

REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2023
for
The Haven Project

The Haven Project

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**Report of the Trustees
for the Year Ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our aim is to enable individuals with the diagnosis of Personality Disorder or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Significant activities

The Haven currently has 188 registered clients and contact with a few of our 16 clients carers. The Haven's resilience groups at the MIND crisis café, Tuesdays in Clacton and Thursdays in Colchester have seen significant increase in attendance as well as wellbeing outcomes. The Discharge Program had its first three participant patients start in February 2023.

The Haven had a total of 5,352 contact with its registered clients. Of these 4,123 were crisis prevention calls, 779 were 1:1 therapeutic support f contacts (face-to-face or online), and 450 were recovery, social Zoom, and craft groups. There were 68 requests for registration at the Haven Project and 51 of these were registered. The difference was in the main "no show" or "no return" of our application form.

At the Crisis Café resilience groups, run at the North and Mid Essex MIND Crisis Café, participation has steadily increased from just under 20 per month in April 2022 to 42 in March 2023. The wellbeing scores reported by participants range from 66% of maximum score to 85% of maximum. Comments include:

"The session was amazing, and it was exactly what was needed. Made it clear to me what I need to do."

"I would say it has been one of or the best mental health resource I've taken part in overall".

The Crisis Café is being remodelled and the Haven is hopeful that, our wellbeing results speaking for themselves, we will be part of the second phase.

The Discharge Program which is designed to help patients with Personality Disorder settle successfully in the community following hospitalisation, started with a small cohort of 3 in February 2023 after an unexpected delay.

Public benefit

The Haven benefits not only it's registered clients but also their families and wider community. The same is true for the work done at the Crisis Café. In particular, the Haven helps to reduce the stigma associated with the diagnosis of Personality Disorder and Trauma, and by developing the new platforms (Crisis Café and Discharge Program) this work will reach a wider section of the community.

Future Plans

The Haven has taken a very active part in the remodelling of the Crisis Café for the three years starting from September 2024. We are hopeful that our work will speak for itself whilst at the same time we are nurturing our relation with our partner MIND. We are also actively seeking grant finding and accelerating the Discharge Program.

Funding

We are seeking to extend the Crisis Café income, augment the Discharge Program and seeking grant funding - including possible a modest reconsideration from the Big Lottery.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document a deed of trust, and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was updated in 2020.

**Report of the Trustees
for the Year Ended 31 March 2023**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 23.1.01 (updated 2020).

Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We continue to attract more diversity onto the board and are trying new routes to recruit wider and more diversely.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court
Middleborough
Colchester
Essex
CO1 1WD

Trustees

Ms K Magee
N J Tweed (resigned 8.8.22)
A J L Milner
J Stone (resigned 12.3.23)
T Singh (appointed 20.10.22)
C Mann

Independent Examiner

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 20 December 2023 and signed on its behalf by:

C Mann - Trustee

Independent Examiner's Report to the Trustees of The Haven Project

Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

P J T Frost

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

20 December 2023

The Haven Project

Statement of Financial Activities for the Year Ended 31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		3,616	-	3,616	2,527
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		69,248	-	69,248	301,144
Other trading activities	2	28,618	-	28,618	28,872
Investment income	3	4,088	-	4,088	103
Total		<u>105,570</u>	<u>-</u>	<u>105,570</u>	<u>332,646</u>
EXPENDITURE ON					
Raising funds		127	-	127	1,398
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		110,510	38,630	149,140	147,720
Total		<u>110,637</u>	<u>38,630</u>	<u>149,267</u>	<u>149,118</u>
NET INCOME/(EXPENDITURE)		(5,067)	(38,630)	(43,697)	183,528
RECONCILIATION OF FUNDS					
Total funds brought forward		70,719	206,004	276,723	97,715
TOTAL FUNDS CARRIED FORWARD		<u>65,652</u>	<u>167,374</u>	<u>233,026</u>	<u>281,243</u>

The notes form part of these financial statements

Balance Sheet
31 March 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
FIXED ASSETS					
Tangible assets	8	1,266	-	1,266	3,711
CURRENT ASSETS					
Debtors	9	5,079	-	5,079	217,217
Cash at bank and in hand		81,193	167,374	248,567	64,417
		<u>86,272</u>	<u>167,374</u>	<u>253,646</u>	<u>281,634</u>
CREDITORS					
Amounts falling due within one year	10	(21,886)	-	(21,886)	(4,102)
NET CURRENT ASSETS		<u>64,386</u>	<u>167,374</u>	<u>231,760</u>	<u>277,532</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>65,652</u>	<u>167,374</u>	<u>233,026</u>	<u>281,243</u>
NET ASSETS FUNDS	12	<u>65,652</u>	<u>167,374</u>	<u>233,026</u>	<u>281,243</u>
Unrestricted funds				65,652	75,239
Restricted funds				167,374	206,004
TOTAL FUNDS				<u>233,026</u>	<u>281,243</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Balance Sheet - continued
31 March 2023

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 20 December 2023 and were signed on its behalf by:

C Mann - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 25% on cost
Office equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

2. OTHER TRADING ACTIVITIES

	31.3.23	31.3.22
	£	£
Fundraising events	3,618	2,350
Services provided	25,000	26,522
	<u>28,618</u>	<u>28,872</u>

3. INVESTMENT INCOME

	31.3.23	31.3.22
	£	£
Bank interest receivable	4,088	103

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.23	31.3.22
	£	£
Depreciation - owned assets	2,433	2,481
Other operating leases	17,000	17,000
Deficit on disposal of fixed assets	<u>12</u>	<u>-</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.23	31.3.22
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	<u>2</u>	<u>2</u>
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2,527	-	2,527
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	95,432	205,712	301,144
Other trading activities	5,955	22,917	28,872
Investment income	103	-	103
Total	<u>104,017</u>	<u>228,629</u>	<u>332,646</u>
EXPENDITURE ON			
Raising funds	1,398	-	1,398
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	124,803	22,917	147,720
Total	<u>126,201</u>	<u>22,917</u>	<u>149,118</u>
NET INCOME/(EXPENDITURE)	(22,184)	205,712	183,528
RECONCILIATION OF FUNDS			
Total funds brought forward	97,423	292	97,715
TOTAL FUNDS CARRIED FORWARD	<u>75,239</u>	<u>206,004</u>	<u>281,243</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

8. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
COST			
At 1 April 2022	241	17,278	17,519
Disposals	-	(2,579)	(2,579)
At 31 March 2023	<u>241</u>	<u>14,699</u>	<u>14,940</u>
DEPRECIATION			
At 1 April 2022	241	13,567	13,808
Charge for year	-	2,433	2,433
Eliminated on disposal	-	(2,567)	(2,567)
At 31 March 2023	<u>241</u>	<u>13,433</u>	<u>13,674</u>
NET BOOK VALUE			
At 31 March 2023	<u>-</u>	<u>1,266</u>	<u>1,266</u>
At 31 March 2022	<u>-</u>	<u>3,711</u>	<u>3,711</u>

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Trade debtors	-	210,772
Prepayments and accrued income	<u>5,079</u>	<u>6,445</u>
	<u>5,079</u>	<u>217,217</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Trade creditors	839	1,098
Accruals and deferred income	<u>21,047</u>	<u>3,004</u>
	<u>21,886</u>	<u>4,102</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.23 £	31.3.22 £
Within one year	17,000	17,000
Between one and five years	19,833	36,833
	<u>36,833</u>	<u>53,833</u>

12. MOVEMENT IN FUNDS

	At 1.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	70,719	(5,067)	65,652
Restricted funds			
Awards for All Grant	292	(292)	-
Recovery Programme	205,712	(38,338)	167,374
	<u>206,004</u>	<u>(38,630)</u>	<u>167,374</u>
TOTAL FUNDS	<u>276,723</u>	<u>(43,697)</u>	<u>233,026</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	105,570	(110,637)	(5,067)
Restricted funds			
Awards for All Grant	-	(292)	(292)
Recovery Programme	-	(38,338)	(38,338)
	<u>-</u>	<u>(38,630)</u>	<u>(38,630)</u>
TOTAL FUNDS	<u>105,570</u>	<u>(149,267)</u>	<u>(43,697)</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2023

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.21 £	Net movement in funds £	At 31.3.22 £
Unrestricted funds			
General fund	97,423	(22,184)	75,239
Restricted funds			
Awards for All Grant	292	-	292
Recovery Programme	-	205,712	205,712
	<u>292</u>	<u>205,712</u>	<u>206,004</u>
TOTAL FUNDS	<u>97,715</u>	<u>183,528</u>	<u>281,243</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	104,017	(126,201)	(22,184)
Restricted funds			
Recovery Programme	205,712	-	205,712
Crisis Café	22,917	(22,917)	-
	<u>228,629</u>	<u>(22,917)</u>	<u>205,712</u>
TOTAL FUNDS	<u>332,646</u>	<u>(149,118)</u>	<u>183,528</u>

The Awards for All fund was in respect of a grant received for the provision of wellbeing activities.

The Recovery Programme fund is in respect of a grant received for a structured programme of support to people with personality disorders from discharge from hospital to the community.

The Crisis Café fund was in respect of funding received to supply support workers to the Crisis Café.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2023.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.