

Abbreviated Unaudited Accounts for the Year Ended 31 May 2016

for

Activ8 Rehab Limited

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for the Year Ended 31 May 2016**

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Activ8 Rehab Limited
Company Information
for the Year Ended 31 May 2016

DIRECTOR: Mr M T Williams

SECRETARY: Mrs D J Williams

REGISTERED OFFICE: 2 Church Street
Burnham
Buckinghamshire
SL1 7HZ

REGISTERED NUMBER: 05133279 (England and Wales)

ACCOUNTANTS: Sweeting & Smedley Limited
2 Church Street
Burnham
Buckinghamshire
SL1 7HZ

Abbreviated Balance Sheet
31 May 2016

	Notes	31.5.16 £	£	31.5.15 £	£
FIXED ASSETS					
Tangible assets	2		8,404		9,553
CURRENT ASSETS					
Stocks		5,383		6,775	
Debtors		30,538		26,716	
Cash at bank and in hand		24,616		44,509	
		60,537		78,000	
CREDITORS					
Amounts falling due within one year		32,475		31,154	
NET CURRENT ASSETS			28,062		46,846
TOTAL ASSETS LESS CURRENT LIABILITIES			36,466		56,399
CAPITAL AND RESERVES					
Called up share capital	3		24		24
Profit and loss account			36,442		56,375
SHAREHOLDERS' FUNDS			36,466		56,399

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 May 2016.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 May 2016 in accordance with Section 476 of the Companies Act 2006.

The director acknowledges his responsibilities for:

- (a) ensuring that the company keeps accounting records which comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial year and of its profit or loss for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.
- (b)

The abbreviated accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

The financial statements were approved by the director on 23 February 2017 and were signed by:

Mr M T Williams - Director

**Notes to the Abbreviated Accounts
for the Year Ended 31 May 2016**

1. ACCOUNTING POLICIES

Accounting convention

The financial statements have been prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities (effective January 2015).

Turnover

Turnover represents the value of services invoiced.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery etc	- 25% on reducing balance, 15% on reducing balance and in accordance with the property
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Stocks

Stocks are valued at the lower of cost and net realisable value, after making due allowance for obsolete and slow moving items.

2. TANGIBLE FIXED ASSETS

	Total £
COST	
At 1 June 2015	102,528
Additions	<u>1,213</u>
At 31 May 2016	<u>103,741</u>
DEPRECIATION	
At 1 June 2015	92,975
Charge for year	<u>2,362</u>
At 31 May 2016	<u>95,337</u>
NET BOOK VALUE	
At 31 May 2016	<u><u>8,404</u></u>
At 31 May 2015	<u><u>9,553</u></u>

3. CALLED UP SHARE CAPITAL

Allotted, issued and fully paid:

Number:	Class:	Nominal value:	31.5.16 £	31.5.15 £
24	Ordinary	1	<u><u>24</u></u>	<u><u>24</u></u>

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.