

REGISTERED COMPANY NUMBER: 05081953 (England and Wales)
REGISTERED CHARITY NUMBER: 1169747

**Report of the Trustees and
Unaudited Financial Statements for the Year Ended 31 March 2019
for
The Haven Project**

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**The Haven Project
Report of the Trustees
for the Year Ended 31 March 2019**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2019. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

Significant activities

Our main purpose is to help those diagnosed with a personality disorder in North East Essex (Colchester and the Tendring Peninsula) to maximise their recovery and reach their full potential. We have registered 34 new clients since March 2018, bringing our total client numbers to 190. We have also let three clients go who have not used the service for a significant period or have moved away.

Our services include recovery groups which enable clients to manage their condition better, one to one sessions which heal the deeper trauma most will have experienced, and telephone support for the occasions when clients begin to feel that their emotions may be getting out of control. In addition, the project offers outdoor activities to promote well-being. An outreach service has been developed to reach those who, for whatever reason, are anxious and cannot or will not leave their homes. The well-being outcomes our clients achieve are remarkable and measured by a nationally validated system.

We also provide placements for Counselling students from Colchester Institute, University of Essex, the Mental Health Trusts' (EPUT) Community Services as well as occasionally police cadets and individuals from the voluntary services.

Public benefit

The Haven Project makes a positive difference to the clients' wellbeing as well as that of their carers and family. This in turn impacts on the community in which they live. A reduction in A&E attendance and emergency admissions to mental health wards is significantly reduced (60-80% within the first year of registration at the project). This reduction leads to significant savings as well as increased wellbeing for the clients who avoid spending time in these units. There are also benefits accruing from reductions in public disorder and social services input.

Future Plans

We are now in our second of three years of Big Lottery funding, with amounts gradually reducing. We have started to engage with the Essex Partnership Trust and the relevant Clinical Commissioning Groups to secure long term funding during and after the period of Big Lottery funding. We have been very actively engaged in the workstream dealing with the Essex Partnership University NHS Foundation Trust (EPUT) and its Personality Disorder strategy. Haven services now form part of the PD pathway in the area, albeit still on an unfunded basis. We are planning for a future where the statutory funding accounts for less than the full value of the service and are continuing to seek other sources of funding - see below.

We have begun to work with Suffolk and North East Essex Transformation and Sustainability Partnership to engage at an active level in alliances that work across organisational boundaries.

Funding

As stated above, we received a further three years funding from the Big Lottery on a tapering basis and are now in our second year. Plans are in place and are being fulfilled to bridge the gap left by the taper. There are reserves in place to cover temporary blips in the timing of funding income. At present this would be sufficient to keep the project running for 4-5 months at the end of the grant. However, we are anticipating a well-planned transition from the Lottery funding to a more sustainable spread of other funding streams.

We are actively and successfully pursuing new sources of funding: continuing with a major donor event which raised £5,000 in the current financial year; applying to grant makers with some success - Essex Community Foundation £7,500, Pickering Engineering £2,000, Police Recruits £2,650; putting on special fundraising events with our clients; rolling out shopping apps; taking part in supermarket token schemes, and much more besides. Clients, friends and community groups continue to be very generous and are very busy raising funds on our behalf. Clients raised around £13,000 including client donations and in memoriam during the past year.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Charity constitution

The organisation is a charitable company limited by guarantee incorporated in England and Wales on 23/04/2004 and registered as a charity on 18/10/2016. The Company was established under a Memorandum of Association which established the objects & powers of the charitable company and is governed under its Articles of association, amended by special resolution on 23rd May 2016.

Recruitment and appointment of new trustees

The trustees also serve as directors as we are a charitable company. We continue to make an effort to attract more diversity onto the board and have, in the last year, successfully recruited the CEO of a charity providing skills training for disadvantaged adults, and the father of a young person with PD who brings knowledge of the condition from a parent's point of view as well as practical, Human Resources and Health & Safety skills.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

05081953 (England and Wales)

Registered Charity number

1169747

Registered office

10 St Peters Court
Middleborough
Colchester
Essex
CO1 1WD

Trustees

| | |
|-----------------|--------------------|
| I D Mullins | |
| Ms F D G Leader | |
| S L Leader | |
| Ms K Magee | |
| N J Tweed | |
| D M Wrathall | - resigned 9.9.19 |
| Sir R E Russell | |
| L F Thomas | - resigned 3.9.18 |
| A J L Milner | |
| J Addison | |
| B Phillips | - appointed 4.2.19 |
| J Stone | - appointed 9.9.19 |

Independent examiner

JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

**The Haven Project
Report of the Trustees
for the Year Ended 31 March 2019**

Approved by order of the board of trustees on 18 December 2019 and signed on its behalf by:

I D Mullins - Trustee

**Independent Examiner's Report to the Trustees of
The Haven Project**

Independent examiner's report to the trustees of The Haven Project ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2019.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice
4. for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached

P J T Frost
FCCA
JTF
Chartered Certified Accountants
Electra House
1A Gilberd Road
Colchester
Essex
CO2 7LR

19 December 2019

The Haven Project
Statement of Financial Activities
for the Year Ended 31 March 2019

| | | Unrestricted funds £ | Restricted funds £ | 31.3.19 Total funds £ | 31.3.18 Total funds £ |
|---|-------|-------------------------------------|-----------------------------------|--|--|
| | Notes | | | | |
| INCOME AND ENDOWMENTS FROM | | | | | |
| Donations and legacies | | 13,277 | - | 13,277 | 14,130 |
| Charitable activities | | | | | |
| Maximising the recovery of people diagnosed with personality disorder | | 60,250 | 17,453 | 77,703 | 159,973 |
| Other trading activities | 2 | 13,245 | - | 13,245 | 7,907 |
| Investment income | 3 | 567 | - | 567 | 405 |
| Total | | 87,339 | 17,453 | 104,792 | 182,415 |
| EXPENDITURE ON | | | | | |
| Raising funds | | 1,977 | - | 1,977 | 55 |
| Charitable activities | | | | | |
| Maximising the recovery of people diagnosed with personality disorder | | 155,340 | 15,123 | 170,463 | 164,049 |
| Total | | 157,317 | 15,123 | 172,440 | 164,104 |
| NET INCOME/(EXPENDITURE) | | (69,978) | 2,330 | (67,648) | 18,311 |
| RECONCILIATION OF FUNDS | | | | | |
| Total funds brought forward | | 121,595 | 3,000 | 124,595 | 106,284 |
| TOTAL FUNDS CARRIED FORWARD | | 51,617 | 5,330 | 56,947 | 124,595 |

The Haven Project
Balance Sheet
At 31 March 2019

| | | Unrestricted funds £ | Restricted funds £ | 31.3.19 Total funds £ | 31.3.18 Total funds £ |
|--|-------|-------------------------------------|-----------------------------------|--|--|
| | Notes | | | | |
| FIXED ASSETS | | | | | |
| Tangible assets | 8 | 744 | - | 744 | 1,756 |
| CURRENT ASSETS | | | | | |
| Debtors | 9 | 10,546 | - | 10,546 | 5,901 |
| Cash at bank and in hand | | <u>48,553</u> | <u>5,330</u> | <u>53,883</u> | <u>123,151</u> |
| | | 59,099 | 5,330 | 64,429 | 129,052 |
| CREDITORS | | | | | |
| Amounts falling due within one year | 10 | (8,226) | - | (8,226) | (6,213) |
| NET CURRENT ASSETS | | <u>50,873</u> | <u>5,330</u> | <u>56,203</u> | <u>122,839</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | <u>51,617</u> | <u>5,330</u> | <u>56,947</u> | <u>124,595</u> |
| NET ASSETS | | <u>51,617</u> | <u>5,330</u> | <u>56,947</u> | <u>124,595</u> |
| FUNDS | 12 | | | | |
| Unrestricted funds | | | | 51,617 | 121,595 |
| Restricted funds | | | | <u>5,330</u> | <u>3,000</u> |
| TOTAL FUNDS | | | | <u>56,947</u> | <u>124,595</u> |

The Haven Project
Balance Sheet - continued
At 31 March 2019

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2019.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2019 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.
- (b)

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees on 18 December 2019 and were signed on its behalf by:

I D Mullins -Trustee

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

| | |
|------------------|---------------|
| Equipment | - 25% on cost |
| Office equipment | - 25% on cost |

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

In the event of restricted funds being used to purchase a fixed asset which can then be used for the general purposes of the charity, the purchase is included within fixed asset additions and a transfer is shown from restricted funds to unrestricted funds.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Hire purchase and leasing commitments

Rentals paid under operating leases are charged to the Statement of Financial Activities on a straight line basis over the period of the lease.

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

The Haven Project
Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

2. OTHER TRADING ACTIVITIES

| | | |
|--------------------|----------------------|---------------------|
| | 31.3.19 | 31.3.18 |
| | £ | £ |
| Fundraising events | <u>13,245</u> | <u>7,907</u> |

3. INVESTMENT INCOME

| | | |
|--------------------------|-------------------|-------------------|
| | 31.3.19 | 31.3.18 |
| | £ | £ |
| Bank interest receivable | <u>567</u> | <u>405</u> |

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

| | | |
|-----------------------------|----------------------|----------------------|
| | 31.3.19 | 31.3.18 |
| | £ | £ |
| Depreciation - owned assets | 1,382 | 1,000 |
| Other operating leases | <u>17,000</u> | <u>17,000</u> |

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2019 nor for the year ended 31 March 2018.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2019 nor for the year ended 31 March 2018.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

| | | |
|----------------------------|-----------------|-----------------|
| | 31.3.19 | 31.3.18 |
| | 3 | 4 |
| Crisis workers | 2 | 2 |
| Therapeutic and support | 2 | 2 |
| Finance and administration | <u>7</u> | <u>8</u> |

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

| | Unrestricted funds £ | Restricted funds £ | Total funds £ |
|---|----------------------------|--------------------------|---------------------|
| INCOME AND ENDOWMENTS FROM | | | |
| Donations and legacies | 14,130 | - | 14,130 |
| Charitable activities | | | |
| Maximising the recovery of people diagnosed with personality disorder | 129,973 | 30,000 | 159,973 |
| Other trading activities | 7,907 | - | 7,907 |

The Haven Project
Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

| 7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued | | | |
|---|----------------------------|--------------------------|---------------------|
| | Unrestricted funds £ | Restricted funds £ | Total funds £ |
| Investment income | 405 | - | 405 |
| Total | 152,415 | 30,000 | 182,415 |
| EXPENDITURE ON | | | |
| Raising funds | 55 | - | 55 |
| Charitable activities | | | |
| Maximising the recovery of people diagnosed with personality disorder | 133,225 | 30,824 | 164,049 |
| Total | 133,280 | 30,824 | 164,104 |
| NET INCOME/(EXPENDITURE) | 19,135 | (824) | 18,311 |
| Transfers between funds | 580 | (580) | - |
| Net movement in funds | 19,715 | (1,404) | 18,311 |
| RECONCILIATION OF FUNDS | | | |
| Total funds brought forward | 101,880 | 4,404 | 106,284 |
| TOTAL FUNDS CARRIED FORWARD | 121,595 | 3,000 | 124,595 |

The Haven Project
Notes to the Financial Statements - continued
for the Year Ended 31 March 2019

8. TANGIBLE FIXED ASSETS

| | Equipment £ | Office equipment £ | Totals £ |
|-----------------------|------------------------|-----------------------------------|---------------------|
| COST | | | |
| At 1 April 2018 | 241 | 7,114 | 7,355 |
| Additions | - | 370 | 370 |
| At 31 March 2019 | <u>241</u> | <u>7,484</u> | <u>7,725</u> |
| DEPRECIATION | | | |
| At 1 April 2018 | 215 | 5,384 | 5,599 |
| Charge for year | 25 | 1,357 | 1,382 |
| At 31 March 2019 | <u>240</u> | <u>6,741</u> | <u>6,981</u> |
| NET BOOK VALUE | | | |
| At 31 March 2019 | <u>1</u> | <u>743</u> | <u>744</u> |
| At 31 March 2018 | <u>26</u> | <u>1,730</u> | <u>1,756</u> |

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | | |
|--------------------------------|----------------|--------------|
| | 31.3.19 | 31.3.18 |
| | £ | £ |
| Prepayments and accrued income | <u>10,546</u> | <u>5,901</u> |

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | | |
|---------------------------------|----------------|--------------|
| | 31.3.19 | 31.3.18 |
| | £ | £ |
| Trade creditors | 3,288 | 1,104 |
| Social security and other taxes | 1,879 | 2,111 |
| Other creditors | 257 | 128 |
| Accruals and deferred income | <u>2,802</u> | <u>2,870</u> |
| | <u>8,226</u> | <u>6,213</u> |

11. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

| | | |
|----------------------------|----------------|---------------|
| | 31.3.19 | 31.3.18 |
| | £ | £ |
| Within one year | 17,000 | 17,000 |
| Between one and five years | <u>2,833</u> | <u>19,833</u> |
| | <u>19,833</u> | <u>36,833</u> |

12. MOVEMENT IN FUNDS

| | At 1.4.18 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.19 £ |
|-------------------------------|----------------|----------------------------------|------------------------------------|-----------------|
| Unrestricted funds | | | | |
| General fund | 104,979 | (69,978) | 16,616 | 51,617 |
| Designated fund - Big Lottery | 16,616 | - | (16,616) | - |
| | <u>121,595</u> | <u>(69,978)</u> | <u>-</u> | <u>51,617</u> |
| Restricted funds | | | | |
| Awards for All Grant | - | 1,580 | - | 1,580 |
| Essex Community Foundation | - | 3,750 | - | 3,750 |
| Tudor Trust | 3,000 | (3,000) | - | - |
| | <u>3,000</u> | <u>2,330</u> | <u>-</u> | <u>5,330</u> |
| TOTAL FUNDS | <u>124,595</u> | <u>(67,648)</u> | <u>-</u> | <u>56,947</u> |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|----------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 87,339 | (157,317) | (69,978) |
| Restricted funds | | | |
| Awards for All Grant | 9,953 | (8,373) | 1,580 |
| Essex Community Foundation | 7,500 | (3,750) | 3,750 |
| Tudor Trust | - | (3,000) | (3,000) |
| | <u>17,453</u> | <u>(15,123)</u> | <u>2,330</u> |
| TOTAL FUNDS | <u>104,792</u> | <u>(172,440)</u> | <u>(67,648)</u> |

12. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

| | At 1.4.17 £ | Net movement in funds £ | Transfers between funds £ | At 31.3.18 £ |
|-------------------------------|----------------|----------------------------------|------------------------------------|-----------------|
| Unrestricted Funds | | | | |
| General fund | 85,882 | 19,135 | (38) | 104,979 |
| Designated fund - Big Lottery | 15,998 | - | 618 | 16,616 |
| | <u>101,880</u> | <u>19,135</u> | <u>580</u> | <u>121,595</u> |
| Restricted Funds | | | | |
| Awards for All Grant | 4,404 | (3,824) | (580) | - |
| Tudor Trust | - | 3,000 | - | 3,000 |
| | <u>4,404</u> | <u>(824)</u> | <u>(580)</u> | <u>3,000</u> |
| TOTAL FUNDS | <u>106,284</u> | <u>18,311</u> | <u>-</u> | <u>124,595</u> |

Comparative net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|----------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| General fund | 152,415 | (133,280) | 19,135 |
| Restricted funds | | | |
| Awards for All Grant | - | (3,824) | (3,824) |
| Essex Community Foundation | 7,500 | (7,500) | - |
| ICCF | 15,000 | (15,000) | - |
| Tudor Trust | 7,500 | (4,500) | 3,000 |
| | <u>30,000</u> | <u>(30,824)</u> | <u>(824)</u> |
| TOTAL FUNDS | <u>182,415</u> | <u>(164,104)</u> | <u>18,311</u> |

The Awards for All fund is in respect of a grant received for the provision of wellbeing activities.

The ICCF fund, the Essex Community Foundation fund and the Tudor Trust funds are in respect of grants received towards the salary of therapeutic support workers.

The designated fund - Big Lottery was in respect of the Big Lottery grant received towards the charity's costs for the year ended 14 May 2018. The trustees apportioned the grant evenly over the period and the balance of the fund represented the amount allocated towards the costs of the charity for the period 1 April 2018 to 14 May 2018.

13. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2019.

This document was delivered using electronic communications and authenticated in accordance with the registrar's rules relating to electronic form, authentication and manner of delivery under section 1072 of the Companies Act 2006.