



Companies House

CS01_(ef)

Confirmation Statement

Company Name: **RUDE HEALTH FOODS LIMITED**

Company Number: **05602067**



X6J57UJD

Received for filing in Electronic Format on the: **13/11/2017**

Company Name: **RUDE HEALTH FOODS LIMITED**

Company Number: **05602067**

Confirmation **30/10/2017**

Statement date:

Statement of Capital (Share Capital)

Class of Shares:	ORDINARY	Number allotted	397510
Currency:	GBP	Aggregate nominal value:	397510

Prescribed particulars

THE SHARES HAVE ATTACHED TO THEM FULL VOTING, DIVIDEND AND CAPITAL DISTRIBUTION (INCLUDING ON WINDING UP) RIGHTS; THEY DO NOT CONFER ANY RIGHTS OF REDEMPTION.

Statement of Capital (Totals)

Currency:	GBP	Total number of shares:	397510
		Total aggregate nominal value:	397510
		Total aggregate amount unpaid:	0

Full details of Shareholders

The details below relate to individuals/corporate bodies that were shareholders during the review period or that had ceased to be shareholders since the date of the previous confirmation statement.

Shareholder information for a non-traded company as at the confirmation statement date is shown below

Shareholding 1: **130996 ORDINARY shares held as at the date of this confirmation statement**

Name: **CAMILLA JANE LAMBRE BARNARD**

Shareholding 2: **130996 ORDINARY shares held as at the date of this confirmation statement**

Name: **NICHOLAS BARNARD**

Shareholding 3: **2000 ORDINARY shares held as at the date of this confirmation statement**

Name: **TONI BICHSEL**

Shareholding 4: **4000 transferred on 2017-01-04
2000 transferred on 2017-01-04
1000 transferred on 2017-01-04
5000 transferred on 2017-01-04
4354 ORDINARY shares held as at the date of this confirmation statement**

Name: **JONATHAN BOULDIN**

Shareholding 5: **2000 ORDINARY shares held as at the date of this confirmation statement**

Name: **FRANCOIS BUCQUET**

Shareholding 6: **1000 transferred on 2017-01-04
0 ORDINARY shares held as at the date of this confirmation statement**

Name: **EMMA CHRISTIE**

Shareholding 7: **2000 transferred on 2017-01-04
1500 transferred on 2017-01-04
1100 transferred on 2017-01-04
600 transferred on 2017-01-04
9340 ORDINARY shares held as at the date of this confirmation statement**

Name: **DAVID ENO**

Shareholding 8: **61000 ORDINARY shares held as at the date of this confirmation statement**

Name: **PETER EVERINGTON**

Shareholding 9:	13990 transferred on 2016-11-23 500 transferred on 2017-01-04 20755 transferred on 2017-01-04 0 ORDINARY shares held as at the date of this confirmation statement
Name:	KATIE JANE FREESTONE
Shareholding 10:	6000 ORDINARY shares held as at the date of this confirmation statement
Name:	FT LUCKMAN HOLDINGS LTD
Shareholding 11:	4000 ORDINARY shares held as at the date of this confirmation statement
Name:	JIM GROVER
Shareholding 12:	8124 ORDINARY shares held as at the date of this confirmation statement
Name:	RUTH HOFFMAN
Shareholding 13:	3750 ORDINARY shares held as at the date of this confirmation statement
Name:	JACQUELINE HOLLAND
Shareholding 14:	750 ORDINARY shares held as at the date of this confirmation statement
Name:	RICHARD HOLLAND
Shareholding 15:	4000 ORDINARY shares held as at the date of this confirmation statement
Name:	JAM JAR PENSION SCHEME
Shareholding 16:	1600 ORDINARY shares held as at the date of this confirmation statement
Name:	KVB LIMITED
Shareholding 17:	12000 ORDINARY shares held as at the date of this confirmation statement
Name:	MARDOM TRUST
Shareholding 18:	750 transferred on 2017-01-04 750 ORDINARY shares held as at the date of this confirmation statement
Name:	KATIE MURPHY
Shareholding 19:	800 ORDINARY shares held as at the date of this confirmation statement
Name:	CAROLYN THERESA NAUNTON DAVIES
Shareholding 20:	1200 ORDINARY shares held as at the date of this confirmation statement
Name:	JOHN VIVIAN NAUNTON DAVIES

Shareholding 21: **1500 ORDINARY shares held as at the date of this confirmation statement**
Name: **CHRISTOPHER ROY PEARSON**

Shareholding 22: **400 transferred on 2017-01-04**
100 ORDINARY shares held as at the date of this confirmation statement
Name: **RAHEEL REHMAN**

Shareholding 23: **1200 transferred on 2017-04-03**
800 transferred on 2017-04-03
0 ORDINARY shares held as at the date of this confirmation statement
Name: **RUDE HEALTH FOODS LIMITED**

Shareholding 24: **750 transferred on 2017-01-04**
5250 ORDINARY shares held as at the date of this confirmation statement
Name: **PETER SCANDRETT**

Shareholding 25: **1000 ORDINARY shares held as at the date of this confirmation statement**
Name: **DIANE SEYMOUR-WILLIAMS**

Shareholding 26: **2000 ORDINARY shares held as at the date of this confirmation statement**
Name: **TIMEPROFI GMBH PERSONALDIENSTLEISTUNGEN**

Shareholding 27: **2000 ORDINARY shares held as at the date of this confirmation statement**
Name: **ANN TROSS**

Shareholding 28: **2000 ORDINARY shares held as at the date of this confirmation statement**
Name: **BEAT ZÜRCHER**

Confirmation Statement

I confirm that all information required to be delivered by the company to the registrar in relation to the confirmation period concerned either has been delivered or is being delivered at the same time as the confirmation statement

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager,
Judicial Factor