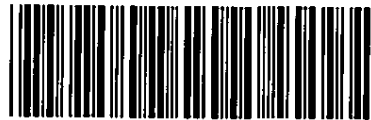


Report of the Trustees and
Unaudited Financial Statements For The Year Ended 31 March 2009
for
South West Crossroads Caring for Carers

TUESDAY



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COMPANIES HOUSE

King Watkins Ltd
The Island House
Midsomer Norton
Radstock
Somerset
BA3 2DZ

South West Crossroads Caring for Carers

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for the Year Ended 31 March 2009

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South West Crossroads Caring for Carers

Report of the Trustees **for the Year Ended 31 March 2009**

The trustees who are also directors of the charity for the purposes of the Companies Act 1985, present their report with the financial statements of the charity for the year ended 31 March 2009. The trustees have adopted the provisions of the Statement of Recommended Practice (SORP) 'Accounting and Reporting by Charities' issued in March 2005.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

06349415 (England and Wales)

Registered Charity number

1121635

Registered office

1 Graham Road
Weston Super Mare
BS23 1YA

Trustees

D Parsons

Chairman

K Trivett

Company Secretary

J Oldham

Vice Chairman

R Andrews

- appointed 24.6.08

A Begley

- appointed 24.6.08

S Pearce

- appointed 24.6.08

A M Siddorn

- resigned 31.10.08

Company Secretary

K Trivett

Bankers

Lloyds TSB

Kingswood Branch, Sort Code 30-94-80

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

South West Crossroads Caring for Carers, a company limited by guarantee, is a registered charity governed by its Memorandum and Articles of Association dated 27 August 2007.

Recruitment and Appointment of Trustees

The directors of the Company are also charity trustees for the purposes of charity law and, under the Company's Articles of Association, are known collectively as the Board of Trustees. They are elected by and from the membership at the Annual General Meeting. In accordance with the Articles of Association, the Board has agreed that the number of trustees shall be nine (up to six elected and up to three co-opted). The Articles of Association set out the conditions under which trustees are appointed and prescribe the election process. These include:

- * Elections allow every member of the Company to stand for election and to vote.
- * All trustees serve until the end of the Annual General Meeting following their election or co-option
- * Retiring trustees are eligible for re-election or co-option
- * The Board of Trustees appoints honorary officers from amongst its membership

Organisation

The Board of Trustees administers the Charity. The Board meets as required and during the year there have been Project Team meetings to deal with strategic planning and proposals for the provision of carers support services for Torbay Care Trust.

There were no paid staff and no formal Scheme of Delegation during the year.

Related Parties

South West Crossroads Caring for Carers is affiliated to the Crossroads Association as an umbrella organisation.

South West Crossroads Caring for Carers also works closely with other Crossroads schemes in the South West Region and this is recognised in a Heads of Agreement signed by all member schemes.

South West Crossroads Caring for Carers

Report of the Trustees **for the Year Ended 31 March 2009**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Risk Management

The trustees have conducted a review of the major risks to which the Charity is exposed and systems have been established to mitigate those risks.

Internal risks are minimised by the implementation of procedures for authorisation of all transactions and projects and to ensure consistent quality of delivery for all aspects of the Charity. These procedures are periodically reviewed to ensure that they meet the needs of the Charity.

OBJECTIVES AND ACTIVITIES

Principal Objects

South West Crossroads Caring for Carers' principal objects are to relieve the stresses experienced by carers and beneficiaries within the prescribed area of benefit. The area of benefit is:

The counties of Cornwall, Devon, Dorset, Gloucestershire, Somerset and Wiltshire, the non-metropolitan districts of Bath and North East Somerset, Bournemouth, Bristol, North Somerset, Plymouth, Poole, South Gloucestershire, Swindon and Torbay and the Isles of Scilly.

Significant Activities

Significant activities during the year have related to the establishment of the Charity, establishing its working relationship with existing Crossroads schemes and planning for the future.

PUBLIC BENEFIT

South West Crossroads Caring for Carers plans to provide a wide range of services to support carers of all ages by providing advice and information to enable them to make choices in the provision of services and have control over them. It will provide some care support services individually in the home. Equal access to our services is important to us; this is limited only by the geographical area of benefit and the availability of funding.

Charges may be made for some services, or as a contribution, other services will be free at the point of use and will be funded by statutory funding, charitable grants and trusts and donations from the public. Some self-funding will be from personalised budgets and direct payments from statutory sources in line with developing national government policy.

Each year, the trustees review the achievements of the Charity and these are contained in the Annual Report. The trustees have developed a three-year Strategic Plan, which they will review each year as operational services develop. In reviewing past performance, and developing future plans, the trustees have referred to guidance contained in the Charity Commission's general guidance on public benefit. In particular, the trustees consider how planned activities will contribute to the objects of the Charity.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

The main achievements in 2008/2009 are:

- * Established the membership base
- * Elected a new Board from the membership
- * Organised events in Carers Week
- * Completed a Feasibility Study and review of the characteristics and market potential across the whole of the South West of England
- * Developed a Strategic Plan for three years prioritising strategic objectives
- * Developed a Proposal for an Enabling Service to form the basis of a contract with the Torbay Care Trust
- * Considered funding options for the strategic objectives as a precursor to making specific bids to Futurebuilders and to charitable trusts

South West Crossroads Caring for Carers

Report of the Trustees
for the Year Ended 31 March 2009

ACHIEVEMENT AND PERFORMANCE
PLANS FOR THE FUTURE

The Charity has a Strategic Plan covering three years. This Plan is drawn up against a background of significant change in the social care sector, with a Green Paper and Government Policy placing emphasis on self-directed care, and a stringent financial climate.

The Plan is based on the needs of carers and families and draws on direct input from them following consultation events last year.

Specifically, we plan to:

- * Convert the Torbay proposals for an Enabling Service into a deliverable service
- * Participate with the Torbay Care Trust and others in a Department of Health Demonstrator Site for breaks services for carers
- * Expand the service in Torbay into a Breaks Plus Service, by securing funding to get it started
- * Seek to replicate the Enabling Service model elsewhere in our area of benefit by:
 - Obtaining development funding
 - Working with the statutory authorities and other organisations
- * Rebrand ourselves as Crossroads Care South West as part of the rebranding of the whole Crossroads network
- * Develop marketing plans
- * Contribute to the developing strategy for the whole of the Crossroads network.

Meeting the needs of carers and their families in a holistic way, and with dignity, will be central to all activities.

FINANCIAL REVIEW

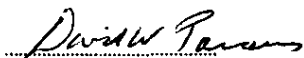
Reserves Policy

The Company has adopted a policy of working towards holding reserves representing six months operating costs and this will be assessed / reviewed on completion of a full year's trading experience.

Investment Policy and Objectives

The trustees have considered the most appropriate policy for future investment of funds and have found that the safety and accessibility of the Bank account meets the current requirements of the Company.

ON BEHALF OF THE BOARD:



Trustee

Date: 23/10/2009

South West Crossroads Caring for Carers

Statement of Financial Activities
for the Year Ended 31 March 2009

	Notes	Year Ended 31.3.09 Unrestricted funds £	Period 21.8.07 to 31.3.08 Total funds £
INCOMING RESOURCES			
Incoming resources from generated funds			
Voluntary income		1,205	50
Incoming resources from charitable activities			
Care		5,967	-
Regional Development		174	-
		<hr/>	<hr/>
Total incoming resources		7,346	50
 RESOURCES EXPENDED			
Charitable activities			
Care		5,384	-
Governance costs		1,559	25
Other resources expended		13	18
		<hr/>	<hr/>
Total resources expended		6,956	43
		<hr/>	<hr/>
NET INCOMING RESOURCES		390	7
 RECONCILIATION OF FUNDS			
Total funds brought forward		7	-
		<hr/>	<hr/>
TOTAL FUNDS CARRIED FORWARD		<u>397</u>	<u>7</u>

The notes form part of these financial statements

South West Crossroads Caring for Carers

**Balance Sheet
At 31 March 2009**

	Notes	31.3.09 Unrestricted funds £	31.3.08 Total funds £
CURRENT ASSETS			
Cash at bank and in hand		1,883	207
CREDITORS			
Amounts falling due within one year	3	(460)	-
NET CURRENT ASSETS		<u>1,423</u>	<u>207</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		1,423	207
CREDITORS			
Amounts falling due after more than one year	4	(1,026)	(200)
NET ASSETS		<u>397</u>	<u>7</u>
FUNDS	5		
Unrestricted funds		<u>397</u>	<u>7</u>
TOTAL FUNDS		<u>397</u>	<u>7</u>

The charitable company is entitled to exemption from audit under Section 249A(1) of the Companies Act 1985 for the year ended 31 March 2009.

The trustees have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2009 in accordance with Section 249B(2) of the Companies Act 1985.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Section 221 of the Companies Act 1985 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its income and expenditure for each financial year in accordance with the requirements of Section 226 and which otherwise comply with the requirements of the Companies Act 1985 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part VII of the Companies Act 1985 relating to small charitable companies and with the Financial Reporting Standard for Smaller Entities (effective January 2007).

The financial statements were approved by the Board of Trustees on 23/10/2009 and were signed on its behalf by:


Trustee

The notes form part of these financial statements

South West Crossroads Caring for Carers

Notes to the Financial Statements
for the Year Ended 31 March 2009

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention, and in accordance with the Financial Reporting Standards for Smaller Entities (effective January 2007), the Companies Act 1985 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2009 nor for the period ended 31 March 2008.

Trustees' Expenses

	Year Ended 31.3.09 £	Period 21.8.07 to 31.3.08 £
Trustees' expenses	834	-

3. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.09 £	31.3.08 £
Accrued expenses	460	-

4. CREDITORS: AMOUNTS FALLING DUE AFTER MORE THAN ONE YEAR

	31.3.09 £	31.3.08 £
Loans from Trustees	200	200
Crossroads Regional Developmt	826	-
	1,026	200

South West Crossroads Caring for Carers

Notes to the Financial Statements - continued
for the Year Ended 31 March 2009

5. MOVEMENT IN FUNDS

	At 1.4.08 £	Net movement in funds £	At 31.3.09 £
Unrestricted funds			
General fund	7	390	397
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>7</u>	<u>390</u>	<u>397</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,346	(6,956)	390
	<hr/>	<hr/>	<hr/>
TOTAL FUNDS	<u>7,346</u>	<u>(6,956)</u>	<u>390</u>

South West Crossroads Caring for Carers

Detailed Statement of Financial Activities
for the Year Ended 31 March 2009

	Year Ended 31.3.09 £	Period 21.8.07 to 31.3.08 £
INCOMING RESOURCES		
Voluntary income		
Donations	825	30
Membership subscriptions	380	20
	<hr/>	<hr/>
	1,205	50
Incoming resources from charitable activities		
Grants Crossroads Assoc	6,141	-
	<hr/>	<hr/>
Total incoming resources	7,346	50
RESOURCES EXPENDED		
Charitable activities		
Carers Week expenses	5,301	-
Promotional materials	83	-
	<hr/>	<hr/>
	5,384	-
Governance costs		
Trustees' expenses	834	-
Accountancy	460	-
Regional Development meetings	174	-
Other governance costs	91	25
	<hr/>	<hr/>
	1,559	25
Support costs		
Management		
Postage and stationery	13	18
	<hr/>	<hr/>
Total resources expended	6,956	43
	<hr/>	<hr/>
Net income	390	7
	<hr/>	<hr/>

This page does not form part of the statutory financial statements