



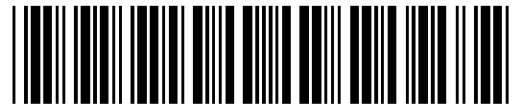
Companies House

CS01 (ef)

Confirmation Statement

Company Name: **RUDE HEALTH FOODS LIMITED**

Company Number: **05602067**



X7IJQKRS

Received for filing in Electronic Format on the: **12/11/2018**

Company Name: **RUDE HEALTH FOODS LIMITED**

Company Number: **05602067**

Confirmation **30/10/2018**

Statement date:

Statement of Capital (Share Capital)

Class of Shares:	ORDINARY	Number allotted	400010
Currency:	GBP	Aggregate nominal value:	400010

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital (Totals)

Currency:	GBP	Total number of shares:	400010
		Total aggregate nominal value:	400010
		Total aggregate amount unpaid:	0

Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

Shareholding 1:	1500 transferred on 2018-02-12
Name:	0 ORDINARY shares held as at the date of this confirmation statement CHRISTOPHER ROY PEARSON (DECEASED)
Shareholding 2:	130996 ORDINARY shares held as at the date of this confirmation statement
Name:	CAMILLA JANE LAMBRE BARNARD
Shareholding 3:	130996 ORDINARY shares held as at the date of this confirmation statement
Name:	NICHOLAS BARNARD
Shareholding 4:	2000 ORDINARY shares held as at the date of this confirmation statement
Name:	TONI BICHSEL
Shareholding 5:	5854 ORDINARY shares held as at the date of this confirmation statement
Name:	JONATHAN BOULDIN
Shareholding 6:	1000 ORDINARY shares held as at the date of this confirmation statement
Name:	LOUISE BROCKLEHURST
Shareholding 7:	2000 ORDINARY shares held as at the date of this confirmation statement
Name:	FRANCOIS BUCQUET
Shareholding 8:	9340 ORDINARY shares held as at the date of this confirmation statement
Name:	DAVID ENO
Shareholding 9:	61000 ORDINARY shares held as at the date of this confirmation statement
Name:	PETER EVERINGTON
Shareholding 10:	6000 ORDINARY shares held as at the date of this confirmation statement
Name:	FT LUCKMAN HOLDINGS LTD
Shareholding 11:	4000 ORDINARY shares held as at the date of this confirmation statement
Name:	JIM GROVER

Shareholding 12:	8124 ORDINARY shares held as at the date of this confirmation statement
Name:	RUTH HOFFMAN
Shareholding 13:	3750 ORDINARY shares held as at the date of this confirmation statement
Name:	JACQUELINE HOLLAND
Shareholding 14:	750 ORDINARY shares held as at the date of this confirmation statement
Name:	RICHARD HOLLAND
Shareholding 15:	4000 ORDINARY shares held as at the date of this confirmation statement
Name:	JAM JAR PENSION SCHEME
Shareholding 16:	1600 ORDINARY shares held as at the date of this confirmation statement
Name:	KVB LIMITED
Shareholding 17:	12000 ORDINARY shares held as at the date of this confirmation statement
Name:	MARDOM TRUST
Shareholding 18:	750 ORDINARY shares held as at the date of this confirmation statement
Name:	KATIE MURPHY
Shareholding 19:	800 ORDINARY shares held as at the date of this confirmation statement
Name:	CAROLYN THERESA NAUNTON DAVIES
Shareholding 20:	1200 ORDINARY shares held as at the date of this confirmation statement
Name:	JOHN VIVIAN NAUNTON DAVIES
Shareholding 21:	1500 ORDINARY shares held as at the date of this confirmation statement
Name:	DIANNE HELEN PEARSON
Shareholding 22:	100 ORDINARY shares held as at the date of this confirmation statement
Name:	RAHEEL REHMAN
Shareholding 23:	5250 ORDINARY shares held as at the date of this confirmation statement
Name:	PETER SCANDRETT

Shareholding 24: **1000 ORDINARY shares held as at the date of this confirmation statement**
Name: **DIANE SEYMOUR-WILLIAMS**

Shareholding 25: **2000 ORDINARY shares held as at the date of this confirmation statement**
Name: **TIMEPROFI GMBH PERSONALDIENSTLEISTUNGEN**

Shareholding 26: **2000 ORDINARY shares held as at the date of this confirmation statement**
Name: **ANN TROSS**

Shareholding 27: **2000 ORDINARY shares held as at the date of this confirmation statement**
Name: **BEAT ZÜRCHER**

Confirmation Statement

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,
Judicial Factor