

BODY ACTIVE PERSONAL TRAINING LIMITED

**Company Registration Number:
05296290 (England and Wales)**

Abbreviated (Unaudited) Accounts

Period of accounts

Start date: 01st December 2012

End date: 30th November 2013

SUBMITTED

BODY ACTIVE PERSONAL TRAINING LIMITED

Company Information for the Period Ended 30th November 2013

Director:	Colin David Kirkman Gilian Orme
Company secretary:	David Kirkman
Registered office:	The Beeches Colly Croft Hill Clifton Derbyshire DE6 2GN
Company Registration Number:	05296290 (England and Wales)

BODY ACTIVE PERSONAL TRAINING LIMITED

Abbreviated Balance sheet As at 30th November 2013

	Notes	2013 £	2012 £
Fixed assets			
Intangible assets:		0	0
Tangible assets:		0	0
Total fixed assets:		<u>0</u>	<u>0</u>
Current assets			
Stocks:		0	0
Debtors:		0	0
Cash at bank and in hand:		2	2
Total current assets:		<u>2</u>	<u>2</u>
Creditors			
Creditors: amounts falling due within one year		0	0
Net current assets (liabilities):		<u>2</u>	<u>2</u>
Total assets less current liabilities:		2	2
Creditors: amounts falling due after more than one year:		8,856	8,856
Provision for liabilities:		0	0
Total net assets (liabilities):		<u>(8,854)</u>	<u>(8,854)</u>

The notes form part of these financial statements

BODY ACTIVE PERSONAL TRAINING LIMITED

Abbreviated Balance sheet As at 30th November 2013 continued

	Notes	2013 £	2012 £
Capital and reserves			
Called up share capital:	2	100	100
Revaluation reserve:		0	0
Profit and Loss account:		(8,954)	(8,954)
Total shareholders funds:		<u>(8,854)</u>	<u>(8,854)</u>

For the year ending 30 November 2013 the company was entitled to exemption under section 480 of the Companies Act 2006 relating to dormant companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Board of Directors on 30 March 2014

SIGNED ON BEHALF OF THE BOARD BY:

Name: Colin David Kirkman
Status: Director

The notes form part of these financial statements

BODY ACTIVE PERSONAL TRAINING LIMITED

Notes to the Abbreviated Accounts for the Period Ended 30th November 2013

1. Accounting policies

Tangible fixed assets depreciation policy

Fixed assets are included at purchase cost. Depreciation is calculated to write off the cost by equal installments over their estimated useful lives at 15%

BODY ACTIVE PERSONAL TRAINING LIMITED

Notes to the Abbreviated Accounts for the Period Ended 30th November 2013

2. Called up share capital

Allotted, called up and paid

Previous period			2012
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	100	1.00	100
Preference shares:	0	0.00	0
Total share capital:			<u>100</u>
Current period			2013
Class	Number of shares	Nominal value per share	Total
Ordinary shares:	100	1.00	100
Preference shares:	0	0.00	0
Total share capital:			<u>100</u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.

