Trustees)

Judy Spiceley

Elected Treasurer

Richard Bettinson (stood down as Treasurer on 23rd October, 2014)

Company Secretary

Colin Philpott

ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

Elected Directors

Colin Bennett

Geoffrey Myddleton-Evans (stood down 23rd October 2014)

Mark Birchall

Rebecca Loader (elected 23rd October 2014)

John Jones (elected 23rd October 2014)

Sue Bailey (elected 23rd October 2014)

Paul Osman (elected 23rd October 2014)

Chief Executive

James Clarke

Objects of the Charity

The Charity's objects are to promote the relief of persons who are ill, disabled, incapacitated or elderly by the provision of information, education, support, respite care, recreation and advocacy for their Carers.

Our Mission

Action for Family Carers makes a positive difference to the lives of all Carers by providing valued, high quality support services in times of need.

Our Vision

By 2018 Action for Family Carers will be recognised as a Centre of Excellence for the provision of Carer support services across Essex

Our Values

Carer-Centred - We will engage with Carers at every opportunity, listening to their feedback and input so that our actions and decision making focus on the service, support and benefits for unpaid Carers.

Integrity - We will apply this personally, professionally and in all aspects of the Charity and its business operations.

Quality - We will aim for excellence and do the best that we can do in all that we do at all times.

ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

Our Strategic Aims

- 1) To maintain and develop high quality services to meet the needs of the whole community of Family Carers.
- 2) To ensure the sustainability of the organisation by seeking to maximise efficiency gains, developing and securing additional, alternative income streams and optimising partnership arrangements to benefit unpaid Carers.
- 3) To build upon and promote the reputation of the organisation by securing good or better performance and outcomes in all its activities, assessments, audits and quality accreditation.

INTRODUCTION

Making it Happen for Unpaid Carers

Action for Family Carers is determined to ensure that all unpaid Carers in Essex have access to high quality support in times of need. People with caring responsibilities see themselves as husbands, wives, mothers, fathers, sons and daughters – or friends and neighbours - rather than Carers. They often put the needs of the person they care for above their own needs. And Carers tell us that, when they need support, they often don't know where to turn. Support for Carers in Essex has been patchy and confusing for Carers and others, making it difficult for people to access support when they really need it.

We have taken a proactive approach to addressing this through the direct involvement of Carers, working in partnership with other providers and engaging directly with commissioners. We have also sought to diversify the Charity's income streams to ensure sustainability and to increase our capacity to meet demand across Essex.

The last twelve months have begun to show the results of this proactive approach. In partnership with Caring for Harlow Carers we delivered a Carer Hospital Liaison Service at Princess Alexandra Hospital in Harlow using the model we developed at Broomfield Hospital in Mid Essex. Based on this successful partnership working and as the two charities shared the same charitable objects and strategic objectives to provide more support for and reach out to more Carers in Essex the respective Boards took the decision to merge at the 1st April 2015.

Following discussion with other providers in Essex who share our vision for improved support for Carers across the county we led a successful application for two years grant funding from Essex County Council and five NHS Clinical Commissioning Groups to develop and deliver, from April 2015, a new all-age, pan Essex service for unpaid Carers called Supporting Carers in Essex. This represents a huge step forward in support for unpaid Carers not least because the full range of services will be offered countywide and will be accessible via a single phone number and online referral form. This success was only possible due to support from other funders for elements of the service, notably Macmillan Cancer Support and Carers Trust.

We also recognised that we can provide more services and support for unpaid Carers by increasing our capacity to recruit and support more volunteers. With a successful bid and grant support from The Henry Smith Charity we have employed a full-time Volunteer Coordinator from April 2015.

ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

Over the last 12 months we have supported 4,175 Carers and most importantly this includes over 900 'new' Carers. We carried out over 13,000 individual interventions across the year. This ranges from individual home visits and respite clubs to intensive support in advocacy cases and for Carers of people at end of life.

Our focus is firmly on Carers and being **Carer-centred**. Feedback from Carers Forums in every district that we serve supported the appointment of a Lead Trustee Carer Engagement. This role ensures that what matters to Carers matters to the Board of Trustees. We have reviewed our strategy to engage and involve Carers at every opportunity and for the benefit of Carers. The result is a more proactive approach and one that shapes both policy and action.

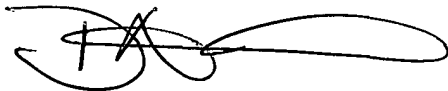
Quality is also central to what we do and we are pleased, following our audit in February 2015, to have achieved Carers Trust's Quality Mark at Level 2, which identifies Action for Family Carers as a Centre of Excellence for our services for Young Carers and Adult Carers.

Action for Family Carers operates with **Integrity** in all aspects of the Charity and its business operations. This has remained core to our work, governing our decisions and actions during significant change and challenging times not only for funding. Our Vision now recognises the explicit need to campaign and work across Essex with policy-makers, partners and planners to strive to meet the needs of Carers. The Conference we held in November on Carers and The Care Act - in partnership with Essex County Council and Chelmsford Centre Supporting Voluntary Action - crystallised that thinking and approach for the future.

It has been a very successful year in a number of ways. The merger and other partnerships mean that we have secured more for more with funding for new services, initiatives and other developments. However, we are not complacent and remain ambitious in achieving our Mission and Vision for Carers.

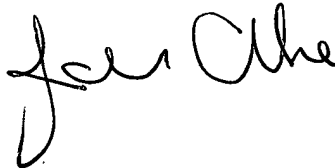
There are 180,000 unpaid Carers in Essex and these are those we know about. There are therefore at least 180,000 reasons to care. We care and are prepared to face the challenge knowing that what we do can and does make a real difference to the quality of life of many Carers and their families.

Denise Fielding - Chair



3 September 2015

James Clarke - Chief Executive



ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

ACTIVITIES AND ACHIEVEMENTS

Adult Carer Services

Adult Carer support in the community:

We provided support for over 4000 Carers during the year, a figure which includes 574 'new' adult Carers who received information and support for the first time.

Our provision included: home visits, telephone contact, emotional support, information and signposting; regular peer support groups in Maldon, Chelmsford, Braintree and Brentwood where adult Carers meet to share their experiences; a counselling service for adult Carers provided by trained volunteers; and training workshops and well-being days.

Advocacy

We provided formal advocacy for unpaid Carers living in Chelmsford, Maldon, Brentwood and Uttlesford as part of a countywide consortium coordinated by SEAP (Support, Empower, Advocate, Promote) who took over this role from Advocacy Essex Services during the year. Our Advocacy Worker closed 51 cases from April 2014 to March 2015. A range of issues were dealt with; a common concern was poor delivery of care packages, either from paid care workers arriving late, being untrained or inexperienced. Admission to residential care and concerns about delivery of care was another frequent topic. Support was also given to Carers wishing to receive direct payments to support their caring role. The advocacy contract now allows the Advocacy Worker to support people caring for someone under 65 with mental health issues, reaching Carers who were previously without advocacy support.

During the year eight Self Advocacy workshops were delivered across venues in Maldon, Chelmsford and Brentwood. Attendees reported high levels of satisfaction and empowerment. Our Volunteer Citizen Advocate helped two people during this period with long term issues which did not fall within the remit of formal advocacy.

Carer Hospital Liaison

The aim of this initiative is to ensure that Carers feel supported whilst their Cared-for are inpatients in an acute hospital setting and that they continue to be supported post-discharge by referral to our other services including community support, formal advocacy and respite. Carers have reported to us that the service has been an invaluable mechanism of support at a time when they needed it most.

This year the project supported 316 Carers in Broomfield Hospital (Mid-Essex Hospitals Trust) and in our new service based at Princess Alexandra Hospital in Harlow. Carers received support to facilitate safe, timely and appropriate discharges for their Cared-for as well as support with safeguarding, mental capacity, best interest decisions, onward referral and signposting.

ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

Macmillan Carers Service

Funded jointly by Macmillan Cancer Support and NHS Mid Essex Clinical Commissioning Group, this service offers support for Carers of people in need of end of life care in Mid Essex. The service was delivered through drop-ins at the Community Hospitals in Mid Essex, outreach sessions in the community, and a regular presence at the Information Pod at Broomfield Hospital with home visits made to Carers to identify individual needs and priorities.

Over 400 Carers were provided with support by the service during the year. From 1st April 2015 the service will be offered across the county with continued support from Macmillan Cancer Support together with Essex County Council and 5 NHS Clinical Commissioning Groups.

Respite Services

The Day Centre at Brickhouse Farm provided a total of 1,188 breaks for social care clients in this period and 832 breaks for private clients, making a total of 2020 breaks for Carers and their Cared-for. This represents a 6% increase compared to the previous year. The service at Brickhouse Farm now operates five days per week.

Further improvements have been made to the service over the last year based on service users' views and preferences and are focused on achieving the individual outcomes they and their family Carers have identified. These changes have included providing more varied activities including many more physical activities such as seated exercises. We also ensure that service users have a choice of activity at all times.

Our fortnightly outreach day care provision continued to operate successfully at Tollesbury, Burnham on Crouch, West Mersea and Springfield. The service at Great Baddow also continued throughout the year however reduced demand and the move away from grant funding led to the decision to cease this provision from April 2015. In total 2230 individual days of day care were provided across the outreach services. Unmet need has been identified in other areas and the Charity is seeking to develop new provision subject to funding.

Young Carer Services

Over the last year the service engaged with 524 Young Carers aged 8 years and over, and 155 Young Adult Carers aged 16-24. 193 individual Carers were newly identified over the year, reflecting growth both in demand and in service delivery to meet that demand. The services outlined below demonstrate how Action for Family Carers has recognised and responded to this demand and to the needs of young people in Essex.

ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

Young Carers Support

The service was provided throughout the year supporting Young Carers with practical and emotional support outside of school. We provided 104 club night sessions in Colchester, Chelmsford, Maldon and Tiptree which were accessed by 120 young people aged 8-18 years. The service also provided 11 trips and opportunities for new experiences for 176 young people and 17 personal development activities for 43 young people.

Young Carers who access this service are allocated a Young Carer Support and Development Worker, who works with the young person to create an individual action plan which may include the Young Carers group, trips or activities which offer opportunities for new experiences with young people in similar situations, alongside one to one support and access to activities which promote personal development and life skills.

Young Carers Support in Schools

We provided practical and emotional one-to-one sessions and group drop-in sessions with Young Carers in secondary schools in the districts of Braintree, Chelmsford, Colchester and Maldon ensuring the young people are supported within education and can continue to achieve ensuring transition into further education, employment or training. 1,294 individual one to one sessions took place with 249 young people. These individual sessions were supported by 64 group drop-in sessions.

Family Innovation Funding in Maldon and Tiptree facilitated additional Family Liaison Support with Young Carers. Working closely with families, we provided early intervention, reducing the risk of reaching crisis point, building resilience and improving relationships within the home, whilst providing practical and emotional one-to-one support in schools to Young Carers.

Young Adult Carers Transition Support

The Young Adult Carers Transition Support service supports Young Adult Carers aged 16-24 in Colchester Chelmsford and Braintree through their transition into adulthood, operating in the community with individual support sessions in academic institutions. We provided a mixture of one to one practical and emotional support, group drop-ins and guidance into further education, employment or training, reducing their risk of becoming Not in Education Employment or Training (NEET). 52 young adults engaged in 192 support sessions and 150 group sessions during the year. 15 Young Adult Carers engaged in activities with other Young Adult Carers across the UK to increase recognition and identification of Young Adult Carers and to promote attendance at university.

ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

REVIEW OF FINANCIAL ACTIVITIES

This has been a year of significant growth in revenue in line with the Strategic Plan to provide more services for Carers across Essex and to diversify our income streams. We have adopted a more proactive approach to developing new services, working closely with partners, commissioners and key stakeholders to better meet the needs of Carers in Essex. All figures below are correct to the nearest £k.

Income

Income during 2014/15 was £905k which was an increase of £230k on the previous year. This was driven almost exclusively by grants including from West Essex Clinical Commissioning Group, Comic Relief and Supporting Carers in Essex (a new Essex County Council/NHS grant funding stream).

Expenditure

Expenditure was £764k. This is £111k above last year. This increase is lower than the increase in income due to a significant element of the income relating to start-up costs which will be spent during the following financial year. Staff costs represent the largest proportion of expenditure. These costs have been carefully controlled and represent an increase of 12.5%.

Funds

Total funds at the end of the year were £407k which is £140k above last year which reflects the increased funding and start-up costs for Supporting Carers in Essex.

We increased our unrestricted funds by £35k to £239k in line with The Board of Trustees' Financial Reserves Policy. This figure includes 'free reserves' of £193k and Fixed Assets to the value of £46k. Fixed Assets are all items of enduring value – this includes our computer servers and telephone system.

We continue to invest the majority of our unrestricted reserves in deposit accounts which have generated a small but welcome amount of interest for investment in the Charity.

Reserves Policy

The Board of Trustees has established various funds and reserves – both designated and undesignated – as a contingency against unforeseen and unexpected future costs. The Reserves Policy states that the Charity will build reserves to a minimum 25% and a maximum 50% of budgeted annual operating costs. The levels of these funds are reviewed regularly and the Trustees feel that, considering the Funds above and the figure received from the merger, the current levels of the fund are sufficient.

Investment Policy

The purpose of The Investment Policy is to maximise available expenditure on services for unpaid Carers. The Charity will ensure that at least 50% of unrestricted reserves are immediately available and that all investments are risk assessed and covered by the Financial Conduct Authority and Financial Services Compensation Scheme.

ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

Future Funding

The Charity has secured funding from a range of funders for at least a two year period in line with our Strategic Plan which provides improved security and stability and enables longer term planning. This includes two year grant funding for the period ending 31st March 2017 from Essex County Council and five Essex NHS Clinical Commissioning Groups with matched funding from Macmillan Cancer Support to develop and deliver an all-age countywide Carer support service called Supporting Carers in Essex. This will be delivered in partnership with Action for Family Carers as the lead provider. The other providers will be Essex Carers Support; Crossroads Tendring and Colchester; Crossroads Care Braintree District and Chelmsford; Crossroads Care East Anglia; Carers Trust Epping Forest, Harlow, Havering & Redbridge - Crossroads Carer Services, and Crossroads Care Brentwood and Basildon.

As a result of our merger with Caring for Harlow Carers at 1st April 2015 there will be a transfer of monetary assets to the value of £144k which will be recorded in next year's accounts.

We remain a robust organisation in a sound financial position ready to fulfil our Mission for the benefit of unpaid Carers and we are confident that by 2018 Action for Family Carers will be recognised as a Centre of Excellence for the provision of Carer support services across Essex.

Our Funders

The ACT Foundation
Anglian Community Trust
Carers Trust
Children in Need
Childwick Trust
Comic Relief
The D'Oyly Carte Charitable Trust
Essex County Council
Essex Community Foundation
Fowler Smith and Jones
Macmillan Cancer Support
NHS Mid Essex Clinical Commissioning Group
Provide
Rotary Club of Colchester
St James Place
SEAP (Support, Empower, Advocate, Promote)
The Skipton Building Society
The Charity of William John Cook

Our grateful thanks go to all of the above, to Maldon District Council for the provision of premises at Brickhouse Farm Community Centre and to all those that contributed through donations or fundraising events.

ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

Risk Review

The Board of Trustees has reviewed the major risks to which the Charity is exposed and systems have been identified to mitigate those risks. External risks regarding the continuity of voluntary funding have resulted in the current development of a Strategic Plan which promotes the diversification of funding and activities. Internal risks are minimised by the implementation of financial control and regulation procedures. These procedures are regularly reviewed to ensure that they still meet the needs of the Charity.

RESPONSIBILITIES OF THE TRUSTEES

The Trustees (who are also the Directors of Action for Family Carers for the purposes of company law) are responsible for preparing the Trustees Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charitable Company and of the incoming resources and application of resources, including the income and expenditure, of the Charitable Company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charitable Company will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the Charitable Company and enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the Charitable Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

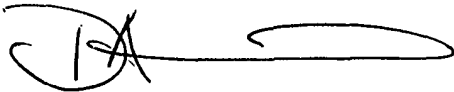
ACTION FOR FAMILY CARERS

TRUSTEES ANNUAL REPORT YEAR ENDED 31 MARCH 2015

We, the Directors of the company who held office at the date of approval of these Financial Statements, as set out above, each confirm so far as we are aware, that:

- there is no relevant audit information of which the company's auditors are unaware; and
- we have taken all the steps that we ought to have taken as Directors in order to make ourselves aware of any relevant audit information and to establish that the company's auditors are aware of that information.

This report was approved by The Board of Trustees on 3 September 2015 and signed on its behalf.



D FIELDING

Chairman



R BETTINSON

Trustee

ACTION FOR FAMILY CARERS

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF ACTION FOR FAMILY CARERS FOR THE YEAR ENDED 31 MARCH 2015

We have audited the financial statements of Action for Family Carers for the year ended 31 March 2015 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and the Financial Reporting Standard for Smaller Entities (effective April 2008) (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Respective responsibilities of trustees and auditor

As explained more fully in the Trustees' Responsibilities Statement, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

Scope of the audit of the financial statements

A description of the scope of an audit of financial statements is provided on the FRC's website at www.frc.org.uk/auditscopeukprivate

Opinion on financial statements

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2015, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice (applicable to smaller entities); and
- have been prepared in accordance with the requirements of the Companies Act 2006.

ACTION FOR FAMILY CARERS

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF ACTION FOR FAMILY CARERS FOR THE YEAR ENDED 31 MARCH 2015

Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the directors' report.

Signed: 

Giles Kerkham FCA DChA (Senior Statutory Auditor)

for and on behalf of

Larking Gowen

Chartered Accountants

8 The Courtyard, Wyncolls Road

Colchester

Essex

CO4 9PE

Date: 25 September 2015

ACTION FOR FAMILY CARERS

STATEMENT OF FINANCIAL ACTIVITIES (including income and expenditure account) YEAR ENDED 31 MARCH 2015

	Notes	Unrestricted funds £	Restricted funds £	Total 2015 £	Total 2014 £
Incoming resources					
Donations and gifts	4	6,314	9,474	15,788	11,500
Activities to further the Charity's objects Grants, contracts and other income	5	111,885	765,006	876,891	657,103
Activities to generate funds		10,686	325	11,011	4,097
Investment income and interest		1,039	-	1,039	1,755
Total incoming resources		<u>129,924</u>	<u>774,805</u>	<u>904,729</u>	<u>674,455</u>
Resources expended					
Costs of generating funds		4,683	-	4,683	6,806
Activities to further the Charity's objects Charitable expenditure	6	90,342	665,145	755,487	644,428
Governance costs	7	-	4,200	4,200	1,830
Total resources expended		<u>95,025</u>	<u>669,345</u>	<u>764,370</u>	<u>653,064</u>
Net incoming resources before transfers		34,899	105,460	140,359	21,391
Transfers between funds		-	-	-	-
Net incoming resources		<u>34,899</u>	<u>105,460</u>	<u>140,359</u>	<u>21,391</u>
Funds as at 1 April 2014		204,288	62,525	266,813	245,422
Funds as at 31 March 2015		<u><u>239,187</u></u>	<u><u>167,985</u></u>	<u><u>407,172</u></u>	<u><u>266,813</u></u>

The notes on pages 5 - 9 form part of these financial statements


ACTION FOR FAMILY CARERS

BALANCE SHEET AS AT 31 MARCH 2015

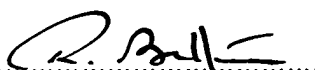
	Note	Total 2015 £	Total 2014 £
Fixed assets			
Tangible fixed assets	8	45,723	51,376
Current assets			
Debtors	9	59,793	36,180
Cash at bank and in hand		325,783	289,163
		<u>385,576</u>	<u>325,343</u>
Current liabilities			
Creditors: amounts falling due within one year	10	24,087	109,906
Net current assets		<u>361,489</u>	<u>215,437</u>
Net assets		<u><u>407,212</u></u>	<u><u>266,813</u></u>
Accumulated funds			
Unrestricted funds	12	239,187	204,288
Restricted funds	12	167,985	62,525
		<u><u>407,172</u></u>	<u><u>266,813</u></u>

The financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008).

The financial statements were approved by the Trustees on 3 September 2015 and signed on their behalf, by



D Fielding



R Bettinson

The notes on pages 5 to 9 form part of these financial statements.

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2015

1. Accounting policies

1.1 Basis of preparation

The financial statements are prepared under the historical cost accounting rules, and in accordance with the Financial Reporting Standard for Smaller Entities (FRSSE), effective April 2008 and the Charities Act 2011.

1.2 Income and expenditure

Donations, legacies and similar incoming resources

These are included in the year in which they are receivable. This is when the Charity becomes entitled to the resource.

Grants and fees receivable

These are credited to the Statement of Financial Activities (SOFA) in the year in which they are receivable. Receipts from Service Level Agreements are recognised as income as the charity becomes entitled through performance of services. Deferred income is released to income in the period in which it has been applied.

Investment income

Income from investments is included in the SOFA in the year in which it is receivable.

Expenditure

All expenditure is included on an accruals basis and is recognised when there is a legal or constructive obligation to pay for the expenditure. All costs have been directed attributed to one of the categories of resources expended in the SOFA. The Charity is not registered for VAT and accordingly expenditure is shown gross of irrecoverable VAT.

1.3 Tangible fixed assets and depreciation

These are stated at cost or valuation less depreciation.

Only individual assets costing more than £1,000 are capitalised to the fixed asset register.

Depreciation is provided at rates calculated to write off the cost of valuation of assets, less their estimated residual value, over their expected useful lives on the following basis:

All assets	Between 10% to 50% Straight line
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1.4 Funds

Unrestricted funds comprise those funds which the Trustees are free to use in accordance with the Charitable objects.

Restricted funds are funds which have been given for particular purposes.

2. Income

In this period, all of the Charity's income was derived from charitable activities performed within the UK.

3. Taxation

The Charity is exempt from tax on income and gains to the extent that such income and gains are applied to its Charitable objectives. No corporation tax charge arises for the year.

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2015

4. Donations and gifts	Unrestricted funds	Restricted funds	Total 2015	Total 2014
	£	£	£	£
General	5,314	197	5,511	6,275
Respite services	1,000	3,536	4,536	878
Adult services	-	1,459	1,459	45
Young carer services	-	4,282	4,282	4,302
	6,314	9,474	15,788	11,500
5. Grants, contracts and other income	Unrestricted funds	Restricted funds	Total 2015	Total 2014
	£	£	£	£
General	3,000	-	3,000	1,176
Supporting Carers in Essex	-	98,755	98,755	-
Respite services	108,885	94,476	203,361	184,501
Adult services	-	301,413	301,413	254,004
Young carer services	-	270,362	270,362	217,422
	111,885	765,006	876,891	657,103
6. Charitable expenditure	Unrestricted funds	Restricted funds	Total 2015	Total 2014
	£	£	£	£
Staff costs	53,796	483,300	537,096	477,244
Trustee expenses	87	-	87	303
Staff expenses (travelling, CRB's)	2,313	47,315	49,628	44,863
Food, transport and direct costs	18,526	35,489	54,015	37,537
Equipment repairs and renewals	507	13,238	13,745	20,274
Telephone, postage and stationery	1,137	20,667	21,804	16,794
Rent of halls	310	11,727	12,037	8,116
Bookkeeping and accountancy fees	4,317	6,200	10,517	9,958
Re-organisation Costs	-	3,600	3,600	-
Consultant	-	3,555	3,555	7,869
Legal and professional fees	-	25	25	13
Insurance	81	2,383	2,464	2,006
Advertising	1,843	6,314	8,157	2,403
Printing	-	8,736	8,736	4,163
Cleaning	-	6,240	6,240	6,561
Miscellaneous Office Costs	4,460	4,685	9,145	667
Depreciation	2,965	11,671	14,636	5,657
	90,342	665,145	755,487	644,428
Miscellaneous Office Costs includes archive storage, personal alarms and office refurbishment.				
General	10,036	-	10,036	5,184
Supporting Carers in Essex	-	8,637	8,637	-
Respite services	80,306	88,820	169,126	159,978
Adult services	-	307,366	307,366	257,170
Young carer services	-	260,322	260,322	222,096
	90,342	665,145	755,487	644,428

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2015

6. Charitable expenditure (continued)	Unrestricted funds £	Restricted funds £	Total 2015 £	Total 2014 £
Staff costs				
Gross salaries	51,361	453,137	504,498	447,728
Employers NIC	2,435	30,163	32,598	29,516
	<u>53,796</u>	<u>483,300</u>	<u>537,096</u>	<u>477,244</u>

Average number of employees 39 34

No staff member was paid in excess of £60,000 per annum.

7. Governance costs	Unrestricted funds £	Restricted funds £	Total 2015 £	Total 2014 £
Audit fee	-	4,200	4,200	1,830
	<u>-</u>	<u>4,200</u>	<u>4,200</u>	<u>1,830</u>

Fees of £3,600 were also paid to the Auditors for due diligence work for the merger of Caring for Harlow Carers.

8. Tangible fixed assets	Computers, equipment & furniture £	Fixtures & Fittings £	Total £
Cost			
As at 1 April 2014	47,783	10,039	57,822
Additions	3,616	5,367	8,983
As at 31st March 2015	<u>51,399</u>	<u>15,406</u>	<u>66,805</u>
Depreciation			
As at 1 April 2014	5,381	1,065	6,446
Charge for the year	12,157	2,479	14,636
As at 31st March 2015	<u>17,538</u>	<u>3,544</u>	<u>21,082</u>
Net Book Value			
As at 31 March 2015	<u>33,861</u>	<u>11,862</u>	<u>45,723</u>
As at 31st March 2014	<u>42,402</u>	<u>8,974</u>	<u>51,376</u>

9. Debtors	2015 £	2014 £
Accounts receivable	48,847	6,842
Accrued income	10,029	25,744
Prepayments	917	3,594
	<u>59,793</u>	<u>36,180</u>

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2015

10. Creditors: amounts falling due within one year	2015 £	2014 £
Deferred income	8,054	92,905
Other creditors and accruals	16,033	17,001
	<u>24,087</u>	<u>109,906</u>

Deferred income analysis	Unrestricted funds £	Restricted funds £	Total 2015 £
Balance at 31 March 2014	6,333	86,572	92,905
Amount released to incoming resources	(6,333)	(86,572)	(92,905)
Amount deferred in the year	-	8,054	8,054
Balance at 31 March 2015	<u>-</u>	<u>8,054</u>	<u>8,054</u>

Deferred income arises on receipts from Service Level Agreements in accordance with accounting policy 1.2. The fall in deferred income reflects the conclusion of a number of projects ahead of the commencement of Supporting Carers in Essex in April 2015

11. Gift in kind

The premises occupied by the Charity are kindly provided free of rent and certain overhead costs.

12. Reconciliation of funds	As at 01/04/14	Incoming resources	Outgoing resources	Transfers	As at 31/03/15
Unrestricted funds	<u>204,288</u>	<u>129,924</u>	<u>(95,025)</u>	<u>-</u>	<u>239,187</u>
Restricted funds					
General	3,809	522	-	-	4,331
Supporting Carers in Essex	-	98,755	(8,637)	-	90,118
Respite services	13,189	98,012	(90,220)	-	20,981
Adult services	45,164	302,872	(308,766)	-	39,270
Young carer services	363	274,644	(261,722)	-	13,285
	<u>62,525</u>	<u>774,805</u>	<u>(669,345)</u>	<u>-</u>	<u>167,985</u>
Total funds	<u>266,813</u>	<u>904,729</u>	<u>(764,370)</u>	<u>-</u>	<u>407,172</u>

Supporting Carers in Essex fund

The Supporting Carers in Essex fund arises from a funding award from Essex County Council towards a comprehensive countywide universal and targeted carer support service. Funds received in 2014/15 are for start-up costs. The main project is due to run from April 2015 to March 2017 and overall project value is £1.910 million.

ACTION FOR FAMILY CARERS

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2015

13. Analysis of net assets between funds	Unrestricted funds	Restricted funds	Total 2015	Total 2014
	£	£	£	£
Fixed assets	45,723	-	45,723	51,376
Current assets	-	59,793	59,793	36,180
Cash at bank and in hand	193,424	132,359	325,783	289,163
Current liabilities	-	(24,087)	(24,087)	(109,906)
	<u>239,147</u>	<u>168,065</u>	<u>407,212</u>	<u>266,813</u>

14. Operating Lease	2015	2014
	£	£
Operating lease ending 2 to 5 years	2,617	2,617
	<u>2,617</u>	<u>2,617</u>

15. Related party transactions

1 Trustee in 2015 (2014: 1) was reimbursed £87 (2014: £303) in respect of travel costs.

No emoluments or any other transactions (2014: no emoluments) were paid to any trustees during the year.

16. Post balance sheet event

On 1 April 2015 the Charity merged with Caring for Harlow Carers. The book value of the net assets transferred at this date was £127k. During the year ended 31 March 2015, the incoming resources and net losses of Caring for Harlow Carers were £113k and £16k respectively.