

Companies House

for the would

Please complete in typescript, or in bold black capitals.

CHANGE OF PARTICULARS for director or secretary(NOT for appointment (use Form 288a) or resignation (use Form 288b))

CHWP000	Company Number	102/1220	
	Company Number	6334739	
Company Name in full		SUPERFIT FITNESS CLUB	
			Day Month Year
Changes of particulars	Complete in all cases	Date of change of particulars	3,00,32,0,0,0
form	Name *Style / Title	HISS	*Honours etc
	Forename(s)	Alexandra Julia	
	Surname	Roghe	
		Day Month Year	
	† Date of Birth	0160181979	
Change of name (enter new name) Forename(s)			
	Surname		
Change of usual residential address †† enter new address)		11 Biggerstaff Road	
† Tick this box if the	Post town	E1527R	LONDON
ddress shown is a ervice address for he beneficiary of a	County / Region	Stofford	Postcode E152 JR
confidentiality Order ranted under the rovisions of section	Country	UK	
23B of the companies Act 1985	Other change (please specify)		
	,, ,,	A serving director, secretary etc must sign the form below	
Voluntary details Directors only Delete as appropriate	Signed	A. Roephe	Date 26.08 08
You do not have to give any contact nformation in the box opposite but if you		(** director / secretary / administrator / adm	ninistrative receiver / receiver manager / receiver)
do, it will help Companies House to contact you if there is a query on the form. The			
contact information that you give will be visible to searchers of the public record		Tel	
		DX number DX exchange	
> ∀		When you have completed and signed the form please send it to the	



A18 27/08/2008 **COMPANIES HOUSE**

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Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff for companies registered in England and Wales Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB for companies registered in Scotland DX 235 Edinburgh or LP - 4 Edinburgh 2