

REGISTERED COMPANY NUMBER: 06349415 (England and Wales)
REGISTERED CHARITY NUMBER: 1121635

Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 March 2010
for
South West Crossroads Caring for Carers



King Watkins Ltd
The Island House
Midsomer Norton
Radstock
Somerset
BA3 2DZ

South West Crossroads Caring for Carers

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for the Year Ended 31 March 2010**

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South West Crossroads Caring for Carers

Report of the Trustees **for the Year Ended 31 March 2010**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2010. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06349415 (England and Wales)

Registered Charity number

1121635

Registered office

1 Graham Road
Weston Super Mare
BS23 1YA

Trustees

D Parsons

K Trivett

J Oldham

R Andrews

A Begley

S Pearce

P FitzGerald

Chairman

Company Secretary

Vice Chairman

- appointed 21.4.10

Company Secretary

K Trivett

Independent Examiner

King Watkins Ltd

The Island House

Midsomer Norton

Radstock

Somerset

BA3 2DZ

Bankers

Lloyds TSB

Kingswood Branch, Sort Code 30-94-80

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

South West Crossroads Caring for Carers, a company limited by guarantee, is a registered charity governed by its Memorandum and Articles of Association dated 27 August 2007.

Recruitment and Appointment of Trustees

The directors of the Company are also charity trustees for the purposes of charity law and, under the Company's Articles of Association, are known collectively as the Board of Trustees. They are elected by and from the membership at the Annual General Meeting. In accordance with the Articles of Association, the Board has agreed that the number of trustees shall be nine (up to six elected and up to three co-opted). The Articles of Association set out the conditions under which trustees are appointed and prescribe the election process. These include:

- * Elections allow every member of the Company to stand for election and to vote
- * All trustees serve until the end of the Annual General Meeting following their election or co-option
- * Retiring trustees are eligible for re-election or co-option
- * The Board of Trustees appoints honorary officers from amongst its membership

Organisation

The Board of Trustees administers the Charity. The Board meets as required and during the year there have been Project Team meetings to deal with strategic planning and proposals for the provision of carers support services for Torbay Care Trust.

There were two paid staff and a formal Scheme of Delegation was applied during the year.

South West Crossroads Caring for Carers

Report of the Trustees **for the Year Ended 31 March 2010**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Related Parties

South West Crossroads Caring for Carers is affiliated to the Crossroads Association as an umbrella organisation

South West Crossroads Caring for Carers also works closely with other Crossroads schemes in the South West Region and this is recognised in a Heads of Agreement signed by all member schemes

Risk Management

The trustees have conducted a review of the major risks to which the Charity is exposed and systems have been established to mitigate those risks

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all aspects of the Charity. These procedures are periodically reviewed to ensure that they meet the needs of the Charity

OBJECTIVES AND ACTIVITIES

Principal Object

South West Crossroads Caring for Carers' principal object is to relieve the stresses experienced by carers and beneficiaries within its area of benefit. The Area of Benefit is

The counties of Cornwall, Devon, Dorset, Gloucestershire, Somerset and Wiltshire, the non-metropolitan districts of Bath & North East Somerset, Bournemouth, Bristol, North Somerset, Plymouth, Poole, South Gloucestershire, Swindon and Torbay and the Isles of Scilly

Significant Activities

Significant activities during the year have been

The establishment of an Enabling Service in Torbay and, through this, the provision of services to carers in Torbay

The pursuit of funding to support

The introduction of a carers breaks service in Torbay

A two-year development project to support the introduction of the Enabling Service into other areas of the South West

Working with other Crossroads Care schemes to develop sustainable services for the future

PUBLIC BENEFIT

South West Crossroads plans to provide a wide range of services to support carers of all ages by providing advice and information to enable them to make choices in the provision of services and have control over them. It will provide some care support services individually in the home. Equal access to our services is important to us, this is limited only by the geographical area of benefit and the availability of funding

Charges may be made for some services, or as a contribution, other services will be free at the point of use and will be funded by statutory funding, charitable grants and trusts and donations from the public. Some self-funding will be from personalised budgets and direct payments from statutory sources in line with developing national government policy

Each year, the trustees review the achievements of the Charity and these are contained in the Annual Report. The trustees have developed a three-year Strategic Plan, which they will review each year as operational services develop. In reviewing past performance, and developing future plans, the trustees have referred to guidance contained in the Charity Commission's general guidance on public benefit. In particular, the trustees consider how planned activities will contribute to the objects of the Charity

South West Crossroads Caring for Carers

Report of the Trustees **for the Year Ended 31 March 2010**

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The following are the main achievements in 2009/2010

Torbay Enabling Service

In September 2009, South West Crossroads secured a two-year contract from the Torbay Care Trust to run an Enabling Service in Torbay. Two staff were appointed to run this service and by the end of the year (within six months of the start of the Contract) were supporting 45 families (against a full-year target of 70 families).

In November 2009, the Olive Carers Centre was opened in Torquay. Owned by the Torbay Care Trust, the Olive Carers Centre provides a base for South West Crossroads and a facility for use by carers. Similar centres are planned for the other towns in Torbay.

Torbay is a Department of Health Demonstrator Site for the Carers Strategy. South West Crossroads is a key part of this Project and is a member of the Project Board. The Project is being independently evaluated. South West Crossroads is being measured against eleven key objectives. At the end of the Report year, 16 carers had agreed to participate in the pilot (out of the 45 families referred to above).

An objective in Torbay is to secure funding to enable the development of a "breaks plus" service. This is designed to provide practical help in the home and enable carers to take a break and do something they choose to do. It is based on personal budgets and requires working capital to start the service and assist with cashflow. Applications have been made to Futurebuilders for funding.

Development Project

In order to pursue the replication of the Enabling Service in other areas, a Development Project was specified and funding sought from various sources. At the end of the Report year, half of the required two-year funding had been secured, mainly from the James Tudor Foundation. Match funding is being pursued to enable this project to start in 2010/2011.

Generally

The adoption of a strategic Plan

The development of an Enabling Service model, which formed the basis of the service provided in Torbay and is capable of replication in other areas as part of the Development Project.

Participation, with other Crossroads Care schemes, in a network wide project to develop sustainable services for the 21st Century.

Rebranding of the Crossroads Care service as part of a network initiative.

South West Crossroads Caring for Carers

Report of the Trustees **for the Year Ended 31 March 2010**

ACHIEVEMENT AND PERFORMANCE **PLANS FOR THE FUTURE**

South West Crossroads has a Strategic Plan. This Plan is drawn up against a background of significant change in the social care sector, Government Policy placing emphasis on self-directed care and a stringent financial climate.

The Plan is based on the needs of carers and families and draws on direct input from them following initial consultation events last year and feedback from carers (including carer involvement in the Torbay Local Advisory Group)

Specifically, we plan to

- * Secure the remaining funding for the Development Project to replicate the Enabling Service in other parts of the South West
- * Develop plans for the replication of the Enabling Service
- * Develop marketing plans
- * Continue the Enabling Service in Torbay and plan for its future
- * Continue to pursue funding for a breaks plus service in Torbay
- * Work with the Torbay Care Trust to provide more carers centres and develop the use of volunteers
- * Continue to participate with the Torbay Care Trust and others in a Department of Health Demonstrator Site for breaks services for carers
- * Contribute to the developing strategy for the whole of the Crossroads Care network.

Meeting the needs of carers and their families in a holistic way, and with dignity, will be central to all activities

FINANCIAL REVIEW

Reserves Policy

The Company has adopted a policy of working towards holding reserves representing six months operating costs

Investment Policy and Objectives

The trustees have considered the most appropriate policy for future investment of funds and have found that the safety and accessibility of the Bank account meets the current requirements of the Company

ON BEHALF OF THE BOARD



K Trivett - Trustee

Date 14/12/2010

Independent Examiner's Report to the Trustees of
South West Crossroads Caring for Carers

I report on the accounts for the year ended 31 March 2010 set out on pages six to nine

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year (under Section 43(2) of the Charities Act 1993 (the 1993 Act)) and that an independent examination is required

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to

- examine the accounts under Section 43 of the 1993 Act
- to follow the procedures laid down in the General Directions given by the Charity Commission (under Section 43(7)(b) of the 1993 Act), and
- to state whether particular matters have come to my attention

Basis of the independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statements below

Independent examiner's statement

In connection with my examination, no matter has come to my attention

(1) which gives me reasonable cause to believe that, in any material respect, the requirements

- to keep accounting records in accordance with Section 386 and 387 of the Companies Act 2006, and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of Sections 394 and 395 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities

have not been met, or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached



King Watkins Ltd
The Island House
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14 December 2010

Date

South West Crossroads Caring for Carers

Statement of Financial Activities
for the Year Ended 31 March 2010

	Notes	31 3 10 Unrestricted funds £	31 3 09 Total funds £
INCOMING RESOURCES			
Incoming resources from generated funds			
Voluntary income		3,158	1,205
Incoming resources from charitable activities			
Crossroads Care		-	5,967
Regional Development		391	174
Torbay Service Project		39,302	-
		<hr/>	<hr/>
Total incoming resources		42,851	7,346
 RESOURCES EXPENDED			
Charitable activities			
Crossroads Care		-	5,384
Torbay Service Project		34,040	-
Governance costs		3,605	1,559
Other resources expended		1,821	13
		<hr/>	<hr/>
Total resources expended		39,466	6,956
 NET INCOMING RESOURCES			
		<hr/>	<hr/>
		3,385	390
 RECONCILIATION OF FUNDS			
Total funds brought forward		397	7
		<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD		<u>3,782</u>	<u>397</u>

The notes form part of these financial statements

South West Crossroads Caring for Carers

**Balance Sheet
At 31 March 2010**

	Notes	31 3 10 Unrestricted funds £	31 3 09 Total funds £
CURRENT ASSETS			
Debtors amounts falling due within one year	4	506	-
Cash at bank and in hand		25,253	1,883
		<u>25,759</u>	<u>1,883</u>
CREDITORS			
Amounts falling due within one year	5	(21,342)	(460)
		<u>4,417</u>	<u>1,423</u>
NET CURRENT ASSETS			
		4,417	1,423
TOTAL ASSETS LESS CURRENT LIABILITIES			
		4,417	1,423
CREDITORS			
Amounts falling due after more than one year	6	(635)	(1,026)
		<u>3,782</u>	<u>397</u>
NET ASSETS			
		3,782	397
FUNDS			
Unrestricted funds	7	3,782	397
		<u>3,782</u>	<u>397</u>
TOTAL FUNDS			
		3,782	397

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2010

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2010 in accordance with Section 476 of the Companies Act 2006

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective April 2008)

The financial statements were approved by the Board of Trustees on 30.11.2010 and were signed on its behalf by



K Trivett -Trustee

The notes form part of these financial statements

South West Crossroads Caring for Carers

Notes to the Financial Statements for the Year Ended 31 March 2010

I ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008), the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources

Taxation

The charity is exempt from corporation tax on its charitable activities

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2010 nor for the year ended 31 March 2009

Trustees' Expenses

	31 3 10	31 3 09
	£	£
Trustees' expenses	2,319	834

Expenses totalling £1,769 have been donated back to the charity by the Trustees in the year and are included with Donations

3. STAFF COSTS

	31 3 10	31 3 09
	£	£
Wages and salaries	22,860	-
Social security costs	2,086	-
Other pension costs	552	-
	<u>25,498</u>	<u>-</u>

4. DEBTORS, AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 3 10	31 3 09
	£	£
Accrued income	506	-

South West Crossroads Caring for Carers

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2010**

5. CREDITORS AMOUNTS FALLING DUE WITHIN ONE YEAR

	31 3 10	31 3 09
	£	£
Creditors	2,994	-
Accrued expenses	880	460
Deferred grant income	17,468	-
	<u>21,342</u>	<u>460</u>

6. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31 3 10	31 3 09
	£	£
Trustees & subscribers loan	200	200
Deferred income	435	826
	<u>635</u>	<u>1,026</u>

7. MOVEMENT IN FUNDS

	At 1 4 09	Net movement in funds	At 31 3 10
	£	£	£
Unrestricted funds			
General fund	397	3,385	3,782
	<u>397</u>	<u>3,385</u>	<u>3,782</u>
TOTAL FUNDS	<u>397</u>	<u>3,385</u>	<u>3,782</u>

Net movement in funds, included in the above are as follows

	Incoming resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	42,851	(39,466)	3,385
	<u>42,851</u>	<u>(39,466)</u>	<u>3,385</u>
TOTAL FUNDS	<u>42,851</u>	<u>(39,466)</u>	<u>3,385</u>

South West Crossroads Caring for Carers

Detailed Statement of Financial Activities
for the Year Ended 31 March 2010

	31 3 10	31 3 09
	£	£
INCOMING RESOURCES		
Voluntary income		
Donations	2,047	825
Gift aid	741	-
Membership subscriptions	370	380
	<hr/>	<hr/>
	3,158	1,205
Incoming resources from charitable activities		
Grants Crossroads Assoc	391	6,141
Grants Torbay Care Trust	39,302	-
	<hr/>	<hr/>
	39,693	6,141
Total incoming resources	<hr/>	<hr/>
	42,851	7,346
RESOURCES EXPENDED		
Charitable activities		
Wages	22,860	-
Social security	2,086	-
Pensions	552	-
Staff travel expenses	1,579	-
Carers Week expenses	-	5,301
Insurance	682	-
Telephone and internet	747	-
Promotional materials	355	83
Postage and stationery	1,445	-
Sundries	463	-
Recruitment and training	1,128	-
Payroll processing costs	140	-
Equipment & maintenance	2,041	-
	<hr/>	<hr/>
	34,078	5,384
Governance costs		
Trustees' expenses	2,319	834
Accountancy	880	460
Regional Development meetings	391	174
Other governance costs	15	91
	<hr/>	<hr/>
	3,605	1,559
Support costs		
Management		
Insurance	1,697	-
Postage and stationery	-	13
Bank charges	86	-
	<hr/>	<hr/>
	1,783	13
Total resources expended	<hr/>	<hr/>
	39,466	6,956

This page does not form part of the statutory financial statements

Detailed Statement of Financial Activities
for the Year Ended 31 March 2010

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