

The information can be used securely and accurately, online using WebFiling. This downloadable form, however, contains no inbuilt checks and must be printed, signed and posted to Companies House for manual processing.



288a

**APPOINTMENT of director or secretary
(NOT for resignation (use Form 288b) or change
of particulars (use Form 288c))**

Please complete in typescript,
or in bold black capitals.

CHWP000

Company Number 6334739

Company Name in full SUPERFIT FITNESS CLUB LIMITED

Date of appointment Day Month Year
01 08 2010 7

Date of Birth Day Month Year
22 02 1985

Appointment form

Appointment as director ☒ as secretary ☐

Please mark the appropriate box. If appointment is as a director and secretary mark both boxes.

Notes on completion appear on reverse.

NAME *Style / Title Mr *Honours etc

Forename(s) Cedric

Surname LAINE

Previous Forename(s) Previous Surname(s)

†† Tick this box if the address shown is a service address for the beneficiary of a Confidentiality Order granted under the provisions of section 723B of the Companies Act 1985

†† Usual residential address

Post town London Postcode E15 2JR

County / Region Country

†Nationality French †Business occupation None

†Other directorships (additional space overleaf)

I consent to act as ** director / secretary of the above named company

Consent signature

[Signature] Date 10.03.2008

* Voluntary details
† Directors only
** Delete as appropriate

A director, secretary etc must sign the form below.

Signed

[Signature] Date 10.03.2008

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact information in the box opposite but if you do, it will help Companies House to contact you if there is a query on the

you the

de charge

Tel
DX number DX exchange

When you have completed and signed the form please send it to the Registrar of Companies at
Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh
or LP - 4 Edinburgh 2

TUESDAY



A16 25/03/2008 265
COMPANIES HOUSE
A06 14/03/2008 25
COMPANIES HOUSE