



Companies House

for the record

Please complete in typescript,
or in bold black capitals.

CHWP000

288a

APPOINTMENT of director or secretary (NOT for resignation (use Form 288b) or change of particulars (use Form 288c))

Company Number

5629418

Company Name in full

PHYSICOL LTD

Date of
appointment

Day Month Year
01 08 2006

†Date of
Birth

Day Month Year
24 08 1962

Appointment form

Appointment as director

☒

as secretary

☐

Please mark the appropriate box. If appointment is
as a director and secretary mark both boxes.

NAME

*Style / Title

MISS

*Honours etc

Notes on completion
appear on reverse.

Forename(s)

KAY ELAINE

Surname

RUSSELL

Previous
Forename(s)

Previous
Surname(s)

†† Tick this box if the
address shown is a
service address for
the beneficiary of a
Confidentiality Order
granted under the
provisions of section
723B of the
Companies Act 1985

†† Usual residential
address

☐

Post town

LOWER FARM COTTAGE, CORSCOMBE

NR DORCHESTER

Postcode

DT 2 0NZ

County / Region

DORSET

Country

†Nationality

BRITISH

†Business occupation

CO DIRECTOR

†Other directorships
(additional space overleaf)

EQUIPLUS INTERCONTINENTAL LTD

Consent signature

I consent to act as ** director / secretary of the above named company

[Signature]

Date

1/09/06

* Voluntary details.

† Directors only.

**Delete as appropriate

A director, secretary etc must sign the form below.

Signed

[Signature]

Date

1/9/06

(**a director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but if you
do, it will help Companies House to
contact you if there is a query on the

HAROLD D FRY

12 MILNER ST CHELSEA

LONDON SN3 2PU Tel 020 7 821 9696

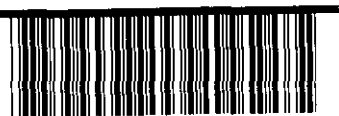
DX number

2PU

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at:

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland DX 235 Edinburgh



A51

ANXS1JLR

671

COMPANIES HOUSE

12/10/2006

COMPANIES HOUSE

23/09/2006

Form April 2002

Company Number

5629418

† Directors only.

† Other directorships

EQUIPUS INTERNATIONAL LTD

NOTES

Show the full forenames, NOT INITIALS. If the director or secretary is a corporation or Scottish firm, show the name on surname line and registered or principal office on the usual residential line.

Give previous forenames or surname(s) except:

- for a married woman, the name by which she was known before marriage need not be given.
- for names not used since the age of 18 or for at least 20 years

A peer or individual known by a title may state the title instead of or in addition to the forenames and surname and need not give the name by which that person was known before he or she adopted the title or succeeded to it.

Other directorships.

Give the name of every company incorporated in Great Britain of which the person concerned is a director or has been a director at any time in the past five years.

You may exclude a company which either is, or at all times during the past five years when the person concerned was a director, was

- dormant
- a parent company which wholly owned the company making the return, or
- another wholly owned subsidiary of the same parent company.