



*Companies House*  
— for the record —

**AR01** (ef)

**Annual Return**



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*Company Name:* **GAINSBOROUGH HEALTH AND FITNESS LIMITED**

*Company Number:* **05167822**

*Date of this return:* **14/05/2012**

*SIC codes:* **93199**

*Company Type:* **Private company limited by shares**

*Situation of Registered Office:* **GAINSBOROUGH STUDIOS  
1 POOLE STREET  
LONDON  
N1 5EB**

**Officers of the company**

## *Company Secretary 1*

Type: **Person**  
Full forename(s): **JADWIGA**

Surname: **KURCAB**

Former names:

Service Address: **71 CROYDON ROAD  
LONDON  
E13 8EP**

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## *Company Director 1*

Type: **Person**  
Full forename(s): **MS JADWIGA**

Surname: **KURCAB**

Former names:

Service Address recorded as Company's registered office

Country/State Usually Resident: **UNITED KINGDOM**

Date of Birth: **14/07/1982**                      Nationality: **POLISH**  
Occupation: **MANAGER**

## Statement of Capital (Share Capital)

<b>Class of shares</b>	<b>ORDINARY</b>	<i>Number allotted</i>	<b>1000</b>
		<i>Aggregate nominal value</i>	<b>1000</b>
<i>Currency</i>	<b>GBP</b>	<i>Amount paid per share</i>	<b>0</b>
		<i>Amount unpaid per share</i>	<b>0</b>

*Prescribed particulars*

**ALL SHARES HAVE VOTING RIGHTS DIVIDENDS ARE PAYABLE ON ALL HOLDINGS**

## Statement of Capital (Totals)

<i>Currency</i>	<b>GBP</b>	<i>Total number of shares</i>	<b>1000</b>
		<i>Total aggregate nominal value</i>	<b>1000</b>

## *Full Details of Shareholders*

The details below relate to individuals / corporate bodies that were shareholders as at 14/05/2012 or that had ceased to be shareholders since the made up date of the previous Annual Return

*A full list of shareholders for the company are shown below*

*Shareholding 1* : **3 ORDINARY shares held as at the date of this return**  
*Name:* **BEN SMITH**

*Shareholding 2* : **20 ORDINARY shares held as at the date of this return**  
*Name:* **RICHARD FREDERICK PEARCE**

*Shareholding 3* : **977 ORDINARY shares held as at the date of this return**  
*Name:* **JADWIGA KURCAB**

## *Authorisation*

*Authenticated*

*This form was authorised by one of the following:*

Director, Secretary, Person Authorised, Charity Commission Receiver and Manager, CIC Manager, Judicial Factor.