

AR01 (ef)

Annual Return



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Company Name: NATURAL HEALTH, NATURE"S FINEST LTD

Company Number: **05899950**

Date of this return: **01/07/2011**

SIC codes: 8511

Company Type: Private company limited by shares

Situation of Registered 11 ELLORA ROAD

Office:

STREATHAM LONDON SW16 6JG

Officers of the company

Company Secretary Type: Full forename(s):	<pre>Person MR MICHAEL</pre>
Surname:	SAMPSON
Former names:	
Service Address:	11 ELLORA ROAD LONDON SW16 6JG

Company Director 1

Type: Person

Full forename(s): MISS ANTHEA ELIZABETH

Surname: KISSOON

Former names:

Service Address: 11 ELLORA ROAD

STREATHAM LONDON SW16 6J

Country/State Usually Resident: UNITED KINGDOM

Date of Birth: 10/04/1978 Nationality: BRITISH

Occupation: HEALTH PR

Statement of Capital (Share Capital)

Class of shares	ORDENERY	Number allotted	1
Currency	GBP	Aggregate nominal value	1
		Amount paid per share	0
		Amount unpaid per share	0

Prescribed particulars

(A) PARTICULARS OF ANY VOTING RIGHTS, INCLUDING RIGHTS THAT ARISE ONLY IN CERTAIN CIRCUMSTANCES; (B) PARTICULARS OF ANY RIGHTS, AS RESPECTS DIVIDENDS, TO PARTICIPATE IN A DISTRIBUTION; (C) PARTICULARS OF ANY RIGHTS, AS RESPECTS CAPITAL, TO PARTICIPATE IN A DISTRIBUTION (INCLUDING ON WINDING UP); AND (D) WHETHER THE SHARES ARE TO BE REDEEMED OR ARE LIABLE TO BE REDEEMED AT THE OPTION OF THE COMPANY OR THE SHAREHOLDER AND ANY TERMS OR CONDITIONS RELATING TO REDEMPTION OF THESE SHARES.

Statem	ent of Capital	(Totals)		
Currency	GBP	Total number of shares	1	
		Total aggregate nominal value	1	

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 01/07/2011 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for a private or non-traded public company are shown below

Shareholding 1 : 1 ORDENERY shares held as at 2011-07-01

Name: ANTHEA KISSOON

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.