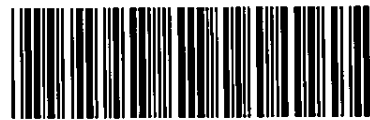


01

ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2009
FOR
A E ADAMS (HOLDINGS) LIMITED

FRIDAY



A1ZGKLQL

A48

16/07/2010

82

COMPANIES HOUSE

A E ADAMS (HOLDINGS) LIMITED (REGISTERED NUMBER 6214048)

**CONTENTS OF THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2009**

	Page
Company Information	1
Report of the Independent Auditors on the Abbreviated Accounts	2
Abbreviated Balance Sheet	3
Notes to the Abbreviated Accounts	4

A E ADAMS (HOLDINGS) LIMITED
COMPANY INFORMATION
FOR THE YEAR ENDED 31 DECEMBER 2009

DIRECTORS

A M Milner
C D Preston
D A Fletcher
P D Foster

SECRETARY

A M Milner

REGISTERED OFFICE

30 New Road
Brighton
BN1 1BN

REGISTERED NUMBER

6214048

AUDITORS

Hilton Sharp & Clarke
Chartered Accountants
& Registered Auditor
30 New Road
Brighton
East Sussex
BN1 1BN

**REPORT OF THE INDEPENDENT AUDITORS TO
A E ADAMS (HOLDINGS) LIMITED
UNDER SECTION 449 OF THE COMPANIES ACT 2006**

We have examined the abbreviated accounts set out on pages three to four, together with the full financial statements of A E Adams (Holdings) Limited for the year ended 31 December 2009 prepared under Section 396 of the Companies Act 2006

This report is made solely to the company, in accordance with Section 449 of the Companies Act 2006. Our work has been undertaken so that we might state to the company those matters we are required to state to it in a special auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company, for our work, for this report, or for the opinions we have formed.

Respective responsibilities of directors and auditors

The directors are responsible for preparing the abbreviated accounts in accordance with Section 444 of the Companies Act 2006. It is our responsibility to form an independent opinion as to whether the company is entitled to deliver abbreviated accounts to the Registrar of Companies and whether the abbreviated accounts have been properly prepared in accordance with the Regulations made under that Section and to report our opinion to you.

Basis of opinion

We conducted our work in accordance with Bulletin 2008/4 issued by the Auditing Practices Board. In accordance with that Bulletin we have carried out the procedures we consider necessary to confirm, by reference to the financial statements, that the company is entitled to deliver abbreviated accounts and that the abbreviated accounts to be delivered are properly prepared.

Opinion

In our opinion the company is entitled to deliver abbreviated accounts prepared in accordance with Section 444(3) of the Companies Act 2006, and the abbreviated accounts have been properly prepared in accordance with the Regulations made under that Section.



Colin Young (Senior Statutory Auditor)
for and on behalf of Hilton Sharp & Clarke
Chartered Accountants
& Registered Auditor
30 New Road
Brighton
East Sussex
BN1 1BN

Date

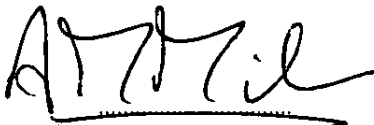
9 July 2010

ABBREVIATED BALANCE SHEET
31 DECEMBER 2009

	Notes	2009	2008
		£	£
FIXED ASSETS			
Investments	2	456,930	456,930
CURRENT ASSETS			
Debtors		60	60
CREDITORS			
Amounts falling due within one year		<u>42,044</u>	<u>42,045</u>
NET CURRENT LIABILITIES		<u>(41,984)</u>	<u>(41,985)</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		414,946	414,945
CREDITORS			
Amounts falling due after more than one year		<u>-</u>	<u>40,394</u>
NET ASSETS		<u><u>414,946</u></u>	<u><u>374,551</u></u>
CAPITAL AND RESERVES			
Called up share capital	3	100	100
Share premium		34,056	34,056
Profit and loss account		<u>380,790</u>	<u>340,395</u>
SHAREHOLDERS' FUNDS		<u><u>414,946</u></u>	<u><u>374,551</u></u>

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies

The financial statements were approved by the Board of Directors on 30th June 2010 and were signed on its behalf by



A M Milner - Director

**NOTES TO THE ABBREVIATED ACCOUNTS
FOR THE YEAR ENDED 31 DECEMBER 2009**

1 ACCOUNTING POLICIES**Accounting convention**

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective April 2008)

Preparation of consolidated financial statements

The financial statements contain information about A E Adams (Holdings) Limited as an individual company and do not contain consolidated financial information as the parent of a group. The company has taken the option under Section 398 of the Companies Act 2006 not to prepare consolidated financial statements

Deferred tax

Deferred tax is recognised in respect of all timing differences that have originated but not reversed at the balance sheet date

2 FIXED ASSET INVESTMENTS

	Investments other than loans £
COST	
At 1 January 2009 and 31 December 2009	456,930
NET BOOK VALUE	
At 31 December 2009	456,930
At 31 December 2008	456,930

The company's investments at the balance sheet date in the share capital of companies include the following

A E Adams (Henfield) Limited

Nature of business Contract packing and manufacture

	%		
Class of shares	holding		
Ordinary £1	100 00	2009	2008
		£	£
Aggregate capital and reserves		420,378	423,555
Profit for the year		37,218	52,211

3 CALLED UP SHARE CAPITAL

Allotted, issued and fully paid
Number Class

		Nominal value	2009	2008
		£1	£	£
100	Ordinary		100	100

4 ULTIMATE CONTROLLING PARTY

During the year the company was under the control of the directors with no one director having complete control