



Companies House
— for the record —

AR01 (ef)

Annual Return



XMVQJLBJ

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Company Name: **NATURAL HEALTH, NATURE'S FINEST LTD**

Company Number: **05899950**

Date of this return: **01/07/2010**

SIC codes: **8511**

Company Type: **Private company limited by shares**

Situation of Registered Office: **11 ELLORA ROAD
STREATHAM
LONDON
SW16 6JG**

Officers of the company

Company Secretary *1*

Type: **Person**
Full forename(s): **MR MICHAEL**
Surname: **SAMPSON**
Former names:
Service Address: **11 ELLORA ROAD**
 LONDON
 SW16 6JG

Company Director *1*

Type: **Person**
Full forename(s): **MISS ANTHEA**
Surname: **KISSOON**
Former names:
Service Address: **11 ELLORA ROAD**
 STREATHAM
 LONDON
 SW16 6J

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **10/04/1978** *Nationality:* **BRITISH**
Occupation: **HEALTH PR**

Statement of Capital (Share Capital)

Class of shares	ORDENERY	<i>Number allotted</i>	1
		<i>Aggregate nominal value</i>	1
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0
<i>Prescribed particulars</i>	(A) PARTICULARS OF ANY VOTING RIGHTS, INCLUDING RIGHTS THAT ARISE ONLY IN CERTAIN CIRCUMSTANCES; (B) PARTICULARS OF ANY RIGHTS, AS RESPECTS DIVIDENDS, TO PARTICIPATE IN A DISTRIBUTION; (C) PARTICULARS OF ANY RIGHTS, AS RESPECTS CAPITAL, TO PARTICIPATE IN A DISTRIBUTION (INCLUDING ON WINDING UP); AND (D) WHETHER THE SHARES ARE TO BE REDEEMED OR ARE LIABLE TO BE REDEEMED AT THE OPTION OF THE COMPANY OR THE SHAREHOLDER AND ANY TERMS OR CONDITIONS RELATING TO REDEMPTION OF THESE SHARES.		

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1
		<i>Total aggregate nominal value</i>	1

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 01/07/2010 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding : 1

1 ORDENERY Shares held as at 01/07/2010

Name: **ANTHEA KISSOON**

Address:

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.