**Registered Number 05739374**

# ACCELERATE LIFESTYLE LIMITED

**Abbreviated Accounts**

**31 March 2016**

**ACCELERATE LIFESTYLE LIMITED** **Registered Number 05739374**

## Abbreviated Balance Sheet as at 31 March 2016

| | Notes | 2016 | 2015 |
|---|---|---|---|
| | | £ | £ |
| **Fixed assets** | | | |
| Tangible assets | 2 | 6,636 | 6,944 |
| | | 6,636 | 6,944 |
| **Current assets** | | | |
| Stocks | | 74,243 | 63,174 |
| Debtors | | 1,988 | 1,988 |
| Cash at bank and in hand | | 2,068 | 6,108 |
| | | 78,299 | 71,270 |
| **Creditors: amounts falling due within one year** | | (68,579) | (68,309) |
| **Net current assets (liabilities)** | | 9,720 | 2,961 |
| **Total assets less current liabilities** | | 16,356 | 9,905 |
| **Creditors: amounts falling due after more than one year** | | (47,500) | (47,500) |
| **Total net assets (liabilities)** | | (31,144) | (37,595) |
| **Capital and reserves** | | | |
| Called up share capital | 3 | 10,000 | 10,000 |
| Profit and loss account | | (41,144) | (47,595) |
| **Shareholders' funds** | | (31,144) | (37,595) |

- For the year ending 31 March 2016 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
- The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.
- These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the Board on 5 November 2016

And signed on their behalf by:
**Deborah Smith, Director**

## Notes to the Abbreviated Accounts for the period ended 31 March 2016

### 1 Accounting Policies

**Basis of measurement and preparation of accounts**

The accounts have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities effective April 2008.

**Tangible assets depreciation policy**

20% Reducing balance

### 2 Tangible fixed assets

| | £ |
|---|---|
| **Cost** | |
| At 1 April 2015 | 35,048 |
| Additions | 1,351 |
| Disposals | - |
| Revaluations | - |
| Transfers | - |
| At 31 March 2016 | 36,399 |
| **Depreciation** | |
| At 1 April 2015 | 28,104 |
| Charge for the year | 1,659 |
| On disposals | - |
| At 31 March 2016 | 29,763 |
| **Net book values** | |
| At 31 March 2016 | 6,636 |
| At 31 March 2015 | 6,944 |

### 3 Called Up Share Capital

Allotted, called up and fully paid:

| | *2016* | *2015* |
|---|---|---|
| | £ | £ |
| 10,000 Ordinary shares of £1 each | 10,000 | 10,000 |

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.