

**Registered Number 06242668**

**GMH BUSINESS COACHING LIMITED**

**Abbreviated Accounts**

**31 March 2013**

## Abbreviated Balance Sheet as at 31 March 2013

	<i>Notes</i>	<i>2013</i>	<i>2012</i>
		£	£
<b>Called up share capital not paid</b>		-	-
<b>Fixed assets</b>			
Tangible assets	2	595	1,190
		<u>595</u>	<u>1,190</u>
<b>Current assets</b>			
Stocks		-	-
Debtors		12,075	3,934
Cash at bank and in hand		16,851	10,818
		<u>28,926</u>	<u>14,752</u>
<b>Creditors: amounts falling due within one year</b>		(28,431)	(6,726)
<b>Net current assets (liabilities)</b>		<u>495</u>	<u>8,026</u>
<b>Total assets less current liabilities</b>		<u>1,090</u>	<u>9,216</u>
<b>Total net assets (liabilities)</b>		<u>1,090</u>	<u>9,216</u>
<b>Capital and reserves</b>			
Called up share capital		100	100
Profit and loss account		990	9,116
<b>Shareholders' funds</b>		<u>1,090</u>	<u>9,216</u>

- For the year ending 31 March 2013 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 6 December 2013

And signed on their behalf by:

**G M Hannides, Director**

## Notes to the Abbreviated Accounts for the period ended 31 March 2013

## 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Turnover policy**

Turnover represents the amounts invoiced for coaching and consulting services in the period. All turnover has arisen in the United Kingdom and is exclusive of value added tax.

**Tangible assets depreciation policy**

Depreciation is provided, after taking account of any grants receivable, to write off each asset over its expected useful life at the following annual rates on cost:-

Office Equipment - 33% per annum

## 2 Tangible fixed assets

	£
<b>Cost</b>	
At 1 April 2012	3,956
Additions	-
Disposals	-
Revaluations	-
Transfers	-
At 31 March 2013	<u>3,956</u>
<b>Depreciation</b>	
At 1 April 2012	2,766
Charge for the year	595
On disposals	-
At 31 March 2013	<u>3,361</u>
<b>Net book values</b>	
At 31 March 2013	<u><u>595</u></u>
At 31 March 2012	<u><u>1,190</u></u>

## 3 Transactions with directors

Name of director receiving advance or credit:	G M Hannides
Description of the transaction:	Loan to a director
Balance at 1 April 2012:	£ 0
Advances or credits made:	£ 2,038
Advances or credits repaid:	-
Balance at 31 March 2013:	<u><u>£ 2,038</u></u>

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