



Companies House

AR01 (ef)

Annual Return



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Company Name: **GAINSBOROUGH HEALTH AND FITNESS LIMITED**

Company Number: **05167822**

Date of this return: **15/03/2016**

SIC codes: **93199**

Company Type: **Private company limited by shares**

Situation of Registered Office: **GAINSBOROUGH STUDIOS
1 POOLE STREET
LONDON
N1 5EB**

Officers of the company

Company Secretary 1

Type: **Person**
Full forename(s): **MR RICHARD**

Surname: **PEARCE**

Former names:

Service Address: **C/O R PEARCE
UNIT C 1 POOLE STREET
LONDON
ENGLAND
N1 5EB**

Company Director **1**

Type: **Person**

Full forename(s): **MR RICHARD FREDERICK**

Surname: **PEARCE**

Former names:

Service Address: **C/O R PEARCE
UNIT C 1 POOLE STREET
GHF LTD
LONDON
ENGLAND
N1 5EB**

Country/State Usually Resident: **ENGLAND**

Date of Birth: ****/09/1965**

Nationality: **BRITISH**

Occupation: **MANAGER**

Statement of Capital (Share Capital)

Class of shares	ORDINARY	<i>Number allotted</i>	1000
		<i>Aggregate nominal value</i>	1000
<i>Currency</i>	GBP	<i>Amount paid per share</i>	0
		<i>Amount unpaid per share</i>	0

Prescribed particulars

ALL SHARES HAVE VOTING RIGHTS DIVIDENDS ARE PAYABLE ON ALL HOLDINGS

Statement of Capital (Totals)

<i>Currency</i>	GBP	<i>Total number of shares</i>	1000
		<i>Total aggregate nominal value</i>	1000

Full Details of Shareholders

The details below relate to individuals / corporate bodies that were shareholders as at 15/03/2016 or that had ceased to be shareholders since the made up date of the previous Annual Return

A full list of shareholders for the company are shown below

Shareholding 1 : **3 ORDINARY shares held as at the date of this return**
Name: **BEN SMITH**

Shareholding 2 : **997 ORDINARY shares held as at the date of this return**
Name: **RICHARD FREDERICK PEARCE**

Shareholding 3 : **0 ORDINARY shares held as at the date of this return**
Name: **JADWIGA KURCAB**

Authorisation

Authenticated

This form was authorised by one of the following:

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.