

Registered Number 06144314

THE OXFORD MINDFULNESS FOUNDATION

Abbreviated Accounts

31 March 2012

## Balance Sheet as at 31 March 2012

	Notes	2012 £	2011 £
<b>Fixed assets</b>			
Tangible	2	85	484
Total fixed assets		85	484
<b>Current assets</b>			
Debtors		34,494	20,589
Cash at bank and in hand		157,974	102,929
Total current assets		<u>192,468</u>	<u>123,518</u>
<b>Creditors: amounts falling due within one year</b>		(63,077)	(69,814)
<b>Net current assets</b>		129,391	53,704
<b>Total assets less current liabilities</b>		<u>129,476</u>	<u>54,188</u>
<b>Total net Assets (liabilities)</b>		129,476	54,188
<b>Capital and reserves</b>			
Other reserves		54,188	38,915
Profit and loss account		<u>75,288</u>	<u>15,273</u>
<b>Shareholders funds</b>		<u>129,476</u>	<u>54,188</u>

- a. For the year ending 31 March 2012 the company was entitled to exemption under section 477(2) of the Companies Act 2006.
- b. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006
- c. The directors acknowledge their responsibility for:
  - i. ensuring the company keeps accounting records which comply with Section 386; and
  - ii. preparing accounts which give a true and fair view of the state of affairs of the company as at the end of the financial year, and of its profit or loss for the financial year, in accordance with the requirements of section 393, and which otherwise comply with the requirements of the Companies Act relating to accounts, so far as is applicable to the company.
- d. These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 24 May 2012

And signed on their behalf by:

**Dr John Peacock, Director**

**This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1068 of the Companies Act 2006.**

**Notes to the abbreviated accounts**

For the year ending 31 March 2012

**1 Accounting policies**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standards for Small Entities (effective January 2005)

£256,106

**Turnover**

£399

**Depreciation**

Depreciation has been provided at the following rates in order to write off the assets over their estimated useful lives.

Plant and Machinery                      25.00% Straight Line

**2 Tangible fixed assets**

Cost	£
At 31 March 2011	1,595
additions	
disposals	
revaluations	
transfers	
At 31 March 2012	<u>1,595</u>

Depreciation	
At 31 March 2011	1,111
Charge for year	399
on disposals	
At 31 March 2012	<u>1,510</u>

Net Book Value	
At 31 March 2011	484
At 31 March 2012	<u>85</u>

**3 Transactions with directors**

£382 of travel expenses incurred in furtherance of the charity's objectives were reimbursed to 1 (one) director during the year.