



Companies House

CS01 (ef)

Confirmation Statement

Company Name: **RUDE HEALTH FOODS LIMITED**

Company Number: **05602067**



Received for filing in Electronic Format on the: **14/04/2020**

X92ZGDNF

Company Name: **RUDE HEALTH FOODS LIMITED**

Company Number: **05602067**

Confirmation **01/04/2020**

Statement date:

Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

Shareholding 1:	16949 ORDINARY shares held as at the date of this confirmation statement
Name:	ASSUDAMAL CORPORATE HOLDINGS LIMITED
Shareholding 2:	20363 transferred on 2019-04-09 110633 ORDINARY shares held as at the date of this confirmation statement
Name:	CAMILLA JANE LAMBRE BARNARD
Shareholding 3:	20363 transferred on 2019-04-09 110633 ORDINARY shares held as at the date of this confirmation statement
Name:	NICHOLAS BARNARD
Shareholding 4:	1302 ORDINARY shares held as at the date of this confirmation statement
Name:	TONI BICHSEL
Shareholding 5:	1854 ORDINARY shares held as at the date of this confirmation statement
Name:	JONATHAN BOULDIN
Shareholding 6:	900 ORDINARY shares held as at the date of this confirmation statement
Name:	LOUISE BROCKLEHURST
Shareholding 7:	651 transferred on 2019-12-20 651 ORDINARY shares held as at the date of this confirmation statement
Name:	FRANCOIS BUCQUET
Shareholding 8:	7640 ORDINARY shares held as at the date of this confirmation statement
Name:	DAVID ENO
Shareholding 9:	61000 ORDINARY shares held as at the date of this confirmation statement
Name:	PETER EVERINGTON
Shareholding 10:	6000 ORDINARY shares held as at the date of this confirmation statement
Name:	FT LUCKMAN HOLDINGS LTD

Shareholding 11:	3000 ORDINARY shares held as at the date of this confirmation statement
Name:	JIM GROVER
Shareholding 12:	6906 ORDINARY shares held as at the date of this confirmation statement
Name:	RUTH HOFMANN
Shareholding 13:	2500 ORDINARY shares held as at the date of this confirmation statement
Name:	JACQUELINE HOLLAND
Shareholding 14:	500 ORDINARY shares held as at the date of this confirmation statement
Name:	RICHARD HOLLAND
Shareholding 15:	3000 ORDINARY shares held as at the date of this confirmation statement
Name:	JAM JAR PENSION SCHEME
Shareholding 16:	1042 ORDINARY shares held as at the date of this confirmation statement
Name:	KILO VICTOR BRAVO LIMITED
Shareholding 17:	651 ORDINARY shares held as at the date of this confirmation statement
Name:	JEANINE OVER DE LINDEN-BUCQUET
Shareholding 18:	12000 ORDINARY shares held as at the date of this confirmation statement
Name:	MARDOM TRUST
Shareholding 19:	459 ORDINARY shares held as at the date of this confirmation statement
Name:	KATIE MURPHY
Shareholding 20:	100 ORDINARY shares held as at the date of this confirmation statement
Name:	BENEDICT HENRY NAUNTON DAVIES
Shareholding 21:	80 transferred on 2019-12-13 495 ORDINARY shares held as at the date of this confirmation statement
Name:	CAROLYN THERESA NAUNTON DAVIES
Shareholding 22:	100 ORDINARY shares held as at the date of this confirmation statement
Name:	DOMINIC ALEXANDER IEUAN NAUNTON DAVIES

Shareholding 23: **100 transferred on 2019-12-13**
20 transferred on 2019-12-13
740 ORDINARY shares held as at the date of this confirmation statement
Name: **JOHN VIVIAN NAUNTON DAVIES**

Shareholding 24: **1000 ORDINARY shares held as at the date of this confirmation statement**
Name: **DIANNE HELEN PEARSON**

Shareholding 25: **40726 ORDINARY shares held as at the date of this confirmation statement**
Name: **PEPSICO HOLDINGS**

Shareholding 26: **4525 ORDINARY shares held as at the date of this confirmation statement**
Name: **PETER SCANDRETT**

Shareholding 27: **700 ORDINARY shares held as at the date of this confirmation statement**
Name: **DIANE SEYMOUR-WILLIAMS**

Shareholding 28: **1302 ORDINARY shares held as at the date of this confirmation statement**
Name: **TIMEPROFI GMBH PERSONALDIENSTLEISTUNGEN**

Shareholding 29: **1400 ORDINARY shares held as at the date of this confirmation statement**
Name: **ANN TROSS**

Shareholding 30: **1302 ORDINARY shares held as at the date of this confirmation statement**
Name: **BEAT ZÜRCHER**

Confirmation Statement

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,
Judicial Factor