

REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2022
for
The Haven Project

The Haven Project

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**Report of the Trustees
for the Year Ended 31 March 2022**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

OBJECTIVES AND ACTIVITIES

Objectives and aims

Our aim is to enable individuals with the diagnosis of Personality Disorder or Complex Trauma to determine their own pathways to achieving fulfilled lives free from the challenges associated with their diagnosis.

Significant activities

We have 173 registered clients and some contact with 16 carers. Registration has re-opened, and we have registered 12 newcomers to the project. Our contact number at the Colchester and Clacton Crisis cafés have significantly increased especially as Covid restrictions progressively lifted. We are seen 16-25 participants monthly and have achieved remarkable wellbeing outcomes.

The groups at the Haven have returned to face-to-face and the crafting and friendship group on Tuesday are especially popular. There are two live recovery groups and a Zoom group for those clients who are not yet ready to attend in person.

Outreach in person has also returned and has been a great relief for the clients who were restricted to phone only during the Covid times.

We have had 7184 contacts. 5048 of which have been crisis prevention calls, 569 have been groups including live groups. There have been 322 outreach contacts of which some have been live. This is evidence that we are returning to normal as Covid restrictions are easing.

Public benefit

As the Covid restriction began to ease off we were able to consolidate the achievements our clients had been able to make during the previous year and few have needed to attend hospital or been admitted.

The project has encouraged the clients to be hopeful of the future where we can again come together as a community.

Future Plans

Our resilience work at the Crisis Café in Colchester and Clacton is developing well and we are currently working on a care pathway with EPUT (Essex Partnership University Trust) that will result in better discharge outcomes for patients with the diagnosis of Personality Disorder and Complex Trauma. The preparation for this work is in full swing and initial contracts have been signed.

Funding

We were awarded another three-year grant from the Big Lottery fund of £78,000 per year starting in January 2021. The Essex Community Foundation grant started in July 2021, and we began receiving regular payments for the work we do in the Crisis Café amounting to £25,000 per year. The negotiations with EPUT bore fruit and the Discharge Programme is scheduled to begin in 2022 at £50,000 per year.

The clients have managed to raise £2,000 in their first year of being able to fundraise again after Covid restrictions were eased.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document a deed of trust, and constitutes a company limited by guarantee as defined by the Companies Act 2006. The governing document was updated in 2020.

**Report of the Trustees
for the Year Ended 31 March 2022**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/10/2004 and registered as a charity on 18/10/2016. the company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association and amended by special resolution 23.1.01 (updated 2020).

Recruitment and appointment of new trustees

The trustees serve as directors as we are a charitable company. We continue to attract more diversity onto the board and are trying new routes to recruit wider and more diversely.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court
Middleborough
Colchester
Essex
CO1 1WD

Trustees

Ms K Magee
N J Tweed (resigned 8.8.22)
A J L Milner
J Stone
M Rozier
T Singh (appointed 20.10.22)
C Mann (appointed 6.12.21)

Independent Examiner

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 17 November 2022 and signed on its behalf by:

A J L Milner - Trustee

Independent Examiner's Report to the Trustees of The Haven Project

Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of FCCA which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

P J T Frost
FCCA
JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

18 November 2022

The Haven Project

Statement of Financial Activities for the Year Ended 31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies		2,527	-	2,527	10,013
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		95,432	205,712	301,144	164,500
Other trading activities	2	5,955	22,917	28,872	5,038
Investment income	3	103	-	103	70
Total		104,017	228,629	332,646	179,621
EXPENDITURE ON					
Raising funds		1,398	-	1,398	-
Charitable activities					
Maximising the recovery of people diagnosed with personality disorder		124,803	22,917	147,720	134,332
Total		126,201	22,917	149,118	134,332
NET INCOME/(EXPENDITURE)		(22,184)	205,712	183,528	45,289
RECONCILIATION OF FUNDS					
Total funds brought forward		97,423	292	97,715	52,428
TOTAL FUNDS CARRIED FORWARD		75,239	206,004	281,243	97,717

The notes form part of these financial statements

Balance Sheet
31 March 2022

	Notes	Unrestricted funds £	Restricted funds £	31.3.22 Total funds £	31.3.21 Total funds £
FIXED ASSETS					
Tangible assets	8	3,711	-	3,711	5,243
CURRENT ASSETS					
Debtors	9	11,505	205,712	217,217	8,667
Cash at bank and in hand		<u>64,125</u>	<u>292</u>	<u>64,417</u>	<u>90,197</u>
		75,630	206,004	281,634	98,864
CREDITORS					
Amounts falling due within one year	10	(4,102)	-	(4,102)	(6,390)
NET CURRENT ASSETS		<u>71,528</u>	<u>206,004</u>	<u>277,532</u>	<u>92,474</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		75,239	206,004	281,243	97,717
NET ASSETS FUNDS	12	<u>75,239</u>	<u>206,004</u>	<u>281,243</u>	<u>97,717</u>
Unrestricted funds				75,239	97,425
Restricted funds				<u>206,004</u>	<u>292</u>
TOTAL FUNDS				<u>281,243</u>	<u>97,717</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Balance Sheet - continued
31 March 2022

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 17 November 2022 and were signed on its behalf by:

A J L Milner - Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Equipment	- 25% on cost
Office equipment	- 25% on cost

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

2. OTHER TRADING ACTIVITIES

	31.3.22	31.3.21
	£	£
Fundraising events	2,350	953
Services provided	<u>26,522</u>	<u>4,085</u>
	<u>28,872</u>	<u>5,038</u>

3. INVESTMENT INCOME

	31.3.22	31.3.21
	£	£
Bank interest receivable	<u>103</u>	<u>70</u>

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	31.3.22	31.3.21
	£	£
Depreciation - owned assets	2,481	2,526
Other operating leases	<u>17,000</u>	<u>17,000</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2022 nor for the year ended 31 March 2021.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2022 nor for the year ended 31 March 2021.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	31.3.22	31.3.21
Crisis workers	3	3
Therapeutic and support	2	2
Finance and administration	<u>2</u>	<u>2</u>
	<u>7</u>	<u>7</u>

No employees received emoluments in excess of £60,000.

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	10,013	-	10,013
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	164,500	-	164,500
Other trading activities	5,038	-	5,038
Investment income	70	-	70
Total	<u>179,621</u>	<u>-</u>	<u>179,621</u>
EXPENDITURE ON			
Charitable activities			
Maximising the recovery of people diagnosed with personality disorder	<u>129,717</u>	<u>4,615</u>	<u>134,332</u>
NET INCOME/(EXPENDITURE)	49,904	(4,615)	45,289
RECONCILIATION OF FUNDS			
Total funds brought forward	47,521	4,907	52,428
TOTAL FUNDS CARRIED FORWARD	<u>97,425</u>	<u>292</u>	<u>97,717</u>

8. TANGIBLE FIXED ASSETS

	Equipment £	Office equipment £	Totals £
COST			
At 1 April 2021	241	16,329	16,570
Additions	-	949	949
At 31 March 2022	<u>241</u>	<u>17,278</u>	<u>17,519</u>
DEPRECIATION			
At 1 April 2021	241	11,086	11,327
Charge for year	-	2,481	2,481
At 31 March 2022	<u>241</u>	<u>13,567</u>	<u>13,808</u>
NET BOOK VALUE			
At 31 March 2022	<u>-</u>	<u>3,711</u>	<u>3,711</u>
At 31 March 2021	<u>-</u>	<u>5,243</u>	<u>5,243</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Trade debtors	210,772	4,265
Prepayments and accrued income	6,445	4,402
	<u>217,217</u>	<u>8,667</u>

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.22	31.3.21
	£	£
Trade creditors	1,098	586
Social security and other taxes	-	1,498
Other creditors	-	57
Accruals and deferred income	3,004	4,249
	<u>4,102</u>	<u>6,390</u>

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	31.3.22	31.3.21
	£	£
Within one year	17,000	17,000
Between one and five years	36,833	2,833
	<u>53,833</u>	<u>19,833</u>

12. MOVEMENT IN FUNDS

	At 1.4.21	Net movement in funds	At 31.3.22
	£	£	£
Unrestricted funds			
General fund	97,423	(22,184)	75,239
Restricted funds			
Awards for All Grant	292	-	292
NHS Maze Project	-	205,712	205,712
	<u>292</u>	<u>205,712</u>	<u>206,004</u>
TOTAL FUNDS	<u>97,715</u>	<u>183,528</u>	<u>281,243</u>

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

12. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	104,017	(126,201)	(22,184)
Restricted funds			
NHS Maze Project	205,712	-	205,712
Crisis Cafe	22,917	(22,917)	-
	<u>228,629</u>	<u>(22,917)</u>	<u>205,712</u>
TOTAL FUNDS	<u>332,646</u>	<u>(149,118)</u>	<u>183,528</u>

Comparatives for movement in funds

	At 1.4.20 £	Net movement in funds £	At 31.3.21 £
Unrestricted funds			
General fund	47,521	49,904	97,425
Restricted funds			
Awards for All Grant	292	-	292
Lloyds Foundation Enable Grant	4,615	(4,615)	-
	<u>4,907</u>	<u>(4,615)</u>	<u>292</u>
TOTAL FUNDS	<u>52,428</u>	<u>45,289</u>	<u>97,717</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	179,621	(129,717)	49,904
Restricted funds			
Lloyds Foundation Enable Grant	-	(4,615)	(4,615)
TOTAL FUNDS	<u>179,621</u>	<u>(134,332)</u>	<u>45,289</u>

The Awards for All fund is in respect of a grant received for the provision of wellbeing activities.

12. MOVEMENT IN FUNDS - continued

The Lloyds Foundation Enable Grant was in respect of a grant received to pay for an IT upgrade and quality assurance of the organisation's governance and overall structure.

The NHS Maze Project fund is in respect of a grant received for a structured programme of support to people with personality disorders from discharge from hospital to the community.

The Crisis Café fund is in respect of funding received to supply support workers to the Crisis Café.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2022.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.