



**Companies House**

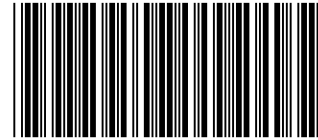
— for the record —

**288a<sub>(ef)</sub>**

**Appointment of a Director or Secretary**

*Company Name:* **RUDE HEALTH FOODS LIMITED**

*Company Number:* **05602067**



XTSVR9T6

*Received for filing in Electronic Format on the:* **25/10/2005**

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***New Appointment Details***

*Position:* **DIRECTOR** *Date of Appointment:* **25/10/2005**

*Name:* **MS CAMILLA JANE LAMBRE BLENCH**

*Consented to Act:* **Yes**

*Usual Residential Address* **80 ST ANN'S HILL  
WANDSWORTH  
LONDON  
ENGLAND SW18 2RP**

*Date of Birth:* **24/11/1970** *Nationality:* **ENGLISH**

*Occupation:* **COMPANY DIRECTOR**

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***Authorisation***

*Authoriser Designation:* **DIRECTOR** *Date Authorised:* **25/10/2005** *Authenticated:* **Yes (E/W)**