



Companies House

— for the record —

Please complete in typescript,
or in bold black capitals

CHWP000

288b

**Terminating appointment as director or secretary
(NOT for appointment (use Form 288a) or change
of particulars (use Form 288c))**

Company Number

5602067

Company Name in full

RUDE HEALTH FOODS LIMITED

Date of termination of appointment

Day Month Year
1 8 0 2 2 0 0 8

as director

☒

as secretary

☐

Please mark the appropriate box. If terminating
appointment as a director and secretary mark
both boxes

NAME

*Style / Title

MR

*Honours etc

Please insert
details as
previously
notified to
Companies House

Forename(s)

DAVID MURRAY

Surname

VINES

†Date of Birth

Day Month Year
0 6 0 1 1 9 6 8

A serving director, secretary etc must sign the form below

Signed

Nicholas Barnard

Date

18 02 2008

* Voluntary details

† Directors only

** Delete as appropriate

(* serving director / secretary / administrator / administrative receiver / receiver manager / receiver)

You do not have to give any contact
information in the box opposite but
if you do, it will help Companies
House to contact you if there is a
query on the form. The contact
information that you give will be
visible to searchers of the public

1 GLENVILLE MEWS

KIMBER ROAD - LONDON SW18

Tel 0208 877 9821

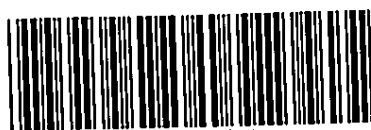
DX number

DX exchange

When you have completed and signed the form please send it to the
Registrar of Companies at

Companies House, Crown Way, Cardiff, CF14 3UZ DX 33050 Cardiff
for companies registered in England and Wales or
Companies House, 37 Castle Terrace, Edinburgh, EH1 2EB
for companies registered in Scotland

DX 235 Edinburgh
or LP - 4 Edinburgh



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19/02/2008

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COMPANIES HOUSE

TUESDAY