In accordance with Section 708 of the Companies Act 2006.

SH06

BLUEPRINT

OneWorld

Notice of cancellation of shares

What this form is for
You may use this form to give notice
of a cancellation of shares by a
limited company on purchase

What this form is NO You cannot use this for give notice of a cancell shares held by a public under section 663 of the Companies Act 2006. To please use form SH07.



LD2 05/04/2017 COMPANIES HOU #33

	plea	ase use form SH07.	COMPANII	ES HOUSE				
1	Company details							
Company number	0 5 6 0 2 0 6 7	→ Filling	→ Filling in this form Please complete in typescript or in bold black capitals.					
Company name in full	RUDE HEALTH FOODS LIMITED	bold bla						
		All field specifie	s are mandatory unless d or indicated by *					
2	Date of cancellation							
Date of cancellation	03 074 12 10 11	^y 7						
3	Shares cancelled							
	Class of shares (E.g. Ordinary/Preference etc.)	Number of shares cancelled	Nominal value of each share					
	ORDINARY	11,990	11,990					
				-				
			[
	·							
								

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	Statement of capital			·
	Complete the table(s) below to show the iss the company's share capital immediately foll	Capital co	Please use a Statement of Capital continuation	
	Complete a separate table for each curr add pound sterling in 'Currency table A' and	ency (if appropriate). Euros in 'Currency table	page if For example, necessary B'.	
Currency	Class of shares	Number of shares	Aggregate nominal value	Total aggregate amount
Complete a separate table for each currency	E.g. Ordinary/Preference etc.		(£, €, \$, etc) Number of shares issued multiplied by nominal value	unpaid, if any (£, €, \$, et Including both the nominal value and any share premiu
Currency table A				
GBP	ORDINARY	397,510	395,710.00	
	Totals	397,510	397,510.00	0.00
Currency table B				
	Totals			
Currency table C	<u></u>			
	Totals	Total number	Total aggregate	Total aggregate
	Takala finalis din manadan sad	of shares	nominal value •	amount unpaid •
	Totals (including continuation pages)	397,510	397,510.00	0.00

 $\begin{tabular}{l} \bullet \ Please \ list total aggregate values in different currencies separately. \\ For example: £100 + £100 + $10 \ etc. \end{tabular}$

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5 Statement of capital (prescribed particulars of rights attached to shares					
	Please give the prescribed particulars of rights attached to shares for each class of share shown in the share capital tables in Section 4.	attached to shares The particulars are:			
Class of share	ORDINARY	a. particulars of any voting rights, including rights that arise only in			
Prescribed particulars O	The Ordinary shares have attached to them full voting, dividend an capital distribution (including on winding up) rights; they do not confer any rights of redemption.	respects dividends, to participate in a distribution; c. particulars of any rights, as respects capital, to participate in distribution (including on winding up); and d. whether the shares are to be redeemed or are liable to be redeemed at the option of the company or the shareholder. A separate table must be used for			
Class of share		each class of share. Continuation pages			
Prescribed particulars O		Please use a Statement of Capital continuation page if necessary.			
Class of share					
Prescribed particulars					
6	Signature				
<u> </u>	I am signing this form on behalf of the company.	⊘ Societas Europaea			
Signature	This form may be signed by: Director , Secretary, Person authorised , Administrator , Administrative	If the form is being filed on behalf of a Societas Europaea (SE) please delete 'director' and insert details of which organ of the SE the person signing has membership. Person authorised Under either section 270 or 274 of the Companies Act 2006.			
	receiver, Receiver, Receiver manager, CIC manager.	CHFP010 (FF)			

Presenter information

You do not have to give any contact information, but if you do it will help Companies House if there is a query on the form. The contact information you give will be visible to searchers of the public record.

Contact name
Company name HAYSMACINTYRE
Address 26 RED LION SQUARE
Post town LONDON
County/Region
Poskode W C 1 R 4 A G
Country
DX
Telephone

✓ Checklist

We may return forms completed incorrectly or with information missing.

Please make sure you have remembered the following:

- ☐ The company name and number match the information held on the public Register.
- ☐ You have completed section 2.☐ You have completed section 3.
- You have completed the relevant sections of the statement of capital.
- You have signed the form.

Important information

Please note that all information on this form will appear on the public record.

☑ Where to send

You may return this form to any Companies House address, however for expediency we advise you to return it to the appropriate address below:

For companies registered in England and Wales: The Registrar of Companies, Companies House, Crown Way, Cardiff, Wales, CF14 3UZ. DX 33050 Cardiff.

For companies registered in Scotland: The Registrar of Companies, Companies House, Fourth floor, Edinburgh Quay 2, 139 Fountainbridge, Edinburgh, Scotland, EH3 9FF. DX ED235 Edinburgh 1 or LP - 4 Edinburgh 2 (Legal Post).

For companies registered in Northern Ireland: The Registrar of Companies, Companies House, Second Floor, The Linenhall, 32-38 Linenhall Street, Belfast, Northern Ireland, BT2 8BG. DX 481 N.R. Belfast 1.

Further information

For further information, please see the guidance notes on the website at www.gov.uk/companieshouse or email enquiries@companieshouse.gov.uk

This form is available in an alternative format. Please visit the forms page on the website at www.gov.uk/companieshouse